Wednesday, April 30, 1986



The nervy little pony at left was the first occupant of a local pasture to welcome the white highstepper in the foreground to his new abode. The equine pair in the background seem not so eager to extend hospitality but remain nearby to keep a close watch on developments. (Staff Photo by Dianne T. Rodwell)

Norlina Business District Alterations Take Place

By MARY C. HARRIS Staff Writer

Recent developments have resulted in a number of newcomers and changes to the business district in Norlina. Included are two new businesses, Braxton's Audio-Video Shack and Stainback's Unfinished Furniture; two changes in ownership, Country Store and Grill changing to Rose Mart and Currin's Minute Mart changing to Best Bet; and one remodeling/addition, Norlina Clover Farm.

Braxton Overby, formerly part-owner and operator of Country Store and Grill, last week opened Braxton's Audio-Video Shack on Hyco Street between Peoples Bank and Village Pharmacy.

Overby is offering video cassette recorders for sale and also has available for rent a selection of tapes fcr use in the recorders. The VCR's now in stock are of the Panasonic brand but Overby indicated he plans to add other brands in the future. Records and cassette tapes will

also be available for sale later, Overby said.

"We have a big selection of tapes now," Overby added, noting that he plans to keep the latest movies in stock and will get a new selection of movies every two weeks.

Business hours for the audiovideo store are Monday through Friday from 9 a.m. to 6 p.m. and Saturday from 2-6 p.m.

Maurice Stainback has announced plans for the opening of a new business in the recently completed building located next to his car wash on U.S. 1. Stainback's Unfinished Furniture is slated for opening in about a week, Stainback said Monday. Most of the sale items will be solid oak tables and chairs, he said, but other woods will be available also. The shop will specialize but not deal exclusively in unfinished furniture. Available for opening day, he said, are some pieces done in a natural finish. Already in stock also are unfinished solid oak tables and chairs, including rockers and ladderback chairs.

Most of the merchandise will come from vendors in Hickory and Statesville, Stainback said.

Stainback noted that a few years ago he owned a similar business on a smaller scale. Store hours will be announced at a later date, he said.

Rose Oil Company of Henderson has purchased the facility formerly known as Country Store and Grill and since the beginning of April has operated the business under the name of Rose Mart. The Norlina business becomes the ninth Rose Mart now in operation, according to Randy Garrett, manager of the local store.

Garrett said the store will continue to offer the same merchandise which was available under the former ownership. Produce has been added, he said.

Plans for the near future include the addition of a laundromat as well as renovation of the interior of the building. "We plan to add booths to the grill area and make general im-

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Stress Management Aired At Meeting Of 4-H Leaders

By MARY K. JEFFERSON Reporter

"Being Able to Manage Stress" was the topic of the program for the regular meeting of the Warren County 4-H Leaders' Association on Monday night.

Miss Margaret Woods, home economics extension agent, conducted the program. She noted that stress affects the body physically and psychologically through a number of factors in-

Shade Tolerance May Be Factor In Grass Choice

If lack of sunlight is one reason for those bare spots in the lawn, there are some remedies to consider in trying to get something green and growing on them this spring.

Shade can be a limiting factor in getting a good cover of grass established, point out agricultural extension specialists at North Carolina State University.

If turfgrasses must be grown in even light to moderate shade, you should select from among those grasses that have shade tolerance. Of the warm season types, zoysia has some shade tolerance. Of the cool season types, Kentucky bluegrass and tall fescue can tolerate some shade.

There are other factors.

When dense trees and shrub plantings encircle a turfgrass area, wind movement is restricted. This changes the temperatures and relative humidity, and it increases the incidence of disease.

If turfgrasses must be grown under shade, here are some practical steps from the NCSU specialists:

—Select the most shade tolerant turfgrass.

-Selectively remove some trees to let in more light.

-Prune out some of the limbs

in the crowns of trees.

-Raise the cutting height of your lawn mower by 25 to 50 per-

cent when mowing shaded areas.

—Fertilize the grass one and a half to two times the normal

half to two times the normal rate.

-Remove leaves and other

debris promptly.

—Maintain a soil pH favorable

for grass.

—Be prepared to control

diseases.

Finally, don't try to grow grass in areas of 50 percent or more shade.

cluding fear, uncertainty, at-

titudes and perception of self. Management begins with self, Miss Woods pointed out. She encouraged those present to think out any given situation to determine what is best at the particular time, learn how to relax and like oneself, learn to accept what one cannot change, treat oneself to a meditation period, talk about problems with a trusted person and work on one project at a time. "It is better to do one project well than to try to do two and make a mess of both," she said.

Mrs. Portia Barnes, chairperson for the finance committee, expressed gratitude to the citizens of Warren County for their support of the Warren County 4-H Leaders' Association basketball game. She said the leaders were well on their way to reaching their goal. She noted that donations were still being accepted.

The association's Washington, D. C. tour is scheduled for May 31 at a cost of \$27 per passenger. The bus will seat 46 persons and the trip is open to the public. A deposit of \$15 is required by May 12. The bus will leave from the Agricultural Building at 5:15 a.m. and is scheduled to return about 11 p.m.

Glenn Woolard, 4-H extension agent, asked for support on May 17 for the county 4-Hers retreat at John Graham Middle School. The event will include craft workshops and meals during the day and movies at night. He announced a doughnut sale planned for this week and again on June 20 and June 27. The 4-H Congress is scheduled for July 21-25. Woolard also announced the dates for this summer's 4-H Day Camp, June 17-27 at Norlina Middle School and July 1-11 at Hawkins Elementary School, from 8 a.m. to 5 p.m. each day.

George Koonce, 4-H extension agent, congratulated the association for the success of the basketball game, noting that the proceeds help with transportation expenses to 4-H camp each year.

Koonce asked that campers bring their \$20 deposit for camp as soon as possible. He also emphasized the need for adults to sign up to accompany the campers. "It is time to really get busy for County Activity Day," he said. "There is much to be done, 4-H demonstrations, camp, congress, project books and District Day, which will be held in Franklin County," he continued.

The next meeting of the association is planned for May 19.

