



Shown in the picture from last year's Poultry Show and Sale standing behind their respective coops of pullets are left to right: Jan Ellington, Phillip Fleming, Al Curtis Robinson, Wayne Marks, Francois Boyd, Gary Holtzmann, Gary Harris, Bennie Kearney and Dale Mushaw.

Poultry Show, Sale To Be Held At Fair

The annual Sears Roebuck and Company 4-H Poultry Chain Show and Sale will be held Friday, Sept. 26, at the Warren County Fairgrounds. The show

will be held at 4:00 p. m. with the sale coming off at 4:30 p. m. There will be 10 coops of pullets for sale each coop containing 12 pullets, which are

just beginning to lay. J. R. West, N. C. State University Extension Poultry Specialist, will judge the show.

This will be an ideal opportunity for those people interested in getting some excellent laying hens for the home flock. L. B. Hardage, extension chairman said this week. These hens have been vaccinated against Fowl Pox, Newcastle and Bronchitis diseases and have been dewormed. They are in excellent health and are just beginning to lay. Come out to the show and sale, see and buy these fine hens from deserving 4-H club members who have raised them from little chicks.

It will pay you to use the Want Advt.

Mrs. Watson Makes Use Of Leisure Time

MRS. BERTHA B. FORTE
Home Economics Agent
Mrs. Cora Watson, an active senior citizen of Rt 2, Warrenton, and treasurer of the Hecks Grove Extension Homemakers Club, enjoys her homemaking chores and makes complete use of all her leisure time.

For thirty years, Mrs. Watson has been an active member of the Extension Homemakers Club and tries to carry out the recommended practices of good house-keeping and better living.

During the spring and summer, Mrs. Watson grew fourteen different vegetables in her garden. She did all the work except plowing the ground before planting the garden. In addition to a second crop of corn, she has collards, turnips and rutabagas in her fall gar-



MRS. WATSON

den. Having filled her own 20 cu. ft. freezer with vegetables from the garden, and a few specials of meats and poultry from the

market, Mrs. Watson also put vegetables in a neighbor's freezer. Many vegetables were shared with friends and neighbors. She has canned, preserved, and pickled fifty quarts of food and made pickles for a neighbor.

Mrs. Watson realizes that senior citizens must have balanced diets as well as children and youth so she plans and prepares for the balanced diet throughout the year.

Much of her leisure time is spent making quilts and reading. She gets much joy from her work in the church and community affairs.

Mrs. Watson is the widow of the late James Watson and a member of the Union Grove Baptist Church.

The Maid of Cotton program is now in its 31st year.

Cool Spring Club Has Fund Plan

By GWENDOLYN DAVIS

The Jr. 4-H'ers of the Cool Spring Community are now in the process of raising money to be used for the purposes of beautifying their community club building. To raise some of the needed funds, the Jr. 4-H'ers are sponsoring two projects.

The first project is the sale of antique charm oil lamps and serving spoons.

The second project is a Miss Jr. 4-H Contest. In this contest there are three contestants. They are: (1) Loretta Bullock, daughter of Mr. and Mrs. James Bullock; (2) Wanda Williams, daughter of Mr. and Mrs. Hardy Williams, and (3) Shirley Wilson, daughter of the Rev. and Mrs. J. B. Wilson.

The contestant who collects the largest amount of money to be used for the beautifica-

tion of the community building will be crowned Miss Jr. 4-H of 1969-70 sometime in September.

The support of the public in these projects will be greatly appreciated.

BROOM CORN

J. K. Powell, Columbus County, has one of the best stands of broom corn grown in a home garden in the past six years, Mrs. Yvonne B. Ray, home economics extension agent, reports.

Powell planted the broom corn seed for Pauline Toon, Whiteville, who plans to make hearth brooms.

For thirty cents worth of seed, Miss Toon will be able to sell enough broom corn for about 20 brooms at sixty-five cents per 30 or 40 pieces or make the hearth brooms and sell them for \$3 apiece.

4-H Girl Tells Of Calf Project

By LOUISE ROBERTSON

Norlina 4-H Club

My little black and white spotted Holstein calf was born Friday, February 7, 1969. When it came to live in our barn, it was too young to eat feed so I had to teach it to drink its feed from a pail. I fed my calf 6 pints of milk substitute feed for the first 11 days. I then increased her feed as she grew older and bigger. When the calf was about five weeks

old, I started feeding her dry feed and some hay. After she started eating the dry feed real good, I took her completely off the milk substitute feed. She now likes to eat hay and grass.

She is a very friendly calf and I plan to show her in the 4-H Junior Dairy Calf Show in the fall.

I enjoy my project work in 4-H, especially looking after my dairy calf.

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