

Mrs. White Is Participant

Shirley H. White, of Vaughan Elementary School, is among a group of public school principals from throughout the state who are participating in a new professional-level management course for principals. The Principals' Executive Program, which began in Sept. 1984, is offered by the Institute of Government at the University of North Carolina at Chapel Hill.

The program is designed to teach the skills and provide the knowledge that will help public school principals in managing their schools. The curriculum is organized around 23 major phases of school management, including such areas as long-range planning, leadership, personnel management, effective communication, policy-making, curriculum analysis and financial management.

The current course is the seventh one offered and is being taught in Chapel Hill during four five-day sessions from April through June. Two more identical courses will be provided during 1986. The principals will attend 115 sessions during the 20

days and several evenings they spend in the classroom. The program is the longest in-service residence program for principals in the United States.

The program is being taught by a faculty of 65 including instructional staff from the Institute of Government, the School of Education, the School of Business Administration and the College of Arts and Sciences at UNC-Chapel Hill as well as experts from the Department of Public Instruction, other universities in the state and practicing school administrators.

Participants for the program were selected on the basis of nominations submitted by their superintendents. Each school superintendent in the state was asked to submit at least one nominee.

The Principals' Executive program reflects a legislative judgment that principals are a key factor in the quality of a school. The Institute of Government expects the program to make a major contribution to improved management and leadership in the North Carolina public schools.



Mrs. Yvonne George, health occupations education teacher at Warren County High School, explains how to read a thermometer to students in Mrs. Talley's first grade class at Mariam Boyd. Mrs. George's presentation included a general

discussion on health and activities, which helped the children to distinguish between normal and abnormal body temperature.

(Community Schools Photo by Mary Hunter)

Warren County School Menus Are Released

May 5-9

All schools will have a choice in their menus with the exception of Mariam Boyd and Northside Elementary Schools.

MONDAY—Chicken nuggets w/sauce or pizza, tossed salad, green beans, roll, sliced peaches.

TUESDAY—Smoked sausage or crunchy fish, steamed cab-

bage, baked beans, roll, sliced peaches.

WEDNESDAY—Italian spaghetti or pork chopette, tossed salad w/dressing, pork & beans, hot roll, applesauce.

THURSDAY—Fried chicken w/roll or fishwich, mixed vegetables, cole slaw, fruit.

FRIDAY—Baked ham w/roll, or tuna salad w/crackers, tiny

garden peas, buttered potatoes, congealed fruit salad.

Breakfast

Breakfast will be served grades K-8.

MONDAY—Glazed donut, orange juice, milk.

TUESDAY—Sausage biscuit, applesauce, milk.

WEDNESDAY—Cereal, banana, milk.

THURSDAY—Poptart, juice, milk.

FRIDAY—Pancake w/syrup, bacon, juice, milk.

Stage Band Will Perform

The stage band from Warren County High School will take part in the Capitol Area Arts Festival, an annual springtime event, in Raleigh during May.

The festival, sponsored by the Division of Arts Education in the State Department of Public Instruction, will be held May 5-9 and 12-16 in the center court of Crabtree Valley Mall. The local group will perform May 15 at 1 p.m.

A variety of public school performing groups are scheduled

each day beginning at 11:30 a.m. and ending at 1:30 p.m.

Bands, choruses, dance ensembles and theatre groups are featured on the program and "the sights and sounds should be spectacular," according to Melvin Good, arts consultant with the state education agency.

Good said the annual festival is held to give people in the capital city a look at some of the many aspects of arts education in North Carolina's public schools.

For more information on the festival, contact Good at (919)733-7467.

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Your HEALTH TIP



FROM WOODY KING

Bananas and oranges may not supply enough potassium to balance the loss of potassium caused by certain diuretics (fluid pills) used in the treatment of high blood pressure. A patient who needs 60-80 mg. of potassium would have to eat about a yard of bananas placed end-to-end every day. That person would get all the calories of a large number of bananas, but not enough potassium. Researchers recommend that people on diuretics should take a potassium supplement.

Warrenton, N. C.



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