

Iron Is Greatest of All Strength Builders, Says Doctor

A Secret of the Great Endurance and Powers of Athletes

Ordinary Nuxated Iron Will Make Dull, Nervous, Whindown People 100 Per Cent. Stronger in Two Weeks' Time in Many Cases.

New York, N. Y.—Most people foolishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. E. Sauer, a Boston physician who has studied widely both in this country and great European Medical Institutions when as a matter of fact real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong, but they can't tell what, so they generally commence doctoring for stomach, liver or kidney trouble or symptoms of some other ailment caused by lack of iron in the blood. This thing may go on for years, while the patient suffers untold agony. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while

double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate, or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like Nuxated Iron if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prizefighter has won the day simply because they knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while many another has gone down to ignominious defeat simply for the lack of iron.

NOTE—Nuxated Iron, recommended above by Dr. E. Sauer, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older iron preparations it is easily assimilated, does not injure the stomach, does not blacken the teeth, and does not cause constipation. It is a most potent remedy in nearly all forms of indigestion as well as nervous, run-down conditions. The manufacturers have such great faith in Nuxated Iron that they offer to refund \$100.00 to any charitable institution if they cannot take any man or woman under 60 years of age and increase their strength 100 per cent. or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund you money if it does not. Fast, double your strength and endurance in ten days' time. It is dispensed in this city by all good druggists.

MAIN PHARMACY
PURCELL DRUG STORE
EMPIRE DRUG STORE

YADKIN DRUG CO.
SMITH'S DRUG STORE
PEOPLES DRUG STORE

FINE JERSEY CATTLE FOR SALE

I am offering for sale, by auction at my residence, on the Stokes-Ferry road, nine miles East of Salisbury, N. C. on the 19th day of September, 1917, my entire herd of fine grade Jersey Cattle numbered as follows:

30 HEAD OF MILKERS. DAIRY EQUIPMENT.
20 HEAD OF HEIFER CALVES from 6 to 18 months old.
ONE REGISTERED JERSEY BULL 29 months old.
The foundation of my herd is from the E. B. C. Hambley herd, and I have used nothing but registered Sires for over 20 years from the Biltmore and Shuford Farms. My herd has also recently been found clear of Tuberculin.

You can make no mistake by stocking your business with milkers from this herd. You have the opportunity to do this by attending the Auction sale at my residence at 10:30 o'clock, rain or shine, on Wednesday, September 12th, 1917.

Salisbury, N. C. P. M. PHILLIPS.

THE SOUTHERN RAILWAY COMPANY

An Ambition and a Record

THE needs of the South are identical with the needs of the Southern Railway—the growth and success of one means the upbuilding of the other.

The Southern Railway asks no favors—no special privileges not accorded to others.

The ambition of the Southern Railway Company is to see that only of interest that is born of co-operation between the public and the railway; to see perfected that fair and frank policy in the management of railroads which invites the confidence of governmental agencies; to realize that liberality of treatment which will enable it to obtain the additional capital needed for the acquisition of better and enlarged facilities incident to the demand for increased and better service; and, finally,

To take its niche in the body politic of the South alongside of other great industries, with no more, but with equal liberties, equal rights and equal opportunities.

"The Southern Serves the South."



Southern Railway System

Lines East

Charlotte, N. C., July 20, 1917.

\$500.00 Reward

FIVE HUNDRED DOLLARS REWARD WILL BE PAID BY THE SOUTHERN RAILWAY SYSTEM FOR THE ARREST AND CONVICTION OF THE PERSON OR PERSONS WHO REMOVED SPIKES, BOLTS AND ANGLE BARS, RESULTING IN DERAILMENT OF PASSENGER TRAIN NUMBER 26, NEAR HUNTERVILLE, N. C., TUESDAY MORNING, JULY 17th, 1917.

All communications pertaining to this subject should be addressed to J. W. CONNELLY, Chief Special Agent, Southern Railway System, Charlotte, N. C.

If arrested, wire him or Sheriff N. W. Wallace, Charlotte, North Carolina.

W. N. FORACRE,
General Manager.

CHRONIC CONSTIPATION.

It is by no means an easy matter to cure this disease, but it can be done in most instances by taking Chamberlain's Tablets and complying with the plain directions that accompany each package.

STOMACH AND LIVER TROUBLES

No end of misery and actual suffering is caused by disorders of the stomach and liver, and may be avoided by the use of Chamberlain's Tablets. Give them a trial. They only cost a quarter.

REVENUE OFFICER DIES OF WOUNDS

Mr. Gaither Campbell, Deputy Revenue Collector, Died at Statesville Yesterday.

JIM BELT, MURDERER, SURRENDERS TO OFFICERS

Bloodhounds from Rowan Were On Negro's Track—In Jail at Statesville, Asks Protection.

Statesville, Sept. 4.—Gaither Campbell, deputy collector of Mocksville, was shot and mortally wounded by Jim Belt, a negro, at Poplar Springs camp grounds last Sunday afternoon, died here this afternoon at about 2 o'clock after being in an unconscious state for the last two days. Almost at the hour that death claimed its victim, Jim Belt who, it is alleged, did the shooting, surrendered to Iredell county officers.

L. D. H. Brown from Salisbury was summoned and came to Statesville early this morning with his two trained bloodhounds and was rushed to the supposed whereabouts of the fugitive. It is stated that the negro hearing that bloodhounds were coming to run him down, decided that he had better surrender and went to the home of Lee Shoemaker, about five miles Harshorn and asked that the phone Sheriff Alexander that he was ready to surrender.

At the time of the message Sheriff M. P. Alexander was out on the chase and did not receive the message until later. However, one of his deputies, E. V. Privette went to Mr. Shoemaker's home and arrested the negro.

Soon the word was received in Statesville that the negro was on his way to town and a large crowd gathered at the jail.

The negro was badly frightened when he arrived and was placed in the jail and begged Jailer O. L. Woodsides to put him in a cell upstairs instead of on the first floor. When he was interviewed by your correspondent he stated that he had nothing to say, except that he did not do all of the shooting; that there were several other negroes who were shooting also, but he could not or would not give any names.

It was reported that feeling was running very high in Mocksville when word was received telling that Deputy Campbell had died of his wounds and fear was felt for the safety of the prisoner and rather than take any chances he was quietly removed from the jail tonight and taken to another town for safe keeping by Deputy O. L. Woodsides and Deputy Marshal John L. Millholland.

The negro was not shot at all as was first reported and when asked as to why he did the shooting replied that he did not realize what he was doing.

ASK ANYONE WHO HAS USED IT.

There are families who always aim to keep a bottle of Chamberlain's Colic and Diarrhoea Remedy in the house for use in case it is needed, and find that it not only a good investment but saves them no end of suffering. As to its reliability, ask anyone who has used it.

May Put No. 11 Back on Road. Gaffney, S. C., Sept. 4.—It is reported (though not officially) that the Southern Railway system will in the near future resume the running of train No. 11, the local train which was recently taken off. It is said that this is made necessary by reason of greatly increased travel. Ticket Agent Folger, of Gaffney, stated today that the passenger business in Gaffney for last month was the greatest of any August in the history of the road.

Canada's estimated wheat crop is 250,000,000 bushels.

"A SPLENDID TONIC"

Says Hixson Lady Who, On Doctor's Advice, Took Cardui And Is Now Well.

Hixson, Tenn.—"About 10 years ago I was..." says Mrs. J. B. Gadd, of this place. "I suffered with a pain in my left side, could not sleep at night with this pain, always in the left side..."

My doctor told me to use Cardui. I took one bottle, which helped me, and after my baby came, I was stronger and better, but the pain was still there.

I at first let it go, but began to get weak and in a run-down condition, so I decided to try some more Cardui, which I did.

This last Cardui which I took made me much better, in fact, cured me. It has been a number of years, still I have no return of this trouble.

I feel it was Cardui that cured me, and I recommend it as a splendid female tonic.

Don't allow yourself to become weak and run-down from womanly troubles. Take Cardui. It should surely help you, as it has so many thousands of other women in the past 40 years. Headache, backache, sideache, nervousness, sleeplessness, tiredness, feebleness, are all signs of womanly trouble. Other women get relief by taking Cardui. Why not you? All druggists.

SUNDAY SCHOOL CONVENTION MEET

The County Convention is to be Held Next Week and the Following is the Program to be Rendered at the Cleveland Presbyterian church:

- Wednesday Sept. 12, 10:30 a. m. 10:30—Song service. 10:35—Devotional—Rev. A. E. Wallace. 10:40—Words of Welcome—J. T. Graham. 10:45—Response—Rev. W. H. Riser. 10:50—Roll Call of Townships. 10:55—President's Address, "The Past of the County Association, The Present and Things to be Undertaken During the Coming Year," Rev. J. A. Koons.

- 11:25—"The Church and Sunday School's Part in the Breakdown of the European Civilization," Rev. J. W. Long. 12:10—Secretary's Report—Eugene H. Bean. 12:20—Treasurer's Report—W. L. Kluttz.

- Committees. Offering. Announcements. 1:30—Song service. 1:35—Devotional—Rev. V. R. Stickley.

- 1:40—Elementary Division Organized for Service and Training—Mrs. E. D. McCall. 2:05—Demonstration with Children—Miss Virginia Jenkins. 2:30—Secondary Division Organized for Service and Training—Miss Flossie Harris.

- 2:50—Leadership, Teamwork, Activities—Rev. C. P. Fisher. 3:10—Adult Division Organized for Service and Training—A. L. Smoot. Miscellaneous business. Offering. Assignment of Homes.

- Evening Service. 7:45—Address—Rev. W. A. Lambeth. 8:15—Address—Rev. W. L. Hutchins. 8:45—Address—State Sec J. W. Long.

- Thursday Morning. 9:30—Separate Conference With Leaders and Teachers: 1—County and Township Officers—Presbyterian Church: Led by Rev. J. S. Wessinger and J. L. H. Fisher. 2—Superintendents and School Officers—Presbyterian Church: Led by Geo. H. Peeler and Geo. C. Fisher. 3—Elementary Teachers—Methodist Church: Led by Mrs. E. D. McCall and Mrs. C. S. Morris. 4—Secondary Teachers—Methodist Church: Led by Miss Flossie Harris and Miss Campbell.

- 5—Adult Teachers and Workers—Presbyterian Church: Led by Rev. C. B. Heller and A. L. Smoot. 10:00—Convention Opens. Song service. 10:05—Devotional—Rev. J. W. Kennedy.

- 10:10—Department of Administration of County Association—B. F. Stevenson. 10:25—Department of Administration of Local School—P. S. Carlton. 10:50—Department of Education of Associations—Rev. J. H. Keller. 11:10—Department of Education of Local School—Rev. N. D. Bodie. 11:30—Whole-Time County Sunday School Superintendent—T. W. Winge Andrews. 11:50—The Teacher—Rev. W. W. Way.

- Girls' Conference: Methodist Church. 1:45 p. m. 1—"What is the purpose of the Sunday School Class?"—Discussion by several girls from the County Sunday Schools. 2—"The Value of the Graded Course"—Miss Meade Fraley. 3—"The Cultivation of a Girl's Private Devotional Life"—Mrs. Frank R. Brown. 4—"Should Our Classes be Organized?"—Miss Lois Campbell. 5—"Report of Work Done by Girls' Classes Throughout the County." 6—"Social and Recreational Development in Our Classes"—Miss Pearl Julian. 7—"Through the Week Activities in Our Girls' Classes"—Miss Blanche Fraley. 8—"The Boys' Conference—Cleveland School Building. Conducted by the Salisbury Community Young Men's Christian Association.

- 1:45 p. m.—Theme, "The Boys' Attitude and the Sunday School." a—"Fifty-Fifty"—"Where Does the Sunday School Come In?"—Richard Page. b—"The Boys' Attitude Toward the Sunday School and How to Act On It"—Frank Kirk. c—"The Boys' Attitude Toward the Lesson"—Marshall Lake. d—"The Boys' Attitude Toward the Teacher"—Thos. Burke. e—"Has the Bible Anything of Interest for the Boys?"—Charles Mason. 2:45—"The Sunday School Boy and War Times"—H. P. Coor, Inter-State. y. M. C. A. Secretary for Boys, of Charlotte.

- Closing service led by H. J. Knebel, Community Y. M. C. A. Secretary, Salisbury. Afternoon Session. 1:30—Song service. 1:35—Devotional—Rev. G. O. Ritchie. 1:40—Roll Call of Townships—Response by Township Representatives. 1:45—"Making Rowan a Banner

TRACE DISEASE TO CONSTIPATION

One of the points on which different schools of medicine practically agree is that about 85% of all human disease is directly traceable to intestinal putrefaction of stomach waste due to inactivity of the bowels, or constipation. The ultimate process is an essential factor in digestion and on the proper functioning depends the welfare of the entire system.

Constipation a condition that should never be neglected. As soon as the bowels evidence the slightest disposition to slow up, a mild laxative should be taken. This continuation of simple laxative herbs with peppin, known as Dr. Caldwell's Syrup Pepsin, and sold in drug stores for fifty cents a bottle, is highly recommended as a corrective, acting gently in an easy natural way, without griping or other pain or discomfort. A trial bottle of this excellent family remedy can be obtained free of charge by writing to Dr. W. B. Caldwell, 458 Washington St., Montpelier, Illinois.

WHEAT SHORTAGE IN NORTH CAROLINA

Raleigh, Sept. 4.—The wheat and oat crop of North Carolina during the past season was cut short to the amount of several million bushels by winter killing which was due in a large measure to late planting and poor preparation of the soil. Agricultural authorities in the State are expressing some anxiety lest the approaching season should see a repetition of this economic mistake which cost the farmers so dearly.

Notwithstanding the high price of seeds it is expected that a larger area of grain and cover crops will be planted during the coming fall than ever before in the history of the State, just as was the case with soybeans, cowpeas and sorghum during the summer season. Of these fall grain and cover crops, oats for grain and practically all the cover crops could be planted during the coming month. If these crops are to be planted in satisfactory seed beds in September, no time is to be lost.

Where oats or cover crops are to be planted in cotton fields a good seed bed is already available if the cotton crop has been kept clean. Following cowpeas or other crops which are yet to be harvested, the soil may be prepared by thorough disking and dragging. On land that has not been cultivated during the summer, the preparation should consist of thorough breaking, disking and dragging far enough ahead of the planting to give the soil time to settle thoroughly, forming a firm, fine seed bed. All winter legumes of course should be inoculated.

It is an unusual opportunity North Carolina farmers have during the coming grain season. All grains promise to remain high in price and returns heretofore undreamed of will be received by those farmers who make the fullest use of their opportunity.

County—Rev. C. C. Wagoner. 2:00—"Making All the Townships Banner Townships"—W. H. Canup. 2:20—"Every School a Banner School the Coming Year"—A. B. Saiteby. 2:40—"Our Work in Rowan"—T. P. Johnston, Dr. C. M. Van Poole and J. C. Kesler. Election of Officers. Unfinished business. Notes.

Every Sunday School worker in the County is invited to be present and take part in the Convention. Be there for the opening session and stay for the close. All subjects are open to discussion and anyone desiring can take part. Please see that the individual school reports get to the Township Secretaries in time for him to get his report to the County Secretary before the Convention date.

All delegates, ministers and visitors who desire entertainment over night will be accommodated whether they notify the entertainment committee or not, but it will facilitate matters if they would do so in advance. Local Committee of Arrangement: W. F. Thompson, M. A. Felker, R. M. Roseboro, C. A. Brown and W. W. Roseman.

Entertainment Committee: Mrs. Lizzie Allison, Mrs. J. R. Steele, Mrs. Q. J. Scott, Mrs. C. A. Brown, Miss Annie Lee Kincaid. County Officers: Rev. J. A. Koons, President. R. L. McNeely, Vice-President. E. H. Bean, Secretary. Mrs. W. H. Canup, Assistant Secretary. W. L. Kluttz, Treasurer.

Central Executive Committee: W. S. Benton, E. W. Tatum, Thomas P. Johnston, T. R. Garner, C. M. C. Barger, Dr. C. M. Van Poole, and County Officers. Executive Committee: E. Scott Miller, Mt. Ulla; W. F. Thompson, Cleveland; Rev. J. S. Wessinger, China Grove; W. H. Cartner, Cleveland; C. G. Frick, Gold Hill; J. L. H. Fisher, Rockwell; D. W. Lawrence, Mooresville; W. L. Lysterly, Woodfox; Rev. M. L. Ridenhour, A. M. Miller, A. L. Kluttz, W. H. Canup, P. S. Carlton, and County Officers. Program Committee for 1917 Convention: A. T. Allen, Chairman; Mrs. E. M. Hoffman, Rev. C. P. Fisher, Miss Virginia Jenkins, P. S. Carlton, Rev. J. A. Koons, W. F. Thompson.

DR. HENRY VAN DYKE ON WHY HE HATES PRUSSIANISM

By Dr. Henry Van Dyke in the New York World.

Since the month of August, 1914, a great deal of water has run under all the bridges of the world. In American streams it has kept its usual color, but in many rivers of Europe, Asia and Africa it has been red with human blood.

A great and momentous change has taken place in our own country this spring. Instead of clinging to an impossible neutrality, America has come to her right place in this vast conflict of the twentieth century. Abandoning the vain dream of a false and selfish peace, she has at last accepted the cross of war of truth and justice and liberty—a war against war, in which her best ideals and interests are directly involved.

Since the German army invaded Luxemburg, Belgium and France, I have felt and have said, so far as my official position permitted me, that this step on the part of our country was inevitable. Now that it has been taken I share the pride of all true Americans in the clear and eloquent statement of the reasons which have led to it, in President Wilson's great message to Congress on April 2, and in his Flag Day speech on June 14.

America Was Forced Into War. It is a momentous step, a step of tragic importance. How much we shall have to pay for it we have not yet begun to realize. But it is a right step—honest, loyal and unavoidable. Whatever dangers it may involve we must be glad that our country is no longer exposed to the far worse danger of losing her soul by ignoring the call of her duty.

We have passed from peace, which we love, to war, which we loathe. But that transition does not mean any change in our national ideals. It means only a recognition of our responsibility to live up to them and to defend them, not only for ourselves but for all mankind.

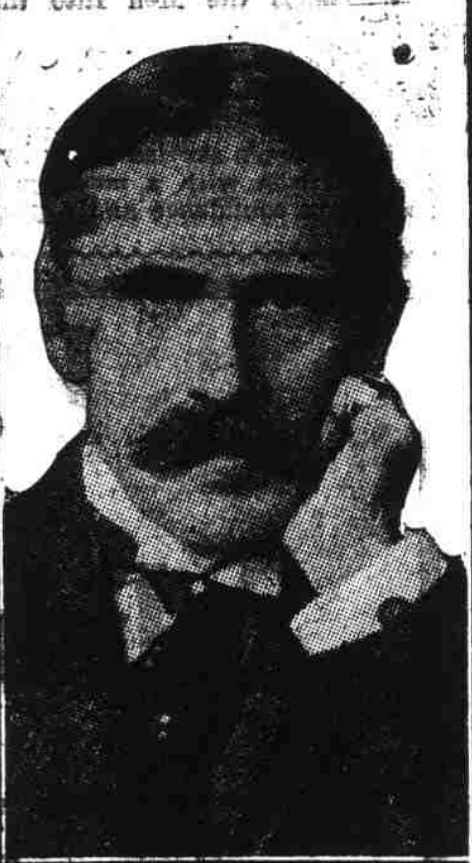
Taking arms to do this, we need more than ever to realize the sources of our strength. The part which we are to play in this tragic conflict depends upon our natural resources, our man-power, our wealth, our skill and ability. But it depends even more upon the strength which we derive from our faith in the God of righteousness, and our ultimate reliance upon the power of His might.

One thing America must remember if she is to prove her strength: We came into this great war not because we wanted to come in, nor because we desired to gain anything from it, we came in because we were forced, after long patience and endurance, to defend our own life, as well as that of our neighbors, whom we love as we love ourselves—no less and no more! It is God's command. The duty of brotherly love is based upon and guided by the wisdom and righteousness with which we love and cherish our better self.

Germany the Enemy of Mankind. There are some sincere Christians who are troubled to reconcile the entrance of our country into this war with the precepts of the Sermon on the Mount. The trouble seems unnecessary. Those precepts were meant for the guidance of the individual soul in the ways of purity, forbearance and peacefulness. When they are universally accepted they may become the safe and sane law of communities and nations. But till then we must maintain a side by side with these precepts which Christ has given to guide our personal spirits, the Bible truth that God has established governments in the world "for the punishment of evildoers."

Take the words of Christ, "Whosoever smiteth thee on thy right cheek, turn to him the other also." Those words were never meant to be understood in a merely literal sense. They are a figurative, oriental expression of self-control and patience. Has not our government obeyed that teaching to the fullest possible degree? Smitten on the right cheek by Germany's brutal sinking of the Lusitania, by America men, women and children on board, we were promptly smitten on the left cheek by the atrocious attack upon the Sussex under like conditions. Twice was enough, my literal friend! Twice is all that even your absurd interpretation of the words of Christ can cover. But we went even beyond that. Accepting the promise of the German government to avoid further assassinations of our non-combatant citizens at sea we still tried, with incredible patience, to keep the peace with that government, until at last it openly revoked its promise and announced its ruthless, reckless, rotten submarine warfare. Then our country saw, what some of us had long seen, that the present German government was the enemy of mankind. In order to dominate the world, according to the pan-German program, it was entirely willing to violate all the rights and principles of the United States of America, as it had already broken its treaties and violated the rights of Luxemburg, Belgium, France, Great Britain and Serbia.

For Unity of the Human Race. A friend asked me some time ago "Why do you hate Germany?" I answered, "We do not hate Germany. We love her as we love ourselves, but, not better." "Well," said my friend, "Why do you hate the Germans?" "We do not hate all Germans," I replied. "But we hate the predatory Potsdam gang which rules Germany, and which has led her to dishonor, crowned her with shame and smeared her face with blood. We have scriptural grounds for that hatred: 'Do not I hate them, O Lord, that hate Thee—I hate them with perfect hatred, I count them mine enemies.'"



Dr. Henry Van Dyke former minister to Holland on the Prussianism of today.

Let us make it clear that in our entrance into this war we have not only followed the instinct of self-preservation. We have also obeyed, and will steadfastly obey, a moral and religious motive. We do not count upon Might to make Right. We look for victory with the allies to the power of a just and righteous God.

Three things we must understand if America is to do her duty fully and nobly: 1. The choosing and forcing beginning of this dreadful war was a crime against humanity—a crime which lies at the door of the predatory Potsdam gang in Germany. All the other nations in Europe pleaded for a judicial settlement of the international difficulties. Even Austria, in conference with Russia about the Serbian question when the Potsdam gang announced that choice which is had long since made and launched the first declarations of war. No vital interest of Germany was menaced. The gang let loose the war because it meant to dominate the world by the power of the sword.

2. The conduct of the war as been marked by incredible atrocities, all of which have been begun by Germany. The violation of the treaties guaranteeing the neutrality of Luxemburg and Belgium, the barbarous cruelties perpetrated upon the people of Belgium and northern France, the use of poison gas in warfare, the aerial bombardment of undefended towns, the piratical use of submarines—all these are things of which Germany must take the blame as long as the predatory Potsdam gang holds power. She must pay for the harm which her ruling clique as done.

3. It is foolish and futile to talk about peace until the power of this crew of supermen is broken. Its motto is "Necessity knows no law, and we are the judges of necessity." If that prevailed the world would be a cage of wild beasts. Against that conclusion we must defend ourselves and mankind.

The Bible teaches us the unity of the human race. We are every one members one of another. But the same Bible tells us: "If thy right hand offend thee cut it off and cast it from thee."

Prussianism Must Be Crushed. The predatory Potsdam gang has offended against the law of God and the laws of nations. We must help to cut it off and cast it out by battle, since there is no other way to save mankind from that hell-of-war which the kaiser and his accomplices have brought upon the earth.

I know and respect all the honest arguments that are urged in favor of the doctrine of non-resistance. Giving them their full value in regard to my own individual life, I still hold that if a murderous burglar breaks into my house, threatening the life of my family, I have the right and duty to resist him and to kill him if I can.

Germany under the leadership of the predatory Potsdam gang has broken into the house of humanity. It is for that reason that we stand against her. The crisis is without parallel in the history of the world. Powerful as we are in material resources, we can never meet it unless we realize its moral issues. We must fight and suffer and sacrifice, God knows how much, not only for our own sakes, but for the sake of the world, for the sake of democracy, for the sake of righteous peace. We must sink all partisan differences, put out our swords, costly, nervous habit of perpetual grumbling and groaning, unite all our forces and be strong in the Lord and the power of His might.