BEAUTY AIDS FOR MILADY

$S^{\text {HoOT }}$ your heads onto about. A new auto matic curler thalooks like a gun minus the trigger has just been invented. It makes nice great hurry and puts a boby-pin on, at the same time, up close to the scalp, so the curl can't un-
wind, wiggle or othwind, wiggle or oth-
erwise get loose until it is dry. It is shown below.
Luther G. Simjian, formerly director of the photographic division of the Yale Medical School and inventor of a sucera, has just perfected a mirror which enables a woman to see herself as others see her. One mirror rotates
through an arc of 180 degrees. As it rotates, it is adjusted by a series of gears, so that one's image is at all times retionary mirror, atdressing table. The round mirror is moved by means of a wheel directly under the edge of the chair.

## Plan Your Yob and Get Ot!

Liver Dumplings

## Served With Soup

Hor strong clear soup with liver dump--you'll make it a babit after the first thyoull.
Liver Dumplings: Four to 6 servings Ingredients: 1 lb . calf's liver, 1 tablespoon butter, 1 small onion, 2 eggs, dry bread raspoon teaspoon ground cloves and $1 /$ teaspoon marjoram, salt and pepper. for 15 minutes. Drain, and remove all membranes or fat. Chop fine or put through meat chopper. Add cloves, marjoram, salt and pepper. Chop onion very fine and add, then melt butter and add Mix well. Beat the eggs well, add to paste and work in bread crumbs. Begin with about a paste which you can shape. Roll into balls about 1 inch in diameter for soup; if you want to serve these liver dumplings along with the main course, make them as large as a small orange. Drop into your


Contrasting Colors Will Give Modern Room Dignity and Poise
$R^{\text {USSEL WRIGHT, that intensively }}$ R American designer, has just created a reed and metal bridge lamp which is adjustable in a semicircle.
The finish of the metal parts is of a the shade are bound in natural reed The top of the shade is covered with an eyeplate of metal, also finished in brown, which keeps an ugly glare from beating against the ceiling.
Beige and old ivory with a little deli-

cate pink are combined with red mahogany, a red velvet rug and cocoa silk to produce the rich and core
living room shown here
The walls are covered with stretched cocoa-silk, the built-in bookeases are in red mahogany and a portrait over the mirror is in brown, wine red, flesh and subtle pink The figurines are old ivory while the lamps, and the mantel are done in a cooling flat white
That large modern chair, deep, restful
and spacious, is in beige. The total effect of the rich colors contrasted with the dignity for the modern lived-in American home.
$T^{\text {HERE }}$ are some new window tricks worth noting. Have you seen those shades with washable and shower-proof surface which are guaranteed not to crack or crease? Or the interesting shades which are accordion-pleated in Venetian blind effect?
If you select Venetians, you will find the new ones much lighter than before and done in far sunnier colors. You can purchase, ready to install, wooden cornices painted or stained harmonize with the decide on the roller shade, you will find the new ones with the outside surface in green while the roomside surface is done in damask, chintz, painted, or in any effect you can hope for
Derek Patmore is an English decorator who has achieved an excellent reputation in the United States also. He has had and is now serving as adviser to American manufacturers of home furnishings. His newest book, "I Decorate My Home" (Harpers: $\$ 3$ ), contains easily understandable advice on home arrangement for


SARA PENNOYER

## Be Graceful!

You may think your face is your forI tune, but unless your spine is straight and strong your beauty will pass rapidly.
That is the first secret of physical poise. Tell yourself that your spine is made of a long series of cups and saucers piled of imagery will help you in your conscious efforts to keep the spine straight, to keep those imaginary cups and saucers piled up without tumbling. When you walk upstairs, do not bend forward, keep the back erect; do your climbing with your foet and kisy it is to walk be surwith the torso erect. Remember this little fact, too. Between your hands and the object on the floor which you want to pick up, there are your knees. Bend yo'ir knees, not your
back. Try it right now. Drop a nandback. Try it right now. Drop a hand-
kerchief, and try to pick it up without kerchief, and try to pick it up without
bending your spine. Easy, isn't it! Now try the exercise of sitting down in chair without bending over like the letter C. Keep that spin straight, lower yourself into that chair gracefully. Try these three practical exercises right through your working day. Keep times in mind and practice them a few weeks and you will slowly begin to feel more graceful,


