

What To Look For This Fall

From The Chat—Published by the North Carolina Bird Club.

So many of our members have written the Editor asking him how to study birds, and whether such and such information was important, that he offers these suggestions. Keep a list of the birds you see this fall and the dates on which you see them. Some of these birds you see are Permanent Residents of your community; they are with you all through the year. Of the 115 species of birds listed by C. S. Brimley as having been seen around Raleigh up to 1930, 46 are permanent residents. If you do not know which birds are permanent residents of your community, you can soon learn them by checking your list to see which birds you have seen every month.

The other birds on your list may be divided into four groups: Transients, or birds that have nested farther north and are passing through on their way to their winter home; Winter Visitors, that have nested farther north and will winter in your locality, leaving you in the Spring; Summer Visitors, who have nested locally and will leave this fall to spend the winter farther to the south; Stragglers who just happen to come into your community because of a storm or happen to wander off their beaten course.

The Transients: Since these birds will spend a few days or a few weeks with you, it will be interesting to note when you see them first and also the last date on which you noticed them. You may not know which birds on your list are transients, so the ones seen at Raleigh are listed below according to the first dates on which Brimley noted them. Your list will not be identical of course, but this may serve as a check. It was too much trou-

ble to give the departure dates for all, so only the month of arrival and the approximate order is given. In August: Barn Swallow, Bobolink Chestnut-sided Warbler, Blue-winged Warbler, Sora, Osprey, Blackburnian Warbler, Veery and Baltimore Oriole. In September: Pigeon Hawk, Scarlet Tanager, Black-throated Green Warbler, Magnolia Warbler, Black-throated Blue Warbler, Long-billed Marsh Wren, Bicknell's Thrush, Blackpoll Warbler, House Wren, Olive-backed Thrush and Connecticut Warbler. In October: Gray-cheeked Thrush and Rusty Blackbird.

The Winter Visitors: The important date for these is the first time you see them. Next spring you will be interested in how late they stay with you, but just now it is when they arrive. They arrive in Raleigh as follows: In August: Piedbill Grebe and Marsh Hawk. In September: Cowbird, Redbreasted Nuthatch, Yellow Palm Warbler, Savannah Sparrow, Wilson's Snipe, Bewick's Wren, Winter Wren and Yellow-bellied Sapsucker. In October: White-throated Sparrow, Song Sparrow, Towhee, Ruby Kinglet, Brown Creeper, Golden-crowned Kinglet, Swamp Sparrow, Vesper Sparrow, Myrtle Warbler, Hermit Thrush, Pipit, Fox Sparrow, Junco, Purple Grackle, Purple Finch and Coot.

The Stragglers: No one can say which birds will fall in this class. Any of the more than 600 species in America may come to your locality. If you list a bird about which you are not sure, write THE CHAT and we will tell you what we know about it.

The important thing to the North Carolina Bird Club is that you will add to the knowledge of the distribution of the birds over the state and also help C. S. Brimley who has been sending migration records for the state to the Biological Survey for more than fifty years. So send in your list.

Offers Suggestions For School Lunches

The school lunch should be appetizing as well as nourishing, to tempt the youngsters to eat a sufficient amount of the right kinds of food.

A well packed lunch is not difficult to prepare, but it should be given care and thought.

About one fourth of the child's food requirements for the day should be supplied in the school lunch. The lunch should be considered along with other meals of the day in balancing the diet.

Three or four kinds of foods are enough for a lunch. Suitable foods to select from are:

Sandwiches made from day-old bread, preferably whole wheat, lightly buttered and with fillings made from chopped eggs, minced meats, cheese, chopped nuts mixed with cheese, jam, or vegetables.

Fruits either raw, stewed, fresh, or dried, junkets, cookies, small amounts of home-made candies, or milk chocolate.

A hot dish such as cocoa, creamed dishes, creamed soups, carried in a thermos bottle or made and served at school.

The lunch should be carried in a ventilated container that can be washed and scalded, and which includes a thermos bottle. Select foods that pack well and will taste

good when cold.

Paper napkins, waxed paper, and screw top jars for salads, stewed fruits, and the like will facilitate packing the lunch in an attractive way. Food to be eaten first is placed on top.

W. R. Wilkerson of Person County has purchased a 1000-pound Jack from Tennessee in the program to produce Person County work stock in Person County farms.

CHERRY BLOSSOMS

Although it is not so unusual to see a few cherry blossoms in the fall or late summer, it is rare that one bears such a crop of blooms as the one on the Richardson farm near the John Broughton home now shows. The abundance of white petals is beautiful, but gives the beholder a queer feeling because of the inappropriate time it appeared.

QUESTION: CAN PEOPLE REALLY TELL THE DIFFERENCE IN CAMEL'S

ANSWER: CAMELS ARE THE LARGEST-SELLING CIGARETTE IN AMERICA!

COSTLIER TOBACCOS?

LARGEST-SELLING CIGARETTE IN AMERICA!

THE pleasure you get out of a cigarette depends on the quality of the tobaccos put in it. And in Camels that means FINER, MORE EXPENSIVE TOBACCOS—Turkish and Domestic. If you are not a Camel smoker, try them.





JUST WHAT YOU WANT

KANNAN'S DEPT. STORE

Make your visit to the Fair both pleasant and profitable. Go. To the Fair—Come to Kannan's and buy your winter suit, Shoes, top coat, underwear.

We can fit you and please you in quality and price.

The Ladies' and Gentlemen's outfitters—head to foot.

"KANNAN'S ON THE CORNER"
ZEBULON AND SPRING HOPE



ELEC THRIFT

Announces

THE

ELECTRICAL DEALERS

MISSING WORD

CONTEST

Starts September 27th

Here is the best Contest you have ever been invited to enter . . . the most fun and the easiest way of winning handsome prizes you have ever heard of . . . a NEW chance to win a prize each week for six consecutive weeks . . . everybody will get a thrill from this great event.

— ☪ —

Ask Your Electrical Dealer For Details and Official Entry Blanks.

Many Attractive Prizes Awarded

Each Week!