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HOUSEWIVES MUST DO THEIR BIT SAYS HOOVER

Herbert C. Hoover has outlined his plans for enlisting the Nation's housewives as members of the food administration, and appeals to them to join him in the fight for conservation measures and the elimination of waste. The women will be enrolled during a period of registration from July 1 to July 15 through the Council of National Defense and the state defense councils. He says:

"We ask every woman in the United States engaged in the personal control of food to register for actual membership in the food administration entering directly into the National service. We shall later on ask various classes of men likewise engaged in food preparation and distribution to also volunteer to the National service in their various branches.

"The proper assurance of the food to our allies will not only encourage them but it will maintain them in war. Without a larger margin from our abundant food supply, only to be secured by individual effort and volunteer sacrifice, the war will be prolonged and thousands of lives, not only of men but also of women and children, needlessly lost. The guiding hand of women in the home can alone control this matter.

"In all of the arrangements which we plan to make during the forthcoming year for the supply of our allies, we will bear the first regard to our own people, that they shall have plenty.

"We not only want the names and addresses but we want the number of persons in the household, we want to know whether the household employs a cook, whether it has a garden, and we want to know the occupation of the bread winner.

"We have six general principles of instruction:

First—To save the wheat. If we eat as usual from our harvest this year, we will have little more than enough for our own supply, but we can divide with our allies if each individual make some sacrifice; by eating at least one wheatless meal a day, substituting cornbread or other cereals.

Second—We want to save the meat, for our cattle and hogs are decreasing, and we must send to our allies, so we wish every householder to buy less, to serve smaller portions and to allow no waste.

Third—We wish to save the fats. We consume three times the fats that are necessary for nutrition, and we need them now for war. We wish no butter used in cooking; we want less butter served on the table; we want less lard, bacon and other pork products used.

Fourth—Any deficiencies in food supply, by economy along the above lines, can be amply covered by increasing the use of fish, potatoes, beans, peas, turnips, cabbage and vegetables generally, corn, buckwheat, rye and rice which we will have in abundance this harvest.

Fifth—We want to save transportation. Our railways are unable to meet the war pressure for munitions, men and coal so that we wish every one to consume products of local origin so far as possible, to buy from the local miller, the local packer, buy and eat vegetables grown near home.

Sixth—We preach and want everyone to preach 'the gospel of the clean plate'; to buy less foodstuffs, to serve smaller portions and to see that nothing of value goes into the garbage can."

"Don't you find it hard these times to meet expenses?"

"Hard? Man alive! I meet expenses at every turn."—Boston Transcript.

LITTLETON NEWS ITEMS

Mrs. M. B. Sheehan, of Essex, was among friends in town the first of the week.

Mrs. S. P. Collier and two children, of Winston-Salem, are the guests of Mrs. Collier's parents, Rev. and Mrs. A. P. Tyer.

Mr. Joe Ransom, of Jackson, was here this week to visit his brother, Mr. M. W. Ransom.

Miss Helen House, of Thelma, was shopping in town Friday.

—Mr. and Mrs. H. C. Smith and daughter and Miss Annie Tucker Moore have returned from a pleasant visit to Mr. Smith's parents at their home in Union, S. C.

Mr. J. W. Northington, of Roanoke Rapids, was in town on business Friday.

—Mrs. H. A. House, after a few days visit among friends in town, left Friday for her home in Nashville, N. C.

Miss Maude Iles, of Aurelian Springs visited relatives in town last week.

Mrs. Harvard Browning and baby have returned from a visit to Mrs. Browning's sister, Mrs. Rom Parker, at her home in Enfield.

Mr. and Mrs. C. G. Moore left Monday for Annapolis, Md., where their son, C. G. Moore, Jr., graduates this week at the U. S. Naval Academy.

Mr. Henry Whitehead, who has been employed at Carney's Point, N. J., for some time, is spending a few days here with his brothers, Messrs. E. H. and C. M. Whitehead.

Mr. Roger Crawley visited friends at Chapel Hill Sunday.

Mr. and Mrs. W. N. Thornton and children and Mrs. Annie Halthcock spent Sunday with friends at Halifax.

Misses Eleanor and Camilla Yarborough, after a pleasant visit to Miss Lucy Leach at her home on Mosby Avenue, left Monday for their home in Louisville.

Rev. and Mrs. J. M. Millard and children spent Sunday with friends at Norlina, where Mr. Millard preached Sunday morning and evening.

Mr. and Mrs. P. H. Rose and children, of Henderson, were recent visitors at the home of Mr. and Mrs. J. J. Myrick.

Mr. and Mrs. H. E. Walker and daughter visited relatives at Norlina Sunday.

Miss Carrie Helen Moore has returned from a visit at the home of her brother, Mr. Gus Moore, at Roanoke Rapids.

Mrs. Herbert Worthen, after spending a few days with relatives here, left Friday for her home in Atlanta.

Mr. and Mrs. John Bancom visited friends at Norlina Sunday.

Mrs. W. C. Sawyer and children, of Elizabeth City, after a pleasant visit to Mrs. Sawyer's parents, Rev. and Mrs. A. P. Tyer, returned home Saturday.

Mr. F. M. Taylor, of Heathsville, was in town on business Tuesday.

Mrs. Pattie Thornton, of Nashville, has been visiting friends in town this week.

Mr. J. T. Delbridge, of Elams, was in the city on business Tuesday.

The Burton Brothers, of Wilson, conducted a land sale here Tuesday, and several valuable pieces of real estate changed owners.

Mrs. Lucy Harris returned Sunday from a visit to relatives at Vaughan.

Mrs. Alfred Miller and children, after spending a few days with Misses Mamie and Pearl Pegram, have returned to their home at Norlina.

Mr. Ed Miller, who was recently operated upon for appendicitis at a Norfolk Hospital, returned home Monday.

WAR TIMES RECOLLECTIONS

"In these days of War's alarms, I often find myself comparing things of today with those of '61. Things move slowly to what they did in those days, and have less vinegar and pepper.

"In my earliest recollections I remember there were two military companies in Warren County that paraded on 4th of July in Warrenton, and the big bush arbor in front of the Male Academy, where the speakers would hold forth. The Infantry Company was commanded by Capt. Ben Wade and the Cavalry by tall, handsome Tom Jones.

"I can remember the burial of Lieutenant Vaughan of the Infantry Company in the old burying ground.

"I can remember like it was yesterday that the people were saying: 'Bill Alston and Jim Christmas have gone to Charleston, South Carolina, to see

OLD TIMES IN WARREN

By Dr. T. J. Taylor.

HAPPENINGS IN WARRENTON

I am in receipt of a letter from Mr. Phil P. Price, of Alice, Texas, containing some recollections, which I think would interest the readers of the Warren Record. Mr. Price was a Warrenton boy, and although many years have passed away since he left this community, he is still deeply interested in every thing connected with the history, progress, and people of the County of his birth.

Natives of other sections may be weaned from the land that gave them birth, but not so with Warrenton people. They never forget, and never cease to love the land that they always think of as dear, old Warren.

I saw a letter from Dr. Walter A. Montgomery, of Richmond, today in which he speaks of Warrenton and Warrenton people and places as a man always thinks of the first great love of his life.

The following is a part of Mr. Price's letter.

"Judge Montgomery is the only one of those 90 men now living, so far as I know, nor do I know how many of those little boys, my size, that trooped along there that day are living—fifty six years is a long time.

"About the same time Capt., afterwards Colonel Jones, mobilized his Cavalry Company near Ridgeway, where was soon formed a regiment. I think Gen. Robert Ransom was the First Colonel of this regiment. Col. W. H. Cheek was also in the regiment. Nearly all of Capt. Wade's Company were Warrenton boys, and Capt. Jones' Company were nearly all country boys. I call them 'boys' but there were many there older than the age limit now. It seems to me that things happened faster then, and the boys got into the service quicker than now. The word 'slacker' had not then been coined."

More to follow.

evening Miss Lucy Leach and Mrs. J. P. Leach, Jr., delightfully presided at the piano. After a few hours spent in general conversation Mrs. L. M. Johnston, Mrs. J. M. Millard, Mrs. J. C. Sessoms and Miss Mattie Jenkins assisted the hostess in serving cream and cake.

Mr. and Mrs. Miles' guests were: Rev. and Mrs. J. M. Millard, Mr. and Mrs. L. M. Johnston, Mr. and Mrs. C. G. Moore, Mr. and Mrs. B. H. Browning, Mr. and Mrs. James Cree, Mr. and Mrs. M. J. Grant, Mr. and Mrs. S. G. Daniel, Mr. and Mrs. M. Nelson, Mr. and Mrs. J. C. Sessoms, Mr. and Mrs. John Tyer, Mr. and Mrs. J. P. Leach, Mrs. W. H. Nicholson, Mrs. A. M. Newsum; Misses Lula Jackson, Lizzie Moore, Lucy Leach, Camilla and Eleanor Yarborough, Edna Tyer, Mattie Jenkins, Urtie Harrison; Messrs. W. B. Myrick, John Picot, and Dr. Willis Alston.

ENROLL FOR PRIZES

The farmers who are interested in the premiums and medals offered by a few fairs for the best kept and most profitably operated farms should make application for entrance in the contest as soon as possible, in order that the committee on judging may have ample time to visit the places and make awards in accord with the score card prepared for the work.

In making the awards and placing the medals and other premiums the factors of size of farm, type of farming, organization of the farm, soil and crop management, efforts to improve quantity and quality of crops and live stock; the per cent of business the farmer does on his capital and the profits coming there from; the adequacy and economy of equipment; attention given to making home supplies at home; the general condition and appearance; and the accounts or records kept, are given due weight. In fact the object is to treat the farm as an all around home and business unit and make awards to those places really standing the highest in the sum total of the factors entering in to such make up.

It cannot do any farmer any harm to enter the contest and even though he may not get a premium the fact that his place has been subject to careful analysis as a home and business unit and the result of that analy-

HAPPENINGS IN WISE

Sunday, July 8th, will be children's day at Sharon church. Everybody invited.

The newly elected officers of the B. Y. P. U. who will serve for the six months beginning July 1st are President, Mr. R. M. Dunn, Vice-President Miss Lalla Perkinson, Secretary-Treasurer, Miss Lena White; Group Leaders Mr. Cameron Michael, Miss Mary Perkinson, Mr. Jimmie White and Mrs. R. T. Perkinson.

Miss Lizzie White has returned from a long visit to her sister Mrs. Charles Fleming near Henderson.

Miss Walker and Miss Nash, of La. Crosse, are guests of Miss Mamie Perkinson this week.

Mrs. Pattie Perkinson spent several days with her daughter Mrs. S. A. Tudor of Norlina last week.

Mr. Lawrence Perkinson and little daughter visited Mrs. P. H. Perkinson, one day this week.

Mr. W. R. Ball has a child who is quite ill with typhoid fever.

The regular meeting of the Betterment Association will be held at the schoolhouse on Friday July 6th at 3:30 p. m. Mrs. Connell will give a demonstration in canning at this time. All who are interested are invited.

There will be a meeting of the Missionary Society after S. S. School next Sunday morning.

Mr. and Mrs. Charles Fleming and child and Miss Mary Stewart were guests at Mr. W. H. S. White's on Sunday.

Mrs. Marvin Davis, of Meredithville, Va., spent several days renewing old acquaintances in this vicinity last week.

A USEFUL AUTO

The recent reference in Farm and Fireside to the use of automobiles for doing farm work leads me to give my own experience with a belt power attachment. I bought it last fall and put it on my twenty-horsepower car.

We ground corn and oats with it, and sawed wood. It worked finely. The engine had power to waste. Finally our new four-hole corn sheller arrived. We put it together, put on the belt and lined it up.

I said, "John, do you think it will pull her?" John said, "I do not know—let us try." I said, "All right," and so we started the engine going, slipped the belt on the pulley of the engine and the sheller speeded up right away. We threw in a scoopful of corn and to our surprise it was gone. We threw in a hopperful, and in a few minutes we had fifty bushels of corn shelled. This was just for a test; the engine had power to spare.

Since the first of last December we have shelled 40,000 bushels of corn, besides doing some jobs of wood saving.—Farm and Fireside.

IF WE ONLY UNDERSTOOD

If we knew the cares and trials
Knew the efforts all in vain,
And the bitter disappointment,
Understood the loss and gain—
Would the grim eternal roughness
Seem—I wonder—just the same?
Should we help where now we hinder?
Should we pity where we blame?

Ah! we judge each other harshly,
Knowing not life's hidden force;
Knowing not the fount of action
Is less turbid at its source;
Seeing not amid the evil
All the golden grains of good;
And we'd love each other better
If we only understood.

Could we judge all deed by motives,
That surround each other's lives,
See the naked heart and spirit,
Know what spur the action gives,
Often we should find it better,
Purer than we judge we should,
We should love each other better
If we only understood.

—Rudyard Kipling.

Harry and James, brothers, were in their playroom for a little recreation after supper. Harry hit James with a stick. An argument followed and in the midst of it the nurse happened in with the news that it was time for them to retire. James was put to bed first. The nurse said:

"You must forgive your brother before you go to bed. You might die in the night."

After a few minutes elapsed, James replied:

"Well I'll forgive him tonight but if I don't die he'd better look out in the morning.—Charity and Children.

Everybody envies the ice-man now.

PECK MILL EMPLOYEES DONATE TO ORPHANAGE

The employees of the Peck Manufacturing Company with generous purpose have not failed to remember those whom we first think when we share our blessings.

Under the leadership of those generous gentlemen, Messrs. T. D. Peck President of the Peck Manufacturing Company, and Mr. George W. Harrison, the employees of the Mill donated one hundred and one dollars and fifty cents (\$101.50) to the Oxford Orphan Asylum this week.

Mr. Peck, Mr. Harrison and twenty-five or thirty of the employees motored over to Oxford and carried the donation Friday.

To say that the generous donation was appreciated is not necessary. To say that it was a noble and generous deed is but to proclaim the truth. To say that Superintendent Brown of the Orphanage was deeply grateful and appreciative is to tell to our readers a fact already told the gentlemen concerned in the donation.

It is this spirit of helpful deeds which makes the "whole world akin", and draws us all nearer together. One hundred and one dollars and fifty cents given to the fatherless in this time of high cost of living; this time when money is doubly essential to those who must purchase their daily bread is lending the helping hand at a time most needed.

The Peck Manufacturing Company and its employees are to be congratulated on the spirit which prompted the donation and for the very creditable amount donated. Bread cast upon the waters will return again. We believe that those who contributed to this worthy cause will reap a just reward—certainly in the pleasure of giving to such a worthy cause.

THE SPINNER

An old woman spins, and her wheel that whirls
Babbles of joys that once were hers,
She's a child again her eyelids close,
The humming wheel to a plaything grows,
Yellow the skin, but white is her hair,
The better to hear she bends from her chair;
And as she leans, more slowly flies
Lies.

The buzzing, babbling wheel that lies!
The deceitful wheel goes round and round,
It wilders her brain with its whirring sound,
The gleaming thread with its tongue of gold
Lures her back to the days of old;
Under the spell of its beautiful hue—
Watching it glide she's beautiful, too;
The old head nods, and nods in a trance,
Dancing again in a Maypole dance.

Slower the little wheel by and by;
Its humming now is as soft as a sigh,
And blent with the murmur sweet and low
Her lover woes in the long ago.

The wool of the shining flax is spun,
The old hands grieve that their work is done;
For when the wheel had turned its last,
The spell was broken, the dream was past.
—Samuel Minturn Peck, in the Birmingham News.

PRICES IN EUROPE

Statistics compiled by a European neutral show that since the beginning of the war prices in general have risen on the following basis: England, 34 per cent; France, 5 to 55 per cent; Germany, 76 per cent. This rise in Germany cuts the purchasing power of a given amount of money almost in half. The rise in prices in each instance has been in spite of government regulation, which in some cases is very stringent.—Selected.

Pestered by the ever-advancing cost of living, and determined to exercise a protective vigilance in the future even in small matters, the customer picked up a knife from the counter and handed it to the butcher with a friendly smile. "I don't really want it," he said, "but if you will cut it off I will take it along with the rest."

"Cut what off?" demanded the butcher in blank surprise. "Your hand" was the gentle reply. "You weighed it with the sausages, and I like to get what I pay for."—Atlanta Semi-Weekly Constitution.

LINCOLN'S WIT

Lincoln was far from being a mere punster, yet occasions could bring from him a play on words; usually with a real laugh in it.

A New York firm, while he was practicing law in Springfield, wrote asking him for the facts as to the financial standing of a neighbor. He replied as commendably as he could:

"I am well acquainted with him, and know his circumstances. First of all, he has a wife and baby; they ought to be worth \$50,000 to any man. Secondly, he has an office in which there are three chairs worth, say, \$1, and a table worth \$1.50. Last of all, there is in one corner a rat hole, which is worth looking into."

"Respectfully,
—A. LINCOLN.

ROOK CLUB ENTERTAINED

Mrs. J. C. Sessoms was hostess to the Married Women's Rook Club Friday evening from 3:30 to 5:30.

Many enthusiastic games were played, after which Miss Frances Sessoms assisted in serving an ice course and cake.

Invited guests were: Mesdames M. Nelson, M. J. Grant, C. G. Moore, J. R. Taylor, Charlie Downton, L. M. Johnston, B. E. Browning, J. P. Leach, J. H. Newsum, W. H. Nicholson, William Johnston, Walter Bobbitt, T. J. Miles and Misses Rubie Vinson and Edna Tyer.

MRS. T. J. MILES ENTERTAINS

Complimentary to her sister, Mrs. Herbert Worthen, of Atlanta, Ga., Mrs. T. J. Miles entertained a number of friends on Thursday evening.

Receiving in the hall were Mr. and Mrs. T. J. Miles and Mrs. Worthen. Miss Mattie Jenkins invited the guests into the dining room, where delicious punch was served. Throughout the