

Agriculturally Speaking

Gardens Save Money, Produce Better Food

By L. B. HARDAGE

County Ext. Chairman

COMING EVENTS

May 22-23: Estate Planning Seminar, Sheraton-Sir Walter Hotel, Raleigh.

HOME GARDENS

Most of us realize the importance of a good home garden—or do we? If we believe that a garden will save us money or provide us with better foods, then why will we not make more of an effort to produce a year round garden?

A majority have already made a start on gardens for 1968. If not, you can still produce a good one.

A plan is important and this can be done on paper. Show the amount to be planted of each vegetable. This can be figured from Extension Bulletin No. 122—"Garden Manual".

In general, we think of an early garden, then a spring and summer garden and a fall garden. Each is very important. However, the common practice has been to raise or plant a garden in May and then in late July or August, let the grass and weeds take over.

We hope you will join with the CADA Committee for Warren County and the Extension Service and really work to provide a good garden for your family in 1968.

Tobacco Demonstrations
Joe Andrews of the Afton community is conducting a tobacco demonstration on the use of chemicals in controlling Black Shank.

Sportsmen Urged To Attend Meeting

Alan Basnight, Wildlife Protector of Warren County, today urged sportsmen in this area to attend a public hearing scheduled to be held in the city court room at Rocky Mount, May 22 at 7:30 p. m.

Personnel of the Wildlife Resources Commission will present a set of proposed regulations for taking non-migratory game and furbearing animals, and hunters and trappers will be given an opportunity to make suggestions for changes or improvements on the proposals.

A major proposed change this year involves eliminating the fall and winter turkey season and substituting a short spring gobbler season. Basnight said the commission will meet early in June to establish the official hunting and trapping regulations after taking into consideration suggestions made by persons attending the hearings scheduled for each of the nine Commission districts.

Service in conducting this project.

R. E. Fleming and Sidney P. Fleming, Route 2, Henderson, will conduct a tobacco demonstration on Economy of Fertilization. This demonstration is near the highway just across the road from Sidney's house.

COUNTY AGRICULTURAL NEWS
L. C. COOPER
Agri. Extension Agent
G. W. KOONCE
Asso. Agri. Ext. Agent

By G. W. KOONCE

PERSONAL APPEARANCE
Following a series of 10 TV Action Club Programs on emergency preparedness in which 1,089 young people participated, the Warren County 4-H Agents report having enrolled 744 new members interested in personal appearance projects.

The enrollees in the personal appearance project, who are mostly non 4-H club members, were given an opportunity to participate in additional 4-H project areas including civil defense, health, and safety.

Even though major interest centered on the 4-H personal appearance project, 710 of the TV Action members indicated additional interest in carrying out a civil defense project.

The Warren Extension Staff is very highly pleased with the interest shown by their new clientele, and are looking forward to capitalizing on this interest in reaching planned goals in their youth programs.

The personal appearance project is expected to promote more self pride in the individual as well as enhance better social behavior and public acceptance.

Hawkins FHA News

By EMMA PULLEN, 9A Chapter Historian

The Hawkins Chapter of the F. H. A. presented a variety show on Thursday, May 2, 1968. It was a tremendous success.

Special emphasis was placed on fashions, with the girls modeling their costumes made in the Home Economics Department. The narrators wore floor length reversible wrap arounds. The ushers wore the F.H.A. colors, red and white, in short length abbas, which were constructed by the F.H.A.

This year the "in" fashions were lounging pants of assorted styles and colors and double-breasted military style pant

HOME DEMONSTRATION CORNER

EMILY BALLINGER, County Home Economics Agent

The Home Economics Extension Agent announces the following schedule:

Monday, May 20: Office. Tuesday, May 21: The Zion Extension Homemakers Club will meet at 2:00 p. m. at the home of Mrs. J. W. Arnold.

The Norlina Community 4-H Club will meet at 7:30 p. m. at the Norlina VFW Clubhouse.

The Golden Star Community 4-H Club will meet at 7:30 p. m. at the Epworth-Enterprise Community Building.

Wednesday, May 22: The Drewry Extension Homemakers Club will meet at 2:30 p. m. at the home of Mrs. W. A. Pulley.

Thursday, May 23: The Wise Extension Homemakers Club will meet at 2:30 p. m. at the home of Mrs. C. E. Thompson.

The Ridgeway Community 4-H Club will meet at 8:00 p. m. at the Ridgeway Community Building.

Friday, May 24: Office. Saturday, May 25: 4-H Activities Day will be held at 9:00 a. m. at the Warren County Agricultural Building.

STRAWBERRY PRESERVES
2 pounds whole berries
2 pounds sugar
1 1/2 cups berry juice
Syrup for preserved berries should be made of berry juice,

obtained by crushing, heating and straining the softer, broken berries.

Boil together the berry juice and sugar. Skim and cool syrup, before dropping berries to prevent the fruit from shriveling and toughening.

Return to heat and bring rapidly to a boil. Cook until fruit looks clear, being very careful not to overcook. Berries should remain whole.

When fruit is done, remove from syrup and place in a shallow dish or enamel pan (be sure not to let foam stick to fruit.) If syrup is not thick enough, cook until it reaches the desired consistency (not jelly stage). If a thermometer is used this usually is reached at about 222 degrees F.

If a thermometer is not available, cool a spoonful of syrup in a saucer and test the consistency.

Skim off foam (this does not cause spoilage, but is unsightly) and pour hot syrup over fruit. Cover pan with cheesecloth and let stand until next day.

During this time the fruit absorbs much of the syrup and will be a better product. The next day return fruit and syrup to a hot unit and bring just to boiling point.

Do not re-cook. Pack hot and process jars for 10 minutes at simmering point.



JANET BULLOCK

Miss Bullock Named HHS Valedictorian

Janet Marie Bullock, a senior at the John R. Hawkins High School, has been announced valedictorian of her class.

She is the daughter of Mr. and Mrs. Daniel Bullock, Sr., of Warrenton.

Miss Bullock is a member of Greenwood Baptist Church, an active member of the Sunday School of Warrenton Baptist Church and former president of her church youth club.

She is president of the Hawkins High School Dramatics Club, vice-president of the National Honor Society, and editor of the Hawkins Herald.

She is also a member of the Student Council and the Debating Team. Miss Bullock has achieved the honor of being chosen to Who's Who Among American High School Students.

In the fall, she plans to attend Johnson C. Smith University in Charlotte.

Weapons To Combat Problem

Weeds occupy the time, money and minds of farmers and gardeners perhaps as no other production problem. But never has there been so many weapons to destroy the pests.

Chemical weed killers—herbicides—have become available for most weed problems in North Carolina.

The state's farmers spend over \$6 million annually for herbicides, according to extension specialists at North Carolina State University.

Herbicides are grouped, on the basis of use, into "selective" and "non-selective" and, on the basis of mode of action, into "translocator" or "growth regulator" and "sterilant" chemicals.

A selective herbicide is more toxic to some plants than others. The non-selective herbicide usually is toxic to all species.

Contact herbicides kill plants primarily by contact with plant tissue. These chemicals are effective against annual weeds but only "burn off" the tops of perennial weeds.

Translocated herbicides are also called growth regulators and systemic herbicides. They are absorbed by the leaves and stems and move with the food materials of the plant.

A soil sterilant prevents the growth of plants when present in the soil. The toxic effects may remain for only a short

GARDEN TIME
M. E. Gardner
N. C. State College

Don't neglect your house plants during the summer months because they provide so much color and pleasure to family living during the wintertime.

If you have rooted cuttings to pot try this mixture: 3 parts of good loam soil; 2 parts of peat moss; and 1 part of coarse sand, all of these by volume.

To this mixture add 1 cupful of 20 per cent superphosphate to each bushel of prepared soil. Bone meal may be substituted for the superphosphate.

I suggested peat moss because it is readily available and a good clean source of organic matter. You may substitute leaf mold or well decomposed compost for the peat.

If the garden loam is heavy or clay-like, you should use two parts of sand. If the garden loam is light or sandy, the sand may be omitted.

If a good soil mixture is used at potting time, the plants usually do not need fertilizer for two or three months. However, well established and actively growing plants may need a small amount of fertilizer every five or six weeks.

Do not fertilize resting plants. The best method to apply fertilizer to house plants is in liquid form. If a soluble fertilizer is used, be sure to follow the manufacturer's instruction.

If some of your plants have outgrown the container and have become root (pot) bound, re-pot in a larger container using the same mixture as suggested at the beginning.

Many house plants do better out of doors in the summer if they are adapted to outdoor conditions. They may be grown on porches, terraces, or in the garden border.

This would not apply to such plants as African violets. A great many plants can be carried through the summer by placing the pots in soil up to the rims. A layer of gravel at the base of each pot will assure good drainage.

If you do put plants outside, be sure to give consideration to the light requirements. If you are not sure about this, I would suggest partial shade for most of them.

lizer every five or six weeks. Do not fertilize resting plants.

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If a dry garden-type fertilizer is used, such as an 8-8-8, dissolve one teaspoonful in one quart of warm water. Stir well and let stand overnight before applying.

Use enough of the solution around each established plant to wet the soil well.

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Schedule of Homemakers Meeting

MRS. BERTHA B. FORTE
Home Economics Extension Agent

Monday, May 20: 3:00 p. m., Macon Homemakers will meet with Mrs. James H. Boyd.

Tuesday, May 21: 8:00 p. m., Ellington Homemakers will meet with Mrs. Solomon Hendricks.

Thursday, May 23: 2:00 p. m., Hecks Grove Homemakers will meet in the Hecks Grove School with Mrs. S. C. Davis serving as hostess.

Friday, May 24: 2:00 p. m., Mayflower Homemakers will meet in the Educational building, with Mrs. Elnora Mann as hostess.

8:00 p. m., Embro Homemakers will meet with Mrs. James Bullock.

suits. A-line dresses were modeled for either casual or church wear.

Musical talent was displayed through songs of recognition and those of general interest to the young generation.

Several abstract dances were presented to the tune of Ramsey Lewis' "Wade in the Water" and the instrumental version of "Message to Michael" and many more.

Two skits were presented. The first one honoring the late Dr. Martin Luther King and the second displaying a chapter of life in the deep south.

Sandra Johnson, a sophomore at North Warren, did her interpretation of James Weldon Johnson's "The Creation."

To show the appreciation of the F.H.A. members towards an advisor Mrs. McGrier, a parent, Mrs. Moss and a great friend, Mrs. Jenkins, these ladies were presented with costumes constructed by the F.H.A.

Words of the organization's greatest affections were extended to our advisor, Miss Lee, for her understanding and patience during the process of putting the show together.

The show was one we will always remember and next year we would like to outdo ourselves in another show similar to this.

SENIOR CITIZEN MONTH

May is Senior Citizen Month, a month set aside to:
-Honor senior citizens.

-Make their needs known.

-Publicize services that are available to them.

-Mobilize support for general programs for senior citizens.

-Prod communities and organizations into doing more.

-Recognize the talents of senior citizens.

-Provide opportunities for older Americans to contribute their experience, skills and wisdom.

Most senior citizens want to live independently, but sometimes little thought is given to what it takes in preserving independence.

Good health, both physical and mental, should be given first priority as a means of preserving independence in the older years.

Protect the Health:
1. Eat well balanced meals daily of (a) meat, (b) milk, (c) fruit and vegetables, and (d) bread and/or cereals.

2. Exercise daily, to help blood circulation, tone muscles, help relieve nervous tension, aid in sleep and digestion.

3. Get sufficient sleep every night and take a short rest during the day.

4. Have regular physical check-ups. Illness like accidents doesn't "just happen." It is caused, and often times by working too hard and abusing the body.

5. Look your best, it's worthwhile. Keep the body and clothes well groomed (clean, neat).

6. Have spiritual and social interests.

Have a feeling of purpose, a sense of humor, and a zest for what will be tomorrow.

Garden Club Meets With Mrs. Henderson

Mrs. V. C. Henderson was hostess last Wednesday night when the Town 'N Country Garden Club held its regular monthly meeting at her home on Franklin Street.

The president, Mrs. A. M. Alston, thanked the members for their cooperation and attendance at the Annual Garden Club Sunday Observance with worship at the All Saints Episcopal Church on the 1st. Sunday in May.

During the short business session, committee reports were heard and the "Clean-up Campaign" discussed.

Clothing Class Ends Temporarily

By BERTHA B. FORTE

The Clothing Class for homemakers in the Ellington Community closed for the season at the last session held recently at the home of Mrs. Anderson Terry.

Participants in the class were: Mrs. Edmond Kersey, Mrs. Norman Burton, Mrs. Anderson Terry, Mrs. Carrie Bullock, Miss Nancy Bullock, and Mrs. Fred Moss, all of Route 1, Manson. Dresses made by the participants will be modeled in

two inches high when mowing during hot, dry weather. Lawns should be soaked thoroughly and fed with a balanced fertilizer.

Several types of sprays for controlling weeds and insects were also suggested.

Kits containing booklets and folders on information on Lawn Care were given to each member by Mr. Cooper.

Following the serving of a delicious meal and a short social hour the meeting was adjourned. Members present were Mrs. C. H. Hawkins, Mrs. A. M. Alston, Mrs. S. H. Brown, Mrs. G. J. Exum, Mrs. E. W. Harris, Mrs. E. M. Brown, Mrs. E. Ransom, Mrs. M. H. Powell, Mrs. Jessie Walton, and the hostess, Mrs. Henderson.

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19 CU-FT. CHEST FREEZER
HOLDS 665 POUNDS OF FOOD
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EVERETT SUPTON, MGR.

To The Voters Of Warren County THANKS
I wish to express to the voters of Warren County my sincere thanks for an excellent vote in the May 4th. Primary. The splendid vote I received in my home county will always be a source of great personal satisfaction. I am most grateful.
Sincerely yours, Julius Banzet