## THE Carolinas, Virginia, Georgia, and Florida.

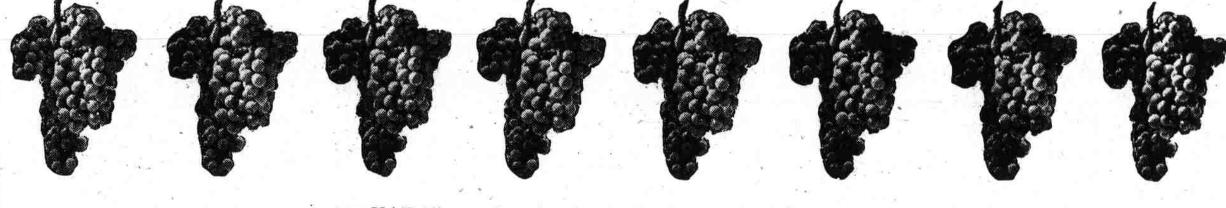
Vol. XXXII. No. 4.

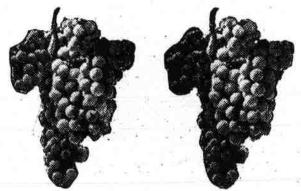
SATURDAY, JANUARY 27, 1917.

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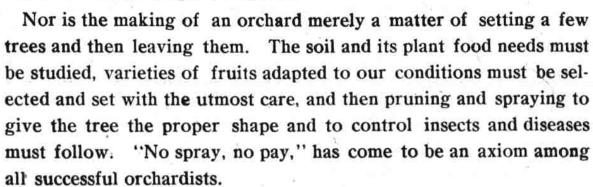
## Good Gardens and Orchards Save Money and Health



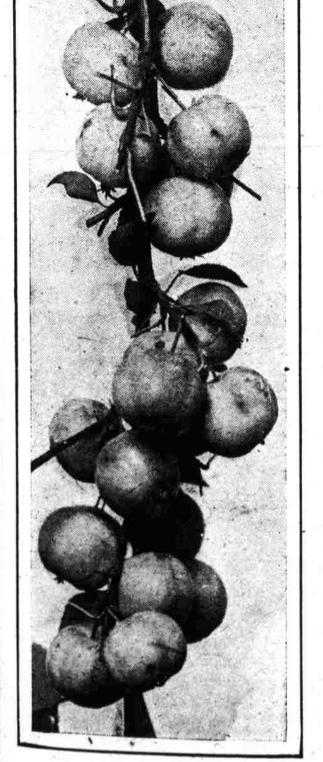


THAT "An apple a day keeps the doctor away" is largely true; certainly plenty of fresh fruits and vegetables the year round promote as no medicine ever can the family health. Moreover, the farm family with a good garden and orchard is in position to be largely independent of the grocery store.

But we must come to know that the garden and orchard, to be really profitable, must have the painstaking care and attention that is requisite to the success of any worth-while enterprise. It is not enough that we put a fence around a piece of ground, plant a few seeds, and call it a garden. The land must be made rich, the soil must be finely prepared, varieties of vegetables best suited to our conditions and coming on so as to give us a succession must be selected, careful and thorough cultivation is necessary, and insects and diseases must be fought to a finish.



"Orchards and gardens to save grocery and doctor's bills" should be the slogan all over the agricultural South, and, with the resolution to have them, let us aim likewise, to make them the best that can be had. Doing this will mean work and study, but the returns will amply justify the effort.



DON'T FAIL TO READ— Page	
An All-the-year-round Garden	4
The Spring and Summer Garden	6
Farm Work for February	7
Pruning and Spraying the Home Orchard	8
Nitrogen: Where Obtained and Forms in Which It	
Is Used	12
Six Things to Do This Week and Next	16
Speak Quickly to North Carolina Legislators	16
The Exodus of Labor From the South and the Remedy	16
Borrowing From a National Farm Loan Association	17
Is the Homestead Law a Blessing or a Curse?	17
The "Limited Liability" Feature in the Rural Credits	
Act	17
Rural School Work in February	22

