

BAD BLOOD

THE SOURCE OF ALL DISEASE

Every part of the body is dependent on the blood for nourishment and strength. When this life stream is flowing through the system in a state of purity and richness we are assured of perfect and uninterrupted health; because pure blood is nature's safe-guard against disease. When, however, the body is fed on weak, impure or polluted blood, the system is deprived of its strength, disease germs collect, and the trouble is manifested in various ways. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased condition as a result of too much acid or the presence of some irritating humor. Sores and Ulcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison, etc., are all deep-seated blood disorders that will continue to grow worse as long as the poison remains. These impurities and poisons find their way into the blood in various ways. Often a sluggish, inactive condition of the system, and torpid state of the avenues of bodily waste, leaves the refuse and waste matters to sour and form uric and other acids, which are taken up by the blood and distributed throughout the circulation. Coming in contact with contagious diseases is another cause for the poisoning of the blood; we also breathe the germs and microbes of Malaria into our lungs, and when these get into the blood in sufficient quantity it becomes a carrier of disease instead of health. Some are so unfortunate as to inherit bad blood, perhaps the dregs of some old constitutional disease of ancestors is handed down to them and they are constantly annoyed and troubled with it. Bad blood is the source of all disease, and until this vital fluid is cleansed and purified the body is sure to suffer in some way. For blood troubles of any character S. S. S. is the best remedy ever discovered. It goes down into the circulation and removes any and all poisons, supplies the healthful properties it needs, and completely and permanently cures blood diseases of every kind. The action of S. S. S. is so thorough that hereditary taints are removed and weak, diseased blood made strong and healthy so that disease cannot remain. It cures Rheumatism, Catarrh, Scrofula, Sores and Ulcers, Skin Diseases, Contagious Blood Poison, etc., and does not leave the slightest trace of the trouble for future outbreaks. The whole volume of blood is renewed and cleansed after a course of S. S. S. It is also nature's greatest tonic, made entirely of roots, herbs and barks, and is absolutely harmless to any part of the system. S. S. S. is for sale at all first class drug stores. Book on the blood and any medical advice free to all who write.

S.S.S.

PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of



The Kind You Have Always Bought In Use For Over 30 Years

THE CENTAUR COMPANY, 77 BURNHAY STREET, NEW YORK CITY.

We hear a good deal of hoarding money, but at the present prices of paper and other tariff protected products, most people and especially the printer, are unable to save anything to hoard.—Greensboro Record.

Senator Simmons has secured the appointment of Mrs. Matt Ransom McCorkle, of Newton, a daughter of General Matt Ransom, to a desirable position in the Agricultural Department at Washington.

Female Weakness

"Last Fall," writes Mrs. S. G. Bailey, of Tun- nelson, W. Va., "I was going down by inches, from female disease, with great pain. After taking Cardui, Oh! My! How I was benefited! I am not well yet, but am so much better that I will keep on taking Wine of Cardui till I am perfectly cured."

Despite the envious attacks of jealous enemies and rivals, Cardui still holds supreme position today [as in the past 70 years] for the relief and cure of female diseases. It stops pain, tones up the organs, regulates the functions, and aids in the replacement of a misplaced organ.

FREE ADVICE
Write us a letter describing all your symptoms, and we will send you Free Advice, in plain sealed envelope. Address: Ladies' Advisory Department, The Chattanooga Medicine Co., Chattanooga, Tenn.

At Every Drug Store in \$1.00 Bottles.

WINE OF CARDUI

They Are Here.

There are Christmas bargains waiting in the yawning shops in town; It's near Christmas. There's a little bit of woman who would like a brand new gown; It's near Christmas. And that is why she cuddles you and snuggles up to you; It's a shame she has to do it just to get what is her due! Loosen up and make her happy, make her Christmas dreams come true! It's near Christmas.

A Little Longer.

I have just a little longer here to stay Then I must go, For I know this heart will sink away Like mellow snow.

I have just a little way to go with you my dear, Just a little way, Then each of us must stop and walk alone, Until God's day.

Just a little longer, it is so sweet to love; So near that I know Life would not have one withered rose to give If one of us should go.

A little longer and I must leave this place, To meet my mother, Then loved ones shall cease to see my face, But will another.

A little longer I can look into your face So sweet and meek, Then you'll know my heart and watch the tears Run down my cheek.

A little longer and I will be laid into the clay To live no more, Yet face to face we can meet some day Upon the other shore.

And if these lips could ever become to smile, And securely part, I would tenderly clasp your form a little while, Close to my heart.

THOMAS S. WALLER.

Sparkling Wavelets.

Young girls are indeed such radiant and sparkling wavelets in the current of humanity, and in the brilliant ripples of their joyous tides of feelings old people are made young again, the burdens of years grow lighter, the skies catch rays of richer brightness, and all cares and troubles and annoyances and gloomy thoughts and despondent feelings are blissfully buried in the ecstatic depths of sweetest oblivion.

The Spinal Cord.

A young teacher whose efforts to inculcate elementary anatomy had been unusually discouraging, at last asked in despair.

"Well, I wonder if any boy here can tell me what the spinal cord really is?"

She was met by a row of blank and irresponsive faces, till finally one small voice piped up in great excitement:

"The spinal cord is what runs through you. Your head sits on one end and you sit on the other."

To Preserve a Husband.

Select with care; the very young and green varieties take longer to prepare, but are often excellent when done; those too crusty take a long time to cook tender. One neither hard nor yet very soft will give best satisfaction.

Do not keep in a pickle, nor in hot water, for even a little while, as this toughens the fibre, retards the cooking and often spoils the result. Never prick to test for tenderness; this leaves a mark, and they are never so smooth afterward.

Even the poorer varieties may be made sweet and tender by the following method:—Wrap in a mantle of charity and keep warm over a steady fire of loving domestic devotion; garnish with patience, well sweetened with smiles, and flavored with kisses to taste. Serve with peaches and cream.

The Throb of a Violin.

Aye, Love, the throb of a violin I hear to-night,—that plaintive throb of a violin, that, somehow, finds an echo in the forgotten—in the quivering that have so long sung this love to you!

The world is so dreamily beautiful, with all its melodies of forgotten memories. And that yearning voice of the violin over the way, how it floods my soul, dear, with all the longings that love has given me! It seems that I am on some high cliff, with a wide-reaching sea before me—a sea that widens away to the unspeakable isles of all that is lingering dreamy. And golden sunlight streams above me, and glows in a mellowness on the trees behind me.

Oh, Love, dear Love, I am so glad that the world is filled with the fullness of the music of this love! For, I love you dear, so much!

When winds shriek high in fiendish glee, And enters winter with his key Protect yourself, from disease be free; Take Hollister's Rocky Mountain Tea. J. G. Hall.

Have You Seen the Sunrise.

At a recent talk given by Elbert Hubbard at Roycroft, East Aurora, N. Y., he said among other things:

God has plenty of time; we are bathed in an ocean of intelligence; never a soul is lost; things change but not the essence. This one thing moving toward perfection, a being that reflects itself, is for the race; God is not caring for us individually, but for the whole. God keeps us here just as long as we reflect good cheer, health and happiness. He who quits work is put back in the melting pot. You stay here just as long as you're useful. Conscious spirit—God—is perfection. We reach these things not through fear, not through anxiety; no fear effects first the action of elimination, the skin refuses to get rid of poison. Fear paralyzes the extremities, fear is man's worst enemy, there is no devil but fear. Think well of everybody and you are full of energy—full of the Divine. We never see the light if we're scared, if we're frightened. The path has been through the gloom of the ten thousand years back. The supreme achievement is that out of wrong, good may come. The sun is only just rising in the East. Look toward the sunrise?

Trials Catarrh treatments are being mailed out free on request by Dr. Shoop, Racine Wis. These tests are proving to the people—without a penny cost—the great value of his scientific prescription known to druggists everywhere as Dr. Shoop's Catarrh Remedy. Sold by J. G. Hall.

Russie Wilson, a young white man about 22 years old, was fatally shot at Price, Rockingham county, Saturday by Berry Bonds. The two men quarreled and the shooting followed. Robt. Smith, a small boy, was slightly injured. Bond is at large.

The finest Coffee Substitute ever made, has recently been produced by Dr. Shoop of Racine, Wis. You don't have to boil it twenty or thirty minutes. "Made in a minute" says the doctor. "Health Coffee" is really the closest Coffee Imitation ever yet produced. Not a grain of real Coffee in it either. Health Coffee Imitation is made from pure toasted cereals or grains, with it, nuts, etc. Really it would fool an ear—were he to unknowingly drink it for Coffee. Breedlove & McFarland.

In a prohibition election at Grifton, Pitt county, Tuesday, 40 votes were cast for prohibition and not one against it.

A tickling cough, from any cause, is quickly stopped by Dr. Shoop's Cough Cure. And it is so thoroughly harmless and safe, that Dr. Shoop tells mothers everywhere to give it without hesitation even to very young babes. The wholesome green leaves and tender stems of a lung-healing mountainous shrub, furnish the curative properties to Dr. Shoop's Cough Cure. It calms the cough, and heals the sore and sensitive bronchial membranes. No opium, no chloroform, nothing harsh used to injure or suppress. Simply a resinous plant extract, that helps to heal aching lungs. The Spaniards call this shrub which the Doctor uses, "The Sacred Herb." Demand Dr. Shoop's. Take no other. J. G. Hall.

John G. Low, a large property owner of Asheville, dropped dead Monday while walking in his yard. He was 67 years old and a native of Boston.

When the Stomach, Heart, or Kidney nerves get weak, then these organs always fail. Don't drug the Stomach, nor stimulate the Heart or Kidneys. That is simply a makeshift. Get a prescription known to Druggists everywhere as Dr. Shoop's Restorative. The Restorative is prepared expressly for these weak inside nerves. Strengthen these nerves, build them up with Dr. Shoop's Restorative—tablets or liquid—and see how quickly help will come. Free sample sent on request by Dr. Shoop, Racine, Wis. Your health is surely worth this simple test. J. G. Hall.

Near Wilmington, Monday, Robt. Irving, a negro boy, was shot and killed by the accidental discharge of a gun in the hands of Earl Onell, white and 14 years old.

You know as well as any one when you need something to regulate your system. If your bowels are sluggish, your food distresses you, your kidneys pain, take Hollister's Rocky Mountain Tea. It always relieves. 35c, Tea or Tablets. J. G. Hall.

A soft answer has turned many a young man's thoughts toward the furniture house.

There is something about Kennedy's Laxative Cough Syrup that makes it different from others, it causes a free and gentle action of the bowels through which the cold is forced out of the system. At same time it heals irritation and allays inflammation of the throat and lungs. It is pleasant to take. Children like it. Contains no opiates nor narcotics. Sold by J. G. Hall.

The man who seeks office for the public good is apt to consider himself the entire public after he lands.

Are you having trouble with your kidneys? There are lots of people to say who wonder why they have pains across the back, why they are tired and lacking in energy and ambition. Your kidneys are wrong. They need relief without delay. Take DeWitt's Kidney & Bladder Pills; they are for weak back, inflammation of the bladder, back-ache and weak kidneys. Sold by J. G. Hall.

A young man with an incipient mustache never "feels down in his mouth" for the reason it is too short.

Public Speaker Interrupted.
Public speakers are frequently interrupted by people coughing. This would not happen if Foleys Honey and Tar were taken, as it cures coughs and colds and prevents pneumonia and consumption. The genuine contains no opiates and is in a yellow package. J. G. Hall.

Subscribe to the Public Ledger.

Nursing baby?


It's a heavy strain on mother.

Her system is called upon to supply nourishment for two.

Some form of nourishment that will be easily taken up by mother's system is needed.

Scott's Emulsion contains the greatest possible amount of nourishment in easily digested form.

Mother and baby are wonderfully helped by its use.



ALL DRUGGISTS: 50c. AND \$1.00

GIVES A PERFECT SKIN.

Sulphur in Liquid Form Adds to the Beauty of Women.

"Beauty is only skin deep," but you cannot be beautiful if you have any Skin Disease or a bad complexion. Hancock's Liquid Sulphur quickly cures eczema, tetter, sores, eruptions, blotches, and all skin diseases. Apply Hancock's Liquid Sulphur Ointment to the face just as you go to bed, and it will soon give you a smooth velvety skin.

Taken internally, Hancock's Liquid Sulphur purifies the blood and clears up the complexion. A few spoonfuls in hot water makes the finest of sulphur baths. All druggists sell it. Sulphur Booklet free, if you write Hancock's Liquid Sulphur Co., Baltimore.

Dr. W. W. Leake, of Orlando, Fla., who was cured says: "It is the most wonderful remedy for eczema I have ever known."

Long streams of crepe were on the doors and in the windows of some of the Oklahoma saloons that went out of business last Saturday night under State-wide prohibition. In one of the Guthrie saloon windows was a big barrel with an empty glass beneath the open faucet, heavily draped in black and bearing this placard: "Everything going out and nothing coming in."—Guthrie (Okla.) Dispatch.

Whenever you feel that your stomach has gone a little wrong, or when you feel that it is not in good order as is evidence by mean headaches, nervousness, bad breath, and belching, take something at times, and especially after your meals until relief is afforded. There is nothing better offered the public today for stomach troubles, dyspepsia, indigestion, etc., than KODOL. This is a scientific preparation of natural digests combined with vegetable acids and it contains the same juices found in every healthy stomach. KODOL is guaranteed to give relief. It is pleasant to take it will make you feel fine by digesting what you eat. Sold by J. G. Hall.

Badly Mixed Up.

Abraham Brown, of Winterton, N. Y. had a very remarkable experience; he says: "Doctors got badly mixed up over me; they said heart disease; two called it kidney trouble, the fourth, blood poison, and the fifth stomach and liver trouble; but none of them helped me; so my wife advised me to try Electric Bitters, which are restoring me to perfect health. One bottle did me more good than all the five doctors prescribed." Guaranteed to cure blood poison, weakness and all stomach, liver and kidney complaints by R. L. Hamilton, druggist, 50c.

Chicago has a new kink. It is "boiling" eggs without the use of water. This novelty is exploited at one of Chicago's leading hotels, and as the feat is accomplished directly before the eyes of the guest, the new way of cooking generally attracts attention and comment. The waiter places a box-like apparatus before the guest and turns on a little electricity from the bracket on the wall and places the desired number of eggs in the heater. In about a minute and a half, or half the time consumed by the hotwater process, the eggs are cooled to a turn. The process is an idea originated by Prof. Radtke, of Armour Institute.—New York Press.

A Real Wonderland.

South Dakota, with its rich silver mines, bonanza farms, wide ranges and strange natural formations, is a veritable wonderland. At Mount City, in the home of Mrs. E. D. Clapp, a wonderful case of healing, has lately occurred. Her son seemed near death with lung and throat trouble. "Exhausting coughing spells occurred every five minutes," writes Mrs. Clapp, "when I began giving Dr. King's New Discovery, the great medicine, that saved his life and completely cured him." Guaranteed for coughs and colds, throat and lung troubles, by R. L. Hamilton druggist. 50c. and \$1. Trial bottle free.

MONEY IN IT!

Profitable Discussion on TOBACCO Watch Warehouse Floor!

SAY, Henry: "Where are you going to sell your crop of tobacco this year?"

I am going to sell it at the Johnson Warehouse with Zack Lyon, the place that I have been selling. I have quit listening to Warehouse talk, but I watch what is done on the warehouse floor, and if you will watch that point you will sell your tobacco at the Johnson too. You are right Henry that is what I want you to do, and if you will keep your eye on the sales at the Johnson you will see the livest place in this part of the State.

Our market is fully opened and the buyers are anxious for tobacco so bring it to the Johnson Warehouse and be with a live number. With all good wishes I am

Very truly Yours,

Z. W. LYON,

OXFORD, - - - N. C.

The Bank of Granville

has every facility for handling your Bank account acceptably and it cordially invites your banking business,

Absolutely Safety

Combiaed with satisfactory service and liberal treatment. Safe deposit boxes of the best kind for rent.