

Coaches Featured

(Continued from page 8)

at Norlina Middle School. She commutes to the high school for practice sessions and games.

A native of Clinton, Mrs. Ward attended Appalachian State University in Boone for two years and graduated from the University of North Carolina at Wilmington. She and her husband and their two children live in Weldon.

Norlina Middle School teacher William Fuller shares the coaching responsibilities at Warren County High also. He has combined coaching and teaching for the past 19 years. At the present, he coaches baseball, football and basketball.

A graduate of East Carolina University, Fuller enjoys gardening and golfing as well as school-oriented activities. He lives in Norlina with his wife, Brenda and their two children, Kim and Bill.

William Shulenburg coaches football, basketball and softball at Norlina Middle School. He has seen 16 years of coaching experience.

The Salisbury native graduated from South Rowan Senior High School and Catawba College in Catawba County. Aside from coaching, he enjoys farming.

John Graham Middle School saluted three coaches on Friday. Nash County native Allen Reynolds serves as head football coach, girls' basketball coach, and softball coach for the Yellow Jackets. The 1983-84 school year saw both his basketball and softball teams winning the conference championship.

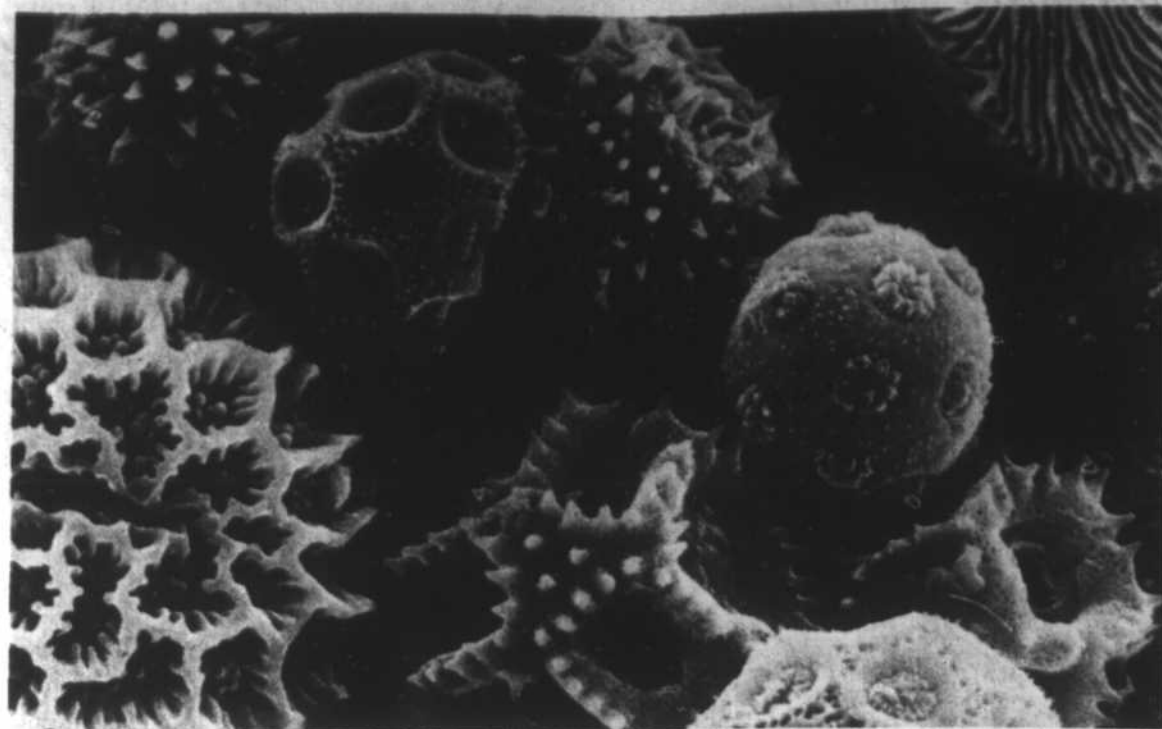
Reynolds, a 1971 graduate of Northern Nash Senior High School, participated in football, wrestling and track during high school. He graduated from Atlantic Christian College with a B. S. degree in health and physical education and taught in Edgecombe and Nash Counties prior to coming to Warren. Reynolds and his wife, the former Liue Unstead, reside in Nashville.

Macon Robertson, assistant water superintendent for the Town of Warrenton and Waste Water Treatment Plant operator, has been assisting with coaching responsibilities in the school system since 1979. His latest assignment has been that of baseball coach at John Graham Middle School. Prior to that, he assisted with the football program at Warren County High.

Robertson and his wife, the former Vonnete Neal, have a two-year-old daughter, Adrienne, and they live near Macon.

James L. Goolsby has been teaching in Warren County for the past 21 years, and during that time has held various coaching positions. He currently coaches football and basketball at John Graham Middle School.

Goolsby is a graduate of Winston-Salem State University in Winston-Salem and has done graduate studies at A&T State University in Greensboro.



Magnified 3,000 times in this photograph, grains of pollen take many shapes. Dr. Joan Nowicke, pollen expert for the Smithsonian Institution, says subtle variations often make identification by plant species impossible. Identified by family group,

grains in this picture include phlox, rooster comb, chrysanthemum, smartweed, and geranium. Pollen is nearly indestructible and has been found in many prehistoric tombs.

Pollen Torments Sufferers, But Brings Breath Of Life

The National Geographic News Service

WASHINGTON — The 15 million Americans who suffer through the seasonal agonies of hay fever, pollen is unquestionably something to be sneezed at.

But the minuscule grains that torment one out of 14 citizens, who in 1975 spent \$2 million on hospital care, \$224 million in doctors' bills, and \$297 million on drugs, are a blessing, not a bane, to most people.

"Pollen is to plants what sperm is to animals: the agent of viability," writes Cathy Newman in the October National Geographic. "It is the breath of life as well as of sneezes."

Allergic or not, there's almost no way for you to escape it. Various hay-fever cures are being studied, but none has yet been found.

No Place To Hide

And hiding places have all but disappeared. Even Arizona, once a haven for the afflicted, has lost that advantage, largely because of the introduction of non-native plants that have sent the pollen count soaring about tenfold in two decades.

"If you don't mind penguins, you can always go to Antarctica," suggests Dr. Max Samter, senior allergy and immunology consultant at Grant Hospital in Chicago.

Newman's reporting on pollen took her far beyond the wheezes and sneezes of hayfever sufferers: to a murder in Vienna, to a Navajo medicine man's hogan in Arizona, to a Paris laboratory, to a Texas Oil field, to an athletic field in Finland.

In Vienna, the only clue in a 1969 murder was a pair of leather boots belonging to the suspect. Less than a gram of dirt clung to the carefully cleaned boots. A pollen expert—called a palynologist—found 1,200 grains of pollen in the dirt.

The pollen pinpointed the location of the murder and contradicted the suspect's story. Confronted with the evidence, he confessed and led officers to the buried body.

In the Navajo hogan, Fred Stevens Jr., a medicine man in Chinle, Ariz., told Newman: "Corn pollen is a true thing. It is our life. When a child is born, we feed it pollen, and it is in his spirit the rest of his life. At weddings it blesses the young couple. And when a man is dying, pollen is put on him too."

Warren District Court District

(Continued from page 10) assault by pointing a gun, found not guilty.

Angela Stywall, trespassing without a license and assault or simple assault and battery, found not guilty.

Jesse Raines, use of false credit device, dismissed with leave by prosecutor.

Barbara Jean Smith, failure to comply, ordered to pay \$35 on court date and balance by Friday.

L. F. Paynter, Jr., communicating threats, called and failed, arrest order issued for defendant's appearance in one week, bond set at \$300.

Lou Ethel Watson,

I would like to thank everyone for the flowers, gifts, cards, visits and food I received while in Duke Hospital and since my return home.

May God bless you all. EVA S. HOLTZMAN

The family of Charlie King would like to say thanks to everyone for their gifts, cards and prayers. Also thanks to Dr. Trivedi and the Warren Nursing Home.

THE KING FAMILY

The family of the late Lillian P. Hyman would like to thank family, relatives and friends for the visits, flowers, cards, food and other acts of kindness shown during the passing of our mother and grandmother.

May God bless you. THE FAMILY OF LILLIAN P. HYMAN

Mart To Close

The Warrenton Tobacco Market will end another season of activity on Monday, Oct. 29, when it closes following the completion of sales scheduled for the day.

Notice of the market's closing was given this week by Mrs. Alice R. Robertson, sales supervisor. She said that a sale scheduled for Thursday of this week has been cancelled, and that only the final day's sales remain to be conducted.

Yesterday, according to a report from the Federal-State Market News Service, the Warrenton market sold 220,008 pounds for an average of \$187.67 per hundred pounds.

Heavy Shade

Can Be Good

Shady places around the house will grow attractive plants. The secret is to select the proper plants for these sites that don't feel the sun's warmth.

One of the best shrubs for heavy shade is aucuba or "gold dust plant," suggest Agricultural Extension Service specialists at North Carolina State University.

Mahonia is another plant that does well in the shade. The Chinese hollies tolerate shade fairly well. Ground covers such as periwinkle, ivy, liriop and ajuga can be used under trees where grass doesn't thrive.

Thinning out tree limbs or even removing the tree may be worth considering, if more sunshine is needed to support plant growth on the ground beneath the tree.

Adaptability is always an important consideration in selecting plants. Know which plants do well in which locations. Be particularly careful in buying plants at outlets where clerks are not sufficiently informed to make recommendations. Find out what you need before shopping.



TERRY Terry Given

Firm Honor

Joshua Leon Terry, Jr., formerly of Warrenton, was named Mechanic of the Month for September by Mack Trucks of Charlotte.

Terry is a 1982 graduate of Warren County High School. He attended Walters Diesel Institute and graduated from there in November, 1983.

In addition to working for Mack Trucks, Terry works parttime at Stadium Exxon service station in Charlotte.

He is the son of Mrs. Mary Terry of Rt. 3, Warrenton.

Special Day

Is Scheduled

The Guidance Department of Warren County High School will sponsor a College/Career Day on Monday, Oct. 29, from 9:30 until 11 a. m. The program, which highlights post-secondary opportunities, will be held in the gym.

Juniors and seniors will have a chance to secure materials and talk directly with representatives from potential employers, colleges, technical schools, and the Armed Services. Students will find this session especially informative and helpful. Parents are welcomed and encouraged to attend also.

Courthouse Squares

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1 - BIG DAY SUNDAY, OCTOBER 28

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