

CATARRH BLOOD AND SYSTEM DISORDERED

Catarrh is not merely an inflammation of the tissues of the head and throat, as the symptoms of ringing noises in the ears, mucous dropping back into the throat, continual hawking and spitting, etc., would seem to indicate; it is a blood disease in which the entire circulation and the greater part of the system are involved. Catarrh is due to the presence of an excess of uric acid in the blood. The Liver, Kidneys and Bowels frequently become torpid and dull in their action and instead of carrying off the refuse and waste of the body, leave it to sour and form uric acid in the system. This is taken up by the blood and through its circulation distributed to all parts of the system. These impurities in the blood irritate and inflame the different membranes and tissues of the body, and the contracting of a cold will start the secretions and other disgusting and disagreeable symptoms of Catarrh. As the blood goes to all parts of the body the catarrhal poison affects all parts of the system. The head has a tight, full feeling, nose continually stopped up, pains above the eyes, slight fever comes and goes, the stomach is upset and the entire system disordered and affected by this disease. It is a waste of time to try to cure Catarrh with sprays, washes, inhalations, etc. Such treatment does not reach the blood, and can, therefore, do nothing more than temporarily relieve the discomfort of the trouble. To cure Catarrh permanently the blood must be thoroughly purified and the system cleansed of all poisons, and at the same time strengthened and built up. Nothing equals S. S. S. for this purpose. It attacks the disease at its head, goes down to the very bottom of the trouble and makes a complete and lasting cure. S. S. S. removes every particle of the catarrhal poison from the blood, making this vital stream pure, fresh and healthy. Then the inflamed membranes begin to heal, the head is loosened and cleared, the hawking and spitting cease, every symptom disappears, the constitution is built up and vigorous health restored. S. S. S. also tones up the stomach and digestion and acts as a fine tonic to the entire system. If you are suffering with Catarrh begin the use of S. S. S. and write us a statement of your case and our physicians will send you literature about Catarrh, and give you special medical advice without charge. S. S. S. is for sale at all first class drug stores.

S.S.S.

PURELY VEGETABLE

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THE SWIFT SPECIFIC CO., ATLANTA, GA.

Humor and Philosophy

By DUNCAN M. SMITH

PERT PARAGRAPHS.

The only sign that many people are superstitious about is the dollar sign.

Don't be too good if you have any regard for the feelings of your press agent.

A forgiving disposition is more civilized than a revengeful one, and then, too, it is cheaper.

Don't be a general information bureau unless you draw a salary for it.

Keeping on the sunny side is a chill proposition on a cloudy day.

Expert knowledge is known by its high price and general unintelligibility.

Borrowing money doesn't look like borrowing trouble, but there's where you are fooled.

Most self satisfied people don't ask for much on the face of it.

The devil is always willing to speak for himself.

Kindness never gave anybody insomnia.

A Hearty Feeder.

To see a furnace standing round, So innocent and free of care, So quiet, modest and serene And with an almost childlike air, You never would believe it had So powerful an appetite That it could lurch along all day And fairly eat up coal at night.

The gentleman who put it there No doubt expressive things would say Could he but see the way it worked To make the coal pile fade away. When he was putting in the joints He dolefully declared that it Would only burn a ton or two.

No matter if the coal should last Or if the wintry winds should roar, The furnace, he declared, would not Lift up its voice and call for more. No; as the weather colder grew It was his most alluring greet That it would gladly make things warm And bright by burning even less.

A theory is a cheerful thing, But practice knocks it galley west And makes it look like thirty cents When put severely to the test, And as you shovel in the coal And forty times the fire renew You pause between the strokes and watch Your bank account go up the flue.

His Specialty.

"Does he go in for physical culture?"
"Yes, I believe so."
"What term does it take?"
"Raising high-balls and dodging collectors."



Oiling Africa.

Mr. Rockefeller has transferred a part of his capacious affections to the Kongo Free State, projecting therein the Standard Oil company presumably for the purpose of carrying the light into darkest Africa.

By some of the tricks of the trade with which the oil crowd is familiar they have wrested the concessions in that land from Leopold and are about to demonstrate that the American ace beats the European king.

That should be an ideal land for the great American octopus to stretch his limbs and feed unaffrighted from the best in the land. There are no legislatures to pass harsh and annoying laws, no grand juries to stir up the dead past, and the muck raker would not last over twenty minutes in that climate. Still, at Mr. Rockefeller's age it might be hard for him to get used to something entirely different.

Most Clever.

"That woman is very clever. She always knows how to make a sharp retort."
"I know a more clever woman."
"What's her specialty?"
"She always knows how not to make one."

Undoubtedly.

"Talk about beauty!" sniffed Miss Prim. "It usually conceals a lot of harebrained egotism and incapacity."
"But think how much more agreeable than when those qualities are unconcealed," replied Miss Dimple.

Aping Royalty.

"What were the thirteen original American colonies?"
"Is the American colony in Paris one?"
"Hardly. That isn't original. It is an imitator."

Cause and Effect.

The Sunday schools are booming again throughout the land. The little ones are being good. For Christmas is at hand.

From His Standpoint.

"I understand Jones got taken in nicely by a confidence game last week."
"That so?" replied the grouchy old bachelor. "I hadn't heard that he got married."

NORTH CAROLINA NEWS.

CULLED FROM THE VARIOUS PAPERS OF THE STATE.

Tar Heel Items for Tar Heel Readers—Some Happenings in Old North State.

The Wilmington Aldermen licensed sixty rum mills Tuesday night. No need for anybody in that city to suffer for whiskey.

Mrs. Cordy Strickland, of Wilson, celebrated her 98th birthday on first of June, died of heart disease Thursday. A few minutes before her demise she was in her usual cheerful mood.

The Georgia Pine Distilling Company's plant at Fayetteville was burned Wednesday night involving a loss of \$75,000. The industry consists of extracting turpentine from fat pine.

Lexington's chances for city delivery of mail are very good. Postmaster J. G. Walsper spent this week in Washington and states that he will apply for the delivery and is confident of getting it.

Lightning struck Steel's mill at Rockingham, some nights ago doing considerable damage. But for the kind assistance of the automatic sprinkler the entire mill would have been burned. The night watchman was stunned. The damage is estimated at \$4,000.

Gov. Glenn stated Thursday that he would confirm the report of the Beckwith commission relating to the Morantown Deaf and Dumb Institute and in the future he expects to see all friction eliminated and the school conducted with harmony in all respects.

During a severe electric storm at Statesville Sunday afternoon lightning set fire to the steeple of First Methodist Church and the steeple and vestibule were almost completely destroyed. Water also did considerable damage and the loss will probably be \$2,000.

John Clodfelton, a carpenter, employed on the Elks temple at Newbern fell 31 feet striking the floor of the building and breaking the temporary flooring. He suffered a dislocated shoulder, a broken hand, had bruises on head and body, a fracture at the base of the skull and internal injuries.

A military company has been organized and mustered in at Durham. This company has lettered M and assigned to the Third Regiment. The officers are: R. P. Hackney, captain; Thomas S. Hall, first lieutenant and Sidney C. Chambers, second lieutenant.

On the charge of poisoning 5 members of her own family Ora Setzer, colored, was lodged in jail at Salisbury to await trial in Superior Court in a hearing before a justice of the peace the girl pled guilty to placing rough on rats in the coffee of her father and mother. Five other members of the family also drank of the coffee and all came near dying.

William Moseley Smith, son of Rev. T. W. Smith, of Concord, committed suicide in Durham last Thursday afternoon. He was a graduate of Trinity College, having taken his master's degree at the recent commencement, and for three weeks has been in the employ of the American Tobacco Co. No cause is assigned for his rash act other than he was tired of the fight with life and gave up all hopes. He shot himself with a pistol.

Cures Blood, Skin Diseases Eczema.

Greatest Blood Purifier Free. If your blood is impure, thin, diseased, hot or full of humors, if you have blood poison, cancer, carbuncles, eating sores, scrofula, eczema, itching, rashes and bumps, swellings or suppurating sores, scabby, pimply skin, ulcers, bone pain, catarrh, rheumatism, or any blood or skin disease, take Botanic Blood Balm (B. B. B.) Soon all sores heal, aches and pains stop and the blood is made pure and rich. Druggists or by express \$1 per large bottle. Sample free by writing Blood Balm Co., Atlanta, Ga. B. B. B. is especially divided for chronic deep-seated cases of blood or skin diseases, as it cures after all else fails. Sold in Oxford, N. C., by J. G. Hall's Drug Store.

The large crop of candidates has at any rate the effect of making it easy to get speakers for public occasions. — Greensboro Telegram.

Quick relief for Asthma Sufferers — Foley's Honey and Tar affords immediate relief to asthma sufferers in the worst stage and if taken in time will effect a cure. J. G. Hall.

In 1796 William Tuke, a Quaker, opened the first national asylum for insane in York, England.

Young Men Wanted. To employ several good steady sober young men to work in Buggy Factory. Apply to Taylor-Cannady Buggy Co.

CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher*. Subscribe to the Public Ledger.

The Bank of Granville

has every facility for handling your Bank account acceptably and it cordially invites your banking business,

Absolutely safety

Combaied with satisfactory service and liberal treatment. Safe deposit boxes of the best kind for rent.

CELEBRATED Have You Anything There?

Write for "Advocate" and literature. Mrs. L. E. FAYNE, Mgr., Wade Macum, N. C.

Famous Health Resort.

I want to sell you an Incubator and brooder. Cash or credit. W. H. Britt, Agt.

Every Typewriter has one or two distinguishing features. But no other Typewriter combines so many desirable features as the new **Fox Visible TYPEWRITER**. In this wonderful machine you have perfect visible writing with the durability of the blind machine. Let us demonstrate the New Fox Visible to you. S. W. SPARGER, District Agent, DURHAM, - - N. C.

A. H. POWELL

Timber Lands, Farm Lands, Southern Mill Stocks, Southern Bank Stocks. **Bought and Sold. ACTS AS Agent or Broker**. In all lines of business. OFFICE IN THE WHITE BUILDING. OXFORD, - - N. C.

"WHY

do I take Cardui?" writes Mrs. Jelema Mullins of Odessa, W. Va. "Because, after suffering for several years with female trouble, and trying different doctors and medicines without obtaining relief, I at last found, in Wine of Cardui, a golden medicine for all my ills, and can recommend it above all others for female complaints." Cardui furnishes safe relief for headache, periodical pains, irregular, painful or unhealthy catamenial flow, and all ailments from which sick women suffer. A perfect tonic for delicate women. A pure vegetable medicine for girls and women who are subject to the complaints peculiar to their sex. Has benefited over a million who used to suffer as you do. At every drug store, in \$1.00 bottles.

WRITE US A LETTER describing fully all your symptoms and we will send you Free Advice in plain sealed envelope. Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

WINE OF CARDUI

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of *Chas. H. Fletcher*.

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Good on the Doctors. "Jones was once very ill," relates the late Ambrose Thomas, "and his regular physician being out of town, the family called in another doctor. "But the family physician unexpectedly returned, and he and the other doctor reached Jones' bedside together. They found the patient in a high fever. Each put his hand under the bed clothes to feel the sick man's pulse, and each accidentally got hold of the other's hand. "Typhoid," said the first physician. "Nothing of the sort," said the other. "He's only drunk."

The effect of **Scott's Emulsion** on thin, pale children is magical. It makes them plump, rosy, active, happy. It contains Cod Liver Oil, Hypophosphites and Glycerine, to make fat, blood and bone, and so put together that it is easily digested by little folk.

ALL DRUGGISTS; 50c. AND \$1.00.

Valuable Land For Sale Under authority conferred upon me by a decree of the Superior Court of Granville County, in the Special Proceeding entitled Nason R. Hall and others vs. Ham Clark and wife (an upset bid having been put on last sale), I will on

Sale of Valuable Land. Under authority conferred upon me by a decree of the Superior Court of Granville County, in the Special Proceeding entitled Nason R. Hall and others vs. Ham Clark and wife (an upset bid having been put on last sale), I will on

MONDAY, JULY 29th, 1907.

sell to the highest bidder at the Court House door in Oxford, the following described tract of land, lying partly in Granville County, N. C. and partly in Stockenburgh County, Va., known as the home place of Mrs. Mary E. Hall, deceased, adjoining the lands of Chas. Phillips, Alex. Wilkerson, the Callahan heirs, John Garrett and W. P. Wilkinson, containing 18 1/2 acres more or less. This sale is made for the purpose of division among the heirs of said Mary E. Hall (all of said heirs being parties to this proceeding) and to pay debts in excess of personal property of said Mary E. Hall. Time of sale 12 m. This June 22, 1907. W. A. DEVINS, Commissioner.

Administratrix Notice. The undersigned having this day qualified as Administratrix of the estate of the late H. Wilson this is to notify all persons having claims against said estate to present them to me within 1 year from date of this notice will be paid in full of their recovery. All persons being parties to this proceeding and to pay debts in excess of personal property of said Mary E. Hall. This June 17th, 1907. pd. LILLY C. HICKS, Administratrix of I. H. Wilson, Decedent.