

CALENDAR

Memorial Service Is Scheduled

The American Legion Limer Post No. 25 will hold a Memorial Service on the Courthouse Square on Sunday, May 29 at 2 p.m. Legionnaires and the public are invited to attend this service.

Firemen Planning Sale Of Stew

The Churchill-Five Forks Fire Department will have a stew sale on Saturday, May 28. The stew will sell for \$3.50 per quart and will be ready at 9:30 a.m.

Health Plan Sites To Be Closed

HealthCo and Warren Health Plan, both sites of the Vance Warren Comprehensive Health Plan, will be closed Monday, May 30 in observance of Memorial Day. If you have an emergency and need to contact one of the center's doctors please call Maria Parham Hospital and leave a message for the doctor on call for HealthCo and the Warren Health Plan to call you. Both sites will be open Tuesday, May 31. The Tuesday hours for HealthCo are 9 a.m. until 5 p.m. and for the Warren Health Plan 11 a.m. until 7 p.m.

Reading Carnival Is Scheduled

The Chapter I Reading Carnival will be held at the John R. Hawkins School Gymnasium on Thursday, May 26, from 7-8:30 p.m. Fun and games will be available for parents and children, including refreshments and door prizes. The event is sponsored by the Warren County Schools ECIA, Chapter I, Reading Program. For more information, contact your child's reading teacher or Mrs. Jennie A. Johnson Franklin, ECIA Chapter I director, at 257-3184.

Eagle Chorus Plans Performance

The Eagle Chorus, under the direction of Howard Stultz, will appear in concert on Sunday, May 29, at 4 p.m. in the Warren County High School Theatre. Selections performed will include those of contemporary and religious orientations, as well as rock 'n roll. There will be no admission fee charged and the public is encouraged to attend.

Anniversary Observance Slated

The Mt. Pleasant Baptist Church of Drewry will celebrate the first anniversary of its pastor, the Rev. Richard M. Henderson, on Sunday, May 29. Pastor Henderson and the Gospel Chorus will welcome the guests with a special Sunday Morning Service at 11 a.m. Following the morning service, lunch will be served in the fellowship hall. The Rev. Dwight A. Parker, his choir and congregation from the Christian Faith Tabernacle Church of Brooklyn, N.Y. will render the afternoon service beginning at 3 p.m. The Mt. Pleasant Baptist Church family invites the public to join them in the celebration of Pastor Henderson's first anniversary.

Retail Sales In Warren County Exceed \$3.8 Million In March

Warren County had gross collections of \$83,151 for the state sales and use tax, according to a March, 1988 report by the North Carolina Department of Revenue. Gross retail sales in Warren totalled \$3,881,060.

Surrounding counties and their figures are as follows:

—Franklin County—\$217,121 in gross collections; \$11,974,033 in gross retail sales;

—Halifax County—\$675,985 in gross collections; \$28,764,032 in gross retail sales;

—Northampton County—\$80,371 in gross collections; \$4,173,843;

—Vance County—\$480,428 in collections; \$20,646,393 in gross retail sales.

Churchwomen Meet

The United Methodist Women of Drewry Church met at the church Thursday night with Becky Paschall as hostess.

The meeting was called to order by the president Mollie Paschall, and a devotion on mothers was given by Becky Paschall.

The Rev. Bryant gave the program on Bible study. The roll was called and each person answered by repeating their favorite saying.

The hostess served refreshments to the seven members present, and the meeting was closed by singing "Blest Be The Tie."

On Dean's List

Miss Lynne Overby, daughter of Mr. and Mrs. James Overby of Norlina, made the Dean's List at North Carolina State University for the spring semester.

She received a 3.6 grade point average on a 4.0 scale.

Oldest Recognized

During a Memorial Day service held on Sunday afternoon at Arcola's Bethlehem United Methodist Church, the oldest member in attendance was recognized. She was Bessie Arrington Gupton, who will be 102 on her next birthday.

Food Poisoning Cases Prompt Extra Precautions In Kitchen

By MISS EMILY BALLINGER
Home Economics
Extension Agent

Do you like your eggs hard-cooked? Government researchers have found food poisoning cases in the Northeastern part of the United States that are related to the consumption of eggs. Since it is not clear how the salmonella bacteria is getting into the eggs, some persons have made the recommendation that no one eat fried eggs that are cooked for less than three minutes on each side.

"That's going a little bit too far," says Dr. Nadine Tope, extension foods and nutrition specialist at North Carolina State University. First of all, the current problem has only occurred in the northeast, and none of the eggs sold in North Carolina supermarkets come from producers or processors located in the northeast.

Secondly, if an egg reaches a temperature of 160 degrees, any salmonella bacteria should be killed. Dr. Tope used a special thermometer and spent a weekend recently cooking eggs. The coolest part of her easy-over eggs only reached a temperature of 130 degrees. But her soft-cooked scrambled eggs, which were very tender but not runny, were at least 160 degrees. All hard-cooked eggs, which were cooked for three minutes, also reached a temperature of at least 160 degrees.

The type of food poisoning caused by salmonella bacteria, called Salmonellosis, produces flu-like symptoms which last from one to seven days. Very young children, very old people and the chronically ill are the most susceptible to food poisoning. It takes few salmonella bacteria to make them ill, while a healthy adult might be able to eat a food with many bacteria without becoming sick.

Any procedure which hard-cooks the yolks should be perfectly safe, and Dr. Tope feels that softcooked eggs that have been properly handled are safe for healthy adults. "Maybe we shouldn't feed soft-boiled eggs to the very young and the very old but we don't really know at this point. There are many questions that still have to be answered."

Salmonella is a problem in North Carolina, but most of the cases don't come from contaminated eggs. The N. C. Department of Public Health had between 125 and 140 confirmed cases of Salmonella each month in 1987. "This is about 10 percent of the total number of Salmonellosis. Half of those outbreaks occurred from food eaten at home and most of them are from cross contamination," Dr. Tope says.

Any food can contain salmonella. Over the past 15 years major outbreaks of salmonellosis have been traced back to smoked fish, powdered milk, poultry, chocolate, hamburger,

eggs, cheddar cheese, roast beef, unpasteurized milk and pasteurized milk. These outbreaks have been caused by improper procedures used by the producer, the food processor or at home. Thus we find it very important that food is handled properly.

Passport Photos The Warren Record

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John R. van Venrooy, D.M.D., M.P.H. is pleased to announce the opening of his practice limited to ORTHODONTICS at Vance Medical Arts Building Henderson, North Carolina (919) 492-6628

Music Festival Slated In Todd

Musicians and music lovers alike from the tri-state area will converge in the town of Todd on June 11 for the annual Todd Fiddlers Competition to be held there, Cary Boshamer, Mountains Impressions, Inc. account executive, said this week.

Area musicians will vie for \$1,500 in prizes that will be awarded in areas of competition that include old-time fiddle, bluegrass band, folk songs, dulcimer, as well as eight other categories.

Those persons attending the festival will also be treated to other types of entertainment. "It will be a true celebration of mountain music and culture," Ms. Karen Pruitt, chairman of the competition, said. Ms. Pruitt also said that a large crowd of performers and spectators are anticipated.

The competition will be held at the old Elkland school which is located 11 miles north of Boone, off Highway 194. The gate will open at 4 p.m. and competition will begin at 6 p.m. In the event of inclement weather, the competition will be held indoors.

Area musicians with interest in participating in the competition should contact Ms. Pruitt at 1-877-1177.