

### WHO SAID

"I am not a Virginian but an American."

HAD Patrick Henry lived 50 years later than he did, would we have clung to his assertion that he was a citizen of the United States, rather than of Virginia?

It was on this question of whether the citizens of the United States were citizens of the nation or of the state in which they lived that the Civil war was fought and finally decided in favor of those holding to the theory here enunciated by Patrick Henry.

Of course, Patrick Henry lived before the real development of the nation into states. They were but loosely organized colonies before the Revolutionary war and their structure had not changed greatly before death claimed the renowned orator. Had Patrick Henry lived later in the his-

### ABBREVIATED STORY

#### THE LEAD PENCIL

TWO days ago I was a beautiful, brown pencil, hale and hearty and of full stature, with my name, "Writ-easy, No. 6," printed on my sleek side in letters of purest gold. I hadn't a single care in the world, and my heart was full of love for all human beings—for was it not to humans that I owed my lovely shape, my long sturdy bar of unbroken lead and my soft, firm wood?

Today I am a miserable abandoned stump without even a point. My gold name has been cruelly hacked off, even to the capital W.

For a woman tried to sharpen me. If I had been wise I would have struggled out of her hands as soon as she borrowed her husband's penknife—struggled out of her hands and slipped down a crack to an eternal dark oblivion that at least would not have robbed me of my shape.

At the first inch of wood and lead that she hacked off, she said: "Something must be the matter with the wood."

At the second inch she said: "Something must be the matter with the lead."

At the third inch she said: "Something must be the matter with the knife."

At that I faltered from pain and humiliation, and awoke a scraggy cast-off stump of my former self.

And a confirmed woman hater.

### SOMETHING TO THINK ABOUT

By F. A. WALKER

#### MENTAL ATMOSPHERE

WHATEVER it may be with regard to your idea of peace of mind, quite apart from wealth and position, you will soon or late discover that the mental atmosphere in which you move from day to day has a great deal to do with your happiness.

You cannot experience those delightful seasons of peace, joy and harmony which come frequently to the souls who habitually indulge in right thinking, unless you, too, live and work in a spiritual and mental sunshine, attuned to the glorious harmonies which are all about you, waiting for you to clasp them in your hands, press them to your heart and accept them as your own.

You may grope for a solution of life's problems year after year, but you will not find it until you climb to the hill-tops and get in a cleaner atmosphere which has a mystic way of its own in clearing the vision and lightening the heart, even when the skies all

### THE YOUNG LADY ACROSS THE WAY



The young lady across the way says she always has stood and always will stand for the open window in China.

tory of his country it is quite likely that his intense love for Virginia would have caused him to alter the declaration quoted above.

Patrick Henry was born in Virginia in 1736. He was given a good education and in 1760 he was admitted to the bar of his native state. Henry's ability soon became evident. No other public speaker of his time could surpass him in his hold upon his audience and his impassioned addresses played a prominent part in lining up the colonists against the British. He was one of the most bitter opponents of the Stamp Act and it was his repeated speeches against it that made its enforcement practically impossible.

The one declaration best remembered of this orator is the famous one: "I know not what course others may take; but as for me give me liberty or give me death."

Patrick Henry died in 1799.—Wayne D. McMurray.

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#### Sign for Manuscript

MS means manuscript. MSS is simply the plural, meaning more than one. M.M. means Maelzel's Metronome. It is wrong to suppose that it stands for Metronome Mark, although of course the letters may be so interpreted, but then they stand for a number of other words also.

### MOST WELCOME

By DOUGLAS MALLOCH

FAME, pass me by, and, wealth, elude My eager grasp, and what's all that? The stare is often only rude.

And greatness only wondered at. I would be great another way, So great that other men would say, "I never knew a man so kind, For such a friend you seldom find."

Yes, wealth, elude my eager hand, And will it matter, after all? Who builds upon the golden sand

May only build a house to fall, I would be rich another way, So rich that other men would say, "Though little is the wealth he spends, No mortal has so many friends."

Yes, wealth, elude, fame, pass me by, Though both a man may well desire, But let me know that always I Am welcome at another's fire.

I would be famous in a way, So famous other men would say, "Though Croesus come, a king be host, He is the one they welcome most."

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### Lore for Dog-Owners

By Albert Payson Terhune

#### TRICKS FOR THE PUPPY



Old Man Negley Repeated Over and Over, "Lie Down, Lie Down."

OLD MAN NEGLEJ had promised Colonel Prouse to come to the colonel's fine street house, after work hours, to begin the education of his six-month collie pup.

The colonel had made a false start in this education by losing his temper at the puppy. Thus for the first few minutes after his own arrival in the Prouse yard, Old Man Negley contented himself with romping with the youngster and feeding him bits of cracker from a capacious side pocket.

The little collie was in a gay and friendly mood by the time the old man (still in the same tone as when they had been playing), said to him: "Lie down!"

He accompanied the words by a softly steady pressure of his gnarled hand on the pup's loins. Bit by bit, under that friendly pressure, the puppy sank to a sitting posture; Old Man Negley continuing to repeat over and over:

"Lie down. Lie down. Lie down." As the collie seated himself, the pressing hand was shifted to his shoulders; the old man never ceasing to repeat: "Lie down."

As at last, under this light pressure, the puppy's forefeet slid forward and he lay at full length, Old Man Negley praised him extravagantly and noisily; petting him and feeding him morsels of sweet cracker.

The collie realized he himself had done some highly praiseworthy thing; even if he did not yet know what that thing was. And, being full of vanity, he was tremendously pleased with himself.

A second and a third and fourth time the old man repeated the performance of making the dog lie down, by pressing alternately his loins and shoulders and by saying the same words over and over again; ever rewarding the completion of this by much praise and by fragments of food.

Inside of ten minutes it began to dawn on the clever baby's mind that the act of lying down had something to do with all this praise and petting. Wherefore, in an experimental fashion, he proceeded to lie down at Old Man Negley's command. The old man was dramatically loud in his delight at so wonderful a performance.

On his next order to lie down, the puppy eagerly dropped to the ground. And the praise and the feeding were repeated.

"That's all for today," announced Old Man Negley. "We won't make him do it again; but we'll stop while he's still proud of himself and while it's a stunt and not yet a chore. I'll be around tomorrow."

On the next day the young collie lay down the second time he was bidden to, and after a single hand pressure. He did the same thing five times, in intervals of a romp, during the next quarter hour.

"He knows it, now, colonel," reported Old Man Negley. "Tell him to do it about three times a day for the next week. By that time it'll be rooted in his mind for life."

The following afternoon's lesson was given up to teaching the puppy to shake hands.

This was far easier of achievement; since the offering of a friendly paw is one of a puppy's natural gestures. Sitting in front of the collie, Old Man Negley would pick up one forepaw, repeating "Shake hands. Shake hands. Shake hands," throughout the operation; and then giving the former word of praise and food.

After the third attempt, the puppy's attention began to wander. At once the old man fumbled in his pocket for food and gave the collie a stick to race after.

In another few minutes, he recommenced the lesson. And, in short time, the collie was shaking hands to order with the effusiveness of a politician.

By the end of the fourth lesson the dog had not only mastered these first two tricks, but was going through them with the concerted delight of a

child who has learned to pick out a tune on the piano.

Then Old Man Negley began all over again to teach him to lie down, this time pointing downward with his finger every time he gave the command. Soon the pointed finger sufficed, without a word being spoken. The gesture alone was enough to make the collie drop to earth.

Later this was varied by the pointing of the finger to various nearby spots; and the pup learned to lie down in whatsoever place the finger indicated. In like manner the stretching out of the hand, with no verbal command, was the only signal needed to make him "shake."

From this, Old Man Negley went on to one of the simplest and yet most difficult-seeming tricks that can be taught to non-trick dogs.

Taking between his fingers a bit of food, he held it in front of the collie's nose. The dog stepped forward to get it.

Old Man Negley drew it slowly away, moving his hand in a circle so that the pup also followed the food in a circle.

"Waltz, Waltz, Waltz," bade the old man throughout the maneuver. As the circle was completed, he gave the fragment of food to the pursuing puppy, praising and patting him as usual.

Again and again he repeated this circular gesture, together with the endless iteration of the word, "Waltz." Presently the collie grew confused; and no longer showed the same zest for following the food. As before, Old Man Negley stopped and began to romp with him.

But by the next afternoon the dog was following in a circle a hand that held no food. Having learned what was required, he no longer needed the titbit to lure him on. The moving hand was enough, though Old Man Negley always rewarded the completing of the circle by praise and a gift of food.

By the third afternoon the pace was increased, so that the pup now turned swiftly, as on an axis, in following the fast-circling hand. On the fourth day there was no need to move the hand. At the command, "Waltz!" the puppy spun about in circles.

"I don't care for trick dogs," said Old Man Negley, as the lessons came to an end. "Some do; but I don't. I believe in training a dog to do one or two such things; to brighten up his mind. But after that I never teach anything except what is likely to be useful to him or to his master, in the ordinary run of life."

"Colonel, this pup of yours has begun to learn. What's more, he's begun to love to learn. He'll be more eager now for you to teach him than you'll be to do it. And he'll master any simple stunt you want him to."

"Only, just keep on remembering that you can spoil a dog forever by losing your head, when you're educating him; and by teaching him to cringe instead of to be happy."

"That isn't mollycoddle talk. If a dog does wrong, punish him. But punish him for his own fault; not as a vent for your temper. Light punishment has just as good an effect as heavy. A slap on the hip is better than a kick in the ribs."

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#### Eve's Apples Grow in Ceylon

Trees that are said to bear what the Mohammedans regard as "Eve's apples," flourish in Ceylon, but are difficult to grow elsewhere, says Popular Mechanics Magazine. The blossom has a pleasant odor, but the fruit, which resembles an orange on the outside and is a deep crimson within, is poisonous.

The apples are dented as though a piece had been bitten out of them. Naturalists have been unable to explain this phenomenon. The Mohammedan belief is that the mark and the peculiar coloring of the fruit are warnings against its noxious properties.

### SCHOOL DAYS



their simple grace and beauty arouse the admiration of the world.

You may have priceless talents, but they cannot long survive in a tainted atmosphere, for like the peach and the rose, they must have the helpful sunshine, the pure rain and dew, to develop their full sweetness; they require an atmosphere suitable to their proper growth and development.

You may have a wonderful mind, but unless you live in the right atmosphere, keep it in touch with other minds and burnish it by constant use and rubbing, it will sicken, mildew and perish among the vanities of which life turns from exaltation to despair.

If you would have understanding, a frank interest in accomplishment, two or three good friends and success in heaping measure, you must live and work continuously in an uncorrupted mental atmosphere, otherwise your little journey through this world will terminate in disappointment.

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### Mother's Cook Book

Is life worth living? I think that question has been answered for good and all. The cost has been more than doubled, and we still hang on.—Louisville Courier-Journal.

#### SAVORY FOODS

A FLANK steak, when carefully prepared, makes a most appetizing dish. Pound the meat until the fibers are well broken, rub with three table-spoonfuls of butter or cooking oil; when the oil is absorbed fry in a hot iron frying pan. Place the browned meat in a casserole, rinse out the pan with two table-spoonfuls of boiling water and pour it over the meat. Add one bayleaf, one clove of garlic, two teaspoonfuls of salt, two table-spoonfuls each of minced celery, green pepper and carrot. Add two cupfuls of boiling water and in the last half hour of cooking six medium-sized potatoes. Cook two and one-half hours. Thicken with a table-spoonful of flour mixed with a little cold water.

#### Savory Casserole of Mutton.

Cut a slice of mutton from the middle part of the leg of a yearling—have the slice two inches thick. Remove the bone and fill the cavity with minced onion or celery. Dredge with flour and salt and pepper. Prepare in the bottom of casserole a rich gravy of one cupful of brown stock, one-half cupful of currant jelly, a dozen chopped olives, six peppercorns, three whole cloves, one table-spoonful of lemon juice. Thicken when boiling with one table-spoonful of flour mixed with a little water, to a paste. Lay into this the round of mutton, spread

the top with beef marrow, cover the casserole and bake for an hour and a half in a moderate oven.

#### Fowl Supreme.

Clean and cut up a six-pound fowl, leaving the breast in one piece. Add salt and steam one and one-half hours. Remove the breast, leaving the remainder of the meat to cook. Place the breast skin-side up in a casserole without water. Put on the cover and cook one hour. Do not remove the cover while cooking, as the steam escapes and also the flavor and the meat will be toughened. Cut the dark meat into cubes and add to a pint of white sauce. Place the breast on a serving dish with a head of cooked cauliflower; surround with sauce and garnish with toast points.

#### Chicken and Spinach Soup.

Wash and pick over two pounds of spinach and cook in one-half cupful of butter until tender. Add one-half cupful of flour, mixed with salt and pepper to season. When thick rub through a colander and add two quart of chicken stock. When it comes to a boil serve in cups garnished with whipped cream.

#### Blushing Apples.

Cook after washing and coring good flavored apples. Fill the centers with cinnamon candies, tasting during the baking.

Nellie Maxwell

### "THE FOUNDATION OF HIS HEALTH"

Among the thousands who have publicly expressed indebtedness to Tanlac for normal weight, health and strength, is A. R. White, who recently said:

"The foundation for my present excellent health was laid by Tanlac. For months I had been run-down. I had lost all enjoyment for food and suffered great discomfort from indigestion. My liver was sluggish and that tired feeling was on me all the time.

"Three bottles of Tanlac relieved my troubles and started me off with a system so thoroughly toned up and renewed that I soon found myself feeling like a new man."

Tanlac is for sale by all good druggists. Accept no substitute.

Tanlac Vegetable Pills for constipation; made and recommended by the manufacturers of Tanlac.

### TANLAC FOR YOUR HEALTH

#### And Most Fishes Are Not Easily Shocked

A California banker said on his recent visit to New York:

"California is the most beautiful state in the Union. Think of our girls. Nearly all the movie stars are California girls. And think of our fish. If you could see, young man, our jeweled fish swimming in the transparent waters at Catalina among the pink and the green and cream-colored corals! Why, we actually have in California fish that blush."

The banker chuckled at his own enthusiasm.

"Of course, it's no wonder they blush," he said, "considering the bathing suits some of our beautiful sirens wear."

#### DEMAND "BAYER" ASPIRIN

Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years. Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

#### The Improvement

Jones goes to his favorite links every summer for a golfing holiday. This year, being fortunate enough to secure the service of the caddie who had assisted him the summer before, Jones said to him, "Well, Jimmie, do you notice any improvement since last year?"

"Yes, sir," replied the youngster. "I see you've had your clubs cleaned."—Boston Transcript.

#### Strong and Active at 78.

Hanford's Balsam of Myrrh has healed Cuts, Burns, Bruises and Sores on man and beast during all those years. 3 sizes.—Adv.

#### The Real Question

"Just this way, sir," said the courteous clerk in the railway ticket office. "Let me show you some summer guides entitled, 'Where to Go' and 'When to Go.'"

The man with the modest income shook his head.

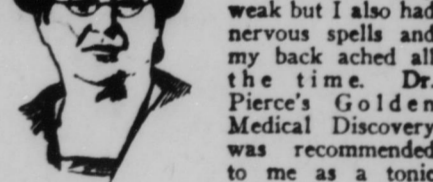
"They don't interest me," he sighed. "What I want to know is 'How to Go.'"

#### Unable to do Housework!

Gastonia, N. C.—"After motherhood my strength was so slow in coming back that I could not get around to do my housework for three months. I was not only weak but I also had nervous spells and my back ached all the time. Dr. Pierce's Golden Medical Discovery was recommended to me as a tonic and builder and I

only had to take one bottle of this medicine to be restored to good health. I gained in weight so that my friends scarcely knew me."—Mrs. Ella Haynes, 106 S. Liberty St. All druggists. Tablets or liquid.

Write Dr. Pierce's Invalids Hotel, Buffalo, N. Y., for free advice.



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#### Your Complexion Needs

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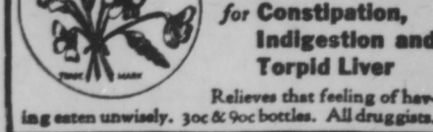
Table with 2 columns: Regular Price, Special Price. Items include Cleansing Cream, Nourishing Cream, Clay Cleanser, Face Powder, Toilet Table Cream, Rouge.

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Relieves that feeling of having eaten unwisely. 30c & 60c bottles. All druggists.



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