

Bike Riding Is Scheduled At Northside

A bike-a-thon sponsored by Mrs. Martha Reavis for benefit of the Cystic Fibrosis Foundation has been scheduled for April 24. Registration will begin at 9 a. m. at Northside School in Norlina.

The event is open to all youngsters and adults who wish to help support the fight against cystic fibrosis, the number one genetic killer of children and young adults in the United States. There is at present no cure for the disease, which affects approximately one in 1,800 births.

According to Mrs. Reavis, those who wish to participate in the bike-a-thon should obtain sponsor sheets from any school in Norlina. Participants should then solicit pledges from their relatives, friends, or neighbors for each mile they ride. The total amount to be collected from their sponsors after the event is based on the number of miles each rider completes.

Prizes will be awarded to the riders who raise the most funds.

For further information about the bike-a-thon contact Mrs. Reavis at 456-3783.

Plan Furnishings For A New Look

Whether you have a new home, or simply want to give a new look to your present one, furniture arranging is important. But it is easier to do it first on paper and push the furniture around later.

"Floor space is already organized to some extent by partitions and architectural features of your house. Your task is to further organize this space to suit the activities that will take place in each room," says Dr. Glenda Herman, extension housing specialist at North Carolina State University.

To plan your room on graph paper, first draw the rooms to scale, allowing one-quarter inch per foot. Be sure to indicate the architectural details, such as windows, doors and fireplace.

The make furniture models to scale and you are ready to start placing the furniture in the room.

"The conversation group is usually the starting point in the living area; the dining group in the dining room and the sleeping group in the bedroom. Once the main arrangement is carefully worked out, other groupings can be arranged," the specialist explains.

Remember that the real rooms will have three dimensions and sometimes an arrangement that looks good on paper may not be balanced properly when the height of the furniture is considered.

To avoid such problems, draw the side wall and furniture elevations the same way as you did the floor plan.

Furniture groupings play a major role in a room's capacity to adapt to different situations. "Much of today's furniture is designed to be versatile," Dr. Herman explains. "It can be shifted about, looks nice from all sides and may play several roles."

Church Festival Planned Sunday

A solo festival will be held at Odell Baptist Church near Littleton on Sunday, April 18, at 5 p. m.

Invited soloists are Plummer Harris, Sadie Alston, Otis Jones, Doris Kearney, Peggy Plummer, Alpheus Perry, Clarence Sledge, Nathaniel Williams, Fannie King, Theresa Hyman, and Betty Bennett.

The program is for the benefit of Odell Baptist Church.



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