

with gelatin except pineapple, and that contains a substance that digests the gelatin and liquifies it.

To make patterns on the outside of the mould, dip the fruit in the gelatin and stick it on the side of the cold dish which must then be filled very slowly with the rest of the mixture so as not to disarrange the pattern.

To remove the gellatin from mould dip it quickly in hot water and invert on a dish.

Any gelatin flavored with lemon juice and mixed with fruit is good.

To Make Orange Charlotte.—Soak 1-3 box gelatin in 1-3 cup cold water, dissolve in 1-3 cup boiling water, strain and add 1 cup sugar, 3 tablespoons lemon juice, 1 cup orange juice and pulp. Put in cool place and when set beat it until quite broken. Then add the beaten whites of 3 eggs and fold in a cup of whipped cream. Line the mould with sections of orange, turn in the mixture and chill. This is relished by a convalescent.

Pies of Various Kinds.

The poor, old pie—there never was a dietitian who had a good word to say for it. We have enough of the Adam and Eve in us, however, to eat the apple pie and say it is good, even if the demon of indigestion gets us afterward. Now there is pastry and pastry. If one fails, it is usually because she takes two much pains and cannot overcome the habit of rolling it with force. Work quickly and lightly and have everything just as cold as possible. There is too little space to say half that should be said, so I will just give this, which I have always found a good recipe: 1 1/2 cups flour, 1/2 teaspoon salt, 1/4 cup lard, 1/4 cup butter, and enough cold water to make a stiff dough. If possible work in the shortening with a knife instead of the fingers. Bake in a rather hot oven.

A good lemon filling for one pie: Mix well 3/4 cup sugar, 2 tablespoons corn starch, two tablespoons flour and a pinch of salt. Pour all into 3/4 cup boiling water and stir; cook two minutes. Add the grated rind of 1 lemon, 2 egg yolks, 1 teaspoon butter and 3 tablespoons lemon juice. Turn into a pastry shell already baked. A meringue over the top adds much to the appearance:

Beat the whites of 2 eggs, add 5 tablespoons sugar and 1 teaspoon lemon juice. Pile on the pie and bake in a moderate oven from 8 to 12 minutes.

Ices.

Soon will the days be here when lemonade and ice cream will appeal to us. Ices are cheap and delicious, if the ice is obtainable at all, and they are certainly easy to prepare.

Here is good recipe for **Mint Ice**: Make a syrup of 2 cups sugar and 4 cups water, let boil 20 minutes and cool. Put a handful of mint in a saucepan, bruise and beat (not boil) it, strain off the liquor and add it to the syrup with 3/4 cup lemon juice. Cool, strain and freeze. The grated rinds of 2 oranges with 2 cups orange juice might be substituted for the mint; or 2 cups strawberries crushed very fine with the amount of lemon reduced to 2 tablespoons make a delicious dessert. Three measures of ice to one of salt gives a smooth fine texture in freezing.

Hygienically speaking ices, ice-creams, etc., cannot be recommended, as they temporarily retard digestion; but they are cool, refreshing and nourishing when slowly taken, and are of inestimable value in the sick room.

We can have no free State except with an educated people.—Lyman Abbott.

“What do You do in the Country?”

The City Woman's Oft-Repeated Question Answered and Some of the Deeper Pleasures of Country Living Pointed Out.

BY MISS MARY HILLIARD HINTON, WAKE CO., N. C.

IN GIVING a further answer to the question, “What do you do in the country?” [see Miss Hinton's introductory note in last week's *Progressive Farmer*.—Editor] let us begin by saying that a lady, whose abode is beyond the shadows of other dwellings, to whom shall be given the title “Lady of the Wilderness” (believing the unenlightened will consider it an appropriate one) should keep posted on the vital questions of the day. In her home should be found newspapers and numerous magazines, and while she may not read many of the new books that are “worth while,” reviews of them will be familiar through the pages of periodicals. Her knowledge is well grounded in history, biography and travel, with dabbings in science, poetry and the languages. Close contact with our little feathered friends arouses interest in ornithology and causes one to realize their value.

As visitors are not hourly announced

As it is not always convenient to go into town for shopping—“the horses being in the plow,” or otherwise in use on the farm, why not order by mail the needed material from the stores of our own towns, or, if the orders cannot be filled there, from the department stores of the large cities?

The Lady of the Wilderness takes advantage of the golden gift of time in the development of her talents. Should she be musical she keeps up better her vocal and instrumental music. If the artistic rests within her soul, she paints in oils and water colors—in innumerable ways ornamenting her home—following the different branches of photography, pyrography, stencilling and wood carving.

Floriculture and horticulture appeal to every lover of nature. There must be a pit, or green-house, for the potted plants, a collection of ferns for the house and a flower gar-

Education and Housework.

THERE had been a domestic crisis in the Weeks family. The maid of all work had been ill; company had arrived unexpectedly, and the weather was very hot. But Florence Weeks had just come home from college, and proved a reinforcement that saved the day for the tired mother.

When the skirmish was over her mother said: “Florence, I believe you sweep and dust and cook and wash dishes better since you studied calculus!”

“Why not mother?” answered the girl. “Isn't that what calculus is for?”

Good George Herbert exhorted women to devout service when he wrote:

Who sweeps a room as for Thy laws,
Makes that and th' action fine.

Today his voice is echoed by the educator and the political economist. To be able to do what needs to be done, and to do it at a minute's notice, is to be the most perfect product of modern education. A woman is urged to it not alone by religion, as in earlier times, but by every social consideration as well. That a woman can read Greek or calculate an eclipse makes her more, not less, ready for service in an emergency in kitchen or laundry or dining-room. That she knows how to use her head and her hand for large matters is ground for expecting her to be skilful in small ones when occasion requires.—The Youth's Companion.

intercourse can be maintained with the outer world through letters, keeping one in as close touch as through conversation. Blessed indeed should be the statesmen who have labored for the rural free delivery, thereby placing this means of entertainment and improvement within the reach of all and removing the isolation of many districts. It is the greatest gift yet bestowed by the United States Government.

If the Lady of the Wilderness has any definite purpose or talent, through this means she constantly meets interesting people from all sections of the land. Occasionally she may appear in print if the pen is a favorite companion. Short stories, poems, novels, biographical and historical sketches—the work of the Lady of the Wilderness—are constantly being published.

Living out of easy reach of dress-makers, one necessarily falls into the habit of studying dress and fashions and in time becomes a skilled needlewoman and an excellent modiste. Dainty embroidery and various articles of fancy work are fashioned by her deft fingers at Christmas and at other seasons, while the table and house are also adorned.

den, or beds, for the roses, perennials and annuals. What company—what a well-spring of joy these precious flowers can be! The house is beautified with their presence, and friends and invalids at a distance may revel in the wealth of their fragrance of color. Plant life makes botany a most engrossing study, familiarizing the student with the rare woodland species.

Under the head of work the household comes first. Looking after the establishment fills much of each day. The difficulty of securing the services of different classes of workmen causes the Lady of the Wilderness to become an adept in the use of the whitewash and paint brushes, sometimes putting in panes of glass and papering walls—thereby often proving that “necessity is the mother of invention.” There is a beautiful, historic, colonial home in the Old Dominion that has been kept in good condition through the energy of its young daughters.

As the summer advances fruits must be preserved, pickles made and vegetables canned. The dairy requires the personal supervision of

(Continued on Page 22.)

—THE—
Selection

of a piano is very much like the choice of friends.

The more care exercised in the selection, the more certain we are of lasting friendship; and the greater one's refinement and education, the more judgment is displayed in the choice of friends.

The selection and exclusive use of Stieff Pianos in many of the greatest educational institutions in the United States is a source of gratification to us, and we feel justly proud of the fact that in about two hundred colleges we have more than one thousand Stieff pianos. There must be a reason.

INVESTIGATE!

CHAS. M. STIEFF

Manufacturer of the Artistic Stieff, Shaw, and Stieff Self-Player Pianos.

Southern Wareroom,

5 W. Trade St., Charlotte, N. C.

C. H. WILMOTH, Manager.



10 DAYS FREE TRIAL

We ship on approval, without a cent deposit, freight prepaid. **DO NOT PAY A CENT** if you are not satisfied after using the bicycle 10 days. **DO NOT BUY** a bicycle or a pair of tires from anyone at any price until you receive our latest art catalogs illustrating every kind of bicycle, and have learned our unheard of prices and marvelous new offers. **ONE CENT** is all it will cost you to write a postal and everything will be sent you free postpaid by return mail. You will get much valuable information. Do not wait, write it now. **TIRES, Coaster-Brakes, Built-up-Wheels and all sundries at half usual prices.** **HEAD OYOLE CO., Dept. R252 CHICAGO**

ONE YEAR TO RURAL GEORGIAN FREE AND TEN POST CARDS

If you send us the names and addresses of 20 R. F. D. Men or farmers, and 10 cents, we will send the *Rural Georgian*, the great Department monthly, 1 year, 10 lovely post cards and enter your name in our Post Card Exchange. Money returned if not pleased. *The Rural Georgian*, 364 4th Av., Gainesville, Ga.

ITALIAN BEES

And Beekeepers' Supplies for Sale.

Eggs from my best strain layers of the Silver Laced Wyandottes and the Single Comb Brown Leghorns. A card will bring my catalogue.

N. V. LONG, Biscoe, N. C.

TOBACCO FACTORY wants salesmen: good pay, steady work and promotion; experience unnecessary. We give full instruction. Danville Tobacco Co., Box H 44, Danville, Va.

WANTED A GOOD BLACKSMITH

Man with family preferred. Address BOX 32, CAMERON, N. C.

DAIRY FARM fully equipped: 230 acres; only one supplying city of 6,000. Selling on account of owner's health. **MONROE INSURANCE AND INVESTMENT CO., Monroe, N. C.**

MAKE MONEY canvassing for us to complete your education, buy a home or start in business. **P. B. R. MOSS, Chase City, Va.**

When writing advertisers, please mention this paper.