



Outside the House.
 How many beautiful homes on which money has been spent lavishly to make them complete are marred by some defect in the landscape work! A few hours' motor trip through the suburbs of almost any city in the country will reveal many such cases. The most frequent jar the trained eye receives is from the poorly laid out walks and driveways in which badly arranged curves are used or walks made to curve around an oval grass plot placed in the center for no other reason than to make pedestrians take time to circle about that particular grass plot. Postmen, messenger boys and others take a short cut, and soon a path in the proper direction is worn across the sod. When a curve is used in a walk or driveway there should be a reason for it. If there is no other reason plant one; place a tree or two or shrubs in a position so the curve will seem necessary. People then will keep on the walk, and the plan will seem reasonable.—New York Sun.

Making a Magnet.
 The simplest way of magnetizing a bar of steel is that known as "single touch." The bar to be magnetized is laid on the table, and the pole of a powerful magnet is rubbed from ten to twenty times along its length, always in the same direction. If the north pole of the magnet is employed the end of the bar first touched will also become a north pole, while the opposite end, at which the magnet is lifted before returning, will be a south pole.
 There are other and more complicated methods, known as "divided touch" and "double touch," in which two and even four magnets are employed.
 A steel bar can also be magnetized by placing it within a coil of insulated wire, through which a galvanic current is circulating. The magnetism induced in this way, however, is weak compared with that which can be procured if the same strength of current is employed through the intervention of an electromagnet.

Many William Shakespeares.
 There have been many William Shakespeares in the past. Among the burials in the registers of St. Clement Danes, in the Strand, there is the entry, "Jane Shackspeer, daughter of Willm., 8 Aug., 1609." Warwickshire records show, among other things, that a William Shakespeare "paid 8s. to the Lay Subsidy, Walton super Olde;" another W. S. priced the goods of "Robert Shakesper of Wroxall" on March 19, 1593; another, a shoemaker of Coventry, made his will March 18, 1605-6; still another William Shakespeare, "gentleman," had "his daughter Susanna" (singularly enough) baptized on March 14, 1596, and yet again another W. S., a shoemaker of Warwick, fell into the Avon and was drowned. These are a mere fraction of the full list.—London Chronicle.

Falling Up Out of a Balloon.
 If a man falls out of a rising aeroplane or balloon he will not go toward the earth, but will continue rising into the air for an appreciable time. If the air machine were stopped in its ascent at the time it could catch the man as he came down. If the airship were ascending at the rate of thirty-two feet a second the man would rise sixteen feet before beginning to fall toward the earth. Thus, by reducing the speed of its ascent, the vessel might keep by the side of the man and rescue him. The reason why the man rises is the same as the reason for a bullet's rising when shot from a gun into the air—both the man and the bullet are given a velocity upward, and it takes some time for gravity to negative that velocity.

Growing Grapes.
 Grapes will grow almost anywhere and are sure to bear. Grapes can be trained on trellises close to fences or to outbuildings. Spring is the best time to plant, using either one or two year old vines. Frequently cultivation during summer will improve the fruit. Wood ashes make a good fertilizer for grapes, and half a bushel to the vine will not be too much.
 No pruning will be required the first season, but the second season cut back the strongest canes to three or four buds and remove all others.

Proper Physical Education.
 The purpose of physical education is, of course, not merely to build up the bodies of boys today, but to put into the lives of boys that thing, whatever it is, that will make the boy stay strong and able-bodied when he reaches manhood. Such men—lovers of fresh air, of hiking in the wild, of sleeping out under the sky—men who can both enjoy and endure, are the men who will make up a strong nation and not a nation of weaklings.—Scouting.

Cape Horn's Lighthouse.
 Probably the most desolate and dreary spot in the world inhabited by white men is the lighthouse that is maintained by the Argentine government at Cape Horn. This is claimed to be the southernmost lighthouse in the world.

One at a Time.
 "Does your husband worry about the grocery bill?"

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The Singing Class of the Oxford Orphanage will be in Warrenton, Monday night, March 26th. This is a treat that Warrentonians always look forward to with much pleasure. Don't forget the date, nor fail to be present. It is needless for the Record to urge Masons or other citizens.

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 The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well-known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

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HEALTHY CHILDREN ADVANCE AT SCHOOL

Suggestions to Parents for Keeping their School Children well.

It is the healthy, strong child who learns easy and makes the best progress at school, says the State Board of Health, and for this reason every child should be kept in vigorous health while in school. A number of things can be done by thinking fathers and mothers for their children at school, and that they may know something of what their children need for their proper mental and physical development, the following suggestions are made:

"No child can be expected to study to the best advantage who is not provided with a quiet, well-ventilated and properly lighted place in which to do so. Particular attention should be paid to providing suitable and sufficient artificial light for even study.

KIDNECO SAYS BIG EATERS GET KIDNEY TROUBLE

Take a Glass of Cold Water and Kidneco to Flush Kidneys if Back Hurts. Omit All Meat From Diet if You Feel Rheumatic or Bladder Bothers

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead, your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or have rheumatism when the weather is bad, get from the Hunter Drug Co., Warrenton or Walker's Drug Store, Norlina, about one dozen kidneco tablets; take one with a glass of water before each meal for a few days and your kidneys will then act fine. This famous remedy is made from perfectly harmless ingredients and acts quickly and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders. Kidneco is inexpensive; cannot injure, make no mistake, insist on kidneco, it belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

gent artificial light for even study.

A comfortable table and chair, however cheap, but all the pupil's own, tend to stimulate interest and to prevent improper postures during hours of study. Do not allow the child to dawdle or to be disturbed during the study period. Lessons can be learned much more easily under such conditions, and proper habits of study will be developed.

"Every pupil, including those in the high schools, should have not less than eight hours of sound refreshing sleep, preferably in the open air, seven nights every week. In the kindergarten and lower grades, the minimum number of required hours is ten. Parties, dances and other social functions that interfere with this program should be forbidden. Proper recreation, however, at proper times, in proper places, preferably outdoors, and in reasonable amount, is of prime importance for right mental and social development and should be encouraged.

"A simple wholesome meal, three times a day, is essential to the greatest mental efficiency of the child. A lack of proper appetite for such diet, or inability to digest it, shows something wrong. Do not let a child go to school without breakfast, or to make lunch upon pickles or sweets. Coffee and tea are stimulants and should be excluded from the child's dietary.

"Cleanliness of body, including teeth and nails, and of clothing, is essential to health, vigor and self-respect. Habits of cleanliness will not be followed in the schools unless they are taught and insisted upon in home. They constitute the very best safeguard against communicable diseases. "As many hours as possible should be spent in the sunshine and open air. The home should be well ventilated and lighted."

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