

# The Sweetest Thing in the World

About the sweetest thing in the world is a baby just after he is bathed and powdered. Especially if he's your own baby!!

The powdering (generally with Mennen's Borated Talcum) is as much a part of the bath as the bath itself. And it's mainly the powder that soothes his frets and makes baby so sweet and cheerful.

Think what it must have been to be a baby before the days of Mennen's (the first Borated Talcum).

In the last few years, mothers have been learning that what helped make baby sweet and content—helped when baby got older.

And nowadays many a belle with laughing eyes and an atmosphere of cheery freshness owes much of both to generous use of Mennen's.

To meet these more generous and more general uses—we are even making the sifter top cans larger and more generous.

Put a tin in every bathroom and every bedroom in your house.

Say nothing,—and note the cheerful effect on the family's disposition!

Out of the hundreds of brands of Talcum Powder—two or three may be as good as Mennen's. But it is easy to be sure. Ask by name for Mennen's Borated Talcum

*William Gerhard Mennen*

## MENNEN'S BORATED TALCUM



Now in the new large-size economical can

MENNEN'S TALCUMS—all with the original borated formula that has never been bettered—include a variety to satisfy every need: Borated, Violet, Sen Yang with a delicate Oriental perfume; Flesh Tint and Cream Tint, each charmingly perfumed; and the new Talcum for Men, a boon after shaving, with a neutral color that leaves the face free from the pallor of a pure white powder. Send 5 cents for a trial can of any one brand, or 25 cents for any five.

### GERHARD MENNEN CHEMICAL CO.

Laboratories  
1071 Orange Street, Newark, New Jersey  
Canadian Factory, Montreal, Quebec  
Sales Agents for Canada:  
Harold F. Ritchie & Co., Ltd., Toronto, Ont.

## Our Farm Women

Edited by MRS. W. N. HUTT

### POSSESSION

Month after month with slow monotony,  
I did the stupid tasks of every day,  
With scorn and pity that the world  
should be  
Full of unending duties, dull and gray,  
While all my heart was wild for wander-  
ing  
I dusted, scoured, and swept with list-  
less hands;  
Was this, I thought, the best that life  
could bring  
To youth's commands?

But now I sing all day, as to and fro  
From tiny parlor to the kitchen bright,  
With sparkling suds and crisp new  
brooms I go,  
A shining path behind me. What de-  
light  
To pour the scarlet jelly into molds!

I love to make the slender glasses  
shine  
Because this little house and all it holds  
Is yours and mine!  
—Everybody's Magazine.

### Suggestions for July

COOL buttermilk, home-made ice-cream and fruit juices are healthful summer foods.

Bathe baby every morning and then sponge her well before bedtime.

Add a little soda to the bath water if prickly heat bothers baby.

Do not drug baby if fretful—give more cool water, more fresh air, very little food for a day or two and a good dose of castor oil.

Did you take the June suggestion of making a pond this month from which to get ice next winter? Now is a good time to get the icehouse built and to collect the sawdust with which to pack the ice.

Eat or sell the young roosters from the early hatched flock. Save one or two roosters but keep them away from the hens. You will have more eggs and they will keep longer.

Try a new way of cooking vegetables now and then and you will eat more of them.

Try boiling snaps in plain water, salted, leaving out the white meat or grease, and then pour a cream sauce over them just to see if you like it. Almost every vegetable is delicious in cream sauce. It tastes like a new vegetable, and is good for summer.

If company is in the habit of keeping you over the cookstove on Sundays, you and father and the whole family just pack a big basket of sandwiches and after church take it to the woods and have your dinner there. A few good books, a hammock or two, and a couple of old quilts to spread on the ground will add to the day's comfort.

Try to take a nap in the middle of the day.

Cultivate the garden lightly after every rain. Keep ahead of the grass and weeds. A scuffle hoe is better for this than the old fashioned kind.

Right now may be your last chance to get sweet potato vine cuttings.

Plant the early turnips, also the second crop of carrots, beets, radishes, and snaps, black-eyed peas and tomatoes.

Mark well the best plants and get their seeds.

Keep your sunny disposition even if the weather is hot.

Go to all the picnics and especially to the meetings of the Club Women.

Your daughter is home from school this month. Determine to win her confidence and to be a girl with her, as you never have before; both will be better for it.

Open all the shades and windows in

the late afternoon and close them again about nine o'clock in the morning, if you would keep out the glare and heat. If you do not believe in this, test it with a thermometer and you will find as much as ten degrees difference in rooms that are cooled at night and kept shaded in the day time.

Keep the screens closed and look with suspicion on any food that a fly has touched.

Most injurious typhoid fly,  
Drink with you no more will I,  
When you settle on my cup  
I perchance bacteria sup;  
After what I've seen today,  
I would have you chased away.  
I dislike those feet of thine  
What they've touched I will decline.  
Carrier of germ and spore  
Get thee hence! Return no more!  
Spreader of disease, begone!  
Kindly leave my food alone.

### PUNISHING BY HUNGER

It is Not Well to Lower a Child's Vitality as a Means of Punishment  
"DO not believe in whipping. I punish my child by making him go to bed without supper," says a letter that recently came to our desk.



### Our Pattern Department



8331—Ladies' Waist.—Cut in sizes 34 to 40 inches bust measure. Front and back are in one.  
8325—Ladies' Skirt.—Cut in sizes 24 to 32 inches waist measure. The skirt is cut in two pieces.  
8373—Ladies' Blouse.—Cut in sizes 36 to 44 inches bust measure. Long or short sleeves may be used.  
8364—Ladies' Waist.—Cut in sizes 36 to 42 inches bust measure. The waist is tucked at the fronts and the sleeves may be long or short.  
Price of each Pattern, 10 cents.  
Address Pattern Department, The Progressive Farmer.

Nobody believes in whipping in this day of supposed enlightenment—it is barbaric,—but in choosing between inflicting pain on the place provided by nature for the purpose and giving the child's system a physical as well as a nervous shock by withholding food, let us not select the more barbaric. Surely some appeal to the reason can be found that is more effective than either. I grant you that there are children reached by nothing but physical pain, but they are few and far between.

To make a child go without a meal when every cell in its body is calling for nourishment for growth and reproduction is foolish punishment. The child feels ill afterward, is fretful and cross and nervous, and the mother thinks the child is still "bad" when the fault really lies in her not taking fifteen minutes to sit down and think over the subject.

To send a child to bed without supper is even worse than making it go without dinner. Did you ever go to bed hungry only to wake up in the middle of the night and lie there miserable and unhappy? You know what is wrong and can get up and drink a glass of milk or eat a dry cracker and thus draw the blood from the brain to the stomach, but the small child does not know, so sleeps badly and wakes up the next morning pale, nervous and really suffering from shock.

The giving of one or two small candies now and then after a meal makes a pleasant diversion for the children

and is something to take away for disobedience or temper.  
It takes real thought on the part of the mother to make the punishment fit the naughtiness, but for the wise and thoughtful parent a way will be found.

To get up cheerful one must go to bed cheerful. To go to bed cheerful, one must be happy and have a well nourished, well working body; a happy thought in the heart before going to bed makes shining morning face in the child. As was recently said by one of the magazines, a happy bedtime and a happy mealtime are the right of every child.

### How a Country School Can Teach Domestic Science

IN A two-room school in Albemarle County, Virginia, the teacher wished to put in Domestic Science. Entertainments were given to raise the money for equipment. A two burner oil stove was bought, and a few utensils and dishes. The teacher's table was covered with white oil-cloth—and used during the cooking period. The boys made a hinged shelf under the blackboard in the front of the room. This was folded back out of the way when not in use, and was painted the color of the walls. They also made a cupboard from a drygoods box, which was used

until the school could buy a cheap cupboard.

The School Board allowed the teacher one and a half hours once a week for cooking lessons. On Thursday the recipes to be used the next day, were put on the board. The pupils then volunteered to bring the ingredients, each one taking her share so that no one felt the burden of furnishing the supplies. Only plain, every-day dishes were made, and enough was cooked for a family dish. On account of lack of equipment, two girls were chosen as cooks at each lesson and the others performed the duties of housekeeper, dish-washer, dish-wiper and waitress. The towels were taken home by each girl in turn, laundered and brought back for the next lesson.

The boys brought the water, kept up the fire, swept the room after school, and thus earned their share of the dish prepared.

The teacher used a standard text book on cooking and required the class to keep note books which were inspected once a month. Credit was given to the pupils who put the lesson into practice at home.

This work was done right in the school room. The same plan can be carried out in almost any country school at small expense and would be a great benefit to the pupils and community at large.

J. W. STEBBENS.  
Helena, Ark.