

THE ZEBULON RECORD

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NORTH CAROLINA, VARIETY VACATION LAND

The State Department of Conservation and Development has just issued a booklet of views and sent us a copy. It starts with the Atlantic Ocean, gulls, and the Wright Memorial and ends in the Smoky Mountains with rhododendrons and Lake Santeetlah. As one turns the pages he

begins to wonder and wish before he remembers that all these wonderful glimpses from nature are to be found almost at his doorstep. But the scenes are mostly from sports and nature, something to appeal to the tourist and visitor. That is all well and good, but Senator Bailey has expressed the conviction about the sort of advertising that will do North Carolina the most good. The big mountains in the west, the fine sports of the Piedmont, and the surf of the east are all worthwhile things to entice the tourist, but as Senator Bailey so well says below there is something far more important to tell the world:

"I think the opportunity lies by way of giving North Carolina a place in the minds of the American people as a State in which a man's property will be safe, in which his right to work will be respected, in which his earnings will not be wantonly taken away from him, in which equality under the law will be maintained and in which he and his wife and his children may rest assured of that security which comes from the sense of law and confidence that the governing powers will govern according to the law and will permit no break-down of the law."

MILK

Milk is a very important food, which contains the necessary elements for a well-balanced diet. Fresh, good, wholesome milk should be a part of the daily diet for both young and old; the underweight and overweight. When used as it should be, with other foods, it will materially aid in bringing the underweight up to the normal weight, and be used to bring the overweight down to normal weight.

The purpose of this article is not especially to point out the value of milk as a food, but to urge the public to acquaint itself with the quality of milk used.

The Wake County Health Department only recommends milk sold by approved dairies, producing Grade A milk. For the last quarter, ending June 30, the average bacteria count was most gratifying. Of the 19 dairies selling raw sweet milk, 10 had an average bacteria count of 11,000 and under. The 4 pasteurizing plants had a bacteria count of 11,000 and under. In other words, 14 of the dairies and dairy plants selling raw and pasteurized milk, had an average bacteria count of 11,000 and under. There was not a single dairy that had a higher average bacteria count than 26,000 for the quarter.

When this report was presented to the Wake County Board of Health, it was highly pleased with the quality of milk being distributed by the dairies and dairy plants in Raleigh and Wake County. But this is not all — all of the 23 dairies and dairy plants, with the exception of one, had a butter fat average of 4 or more, and some as high as 5.30 per cent. So, in addition to these dairies and dairy plants putting out safe milk, they are putting out a milk with a high butter-fat content.

All cows supplying milk to the public are tested for tuberculosis and Bangs' Disease. It is gratifying to know that we have not had a reactor to tuberculosis in Wake County for a number of years. The number of cows reacting to Bangs' Disease is becoming lower and lower. When a reactor is found, it is immediately removed from the herd and slaughtered.

Those who keep a cow to supply the family needs should know the quality of the milk, by applying all the tests necessary to determine the state of health of the cow, and to observe all the rules necessary to produce safe, wholesome milk. Milk from family cow is not permitted to be sold or vended in the City of Raleigh. This is as it should be, because it cannot be supervised.

Patronize our advertisers.

Eastern Carolina Mats Open Today

Long months of nearly ceaseless toil are now drawing to a close for eastern Carolina tobacco growers. Beginning today they can now exchange their golden leaf for the cash required to sustain them and their families until another harvest period rolls around.

Many Nash farmers have been endeavoring to have loads ready for the market opening today and if last year's average price of \$2.85 prevails this year, it is estimated farmers in the New Bright Belt will receive at least \$65,996,250 though it is expected that the average will be higher and the income correspondingly greater.

Fourteen markets with 65 warehouses are in the belt that opened today. They are Wendell, Ahoskie, Farmville, Goldsboro, Greenville, Kinston, Robersonville, Rocky Mt., Smithfield, Tarboro, Wallace, Washington, Williamston and Wilson.

TIME TO PLANT FALL AND WINTER GARDENS

Farm families who wish to enter the fall and winter garden contest sponsored by the State College extension service are urged to start planting their gardens as soon as possible.

The first step recommended by extension specialists is that of preparing the soil and supplying it with plenty of stable manure or other organic matter.

Among the vegetables that may be planted in August are: Broccoli, mustard, Swiss chard, endive, lettuce, cauliflower, cabbage, turnips, carrots, beets, celery, collards, snap beans, lima beans, sugar corn, and tomatoes.

Broccoli, cauliflower, and Chinese cabbage may be planted in hills 15 inches apart, or the seed may be sown in plant beds and transplanted later. Side dress the plants with nitrate of soda three to four weeks after transplanting.

Sow celery in plant beds and cover with burlap or heavy paper, but remove the covering as soon as plants appear above ground. Transplant to field 6 to 8 weeks later. Set plants in double rows 6 to 8 inches apart.

Celery will not mature in acid soil. Wood ashes or hydrated lime broadcast over the soil a month before plants are transplanted will aid in maturing the celery.

Lettuce may be sown in seed beds partially shaded during the day. Cover bed with a layer of wood litter and water thoroughly once a week. Transplant to a partially shaded plot, and give a side dress-

ing of nitrate of soda a few weeks later.

NOTICE

The Wakelon Theatre
Is Rapidly Nearing Completion and Will Open for
Business About Wednesday of Next Week.

WAKELON THEATRE
Zebulon, N. C.

NEW FALL STYLES ARE HERE

PAY OUR STORE A
VISIT TODAY AND
Look Over the Most Complete
Stock We've Had In
Years.



MILLINERY
SHOES - HOSE
DRESSES



JUST ARRIVED—MEN'S
NEW FALL SUITS
OVERALLS — COATS &
JUMPERS — TIES —
SHOES & HATS

"KNOWINGLY WE WILL NOT BE UNDERSOLD"

SHORR'S DEPT. STORE

Zebulon, N. C.

FALL FURNITURE



Three piece Living Room outfits as low as \$65. The one pictured is a most attractive set, upholstered in green, blue or burgundy mohair with down filling.

TRADE IN YOUR OLD FURNITURE

STOVES — RANGES — FRIGIDAIRE

Zebulon Supply Co.

ZEBULON, N. C.

Fall is the time to refurnish your home. You'll be staying in more with Fall and Winter — more company means a need for a smart and comfortable house. National Furniture Week provides an ideal opportunity to select of the latest designs at these unusually attractive prices.

Complete suites for the bedroom now being offered for as little as \$59.

