Safety Tips Given In Event Of Severe Weather In County

110 MARGARET W. BULLOCK

Age reultural Extension Service are ernor James G. Martin has specialmed the week of Feb. 19-24 Tornado Awareness Week. Howing what to do during a tornado may mean the difference large en life and death.

u hear a tornado warning, shelter immediately and away from windows. All residents are urged to marize themselves with the ional safety tips which

* Now the tornado season for the area. In a typical year, torned season to develop over the states around February. The by month, they move ward and eastward. April, and June are big tornado his in the midwest, although annel clouds make strike any



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time between March and September. Although tornadoes do not usually occur during winter months, they are technically possible any time of the year. Most occur between midday and 9 p.m.

● Learn to recognize weather signs. Tornado weather is usually hot, humid and oppressive, with southerly winds. Thunder-clouds may be present. An hour or two before the storm, the clouds may have a greenish-black color and may seem to bulge down instead of up. Rapidly moving lower clouds may be shot with lace-like lightning.

• Know what a tornado looks and sounds like. The funnel of a tornado looks like a spinning, twisting rope at its bottom and fans out into a rotating funnel-shaped cloud extending down from the base of a thundercloud. It is usually gray or black. A nearby tornado usually sounds like the roar of a jet plane or a diesel freight train.

Tornadoes usually move from southwest to northeast. They may form in a series of two or more, with a large primary tornado and one or more secondary or lesser storms. A severe thunderstorm out of the southwest often follows the tornado. Heavy rain and hail may add to the damage of the tornado itself.

SAFETY DURING A TORNADO
In Office Buildings: Go to an

• In Office Buildings: Go to an interior hallway on a lower floor, preferably in the basement, or to a designated shelter area.

• In Factories: Go to the section of the plant offering the greatest protection. Someone should be responsible for disconnecting fuel lines and electric circuits. Keep a lookout posted.

• In Homes: Go to a storm cellar, cave, underground excavation or to the southwest corner of your basement. Get under sturdy furniture, if possible.

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If you have no basement, choose an inside wall away from windows and lie flat against it. Central halls and closets are good places. Get under heavy furniture, if possible, to protect yourself from flying glass and debris. If there is time, open windows on the north and east sides of the house (or the side away from the tornado's approach), then stay away from windows.

Keep tuned on a battery powered radio for the latest weather information.

• In Mobile Homes: Go to the nearest community shelter. Mobile homes are especially dangerous during high winds and may be overturned. All mobile homes should be tied down.

 In Schools: Go to an interior hallway on the lowest floor. Avoid gymnasiums and other structures with large, free-span roofs.

• In Shopping Centers: Go to a designated area or lie flat outside in a ditch or on low, protected ground. Do not stay in your car, since it is an unsafe place during a tornado.

• In Open Country: In a car, try to move away from the tornado's path at right angles. (Face the tornado and move directly to the right or left of it.) If you have no time to escape, lie flat in the nearest ditch, ravine, culvert, or under a bridge.

Warren Jobless Rate Shows Jump

Warren County's unemployment rate increased a full percentage point between the end of last December and the end of January of this year, a rate of increase far less than that experienced during the same period by its neighbors, a report released recently by the Employment Security Commission of North Carolina has shown.

According to the report, Warren's December rate of 3.8 percent had increased to 4.8 percent by the end of January, 1989.

The figures for Warren's neighboring counties (with December percentages shown in parentheses) are: Franklin—4.3 (3.5); Halifax—6.2 (4.2); Northampton—6.0 (3.7); and Vance—8.0 (5.7).

Families who are short on cash can stretch income by substituting time and talent for money.



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The Coordinating Council for Senior Citizens of Warren County is a non-profit organization providing many services and opportunities for the elderly—especially those persons who are economically, physically or socially disadvantaged. Services provided include: information and referral, outreach, chores, transportation, telephone reassurances, respite care and weatherization, along with many educational and recreational programs. The council staff is assisted by local volunteers. Members of the Coordinating Council (seated, left

to right) are: Miss Sadie Yancey, treasurer; Mrs. Wilhelmenia Burnette, vice chairman; Mrs. Eleanor Hayes, chairman; Mrs. Sophese Hawkins, assistant secretary; and Mrs. Irene Hinton. Shown standing, left to right, are: Mrs. Virginia Andersen (secretary), Mrs. Rosha McGill, Mrs. Bertha Walker, Mrs. Geneva Fitts, Miss Mary Patillo and the Rev. Francis Alston. Not shown are Mrs. Bessie Fitts, Mrs. Nancy Boyd and Mrs. Cora Watson.

(Staff Photo by Howard Jones)

Two Events Of Interest To Area Producers Outlined By Campeau

By DAN C. CAMPEAU Assistant Agent

Agricultural Extension Service Two events, which are expected to be of interest to area producers, have been planned by the Warren County Agricultural

Extension Service:

• The Warren County Agricultural Extension Service, in conjunction with the Warren County Livestock Association, has invited guest speaker Richard Lichtenwalden, area beef cattle specialist from North Carolina State University, to give a presentation entitled, "Grouping Cattle According to Nutritional Needs." A dinner, sponsored by Buddy Farror of Farror Feed Mill Company, will start at 6:30 p.m. at the Rafter's Restau-

Marijuana Film Is Shown Members

By CYNTHIA PERSON Club Secretary

Club Secretary
Agricultural Service Extension
Agent Phil McMillan presented a
film concerning marijuana during the most recent meeting of
the Ridgeway Lucky Clover 4-H
Club. We learned that marijuana
can damage the body. The drug
can cause hallucinations and eat
away at body cells in the way that
ticks assault animals. Now that
we have seen the film, it will be
easier for us to recognize marijuana and stay away from the
drug.

Michael Riggan, club president, called the 51 members present to order. The following new members were welcomed: Clanton Harrison, Travis Harrison, Derrick David, Bryan Suitte, Perry Robinson, Kimberly Reid and little Phyllis.

Jackie Higgins led all present in a song and Kathleen Foster led the prayer. All present repeated the Pledge of Allegiance to the Flag and the 4-H pledge.

Prior to adjournment, members repeated the club motto, "Making The Best Better," and refreshments were served by Cathleen and John Lee Foster.

WCHS Grade Named On President's List

Danny Bland, a 1982 graduate of Warren County High School, has been named to the President's List at Wake Technical College in Raleigh. To receive the honor, students

must maintain a 4.0 average throughout the quarter of study.

Bland is working toward a

Bland is working toward a degree in mechanical drafting and plans to graduate Aug. 18 of this year. He is the son of Ed and Betty Lou Bland of Lake Gaston.

Fats are the most concentrated source of calories in foods. A teaspoon of margarine has 36 calories, while a teaspoon of pure sugar has 16 calories.

One ounce of almonds has 167 calories. Most of these calories come from fat.

rant on March 15. After the meeting, a short business meeting will be held for those persons with interest in joining the Warren County Livestock Association. Please call Mrs. Ella Moore, extension secretary, by Tuesday, March 15, if you wish to attend. We look forward to seeing you there.

 Warren County's livestock producers are invited to attend the Area Cattleman's Conference to be held on March 23 at the Granville County Agricultural Extension Office. The session will begin at 10 a.m. Topics to be discussed will be herd health, sire selection and crossbreeding. A panel discussion has also been planned.

For further information, call the agricultural extension office at 257-3640.



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