



Mrs. Frances Neuhard, supervisor of the Adult Health Services program for the Warren County Health Department, measures the blood pressure of George Shearin, Sr., chairman of the Warren County Board of Health. Mrs. Katherine Hilliard, the

local health department's health education coordinator watches as Mrs. Eva Clayton, chairwoman of the Board of County Commissioners, signs the document proclaiming May as High Blood Pressure Month in Warren County. (Staff Photo)

Commissioners Participate

High Blood Pressure Month Proclaimed

By KATHERINE HILLIARD Health Education Coordinator  
On Thursday, April 25, Mrs. Eva Clayton and George Shearin, Sr., chairpersons of the Board of County Commissioners and Board of Health, respectively, met to sign the National High Blood Pressure Month Proclamation.

Lung, and Blood Institute. Mrs. Katherine Hilliard, health education coordinator, and Mrs. Frances Neuhard, supervisor of the Adult Health Services Program, both of the Warren County Health Department, were on hand to witness the signing of the proclamation and to formally begin the High Blood Pressure Month activities by having the blood pressures of the two officials measured.

population ratio is 51 percent greater than the incidence rate of North Carolina. It is evident from this finding that the health professionals of this area have an enormous job on hand in the detection and control of high blood pressure. Nonetheless, progress is being made toward the reduction of heart disease in Warren County and strides will continue in this direction as local citizens and health professionals join the staff of the Warren County Health Department in educating the public about high blood pressure.

The document proclaims May as High Blood Pressure Month in Warren County, just as it is proclaimed nationally by the National Heart,

Here in Warren County alone, the incidence rate of heart disease per

rarely causes dizziness, nervousness, or headaches. Therefore, many people have high blood pressure for years without knowing it, and eventually suffer the physical effects of the disease. For this reason, it is most important that everyone have a regular blood pressure checkup, and if it is high, to follow the prescribed treatment.

The staff of the Warren County Health Department invites all interested persons to have their blood pressure checked at one of the following community blood pressure screening locations during May:

- May 3, Boyce Drug Co., 12 noon; May 6, Perry Pernel's Grocery, Afton Community, 12-2 p. m.; May 13, Haithcock Brothers Grocery, Macon, 10 a. m.-2 p. m.; May 15, Warrenton Nutrition Site Council for Senior Citizens of Warren County, Hawkins Elementary School, 11:30 a. m.; May 17, Leggett Department Store, Warrenton, 12-4 p. m.; May 20, Buchanan's Store, Drewry/County Line Community, 10 a. m.-2 p. m.; May 22, Arcola Nutrition Site, Old Haliwa School, 11 a. m.; and May 31, Amos L. Capps Pulpwood, Inc., Arcola Office, 10 a. m.-2 p. m.

The theme, for the eleventh year of National High Blood Pressure Month is, "Make Control Your Lifetime Goal." Since there is no cure for high blood pressure, control of the disease after its detection is of greatest importance. High blood pressure is especially dangerous because it has no signs or symptoms. A person usually does not know he has the disease because it does not hurt and it

Special Olympics Are Held

Approximately 100 students in the county school system's elementary and middle schools participated in the Ninth Annual Warren County Special Olympics Friday at the Warrenton Lions Den. Special guest for the occasion was Mrs. Janice Crump of WTVD-11 in Durham.

Mrs. Donna Roope was coordinator for the day in which handicapped students competed in various field events. Mrs. Roope expressed special thanks to the Warrenton Woman's Club, Leggett, Branch Banking and Trust Company, Warrenton Rotary Club, Warrenton County Jaycees, W. T. Ramey, Coca-Cola, and Lance Products.

The team from South Warren Elementary School was presented the Heath Beckwith Award. Anthony Perry of John Graham Middle School won the Henry Lankford Award, and Sandy Hargrove of Hawkins Elementary School received the Henry Evans Award.

Blue ribbon winners in the various categories and events were as follows:

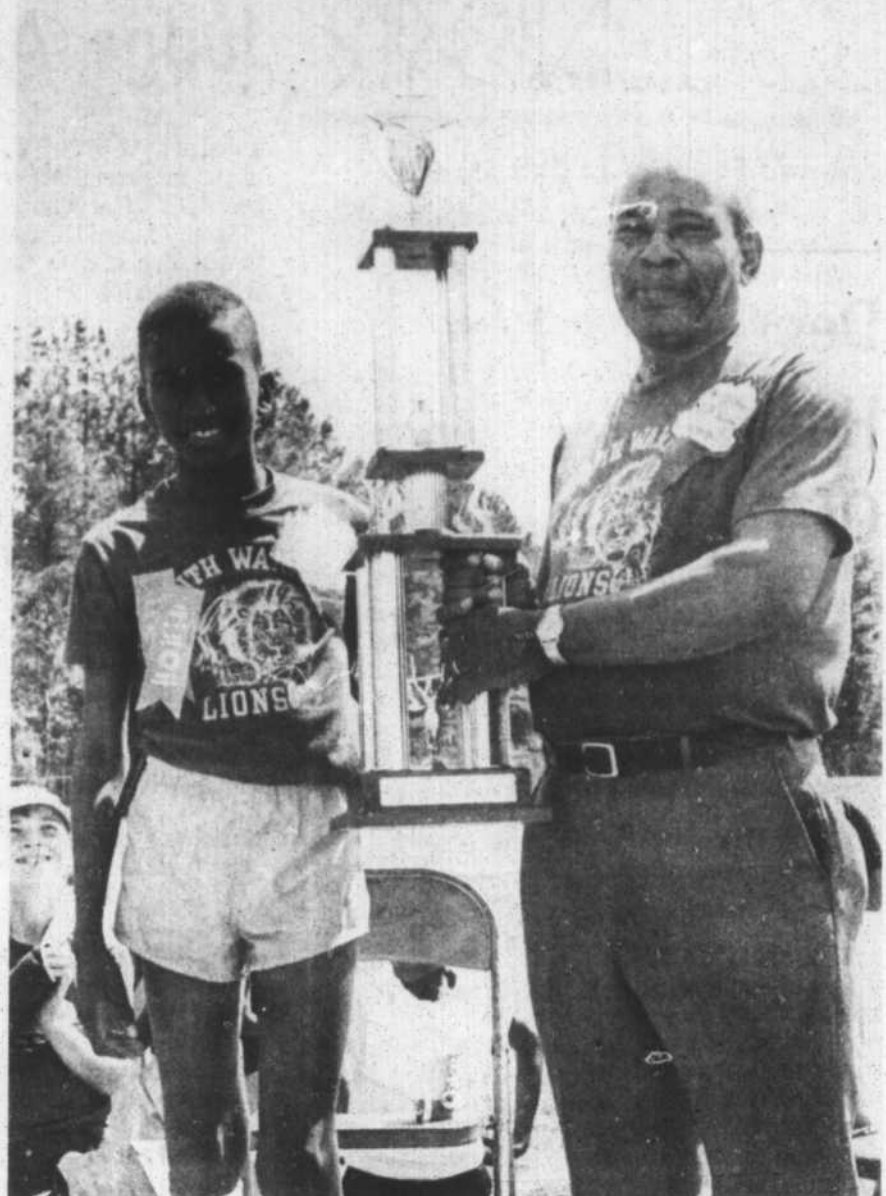
**Educable Mentally Handicapped, Boys' Events** — Standing Broad Jump, Alan Brown and Anthony Harris; Softball Throw, Dewayne Alston, Larry Towns, and Michael Cooper; Frisbee Throw, Roy Harper, Timmie Pruitt, and James Barnes; 50-Meter Dash, John Bullock, Dewayne Alston, Jamal Wilson and Kendell Johnson; and 100-Meter Dash, Derrick Carter, Michael Cooper, and Jeffrey Williams.

**Learning Disabled—Boys' Event**— Standing Broad Jump, Bryan Bender, Jimmy France, and Tyrone Jiggetts; Softball Throw, James Dailey, Terry Clark, Corey Hayes, and Thomas Scott Young; Frisbee Throw, Eric Seward and Thomas Scott Young; 50-Meter Dash, James Dailey, Raymond Alston and Eric Seward; and 100-Meter Dash, Raymond Alston, Carlos Burgess and Ronnie Perry.

**Educable Mentally Handicapped—Girls' Events** —Standing Broad Jump, Sandra Perry, Monique Talley and Ann Brown; Softball Throw, Barbara Poythress, Linda Settles, Deborah Clark and Ann Brown; Frisbee Throw, Shawntia Richardson, Barbara Harrison and Annie Lynch; 50-Meter Dash, Barbara Poythress, Julia Harris, Lisa Clark, Lisa Drumgo, Sandra Hargrove, and Loretta Clark; and 100-Meter Dash, Linda Settles, Sandra Hargrove and Loretta Clark.

**Learning Disabled — Girls' Events**— Standing Broad Jump, Shauna Bullock, Charitell Champion and Denise Palmer; Softball Throw, Sherry Jiggetts and Michelle Brown; Frisbee Throw, Michelle Brown; 50-Meter Dash, Shauna Bullock, Sarah Bullock and Denise Palmer; and 100-Meter Dash, Sarah Bullock.

**No Yolk**  
Separate egg yolks carefully from whites to be used for beating. Even a small amount of yolk will decrease the volume.



Jamal Wilson, student at South Warren Elementary School, and his principal, Lucious Hawkins, display the Heath Beckwith Award won by the South Warren team during the Warren County Special Olympics on Friday at the Warrenton Lions Den. (Community Schools Photo)

Drewry Ladies Club Has Meet

The Drewry Ladies Club met at Mrs. Jo Buchanan's home April 24 with Mrs. Buchanan and Mrs. Elsie Spain serving as co-hostesses.

Refreshments were served to the 15 members and three visitors present. Special guests were Miss Emily Ballinger, extension home economics agent, Mrs. Hardis of Durham, mother of Mrs. Ruth Caddell, and Mrs. Hattie Gupton of Raleigh, mother of Mrs. Buchanan.

The club also welcomed back Mrs. Marg Cordell, who spent the winter in Florida.

After the meeting was called to order by Mrs. Buchanan, club president Mrs. Jessie McAulan called the roll and collected dues. In the absence of Mrs. Carolyn Humphries, the reading of the minutes was suspended.

Miss Ballinger presented a program on sewing ideas. She stressed the importance of selecting the right fabric for the pattern, along with ideas on the proper way to lay out patterns on material, finishing seams and hems, putting in zippers, putting on waistbands, and using interfacing.

She distributed bulletins and materials

on sewing and stain removal. The president closed the meeting with a

reading, "Food for Thought." Mrs. Mollie Paschall won the door prize.

**MUSIC FACTORY**  
Friday & Saturday  
May 3 & 4  
"COULTERS"  
6:00 PM - 1:00 AM  
Admission by Membership and Guest Only  
492-9767 Brown Bagging  
2007 Farm St. Henderson, N.C.  
(Behind Howard Johnson)

<b>STARTS FRIDAY</b>	<b>STARTS FRIDAY</b>
<b>FRIDAY THE 13th</b>	<b>CODE OF SILENCE</b>
<b>PART 5</b>	<b>CHUCK NORRIS</b>
<b>(R)</b>	<b>(R)</b>
<b>SHOWTIME</b>	<b>SHOWTIME</b>
<b>SAT. &amp; SUN.</b>	<b>SUN. ONLY</b>
<b>3:15-5:10-7:05-9:00</b>	<b>3:15-5:10-7:05-9:00</b>
<b>WEEKDAYS</b>	<b>WEEKDAYS</b>
<b>7:05-9:00</b>	<b>7:05-9:00</b>
<b>ALL SEATS \$2.00</b>	<b>ALL SEATS \$2.00</b>
<b>TILL 6:00 SA* &amp; SUN</b>	<b>TILL 6:00 THURS. SUN.</b>
<b>92-6959 CINEMA</b>	<b>438-4617 EMBASSY</b>

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...is a leading cause of blindness among adults in the United States.

About 2 million Americans have glaucoma, and half of them don't know it. But vision loss can be prevented by early detection and proper treatment.

Medical Eye Center is offering, as a public service, a free brochure about glaucoma — who is likely to develop the disease, and what can be done about it.

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115 Long Circle Roanoke Rapids, NC 27870 (919) 537-8193

**EARLY START**  
Athlete: "I hit 17 home runs, ran for 20 touchdowns, and sank 150 baskets. Now I'm gonna try to run the mile in three minutes."  
Unimpressed Girl: "Why not start now!"

**LOUISBURG THEATRE**  
FRIDAY, MAY 3 THRU THURSDAY, MAY 9

No matter what they say, she knows he's THE LAST DRAGON

FEATURING THE MUSIC OF STEVIE WONDER, SMOKEY ROBINSON, THE TEMPTATIONS, SYREETA, ROCKWELL, CHARLENE, WILLIE NUTCH, ALFIE, VANITY AND DeBARGE

BERRY GORDY'S **THE LAST DRAGON**

TRI-STAR PICTURES PRESENTS "BERRY GORDY'S THE LAST DRAGON" A MOTOWN PRODUCTIONS PICTURE  
Starring TAMAR JULIUS J. CARRY II CHRIS MURNEY LEO O'BRIEN FAITH PRINCE GLEN EATON and VANITY Executive Producer BERRY GORDY  
Written by LOUIS VECOSTA Produced by RUPERT HITZIG  
Directed by MICHAEL SCHULTZ

PG-13 Parents are Strongly Cautioned to Give Special Guidance to Children Under 13  
Some Material May Be Inappropriate for Young Children

**SHOWS EACH NIGHT AT 7:00 AND 9:00**

**ALL SEATS AT ALL TIMES \$2.00**

**COUPON**

**DINNER FOR 4**  
• 8 Pieces Chicken • Pint Potatoes  
• 1/2 Pint Gravy • 4 Homemade Biscuits

NO SUBSTITUTIONS ~~\$9.23~~ **\$5.99**  
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