

Sweet Clover and Honey

Sweet clover seed and pure honey (comb and extracted) direct from producing point at lowest possible price. Quality guaranteed. Write for prices and circulars.

JOHN A. SHEEHAN

R. D. No. 4. FALMOUTH, KY. (3-2-8tx)

—Sweetened condensed milk, diluted with hot water, has won a place as a highly esteemed drink among the Chinese of the Ewatow district. They prefer this mixture to the excellent fresh milk, containing a high percentage of butterfat, available from the water buffaloes and other cattle maintained in considerable numbers by the farmers.

—Dean Hammond, of Cornell University, deploras the invasion of Tut-Ankh-Amen's tomb. How would Americans like it, he asks, if the Saracens 3,000 years hence broke into George Washington's tomb at Mount Vernon and if the bones of Abraham Lincoln were carried off to Constantinople and placed on display in a Saracen museum?

FARM HOME IS KEY TO RURAL HEALTH

(Indiana Farmers' Guide.)

With so much in its favor by way of natural endowments, it is to be regretted that rural life does not always average up to the possibilities within its reach in the matter of health and human efficiency. People who live in the open country are subject to many minor health troubles induced through exposure, poor housing and improper sanitation. Colds and various forms of gripe take their toll of working hours, in many instances, without actually putting a person to bed. Poor air and lack of ventilation in living and sleeping rooms may not put one on the actual sick list but these rob one of vitality and capacity to endure days of grueling work. Poor sanitation brings its own toll of trouble which may be anything from minor intestinal troubles to severe and dangerous illness. Typhoid fever is now classed as a "rural disease."

Most of these conditions which affect rural life unfavorably are easily preventable. The home and its immediate surroundings is perhaps the key to the situation. Thousands of farm folks are poorly housed. Their bodily comfort is well sustained, so far as shelter is concerned, but poor air is too often the rule and proper ventilation the exception. Cold sleeping rooms in winter that are close and stuffy in summer exact their toll of human efficiency, lack both instances. Wells of suspicious character, lack of sanitation in the disposal of human waste, damp and unwholesome cellars—these features of rural life are altogether too common.

It is easily possible for any rural household to raise itself above the average conditions along these lines and enjoy the benefits which must necessarily result. There is no better way to set about doing this than to check up the factors as these exist in any particular case. Heating, ventilation, sanitation—each should be studied with a view of remedying defects. Better health, longer life, and greater happiness and prosperity will be the outcome. There is no better investment that can be made than one that looks to the improvement of the home and its environ.

CAN YOU TELL

The Difference Between Memory and Recollection.

There is very little difference between remembering and recalling as applied to the acts of memory. Recalling is the physical process through which we are able to call up the impressions which constitute memory. Remembering is the result of recalling.

The act of remembering is not so simple as one would suppose. It can really be divided into three phases; the primary act of remembering, which we do without consciousness; the recognition of what we remember; and the power of recalling. Our memory is most able when we are young. We more easily remember things which happened recently than things which happened long ago, but this is only true before we get old. In old people, current events do not make so deep a record on the mind, because the brain gradually loses its ability to receive impressions. That is why older people find it easy to remember the minutest details of events of the past and cannot recall recent happenings.

We often try to recall things and cannot, and then have the recollection pop into consciousness shortly after we stop trying. This lapse is due to the fact that the sensory nerve cells, which must make a perfect contact line to the brain before we can recall any impression, are tired.—American Boy.

—The Canadian federal government has purchased a large farm near Guelph, Ontario, to put returned soldiers on the land.

The Road To Happiness.
You must keep well if you wish to be happy. When constipated take one or two of Chamberlain's Tablets immediately after supper. They cause a gentle movement of the bowels.

HELP YOURSELF GET WELL FAST

If you have been ill, and it seems as if you never would get your strength back, you need the wonderful strengthening and rebuilding qualities of Gude's Pepto-Mangan.

It has helped thousands of invalids and convalescents to get back their strength, put on firm flesh, eat well, sleep well, feel well and BE well!

Your druggist has Gude's Pepto-Mangan—liquid or tablets, as you prefer.

Gude's Pepto-Mangan
Tonic and Blood Enricher

—Bentonite, commonly known as soapstone is found in extensive deposits in Alberta. It has not been developed commercially as yet.

—The first known log house, built by white men within the bounds of what is now Colorado, was erected in 1816, for a troop of Spanish cavalry patrolling the Arkansas, near the site of Pueblo.

Indigestion and Constipation.
"Prior to using Chamberlain's Tablets, I suffered dreadfully from indigestion. Nothing I ate agreed with me and I lost flesh and ran down in health. Chamberlain's Tablets strengthened my digestion and cured me of constipation," writes Mrs. George Stroup, Solvay, N. Y.

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Announcement

Our sales on Royster's, Zell's and Patapsco Guanos have increased 25% up to this time over previous sales. **THE REASON!**

Royster's, Zell's and Patapsco Guanos have produced tobacco of the highest quality and the sales averages the most satisfactory,

The tobacco grown with these old brands is of the richest quality, the color right and the weight is there everytime. The brands don't burn the plant, causing a great loss in weight during the curing season. This is a big gain to be considered.

The old German potash is used exclusively.

When better guanos are made than Royster's, Zell's and Patapsco are now making—Royster, Zells and Patapsco will be some of the first to produce them.

If you have not bought gauno, let us figure with you. If you have bought other brands and need more, let us sell you. Test it out. Maybe you will discover that these old brands we sell will give you better results for your faithful years work.

We solicit your business and promise you our best service. Yours truly,

Lyon Winston Co.

Car load Nitrate Soda. Use it and increase your wheat and corn yield 25%.

ROYSER'S BONANZA 8-3-3 AND FARMER'S BONE 8-2-2 TOBACCO GUANOS.

ZELL'S BRIGHT TOBACCO GROWER 8-3-3. PATAPSPO SPECIAL TOBACCO GUANO 8-3-3. POTAPSPO PLANTER'S FAVORITE 8-2-2.

LINCOLN SERVICE

Lincoln owners know that Lincoln cars in ordinary usage demand little attention other than the replenishment of gasoline, oil and water. That is because the service requirements of motor cars are in inverse ratio to the quality and character built into them by the manufacturers.

Periodic inspection, proper lubrication and minor adjustments, when necessary, are essential to the proper and prolonged functioning of any piece of machinery. With quality as a prime factor, it is the secret of economical and dependable transportation.

To insure the operation of Lincoln cars as a source of uninterrupted satisfaction and enjoyment, through the medium of adequate and convenient service facilities, it is the purpose of the Ford Motor Company that its entire dealer organization be equipped to render efficient and intelligent service to Lincoln owners.

Thousands of Ford Dealers in the United States are being equipped with specially trained Lincoln men, competent to make minor adjustments and of providing for ordinary service requirements.

Under this arrangement, a Lincoln owner, whether touring a continent or crossing his own city, may with confidence enter a Ford Dealer's place of business and be assured of prompt, courteous and intelligent treatment by an organization with a personal interest in his welfare.

It is not intended, or necessary, that all Ford Dealers be equipped to do major repair work or overhauling on Lincoln cars. Adequate provision is made, however, whereby such work will be done in each territory, when necessary, by dealers who are especially equipped to render high grade service in keeping with the character of the product.

We believe that the Lincoln will run farther and require less mechanical attention than any other car in the world. It is significant and a matter of utmost importance to prospective owners of quality cars that the incomparable, world-wide facilities of the Ford Motor Company should make the ownership of a Lincoln even more desirable than ever before.

LINCOLN MOTOR COMPANY
Division of
FORD MOTOR COMPANY
Detroit, Michigan

CRENSHAW'S Ford Sales and Service.

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FOR YOUR BUILDING REQUIREMENTS

We are in a position to render prompt service in Estimating, Drafting and Building Supervision.

WE SPECIALIZE ON SCRAPING, SANDING AND FINISHING FLOORS, OLD AND NEW.

OFFICE—next door to Public Ledger office, Oxford, N. C.

The Windows to Your Soul

YOUR EYES. KEEP THEM RIGHT BY GETTING GLASSES FROM J. W. KNIGHT, THE

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