

**Garden Club  
Has Gathering  
At The Flame**

The Town 'N Country Garden Club met Thursday in the Alstons' recreation room (the Flame) with Mrs. Annie Mae Alston serving as hostess. Mrs. Sophie Hawkins, president, presided.

In the business session, there was some discussion concerning inconvenience in the new meeting schedule. It was decided, however, to let the change remain through 1982.

The next meeting will be held with Mrs. Elizabeth Brown on Dec. 2. All members are asked to bring some type of show-and-tell Christmas arrangement. The president offered her home for a Christmas party. Plans will be made at the next club meeting.

Mrs. Sallie Brown suggested that the president at each meeting appoint a member to thank the hostess.

The theme of the meeting was "The Handling and Use of Pesticides." Mrs. Sallie Brown presented the speaker, L. C. Cooper, retired County Extension chairman. He warned that pesticides are dangerous. If they kill the insects, they can kill us.

He also gave the following suggestions:

- (1) Read carefully and follow the directions on the label.
- (2) Don't spray when temperatures are high or when plants need water.
- (3) Do not spray on a windy day or when leaves are wet. The best time to spray is early morning or evening.
- (4) Wear gloves and avoid getting pesticide on skin or clothes. If you do, wash the exposed skin thoroughly with soap and water.
- (5) When possible, use diazinon and malathion sprays.

Cooper said the new trend is toward natural sources and old home remedies. He showed pictures of helpful insects and their value to the gardeners. He said some companies are now producing and selling some types of helpful insects and challenged the members to try to learn and list some of the home remedies.

During the social period, Mrs. Alston served a fruit salad with cheese tidbits, cream cheese and deviled ham open-face sandwiches, and a fruit punch.

Mrs. Georgia Exum thanked the hostess. The meeting closed with the club motto.

**THOUGHT FOR FOOD** By GOULD CROOK

**Winter Beef Stew**

- 2 lbs. beef boneless chuck, tip or round, cut into 1-inch squares
- 4 med. carrots, sliced (about 2 cups)
- 2 med. stalks celery, sliced (about 1 cup)
- 2 med. onions, sliced
- 1 can (8 oz.) water chestnuts, drained and sliced
- 1 can (4 oz.) mushroom stems and pieces, drained
- 3 tbsp. all-purpose flour
- 1 tbsp. sugar
- 1 tbsp. salt
- 1 can (16 oz.) whole tomatoes
- 1 cup dry red wine or beef broth

Mix beef, carrots, celery, onions, water chestnuts and mushrooms in 4-quart Dutch oven. Mix flour, sugar and salt; stir into beef mixture. Stir in tomatoes (with liquid) and the wine. Cover and cook in 325° oven until beef is tender, about 4 hours. 8 servings.



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**Sirloin Steak** (T-Bone Steak) **2.78** lb.  
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TROPICANA GOLD N' PURE  
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**Grocery Specials**  
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**SUPER SAVER COUPON**  
**SAVE 20¢** ON THE PURCHASE OF 4 ROLL PKG. WALDORF  
**Bath Tissue**  
GOOD THRU SAT. NOV. 13 AT A&P WARRENTON. LIMIT ONE WITH COUPON AND 7.50 ORDER. #635

**SUPER SAVER COUPON**  
**SAVE 20¢** ON THE PURCHASE OF 5-LB. BAG PLAIN - UNBLEACHED - SELF-RISING  
**Pillsbury Flour**  
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**SUPER SAVER COUPON**  
**SAVE 20¢** ON THE PURCHASE OF 2-LB. JAR KRAFT  
**Grape Jelly**  
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**SUPER SAVER COUPON**  
**SAVE 30¢** ON THE PURCHASE OF 3 LB. CAN ANN PAGE  
**Shortening**  
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**SUPER SAVER COUPON**  
**SAVE 20¢** ON THE PURCHASE OF 32-OZ. JAR MIRACLE WHIP  
**Salad Dressing**  
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**A&P Pizza**  
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