

Members of the Warrenton Railroad Junior Baseball Team closed out the season with a 8-2 record and won the best two out of three for the county championship. This is the fourth year that the team has won the championship, and players were treated to a victory dinner at the Pizza Hut in Henderson. Team members shown above are: (front row, left to right) Maurice Wilson, Walter Southerland,

Torrey Brothers, Ray Harrison, Richard Baskerville and Yarborough Williams, Jr.; (standing) Jason Crump, Daniel Green, Adrian Moseley, Freddie Green, Jason Gray, Trevis Seward, Garry Maryfield, Tony Harmon, and Trevor Seward. Coach Maurice Crump is shown with his team. (Staff Photo)

Lack Of Depth Is Problem For 1984 Football Edition

Lack of depth is one of the major roadblocks standing in the way of Warren County High School having a good varsity football year.

That is the opinion of head coach Bill Frazier, who hopes to guide his Eagle squad to a first-place finish in the Roanoke River Conference.

"If we can stay away from injuries, we should have a good team," Frazier said. "We lack depth in most positions."

While lack of depth is regarded as a chief weakness this season, Frazier rates the offensive backfield as the team's foremost strength.

This year will mark Frazier's 23rd year in coaching. He has coached in Warren County for the past 13 years. His overall record is 153-57-8.

Last season's squad compiled an 8-3 record, finishing 5-1 in the conference behind conference champ Northampton West.

Eleven lettermen will be returning for the Eagles this season. They include:

—Quarterback Anthony Russell, a 6-0, 182-pound senior.

—End Mike Mitchell, a 6-0, 179-pound senior.

—Back Derrick Davenport, a 5-11, 178-pound senior.

—Back Oakley Green, a 5-9, 168-pound junior.

—Center Joel Valentine, a 6-0, 196-pound senior.

—Tackle Chris Williams, a 6-1, 231-pound senior.

—Guard Steve Henderson, a 6-0, 189-pound senior.

—Guard Steven West, a 6-0, 215-pound senior.

—Defensive Back Clifton Terry, a 5-10, 152-pound senior.

—End Wayne Durham, a 6-0, 172-pound senior.

Cost Saver
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—Linebacker Randy Williams, a 6-0, 188-pound senior.

Promising newcomers expected to add strength to this year's Eagle squad are back Steve Williams, a 5-9,

156 pound junior; guard Preston Jones, a 5-8, 180-pound junior; back Randy Jordan, a 5-10,

163-pound freshman; and guard Dan West, a 5-9, 164 pound freshman.

Thus far 37 prospec-

tive players have turned out for practice which began August 1. By the time of the season's opener on September 7, Frazier expects to have trimmed his squad down to the 35-member limit.

Scrimmage Set

The 1984 Warren County High School varsity football team will get its first taste of competitive battle Thursday night when it plays a scrimmage match at the John Graham Middle School athletic field.

The opponent for tomorrow night will be a varsity team from Oxford's Webb High School.

Gametime for the scrimmage is 7 p. m. and spectators will be charged an admission fee of \$1.00. No score will be kept during the practice game.

Adcock Takes Fishing Crown

For the fourth time this year, Allan Adcock has won a monthly tournament of the Warren County Bass Club. His most recent win was at the August tournament held on Falls Lake near Creedmoor. Second place was won by Butch Bolton.

Following the tournament, the club had a supper at the Raleigh home of William and Linda Floyd. The club then held its regular monthly meeting.

The next tournament is scheduled for September 8, on the Chowan River.

Classes Slated For Exercise

Dancercise — slim hips and thighs and moderate exercise classes for adults 16 and over will begin August 28 in two locations in Warren County, according to Mary Hunter, Community Schools director.

The classes will end on November 1. They will meet on Tuesday nights at Hawkins Elementary School and on Thursday nights at Norlina Middle School.

Moderate exercise, which is not as strenuous as dancercise, will meet both nights from 6-7 p.m., and Dancercise will meet from 7-8 p.m. Each class will carry a cost of \$8 for one night a week and \$16 for two.

Arden Knight is the instructor for the classes. Anyone having questions should contact the Community Schools office, 257-3184.

Snake Stories Are Likely Myths

Stories about snakes seem to grow more fantastic as the summer grows better. "Some stories are myths even though they are commonly held as fact," says Dr. Gary San Julian, extension wildlife specialist and assistant professor of zoology at North Carolina State University.

Here are three of the myths about snakes that are often passed along as being true:

Myth: The milk snake will milk a cow.

Truth: This myth probably arose because the snake prowls stables and old buildings searching for small rodents, its favorite food.

Myth: The hoop snake will take its tail in its mouth and roll along like a wheel or a hoop.

Truth: The snake may assume a circular position when resting on the ground, and since the snake is a shiny black, it may look like a bicycle wheel or a hoop, but in no way is the snake going to roll like a

wheel. Myth: A snake that has been cut up can reassemble itself.

Truth: This myth may be based on an unusual lizard that has no legs and is called the glass snake. To escape capture, the lizard's tail will

Guilt, Grief Can Attend Second Saying Of Vows

Guilt and grief may be uninvited guests at a second wedding. This is especially true if there are children from a first marriage.

"One or both parents may feel guilty about breaking up a former marriage. And children may feel guilty, rightly or wrongly, about breaking up their parents' marriage or trying to break up the current one," says Dr. Frances Wagner, extension human development specialist, North Carolina State University.

If stepfamily members cannot discuss

break off if someone grabs him by it. The lizard can grow another one. If the person who tried to catch the glass snake sees the same one later, he may have concluded that the glass snake retrieved and reattached his tail.

their feelings with each other, they should be encouraged to talk with someone outside the family. A minister, counselor or close friend can help a person to be realistic about the situation and help resolve guilt feelings.

Newly-constituted step-families must also deal with grief. Parents mourn the loss of the ex-spouse and any children now living with others; children mourn the lost or absent parent and siblings now living elsewhere. Even the formerly single stepparent may mourn the loss of freedom that being single permits.

"It appears that remarriage triggers mourning for some family members who have not exhibited it during the months before the marriage. Remarriage signifies, in a formal way, the end of the previous relationship," Dr. Wagner says.

Children sometimes grieve because they feel they are losing the parent who is marrying. This grief may be expressed in anger.

How does one help? "Allow the person to talk about it. Allow the preservation of memories and some keepsakes. Gently lead the person to consider the reality of the present and help him or her initiate plans for dealing with the current situation," Dr. Wagner says.

When there is a computer in the home, who is most likely to use it? Dad, say researchers, followed by the kids and then Mom.

Use New Times For Tomatoes, Cooks Are Told

Tomatoes can be safely processed in a boiling water bath, but only if newly recommended times are used, reminds Dr. Nadine Tope, extension foods and nutrition specialist, North Carolina State University.

The hot pack method calls for peeled and quartered tomatoes. Bring them to a boil and stir in two teaspoons of lemon juice or half a teaspoon of citric acid per quart of tomatoes. Pack the tomatoes to half an inch of the top of the canning jar. Wipe the rim carefully, and adjust the lid according to the manufacturer's directions.

Process the jars in the boiling water bath. Pints need to be processed for 35 minutes and quarts for 45 minutes. "Make sure you are using a water bath canner with a top and a rack. The open kettle method is not safe," Dr. Tope says.

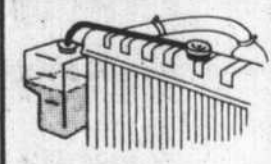
Processing time for tomato juice has also been increased to 35 minutes for both pint and quart jars.

To save time, use a pressure canner. Pint or quart jars of tomatoes or juice only have to be processed for 10 minutes in a pressure canner, the extension specialist says.

"Never shorten processing times below USDA recommendations. People who do run the risk of spoilage and food poisoning," Dr. Tope says.

For more information on the safe canning of fruits and vegetables, contact the home economist at the county agricultural extension.

THE GAS PUMP



Recovery Tank

A properly functioning coolant recovery system keeps air from entering the radiator. This reduces the chance of corrosion and also creates pressure that will promote coolant circulation in the radiator. Check the recovery tank often and keep the fluid level on the mark.

Let's Play

THE STRANGE GAME: There is a "strange" figure in each row that is different than the others. Can you circle the "strange" one in each row?

1. A row of four identical-looking geometric shapes.
2. A row of four identical-looking geometric shapes.
3. A row of four identical-looking geometric shapes.
4. A row of four identical-looking geometric shapes.
5. A row of four identical-looking geometric shapes.
6. A row of four identical-looking geometric shapes.
7. A row of four identical-looking geometric shapes.

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