

HOME DEMONSTRATION CORNER

EMILY BALLINGER, County Home Economics Agent
ANN KILIAN, Asst. Home Economics Agent

The home agents announce the following schedule:

- Monday, May 28: Epworth-Enterprise Community Club will meet at 8:00 p. m. at the community building.
- Tuesday, May 29: Zion Home Demonstration Club will meet at 2:30 p. m. at the home of Mrs. J. W. Arnold.
- Wednesday, May 30: Oakville Home Demonstration Club will meet at 2:30 p. m. at the home of Mrs. C. B. Bottoms.
- Thursday, May 31: Afton Home Demonstration Club will meet at 2:30 p. m. at the home of Mrs. Mel Hicks.
- Friday, June 1: Embro Home Demonstration Club will meet at 8:00 p. m. at the home of Mrs. Warren Overby.

It is strawberry time and Miss Virginia Wilson, Extension Specialist in Foods and Nutrition, gives the following information in her latest publication "Strawberry Delight":

"God could have made a better berry, but doubtless God never did," Dr. Wm. Butler said of the strawberry in the seventeenth century. Many people today agree wholeheartedly with him. Strawberries served with cream or as short cake are hard to beat. There are, however, many delightful ways to serve this luscious fruit.

Eat strawberries as a fruit course or on cereal for breakfast. Serve them as an appetizer, or in salads or desserts for lunch or dinner. The flavor and bright color of the fresh berry has been captured in the freezing process to make them a year-round favorite.

Fresh or frozen, strawberries are a delicious way to get your quota of Vitamin C. One scant cup of whole fresh or 3/4 cup sliced, frozen strawberries will give you the amount of Vitamin C needed daily. Most people think that oranges and other citrus fruits are the only source of this vitamin. Strawberries, cabbage, cantaloupe, tomatoes and many other North Carolina produced foods are good sources of this health protecting vitamin.

Vitamin C cannot be stored in the body. A fresh supply is needed daily to aid in healing wounds, to keep gums healthy, strengthen walls of blood vessels and help to fight colds and other forms of infections in the body.

Strawberries lose quickly much of their vitamin C if capped and left exposed to air. If they are to be held a few days, keep the whole berries unwashed and spread out in a container in the refrigerator. This prevents mold. To save food value wash and cap berries just before using and thaw frozen berries in the

ened whipped cream and a strawberry.

Strawberry Cake Pudding
3 tablespoons butter or margarine
1/2 cup flour
1/2 cup sugar
1 teaspoon baking powder
1/2 teaspoon salt
1 cup milk
1 pkg. thawed, sweetened strawberries or 3 cups fresh strawberries and 1 1/2 cup sugar

Melt butter in 2 1/2 quart casserole. Sift together the flour, 1/2 cup sugar, baking powder and salt. Add milk and blend thoroughly into casserole with butter. Do not stir. Add the thawed, frozen strawberries. Do not stir. If fresh berries are used, mix with sugar and heat until sugar is melted. Cook in a 400 deg. F. oven until cake pudding rises to top and sets and sauce forms on the bottom—or about 30 minutes. Serve with or without sweetened whipped cream or vanilla ice cream.

BEST BUY IN TOWN

We invite you to come in and see the values we are offering in **MASTER-CUT POWER LAWN MOWERS**

This mower is built to give you years of care free service. All have the new Briggs & Stratton instant start Motors

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MERCHANTS TO HAVE REGIONAL CONFERENCE
LITTLETON — A regional conference of the American Retail Federation will be requested for North Carolina, to be held either this year or next, Paul A. Johnston of Littleton, president of the North Carolina Merchants Association, has announced.

Johnston said that the regional conference decision was made at the annual labor-management conference of the federation in Washington, D. C. recently. He said that North Carolina had the largest delegation at the Washington meeting of any merchant group in the 40-state federation.

Entertain At Dinner
LITTLETON — Mr. and Mrs. Joe Bill Robertson entertained at a family dinner on Sunday on the lawn of their home. The menu consisted of Brunswick stew, fried chicken, potato salad, slaw, pickles, pies, cakes and soft drinks.

WIN A 3 WEEK VACATION



and a **A NEW CAR to take it in!**

NAME AND ADDRESS ALL YOU NEED TO ENTER THE **RIDE THE KELLY ROAD SWEEPSTAKES!**

*** 3 GRAND PRIZES! ***
NEW FORD FALCON SPORTS-FUTURA
AND \$1000.00 TO SPEND ON A 3-WEEK VACATION

OVER 800 OTHER PRIZES
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600 ZEBCO FISHING RODS AND REELS
150 COLEMAN PICNIC CHEST AND JUG COMBINATIONS

SPECIAL \$1,000 BONUS PRIZE: If your entry is validated by a Kelly Dealer you'll be eligible for a \$2,000 Bonus Prize.

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PICK UP YOUR SWEEPSTAKES ENTRIES HERE!
KELLY Springfield TIRES

WARREN TIRE SERVICE, Inc.
(Next To Colonial Store)
Phone 903-1
Charlie Bowen, Mgr.
WARRENTON, N. C.

YOUR KELLY CAR SAFETY CENTER

Around thirty guests attended from Henderson, Roanoke Rapids, Portsmouth, Va., Littleton and surrounding communities.

Family Dinner Held
LITTLETON — A family dinner was held in the home of Mrs. Lawrence Morris and Bobby Critcher on Sunday. The table was laden with a variety of appetizing foods consisting of country ham, turkey, dressing, slaw, corn pudding, string beans, tossed salad, cakes, pies, soft drinks and tea.

Say you saw it advertised in The Warren Record.

Entertain At Dinner
LITTLETON — Mr. and Mrs. Joe Bill Robertson entertained at a family dinner on Sunday on the lawn of their home. The menu consisted of Brunswick stew, fried chicken, potato salad, slaw, pickles, pies, cakes and soft drinks.

Entertain At Dinner
LITTLETON — Mr. and Mrs. Elliott Isles entertained at an outdoor dinner on Sunday. The menu consisted of barbecued chicken, slaw, potato salad, congealed salad, pickles, deviled eggs, cake, pies and soft drinks.

Around 25 attended the dinner and evening of fellowship.

On the North Carolina dairy farm, a cow must produce at least 7,500 pounds of milk and nearly 300 pounds of butterfat per year—in order for the dairyman to break even on her.

Every day a cow is not with money—in terms of loss of calf after 90 days from calving is costing the dairyman a ton.

ATTENTION FARMERS
You get substantial savings on Property Fire Insurance when you INSURE with
Farmers Mutual Fire Insurance Ass'n.
W. J. Hecht, Pres. W. R. Drake, Sec. and Treas.
Phone 342-6 — Taylor Bldg.

We're celebrating our second... **BRAND NAMES WEEK!**
SWIFT'S PREMIUM FULLY COOKED, DELICIOUSLY SMOKED **HAM**
SHANK PORTION lb. **33c**
SWIFT'S PREMIUM WHOLE or HALF .. lb. **45c**
SWIFT'S PREMIUM SLICES CENTER .. lb. **89c**
SWIFT'S PREMIUM SLICED BACON .. lb. **59c**
HYGRADE F.F.V. COUNTRY HAM .. lb. **69c**
SWIFT'S BROOKFIELD BREAKFAST LINKS ... lb. **69c**
ARMOUR STAR CRY-O-VAC HENS ... lb. **39c**

LETTUCE HEAD **19c**
NATURALLY SWEET AND JUICY FLORIDA ORANGES dozen **25c**
GARDEN-FRESH, CRISP, ICEBERG
FIRM, RIPE SALAD Tomatoes 2 CARTONS OF 4 **25c**

FREE 50 EXTRA GOLD BOND STAMPS WITH THIS COUPON AND PURCHASE OF ONE CAN LUSTRE CREME HAIR SET IN LOCAL COLONIAL STORES VOID AFTER MAY 26, 1962. 6-1 R-50

FREE 50 EXTRA GOLD BOND STAMPS WITH THIS COUPON AND PURCHASE OF TWO PKGS. BORDEN'S AU GRATIN OR SCALLOPED POTATOES. IN LOCAL COLONIAL STORES VOID AFTER MAY 26, 1962. 6-1 R-50

PIMENTO CHEESE 1-LB. CUP **59c**

FREE 50 EXTRA GOLD BOND STAMPS WITH THIS COUPON AND PURCHASE OF A 60-COUNT BOTTLE BUFFERIN IN LOCAL COLONIAL STORES VOID AFTER MAY 26, 1962. 6-1 R-50

FREE 25 EXTRA GOLD BOND STAMPS WITH THIS COUPON AND PURCHASE OF 3-LBS. YELLOW ONIONS IN LOCAL COLONIAL STORES VOID AFTER MAY 26, 1962. 6-1 R-25

FREE 50 EXTRA GOLD BOND STAMPS WITH THIS COUPON AND PURCHASE OF ONE PKG. JEWELL I.Q.F. CHICKEN THIGHS IN LOCAL COLONIAL STORES VOID AFTER MAY 26, 1962. 6-1 R-50

OUR PRIDE THRIFTY **DINNER ROLLS** doz. **10c**

CAMPBELL'S FAMOUS TOMATO **Soup 4** 16-OZ. CANS **39c**
RED BAND OLD FASHIONED BUTTERMILK **BISCUITS** 4 8-OZ. CANS **35c**
TEA FLAKE **SALTINES** ... box **25c**
FAMOUS QUALITY WESSON **Oil** SAVE 14c LARGE 24-OZ. BOTTLE **35c**
OLD FASHIONED MILD **CHEESE** POUND **39c**
SAVE 17c ON ROSY RED OR GOLDEN HAWAIIAN **PUNCH** 3 46-OZ. CANS **\$1.00**

SAVE 23c ON PINK OR YELLOW **KLEENEX** 2 BOXES OF 400 **35c**

SAVE 8c ON NORTHERN **PAPER TOWELS..** BIG ROLL **25c**

OUR PRIDE **APPLESAUCE CAKE** 22-OZ. CAKE **69c**
NEW LOW PRICE! SALLY SOTHERN **ICE CREAM** FULL GALLON **99c**

To The Voters
I am asking for your vote and support in the Democratic Primary of Saturday, May 26, basing my request on my record as Coroner during the past eight years, when I have tried to discharge the duties of the office in a conscientious and able manner.
While I have a large family and am handicapped by the loss of one eye and one hand, I work to 12 o'clock each night to support my family, never asking for public assistance.
I feel that I am experienced; I have a telephone and a car and can be reached at either my shop or home any hour of the day or night.
I wish to thank each and every one of you for the fine support you have given me in previous elections, and ask both your vote and support in the May 26th Primary.
Gratefully yours,
N. I. (Shot) HAITHCOCK.