

Littleton News Items

Among Sunday visitors of Mr. and Mrs. Irvin Harris were Mrs. Clarence E. Harris of Arcola, Mr. and Mrs. Benny Harris of Raleigh, and Roland Harris of Greensboro.

Mr. and Mrs. Marson Sykes and children, Melanie and Alan, of Cary were Sunday visitors of Mr. and Mrs. Willie Sykes.

Mrs. Stuart West visited her mother, Mrs. Viola Etheridge, in Guardian Care Rest Home in Louisburg during last week.

Mrs. Milton Umphlett and Mrs. Joseph Delbridge were Wednesday visitors of Mrs. Umphlett's mother, Mrs. Robert A. King, in the Convalescent Home in Enfield.

Mr. and Mrs. Johnson Champson of Louisburg were Sunday visitors of Mr. and Mrs. Bernice West.

Mr. and Mrs. George McMahan and Mr. and Mrs. Bernard P. Bobbitt were Sunday visitors of Mr. and Mrs. Young H. Bobbitt, Jr., in Richmond, Va.

Mrs. Frances Ferrell and son, Christopher, Lynn Smith, Mr. and Mrs. Lloyd Salmon, Jr., and children, Lloyd, III, Kevin and Stacey Leigh of Roanoke Rapids, Mr. and Mrs. Harvey L.

Paynter of Norlina and Mr. and Mrs. Robbie Paynter and daughter, Amy, of Wise were Saturday visitors of Mr. and Mrs. Lloyd Salmon, Sr. They were unable to come on Mother's Day.

Recently selected by the Warrick Exchange Club in Newport News, Va., as district Student of the Year, was Greg Sharpe, grandson of Mr. and Mrs. Joseph Delbridge of Littleton.

Senior Adults Are Honored

The Bear Swamp Church members honored the senior adults with a dinner in the fellowship hall Sunday night under the direction of the Rev. Randy Jetton. Approximately 60 attended.



We demand that big business give people a square deal. In return we must insist that when any one engaged in big business honestly endeavors to do right, he shall himself be given a square deal.
Phonore Roosevelt



Winners Of Talent And Fashion Review At Northside School

Talent, Fashion Review Held

By JANICE CRUMP
Norlina Northside Elementary School held its third annual talent and fashion review, "Parade of the Stars," on Tuesday night of last week in the school cafeteria. Hundreds of parents, teachers, and friends crowded the room to view a variety of performing arts.

Children in grades K through three were given the opportunity to develop an act at home and enter it in the show. All acts had to be products of the student's creativity in

order to be eligible for entry in the show. There was no time allowed from classroom study to develop the acts.

Children competed for ribbons in eight categories. However, the most coveted prize was the trophy for "Best of Show." Ribbon winners were Edward Allen, best pantomime; Jason Crump, Gary Mayfield and Kenneth Ray Alston, best stunt; Kimberly Fuller, best piano recital; Holly Green and Desmond Green, best poetic recital; Toiya Crump tied

with Yolanda Hargrove and Cher Hendrick for best creative dance; Lend Watkins and Corliss Watkins, best disco dancers for grades K-1; James Mayo, best disco dancer for grades 2-3; and Susan Talley, best song.

In the fashion show, blue ribbons were given to the winners of the Mister and Miss Personality titles. The kindergarten winners were Tara Harrington and Ray Hargrove; the first grade winners were Thomas Reid and Denise Boyd; the second grade winners were Carl Boyd and Misha Lewis; and the third grade winners were Garrick Terry and Vonda Suite.

Susan Talley won the trophy for the best act in the show. She performed a dramatic rendition of the nursery rhyme, "Little Bo Peep." All children

participating in the show received certificates of excellence. The judges for the affair were Mrs. A. B. Hair of Norlina and Mrs. Arnetra Johnson of Warrenton.

The PTA at Northside sponsors four major programs at Northside yearly. They are a Fall Festival, Christmas Program, Spring Talent and Fashion Review, and Field Day. The Field Day activity will be held on Friday, May 23, on the school grounds.

Couple Wed

Mr. and Mrs. Anell Williams of Warrenton announce the marriage of their daughter, Devergia Louise, to Ricky Sylvester Richardson of Newark, N. J.

The couple was married on April 19 in Dillon, S. C. They are now residing in the Raleigh area.

Mass Media Advertising Is A Part Of Food Cost

If your family spends \$3,000 a year on food, you are paying about \$28 a year for mass media advertising of that food.

According to specialists with the North Carolina Agricultural Extension Service, about 94 cents of every \$100 you spend for food goes for mass media advertising, excluding that done in newspapers.

Of the \$28 a year, \$24 goes to television and \$2.50 to magazines. The rest finances radio, newspaper supplement and billboard advertising.

According to a survey by a U.S.D.A. economist, most of the advertising is done to build the image of the food product. Very little price information is usually provided.

The survey showed that food manufacturers, retailers and service companies spent a total of \$2.5 billion on advertising in 1978—more than twice what the second largest users—automobile and gasoline advertisers—

spent. Foods advertised most are those that are highly processed. About 13 percent of food industry advertising was spent on soft drinks alone during 1978.

The least advertising is done for unprocessed meats, poultry, fresh eggs, dairy products and fruits and vegetables.

Food advertising accounted for about 22 percent of television's advertising revenues in 1978.

Trivia

Velour and chenille fabrics need to be pressed carefully to avoid damaging the pile. Use a needleboard, a self-fabric press cloth, or a towel to protect them.

Always cut or chop on a wooden or plastic cutting board. This keeps knives from slipping and becoming dull. When carving, avoid hitting the bone or the platter.

Your Week Ahead Horoscope

Forecast Period: 5/11 - 5/17/80

- ARIES**
Mar. 21-Apr. 19. Avoid impulsive spending — especially where other people's assets are concerned. A new project should fare well.
- TAURUS**
Apr. 20-May 20. Establishing a new relationship at this time promises a long term source of happiness and joy.
- GEMINI**
May 21-June 20. Unexpected reaction from a friend or co-worker sends you scuttling behind the scenes to catch your breath.
- CANCER**
June 21-July 22. Postponing an important date puts your social affairs on questionable footing. Where are your priorities?
- LEO**
July 23-Aug. 22. Career matters take a turn for the better. Well deserved recognition is within your grasp.
- VIRGO**
Aug. 23-Sept. 22. Intellectual pursuits are generally favored. Mental creativity put to writing makes for a best seller.
- LIBRA**
Sept. 23-Oct. 22. Wouldn't it be a pleasant surprise to be in communication with a dear departed soul?
- SCORPIO**
Oct. 23-Nov. 21. You would do well at this time in studying the mental processes of those you deal with.
- SAGITTARIUS**
Nov. 22-Dec. 21. Illness among employees calls for a review of health and dietary habits. Housecleaning is in order.
- CAPRICORN**
Dec. 22-Jan. 19. Speculation results in financial gain. Movies, plays, other forms of entertainment are also favored.
- AQUARIUS**
Jan. 20-Feb. 18. Surprising developments at home provide wider freedom and call for a new look at career possibilities.
- PISCES**
Feb. 19-Mar. 20. A hungry search for knowledge takes you on many journeys through treasured books.

Suggestions Are Given To Help Keep Food Cold

A spring or summer storm can sometimes cut your supply of electric power off, giving you good reason to worry about the safety of your refrigerated and frozen foods.

The next time a power failure occurs, follow these suggestions from specialists with the North Carolina Agricultural Extension Service to help keep the food in your refrigerator and freezer safe from spoilage.

For refrigerated foods: keep the refrigerator door closed. Opening the door, once you realize the power is off, lets out cold air that will not be replaced and your foods will reach room temperature more quickly.

Add dry ice to the refrigerator if you know power will be off for some time. The more dry ice you add, the longer the food will keep cold. Make it a point to know where dry ice is available in your area.

If the electricity is still off after several hours, transfer meat, poultry and other highly perishable products to the freezer section or to your freezer. The already frozen products will keep the others cold longer.

Changing your next meal's menu can help you use up some of the more perishable items before they have a chance to spoil.

For freezer stored foods: keep the freezer door closed. Open it only to add dry ice, if necessary.

If you must open it to take out or put in food, do it as quickly as possible. Although most freezers will keep foods frozen for at least 24 hours — some 48

— the amount of time depends on the following factors:

The amount of food in the freezer: a full freezer will stay cold many hours longer than a freezer only a quarter full.

The kind of food stored: a freezer full of meat stays cold longer than a freezer of baked foods.

The temperature of the food: the colder the food the longer it will stay frozen. Be sure your foods are kept at 0 degrees F. or below.

The freezer itself: the larger the freezer, the longer the food will stay cold. A well-insulated freezer will keep food frozen much longer than one with little insulation.

Where you place your freezer will also help determine how long it will be effective. Don't locate it next to a hot water heater, furnace or where it will be exposed to direct sunlight. Be sure there is space around it so that air can circulate to dissipate any heat radiated from the refrigeration coils.

When electric power is restored, be sure to check your foods and use those first that have defrosted the most. Meats that still have ice crystals or have maintained a 40 degree F. temperature for less than 2 days may be safely refrozen.

Some quality may be lost, but the product will still be wholesome.

Get rid of any food that is off-color or that has an off-odor.

Younger single people buy only a third as much coffee as the middle-aged and elderly. Middle-aged and elderly women are the top coffee buyers in this country.

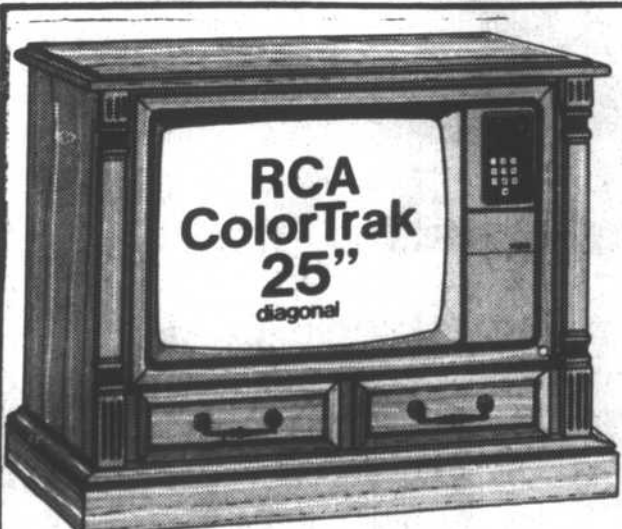
WEEKEND CROSSWORD

TODAY'S ANSWER

1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	18
19	20	21	22	23	24	25	26	27
28	29	30	31	32	33	34	35	36
37	38	39	40	41	42	43	44	45

ACROSS
1 Shinto temple
4 Partner
10 Pinafore
11 Expert on
13 Commit
14 Shyness
15 Slur over
17 Baseball's
18 Wild affairs
20 Winsome
21 Cranshaw
22 Strange look
23 Russian
25 Essence
28 On the
31 Poker term
32 Famous
34 Actress
35 Pastiche
36 Not Jewish
40 Morse Code
41 Applauded
42 Gay Nine-
43 Laugh at
44 Allen

DOWN
1 - Cies- of
2 New York
3 Make one's
4 King Arthur's
5 Gold: Sp.
6 Enraged
7 Nancy
8 Sneezers'
9 Heirs'
12 Texas city
16 Cut from
19 Slow mover
20 Split
24 Antedate
25 Measure
26 Have in mind
27 Footing
29 Bicycle
30 Whole
33 Add up
37 Craggy hill
38 Bela's son
39 Guided



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