

WANTED—
Every lady in Oxford to know that I have a machine to scrape and wax new and old floors. Get my prices.
MEBANE

The owner of every radio receiving set in Great Britain must pay \$2.20 a year license fee. At present there are but four broadcasting stations in the United Kingdom. They are located at London, Birmingham, Newcastle and Manchester. It is illegal to remove receiving sets from one point to another.

Stops Falling Hair

What will stop my hair from falling out? **Paristan Sage**. It will also stimulate new hair to grow soft, thick and glossy and prevent dandruff. Ask J. C. Hall to show you the money-back guarantee printed on every package. **adv**

SALT FISH AS A DIET

A Living Demonstration Of the Efficiency Of This Diet.

(Aswego, N. Y., Mail)

If you wish to live to be a hundred make your daily diet salt fish and pancakes, made from a mixture of corn meal, wheat flour with a dash of buckwheat, washed down with hot black tea without trimmings, that is free from sugar, milk or cream. That's the diet prescribed by Captain George Best, the hermit of Wigwam Cove, who just celebrated his 96 birthday and who says that he is a living demonstration of the efficacy of this diet.

In his little shack of two rooms located on a patch of upland covered with scrub oak and chestnut, look-out over acres of marsh land, Captain George has lived for the last 35 years. In the summer season he has plenty of company—fishermen campers and those who go out to the Cove for an outing, but with the close of the duck hunting season in the fall and the departure of the hunters from the marsh land, Captain George lives alone, surrounded by Curl, his cocker spaniel, and fourteen black cats. Woe to him who would hurt one of those cats, and as for Curl no human could look into the depths of his deep trustful brown eyes and do him harm. "Yes, they are great company" said Captain George, "and I love them. He's a great dog and as a retriever he has no superior. Duck hunters know that, and several attempts have been made to get him away from me. Sometimes he goes out and comes back with a big snowshoe rabbit in his mouth, and then I prepare the rabbit and we have a stew that varies our diet of fish for a day or so."

"You don't mean to tell me that your steady diet is salt fish and pancakes?" the reporter asked.

"Surest thing you know," said Captain George, leading the way into his spare room, where the fishing nets were kept, and there was the winter store, barrel of salt fish.

"In the fall, when the water fowl comes in for a feed of wild rice and celery, my diet is varied a little by roast duck and apple sauce, or a piece of roast goose, but in the winter the diet is salted suckers and pancakes. I have no high blood pressure or hardening of arteries and I believe my health is due to my diet. In every respect I am normal. I haven't an ache or a pain and my health is perfect. What man of 96 can say more?"

ACCOMPLISHMENT

(Youth's Companion)

Pretty nearly all the joys of living are to be summed up in the word achievement. Both in sport and in work the achievement of a purpose is the thing that gives a man the greatest satisfaction. To feel that we are working steadily toward our aim, to see that the design is taking form under our hands, is to experience a satisfaction greater than any that comes to us through contemplation and leisure.

Often when the task is hard and long you feel that, if only you had it finished, you could be happy. Yet when it is finished you soon learn that in the freedom from it there is not so much pleasure as you found in the performance of it. You indeed freed yourself from a companion of your thoughts, and you have perhaps nothing that at once can take its place. The joy of accomplishment that it had seemed you could never know until the accomplishment was complete survives the labor only a short time; and, looking back, you see that it was in the effort rather than in the triumph that the deepest satisfaction lay. But you would never have realized that if the effort had not been crowned with the triumph of accomplishment. One of the virtues of accomplishment is that it makes us more keenly aware than we could otherwise be of the joys of struggle. There is no joy of struggle for one who always fails to finish.

The Pneumonia Month.

March is a typical pneumonia month and usually gives a high rate of mortality for the disease. After a long and hard winter, the system loses much of its resistance and people grow careless. When every cold no matter how slight, is given prompt and intelligent attention, there is much less danger of pneumonia. It should be borne in mind that pneumonia is a germ disease and breeds in the throat. Chamberlain's Cough Remedy is an expectorant and cleans out the germ laden mucus and not only cures a cold but prevents its resulting in pneumonia. It is pleasant to take. Children take it willingly.

To avoid traffic accidents on the Pacific Ocean, steamship companies will soon have to "double track" the ocean, according to the hydrographic

office of the United States Navy. Shipping on the Pacific has increased greatly during the last few years and it is hoped the steamship companies

will enter into an agreement to follow definite routes, instead of going in any direction as at present.

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The ease of mind and sense of security in driving a Lincoln endures from the minute you open the throttle until you are back from the trip.

The 8-cylinder motor—cylinder blocks set at an included angle of 60°, the refinements of which show the greatest engineering skill in the motor car industry, gives to the Lincoln, without qualification, the finest automobile power plant ever developed.

The Seven-Passenger Sedan
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100 pound sack of salt.....\$1.15
90 percent grain molasses feed, per 100 lb. sack.....\$2.40
Royal Scratch Feed, per 100 lbs.....\$2.50
Puritan Scratch Feed, per 100 pound sack.....\$2.75

MEAT, FLOUR, COFFEE, SUGAR, LARD, CORN AND ALL KINDS OF FEED.

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STRAW HAT DYE
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THESE CARS IN GOOD REPAIR.
PRICES REASONABLE.

Granite Motor Company
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Announcement

READ WHAT MR. MATTHEWS OF FARMVILLE, N. C. SAYS:

I planted forty-eight acres in tobacco and used Royster's Fertilizers under twenty acres. The amount realized from the sale of this twenty acres of tobacco was more than \$100 per acre in excess of that received from the crop grown with the other fertilizer. There was no difference in the condition of the land and I used the same quantity of each fertilizer per acre. Two croppers had five acres each in the same field with nothing between but truck row. One of them used Royster's and the other used fertilizer of another manufacturer; the land was prepared at the same time and in the same way; same quantity of fertilizer per acre was used and put out the same day; plants were drawn from the same bed on the same day; set out by the same planter and same hands; cultivated alike; cured in the same barn by the same men; graded and sold by the same parties. The tobacco grown with Royster's fertilizer sold for \$625.53, or \$125.00 per acre more than that grown with the other fertilizer.

(Signed) W. L. MATTHEWS.

The experience of tobacco growers has proven that Royster's Bonanza and Orinoco and Farmer's Bone Tobacco Guano is a scientifically perfected plant food, made from the best materials obtainable in the whole world, and compounded in the right proportions to fill the requirements of your tobacco. For the sake of your earnings from your crop, pin your faith to Royster's Bonanza Tobacco Guano.

Lyon-Winston Co.

F.S.R.
REGISTERED TRADE MARK

SELL THE ROYSTER'S GUANOS.

Too close a shave?
MENTHOLATUM
comforts and heals.