

Ms. Jennie Williams was selected HealthCo's Employee of the Month for June.

Ms. Williams has been employed as a licensed practical nurse in the Home Health Department since 1980. Ms. Williams is a graduate of the former John R. Hawkins High School in Warrenton and holds a nursing degree from the Morristown School of

Ms. Williams is a member of the Coley Springs Baptist Church in Warrenton. She resides in Warrenton with her children, Larry, Essie, and Najean Williams.

Ms. Mary Fitts was selected as Employee of the Month for May. This is the second time she has been honored.

Ms. Fitts and Ms. Williams both received a day off with pay, a plaque, and the use of a parking designated for this honor.

## Rare, With Baked Potato

The day is coming when Americans, notorious for their love of tender steaks, can order-up a custom-made tenderloin from a combination of meats such as ribeye, sirloin and even pork. The process, called co-extrusion, combines lean meat from one source with fat from another and allows processors to mix and match whatever kinds or amounts of meat the consumer desires. Food produc-ers are already using the pro-cess to create "bacon" from beef, goat, lamb and mutton.