

## Warren Plaza News

By MARTHA PAGE

It was a cold, rainy Easter Sunday and the residents were all very disappointed because they were not able to have their annual Easter egg hunt. We had a special Easter worship Sunday morning and another Sunday afternoon. Special treats were furnished by the Home Life Department of the Macon Woman's club. Mrs. Henry Fuller and her club members never forget us on holidays and we are very grateful to them. She has never forgotten a holiday since I have been here.

We have some beautiful flower arrangements in our living room sent to us by Mrs. Helen Rooker from Norlina, and we thank her so much. She also brought us some very useful clothing items. Mrs. Belle Cooper also brought us some very nice useable clothing, and we want to say "thank you" to her.

We have also received

a large supply of items for the beauty shop from the ladies of the Warrenton Baptist Church and these were certainly appreciated. We try not to miss anyone who donates anything for the residents to use, but at times we fail to get the donor's name. We apologize for this and hope we don't offend anyone. Everyone has been very kind to donate things to us that the residents cannot afford to buy for themselves.

We have some of our residents in the hospital as we have had a severe flu epidemic going around the rest home. Albert Mitchell is in the N. C. Memorial Hospital in Chapel Hill, Jessie McCurry is in Warren General and Walter Rivers is home from Community Memorial Hospital in South Hill, Va.

We had a large number of visitors Sunday and some of our people were home for the holiday.

Residents having

visitors Sunday were: Mina Reid, Pearl Bobbitt, Harvey Carroll, Edgar Bullock, Mollie Dye, Louise Kearney, Walter and Eula Rivers, Nettie Wilson, Pattie Arrington, Joseph Ayscue, Harvey Richardson, John Patrick, Selby Price, Otis Shearin, Addie Rowe, Tommie Harris and Charlie Smith.

We hope you all had a very happy Easter and until next week, God bless.

### Retired School

### Personnel Meet

The Warren County Unit of North Carolina Retired School Personnel met Tuesday, April 17, at 2:00 p. m. in "The Flame" on Franklin Street in Warrenton.

Mary D. Williams presided. The meeting was called to order and opened with the spiritual, "He Arose," led by Fannie Mae Plummer.

The following items of business were transacted: report of trip to Greensboro on the Ideal Mini Bus by Ada S. Johnson, collection of funds to send Edna Harris, who has been ill for several months, a fruit basket; treasurer's report, collection of scholarship funds and new membership report; a decision on procedures to use in case of illness or death of a member, or a member of one's immediate family; delegate reports to the State Convention; remarks by Cora T. Watson, candidate for Warren County Board of Education; and announcement of District XI meeting at North Hills K&W, Raleigh, on Wednesday, May 23, at 10:00 a. m.

The following officers were elected for 1984-86: president, Mary D. Williams; vice president, Mabel Williams; secretary, Lucy E. Branch; assistant secretary, Emily B. Alston; treasurer, Betty A. Ingram; assistant, Annie Mae Alston.

The next meeting will be held Tuesday, May 15, at 1:00 p. m. The district president will be present to install new officers.

## Ways Sought To Combat Arthritis

By KATHERINE HILLIARD  
Health Educator  
Warren County  
Health Department

Arthritis, one of the most painful diseases known to mankind, is also one of the most common diseases. It is a chronic disease which is often neglected, and it is our intention at the Warren County Health Department to stop the neglect of this disease. There are two ways in which we hope to do this.

First, an arthritis clinic is conducted each month at our health

department with Dr. William E. Byrd, rheumatologist, offering patient examination. Through the examination, Dr. Byrd is able to make his recommendations for treatment. The individual entering this clinic also receives basic education about arthritis, so he can better understand his disease. This clinic is open to all individuals in Franklin, Vance and Warren counties.

Secondly, we will be conducting an arthritis workshop or conference, free for the general

public. This conference will be held Wednesday, May 2, at the Warrenton Lions Den from 7:00 p. m. until 9:30 p. m. The Warrenton Lion's Den is located at the fairgrounds on West Ridgeway St. (beside Hardee's). Speakers for the conference include Dr. Byrd, rheumatologist, Mark Thorne, occupational therapist, and personnel from the Arthritis Program. Time will be given for participants to ask questions of these professionals.

If you're an arthritis

sufferer, please come and learn more about your disease. Do not hesitate to bring family and friends with you.

For more information contact Katherine Hilliard or Rebecca Greene at 257-1185 or your local health department.

## Keeping Healthy

Bartender Cure for Hiccups

A medical journal gives physician readers a "prescription" dispensed by bartenders for cure of hiccups.

"Saturate one lemon wedge with angostura bitters and quickly eat all but the rind."

Stubborn cases may require a second dose, but according to an item in the *American Family Physician*, the hiccup remedy "with a twist" relieved the hiccups in 14 of 16 individuals.



The average daily issue of the *Congressional Record* carries more than four million words — about equal to 20 novels — yet it's printed and published overnight.

## LEIGH'S Children's Play-Time SALE

Thurs. - Fri. - Sat.  
26 - 27 - 28



25%  
OFF

Stone-Wear  
Buster Brown  
Lee Jeans  
Peaches &  
Cream

All Children's Clothes  
Toddlers To Size 14

THREE DAYS ONLY

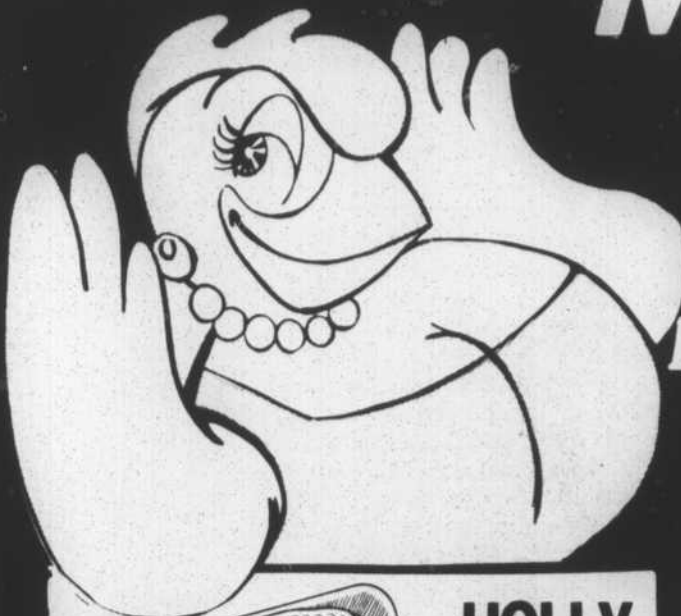
LEIGH'  
OF NORLINA

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

## More Cluck For Your Buck!

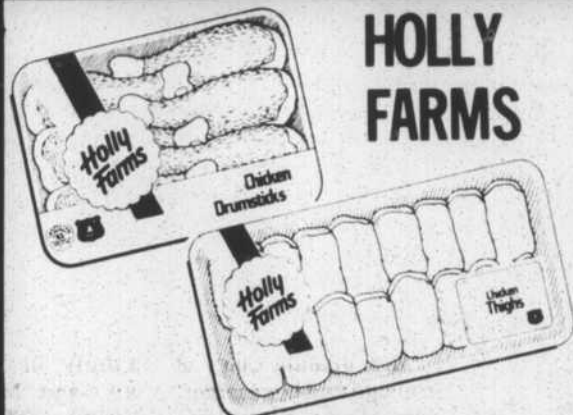
Byrd's Finger Lickin  
Chicken Sale!

THESE PRICES GOOD THRU SAT., APRIL 28, 1984



HOLLY  
FARMS

Fryer  
Breast  
\$1.27  
LB.



HOLLY  
FARMS

Drumsticks  
or  
Thighs  
97¢  
LB.



HOLLY  
FARMS

BONELESS  
Chicken Breast  
\$2.77  
LB.



HOLLY  
FARMS

Chopped  
Chicken  
WITH  
Bar-B-Q  
Sauce  
\$1.17  
8 OZ.



HOLLY  
FARMS

Roasters  
87¢  
LB.



HOLLY  
FARMS

Chicken  
Franks  
87¢  
LB.

HOLLY FARMS  
BONELESS

NEW  
ITEM

Thighs  
\$1.97  
LB.

WE GLADLY  
ACCEPT  
USDA  
FOOD STAMPS

Byrd's  
FOOD STORES  
"THE BEST MEATS"

## ONE DAY OR FREE

## RITE AID

COLOR FILM  
DEVELOPING\*

\*COMPLETE  
DETAILS AT EVERY RITE AID.



### PAIR OF PRINTS

12 EXPS.  
ROLL (24 PRINTS) ..... \$4.19  
24 EXPS.  
ROLL (48 PRINTS) ..... \$7.69  
36 EXPS.  
ROLL (72 PRINTS) ..... \$11.29  
15 EXPS.  
DISC (30 PRINTS) ..... \$5.49

### SINGLE PRINTS

12 EXPS.  
ROLL ..... \$2.99  
24 EXPS.  
ROLL ..... \$5.49  
36 EXPS.  
ROLL ..... \$7.99  
15 EXPS.  
DISC ..... \$3.99



PRICES EFFECTIVE

ON TYPES 110, 126, 135 & DISC C-41 COLOR PRINT FILM ONLY.