

Quick Quotes

By Grace Grandville

'SMELL IT,' commanded Madge Evans, offering a bottle that she'd been shaking violently. "Isn't that nice? It's a mixture of my favorite cologne and olive oil, half and half. And it's grand for the skin. Almond oil, which also does pleasant things for the complexion, can be combined in the same way. The idea ought to be popular with women who like to use mineral oil for a cleaner but who are feminine enough to want fragrance in anything they put on their faces. I've another new stunt. I draw a silk stocking over my hair brush and then brush my hair. The friction of silk and bristles is stimulating and seems to add new luster."

J EANETTE MacDONALD, who made a stunning bride all in blush pink designed by Adrian, was waylaid for a moment on her way to the set to finish up the last day's shooting on "The Firefly." She came back to the studio several days after she was married to complete the picture before embarking on her honeymoon trip to Hawaii.

"We usually pay most attention to the points we consider our best, I suppose," she laughed. "I give my hair beautiful care. And I'm always experimenting with new treatments calculated to improve it. The latest is salt. Twice a week I massage my scalp with table salt. But I don't think salt water is very beautifying, so while I'm in the islands swimming every day I'm going to give my hair as much protection as I can by wrapping a band of chamomile around my head before I put on my bathing cap."

'EXERCISE just for its own sake can be such a bore," said Myrna Loy. "That's why most women find it so difficult to keep up the daily habit. Yet keeping it up day after day without any lapses is what counts. I think it's smart to figure out a way of adding interest to the exercise. One of the joys of my new home is a lime grove back of the garden. I have a whole acre of limes. Every day I walk over the entire grove and I circle each tree in my tour of loving inspection. That amounts to a fair bit of walking, but I have so much fun playing citrus rancher I hardly notice it. When and if it begins to pall I'll think up something else to do that interests me at the same time it's forcing me to use my muscles."

JOAN CRAWFORD has somewhat the same idea. Her most recent figure-preserving stunt is to run twice around her badminton court every morning, pulling her knees up as high as she can with every step. The canter gives her quite a work out. In addition she runs a mile every morning on her way to the studio. Bennett, her chauffeur, clocks off the distance as he drives slowly along beside her.

VIRGINIA BRUCE held up her nails for inspection. "They were being cantankerous and splitting at the ends," she announced. "You know the way your hair does every once in a while when for no reason at all it falls out in handfuls and won't stay in place no matter how much you fuss with it. My manicurist gave me a tip. Now look how well these nails are behaving. I simply coat them with liquid paraffin before I put on my polish."

DELLA LIND, who looks like a dream walking and sings in heavenly tones, as you'll discover

Joan Crawford says. "Exercise for fun and beauty."



when "Rosalie" is released, offered to share her luncheon dish. "It is avocado and hard boiled eggs mashed up together and mixed with mayonnaise," she explained. "Eaten with crackers it makes a very nourishing meal and a satisfactory meat substitute. I am a vegetarian for the sake of my health and my complexion."

She refused a proffered after-luncheon cigaret. "No, thank you. It is bad for my voice. I really like to smoke, too. So I comfort myself for the sacrifice by remembering that smoking makes the teeth yellow."

'IF I have time for only one exercise in the morning, I do this one," and Maureen O'Sullivan gave a demonstration. "I lie down on the floor with my feet propped up on something about two feet high. The seat of a sturdy chair does very well. I take a deep breath and hold it while I pull my body up until it is supported by my heels, the tips of my shoulders and the back of my head. I expel my breath as I relax back down again. My arms, you see, are folded across my chest. The exercise, which should be done 10 or 12 times in succession, stretches all the muscles of the abdomen and legs. It also straightens out any kinks in the battery of nerves running down the spine."

VIRGINIA GREY exhibited her thick and shining tresses. "My hair grows so fast it seems to add inches every week. I think the reason it grows well and looks glossy all the time is because twice a week I soak my scalp with castor oil at night before going to bed. I leave it on all night. To protect my pillow I wear a close-fitting cap that ties under my chin like a baby's bonnet. In the morning I shampoo my hair, first rinsing it in cold water and massaging the scalp hard until it tingles. The odorless variety of castor oil is pleasanter to use than the kind mother used to keep in the medicine chest."

'HERE'S a slick complexion treatment," said Cecilia Parker. "Spread olive oil all over the face and then rub it with an ice cube until the ice is melted. You are supposed to do it at night and morning. And did you ever try a plain milk of magnesia mask?"

LILY PONS advises that lipstick for evening wear should be a different shade from the one which takes us shopping with a brave red banner. Lily prefers lipstick with a slight blue cast for evening. She says it is less harsh and more flattering under artificial light since most artificial light is rather yellow.

GLORIA DICKSON has discovered a way of keeping a finger wave in condition for days and days. Before going to bed she puts a line of bobbie pins through the center of each wave to hold it in place. Over all she ties a net cap. It may not be as free and comfortable as just piling into bed with untrammelled locks, but in the morning one's expensive coiffure won't look like a dish of scrambled eggs.

MARGARET LINDSAY says she thinks everyone should have a frequent skin rest day. She explains: "When I am between pictures I set aside one day of the week during which I use no makeup whatsoever. All I do on that day is to tone up my skin with several applications of astringent and an ice pack."

