

## The Country Woman's Career.

There is Open to the Country Girl Who Will Prepare Herself for Home-Making a Career of the Noblest Sort.

By Mrs. C. S. Everts.

**W**HAT GIRL is there who does not dream of a career? Usually these dreams are of city life, wealth, fame and immunity from work and care; forgetful that to every life, no matter how situated, come responsibilities, and that oftentimes the burdens of the rich are harder than the laborer's work. By and by she marries, and if she continues contrasting the "might have been" of her dreams with the present realities, she is apt to become a dissatisfied drudge.

Housework, instead of drudgery, is a beautiful science capable of development into art. She whose mind is alert to learn the best ways of caring for house and premises, to preserve the family health, and who studies the food problem that her table may offer the variety to provide for growth and repair, understanding that the body, being so largely dependent on food, may be strong and vigorous, or weak and ailing according to the food and its preparation, is filling a career surpassed only by the ability to mentally and morally train her family aright.

It is a beautiful thing to write a

book, to sing a song or paint a picture, but it is more beautiful, more helpful and far-reaching to give to the world a family possessing bright, discriminating minds in sound, healthy bodies, whose moral perceptions will keep them on the side of right and justice, and whose Christian training will urge them to helpful deeds. This is a career open to every woman.

While the proper care and rearing of a family is the noblest work; the country woman's career need not stop with that. A tactful woman may have an untold influence on the community, and as long as there is need of better schools, better roads, better social advantages, there is open to all an honorable career.

One beautiful home in a neighborhood will awaken emulation, resulting in the improvement of each home's surroundings. One church yard and school yard made attractive in a county, will be an impetus to all others, and all these things will strengthen the love of country life and keep more of our best young people on the farm.

What more fruitful career than this can be desired?

### CLEANLINESS AND HEALTH.

The Farm Home Needs a Bathroom as Much as the City Home.

I have visited in many farm homes and I have not found one that had a fitted-up bathroom, as our town neighbors have. I am not covetous, but when I was shown a clean, cool bathroom by one of my town friends, I came very near breaking the tenth commandment. It was a delight to the eye and a comfort to the body; and as the old adage is, "Cleanliness next to Godliness," I would advise all young people who are planning to build homes to be sure and plan for a bathroom. Why should not farmers have bathrooms as well as town people?

There is another essential to farm home comfort and happiness; that is plenty of sunshine and fresh air. Some one may say that everyone gets plenty of that in the country. Yes, they ought to, but if you should go into some of the houses after supper, or to spend the night, you would find the windows closed and doors locked, scarcely any ventilation—the children toss and tumble through the night, get up with pale faces, often they complain and do not eat their breakfast. Bad ventilation is the cause of many ills. Throw open your windows day and night; let in the sunshine and fresh air, then you will be well and happy.

HAPPINESS.

### Fix Up the Boy's Room.

Get the boy a good matting for his floor. They are the cheapest, after all, and can be washed off with salt water when soiled. Also get a very large stove mat to catch all trash from the stove. Buy him a good suit of furniture for his room, and when it gets rubbed or scratched, take a flannel cloth and equal quantities of turpentine, linseed oil and table vinegar and give it a good rubbing. Make a window seat for him by taking a strong box that will fit his window, put hinges on the top, cover the box with some pretty covering, with the top well padded and a pocket tacked on the underside. This can be used for his

hosiery while the box is used for shoes.

Get some pictures, not cheap ones, but good ones that will suggest thoughts to him. Give him some of the best magazines to read. In short, make his room one that he can take pride in and to which he will be glad to invite his friends.

It will cost a little to fix up your boy's room, but what is that compared to the loss of him?

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Available Phosphoric Acid.....	13 to 16 per cent.
Moisture.....	0 to .01 per cent.
Insoluble Phosphoric Acid.....	2 to 3 per cent.
Lime.....	35 to 50 per cent.
Magnesia.....	5 to 6 per cent.
Iron.....	13 to 14 per cent.
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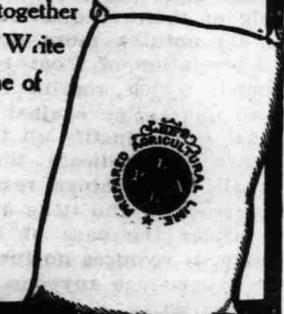
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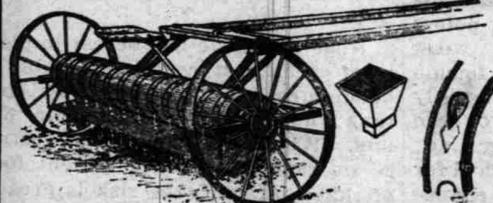
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