## OXFORD PUBLIC LEDGER, TUESDAY, JANUARY 91923

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Wed. Thur. Jan. 17-18



RODOLPH VALENTINO Blood and Sand
-ILA LEE AND NITA NALDI a Paramount Gicture
MATINEE BOTH DAYS AT 3 P. M.


A Quarter Century Of Service
 or meath abecr wermen


 Until today more than 17 million jars so
out yearly to serve the people of this land.


## Avoid Influenza---Grip---Pneumonia

Apply Vicks to help avoid infection.
Use Vicks at the first sign of an oncoming cold.
$\mathrm{M}_{\text {agtee madical authorities now }}^{\text {OST }}$ and Pneumonia are all germ diseases -most commonly spread by breathing in the germs. It the system is in good in the germs. If the system is in good
shape-the membrane of the air passages in a healthy condition - these germs do not isreed.
In fact the germs of all of these diseases are frequentiy found in perfectly heathy persons. It is only when the cold for instance-that they are able to harm us.
Avoid Sneezers and Coughers It is best to keep away from the sneezers and
coughers in the street cars and puhlic places or if you must meet them msert some vicks in the nostriss before yov start out on returnme
home melt a little vicke re 2 tip cup or a spoon and minale the vapors.

Opposed tc Bacteria The ingredients of Vicks are not onit anti-
septic, but rubefacient-t septic, but rubefacieient-that is they summon
the blood to the tisues where applied and the free blood circulation is natares pest methoo $\partial t$ repeling germ intection. Also Vicks sureads a protective film over the membrane and turther
more is opposed to the growth ot nactera more is opposed to the growth ot pacteria in to zvoid initection oy tuse aumerous gemme $y$ you have vicks in youl nos:

releases the volatile ingredients in the form of
vapors." Vicks really is "a vapor lamp in salve.
The Ingredients of Vicks Since the dawn of history mankind has beers
earching nature for remedies against cold searching nature for remedies against eolld
troubles. The knowledge gained thra thousand troubles. The knowledge gained thru a thousana years has come down to us today. Vicks cor-
tains the best known remedies for these troubles, tains the best known remedies for these troubles
some of them of great antiquity. Menthol, for some of them of great antiquity. Menthol, for
instance. comes. from Oil oo Peppermint which was grown in EEypt three thousand years ago.
and whose virtues are described in the old Iceand whose virtues are described in
landic books of the 13th century. landic books of the 13th century. The highest authority on drugs and their uses
is the U. S. Dispensatory. We give below a few extracts from the Dispensatory on some of the ingredients in Vicks.
MENTHOL-"It is actively anti-bacterial.
is employed for its antiseptic and -anaesthetic influence in coryaa, pharvngitis and laryngitis.
 effec, on he mucous membrane-relieves cungestion
and infanmation-is powerful stimulant to the
respintartory centers." OIL OF E UCAL YPTUS - "Gernmididut
 OIL OF TH YME-"This drug is a powerfui antiseptic win wonderful healing properties, es
peciall in congestion and catarrhal conditions of
he the nose and throat."
On excellent Temedy for and hine-its papors are


Adopt the DUIRECT treatnient

