

# CASTORIA

For Infants and Children.  
Mothers Know That  
Genuine Castoria

Always  
Bears the  
Signature  
of

*Dr. H. H. Mitchell*  
In Use  
For Over  
Thirty Years  
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.



## THE CENTER OF THE WHEEL.

repairing industry is right here and has been for years. The reason is obvious: we do an honest job for an honest price. You also get your wheel at the time we promise it. We don't countenance slipshod methods.

D. R. CUTLER,  
"THE BICYCLE MAN."

Atlantic Coast Realty Company, Petersburg, Va., and Greenville, N. C. Write, wire or phone us at Petersburg, Va. or see Washington Beaufort Land Co. Local Contract Representatives, Washington, N. C.



Are you nervous? irritable? unable to concentrate?

Do you lie awake at night? have "spells" or fits? start at sudden noises? YOU NEED  
**Dr. Miles' Nervine**  
ASK YOUR DRUGGIST

Send Your Job Work to The  
WASHINGTON PROGRESS

## BE YOURSELF AGAIN

### PE-RU-NA Will Help You

The chances are that you are suffering from catarrhal poisons which have gone all over your system resulting in loss of weight, strength, nerve force and ambition. Systemic catarrh acts that way. The poisons have accumulated faster than the organs of elimination could throw them off, the human machinery has become clogged to the point of breaking down and the general health collapses.

There is in every such case a stagnation of the mucous surfaces preventing normal action of one or more of the vital organs.

What is needed is a remedy of tonic properties that will invigorate the whole body by restoring the digestion and cleaning up the stagnation.

For fifty years Dr. Hartman's Pe-ru-na has been performing just that service for millions. Designed especially for all forms of catarrh and catarrhal poisoning the action of Pe-ru-na is very direct and satisfying as is testified by many, many users. The great success of Pe-ru-na in such cases makes it worthy of your trial.

SEND FOUR CENTS FOR BOOK ON CATARRH.

For Sale Everywhere

**THE PE-RU-NA COMPANY**  
COLUMBUS, OHIO  
U. S. A.  
TABLETS 0.75 LIQUID

Overcome Obstacles.  
"Don't let obstacles or hardships worry you—a goodly share of difficulties and hardships have the same effect upon the right kind of young man as blows have upon a piece of steel that is being tempered. Setbacks train you to fight better. The 'Black Friday' panic of 1873 bankrupted me just after I had made my first start in business, when twenty-eight, and I well recall an older man then saying to me, by way of consolation: 'Happy and lucky is the man who falls when he is young.'—Robert Dollar in the American Magazine.

Sailors Hard to Get.  
Newport News, Va.—William J. Berry, representative of the Seaman's union here, declares that it has become an almost impossible task to secure a crew for foreign ships, while he is unable to accommodate those who wish to ship on American vessels.

## Pains Were Terrific

Read how Mrs. Albert Gregory, of R. F. D. No. 1, Blufford, Ill., got rid of her ills. "During... I was awfully weak... My pains were terrific. I thought I would die. The bearing-down pains were actually so severe I could not stand the pressure of my hands on the lower part of my stomach... I simply felt as if life was for but a short time. My husband was worried... One evening, while reading the Birthday Almanac, he came across a case similar to mine, and went straight for some Cardui for me to try.

TAKE  
**CARDUI**  
The Woman's Tonic

"I took it faithfully and the results were immediate," adds Mrs. Gregory. "I continued to get better, all my ills left me, and I went through... with no further trouble. My baby was fat and strong, and myself—thank God—am once more hale and hearty, can walk miles, do my work, though 44 years old, feel like a new person. All I owe to Cardui." For many years Cardui has been found helpful in building up the system when run down by disorders peculiar to women.

Take  
**Cardui**

Turned Laugh on Jokers.  
We do not think of M. Clemenceau as the sort of man on whom practical jokes would be played, yet he was the victim of an elaborate jest some while ago—in pre-war times, needless to say—and he accepted the position with commendable grace.  
A number of Parisians received bogus invitations to dine at the premier's house. Some were total strangers, and their grateful acceptance mystified M. Clemenceau until he realized the hoax.  
He did not put them off. He ordered the dinner, and gave his guests a pleasant evening. Not until the evening was drawing to a close did he inform them that their invitations had been sent out by some one of whose identity he had not the remotest knowledge.

More Americans in China.  
Foreign firms and the foreign population of China are increasing perceptibly. The American population increased in 1917 by 10 per cent over the previous year, and American firms from 187 to 218; Japanese advanced from 104,275 persons to 144,492 and the number of Japanese firms increased during the year by 909; the Russian population decreased by 3,225, but firms increased by 1,492; the British population decreased, but British firms increased by 11. There was a total increase over 1916 of 34,872 in the foreign population of China last year and of 2,331 firms.

Soldier's Appreciation.  
Recently a woman well known in America, who has devoted all her time to relief work since the war began, was visiting a hospital. The commanding officer had sent a military car for her. She entered the car just as an ambulance filled with wounded passed by. As she noticed the thin, pale faces, tears came into her eyes. The soldier-chauffeur asked if she was ill.  
"No," she said, "these are tears of gratitude and pride."  
"Madame," replied the boy, simply, "if I thought that my being a soldier was worthy of but one of your tears, I should feel that I had not lived in vain!"—Red Cross Magazine.

666 quickly relieves Colds, Coughs, Biliousness and Headaches. A Fine Tonic.

Piles Cured in 6 to 14 Days  
Your druggist will refund money if 666 does not cure any case of hemorrhoids, bleeding or protruding piles in 6 to 14 days. The first application gives ease and relief.

## EASY TO DARKEN YOUR GRAY HAIR

You can Bring Back Color and Lustre with Sage Tea and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. At little cost you can buy at any drug store the ready-to-use preparation, improved by the addition of other ingredients called "Wyeth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant.  
Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur Compound and look years younger. This ready-to-use preparation is a delightful toilet requisite and not a medicine. It is not intended for the cure, mitigation or prevention of disease.

## HISTORIC OLD SUN TAVERN

One of Boston's Landmarks, Built in 1690, for Many Years Used as a Fish Market.

One of the early taverns of Boston was the Sun tavern which stood but a few feet from the water's edge and was built about 1690. For some years it was kept by a Huguenot from Rochelle named Cogneau. He made it one of the most popular of taverns and it was particularly popular with the young men of Boston and surrounding country, partly for the reason that mine host Cogneau had several very attractive and lively daughters who added a great deal to the charms of the hostelry. Their father had the privilege of seeing two of them married in the tavern, one of them becoming the wife of Col. William Parfrey, the famous Revolutionary patriot. He became the grandfather of the noted writer, John G. Parfrey.

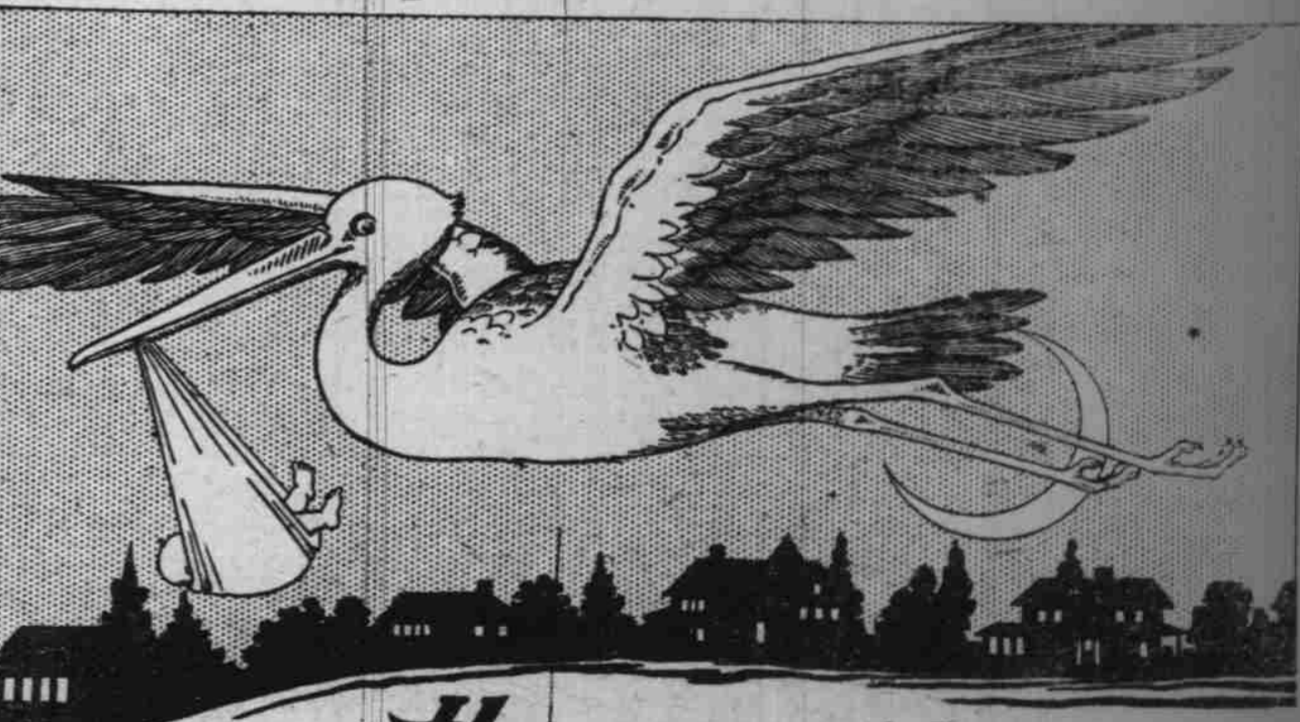
Another daughter of this genial host of the Sun tavern married a successful printer named Fleet. During the siege of Boston the British seized the house and they changed its name to the King's Arms. But when the Red Coat had been chased out of Boston the sign of the King's Arms quickly disappeared and the old sign of the Sun Tavern took its place and the tavern took on its olden time popularity. It has for many years been used as a fish market.

## Sulu Women Warriors.

In the Philippines American soldiers on several occasions came in contact with Sulu women warriors. In one of the last battles on the islands the Sulus fortified themselves in the bow of an extinct volcano. It was rushed and captured by American soldiers who discovered to their dismay, after the battle, that a number of their antagonists had been women. Their figures were as slim as those of the men, both sexes wore their hair long, with handkerchiefs over their heads, and the women wore trousers similar to those worn in Turkey. Thus they were practically indistinguishable from the men. The bravery of these women warriors appears all the more remarkable when it is recalled that according to the Mohammedan faith a man who is slain while fighting Christians is translated at once to heaven, but as the women are not supposed to have souls their sacrifice of life is without hope of reward in a hereafter.

666  
Cures Malaria, Chills and Fever, Duenue or Bilious Fever. It kills the germs.

Grove's Tasteless Chill Tonic restores vitality and energy by purifying and enriching the blood. You can feel its strengthening, invigorating effect. Price 60c.



## How an EXPECTANT MOTHER Prepared for Baby's Coming

DO YOU know that thousands of women never really suffer at child-birth? Perhaps you have thought with many others that this should always be the case. But how?

Let Mrs. Mattie Paul, of Ocilla, Ga., tell you. She is one of thousands who has demonstrated this fact:  
"As I am a young mother of one baby, I am writing for free booklet to expectant mothers. I used only two bottles of Mother's Friend before I was confined and had a quick and easy time through labor. I can recommend Mother's Friend to all expectant mothers. I will never go through pregnancy without it."

It goes into the features of maternity and gives, in a plain, interesting manner, information about what the mother needs in clothing before baby is born; what clothing will be necessary for the baby; an interesting table as to the probable date of delivery; simple but necessary and helpful rules of hygiene to follow, and much other worth-while information. This little booklet also tells about Mother's Friend and the wonderful good it is doing for expectant mothers.

You, too, can have this booklet for expectant mothers by sending coupon below.

Don't let false modesty keep you from performing this duty to yourself—your family—and your baby.

WARNING: Avoid using plain oils, greases and substitutes—they act only on the skin and may cause harm without doing good.

**MOTHER'S FRIEND**  
Used by Expectant Mothers for Three Generations

BRADFIELD REGULATOR CO.  
Dept. 20, Atlanta, Ga.  
Please send me without cost a copy of your booklet on MOTHERHOOD and The BABY.

Name \_\_\_\_\_  
St. R. F. D. \_\_\_\_\_  
Town \_\_\_\_\_ State \_\_\_\_\_