



By BETTY BARCLAY

Hallowe'en is party time and party time calls for unusual dishes. A new dish or two, with a new game or two, will always please — when food and games are as good as the ones below. Try them if you think I am boasting:

**Limas and Bacon**

- 2 cups cooked, dried Limas
- 4 to 6 slices bacon
- 3 to 4 eggs
- ½ cup milk
- Salt
- Pepper

Fry bacon a delicate brown. Remove strips and cut in small pieces. Beat eggs slightly, add milk, Limas, bacon and seasoning. Return to pan and cook in bacon fat, stirring until set.

**Spaghetti with Tomato-Cheese Sauce**

(A Favorite, Italian Recipe)

- ½ lb. spaghetti
- 1 can tomatoes (whole-packed) or tomato paste
- 1 onion (sliced)
- 1 cup butter
- 1 cup grated cheese
- Pepper and salt

Cook onion with tomatoes 15 minutes. Rub through a strainer or sieve. (If tomato paste is used, dilute with half as much water). Melt butter. Add seasoning, the onion-tomato sauce and grated cheese. Cook slowly until cheese is melted, stirring constantly. Boil spaghetti in plenty of salted water until tender. (Use only high quality spaghetti, nutritious and economical). Drain. Place drained spaghetti on platter. Pour the sauce over it and sprinkle additional cheese over all, if desired.

**NOTE:** Macaroni, egg noodles, sea shells or any other form of macaroni products may be substituted for spaghetti in this recipe.

**Hallowe'en Orange Whlp**

Dissolve 1 package orange-flavored gelatin in 1 pint hot water. Pour ½ into mold and chill. Chill remaining gelatin mixture until cold

and syrupy. Place in bowl of ice and beat with rotary egg beater until fluffy and thick like whipped cream. Pour over firm gelatin in mold. Chill until firm. Unmold. Garnish with gelatin cubes, cut from additional firm gelatin, and mint. Serves 6. For large mold, double recipe.

**Good Spirit's Punch**  
(Watch the Ghosts Vanish)

- 2 cups hot tea
- 2 cups sugar
- 1 cup lemon juice
- 2 cups orange juice
- 2 cups cider
- 7 cups boiling water
- 24 marshmallows

Prepare the tea by pouring 2 cups of boiling water over 4 teaspoons of tea. Let stand for 3 to 5 minutes. Strain, add the sugar and stir until dissolved. Keep hot while bringing the fruit juices and cider just to the boiling point—do not boil. Combine tea, hot juices and boiling water. Serve at once while hot.

On each cup of punch, float a ghost. These ghosts are marshmallows, on which goblin faces have been drawn with a toothpick dipped in red food coloring or melted chocolate. The ghost will vanish as all good spooks should. This punch without the marshmallow ghosts is a delicious and healthful beverage for serving at any cold-weather entertainment.

**Recipes for Party Success**

S. S. Van Dine's Philo Vance Detective game is the latest craze in parlor sport; the board shows a house where the crime was committed and you try to find the culprit with the help of clue cards, a list of suspects, a jury panel and Philo. Criminologist Roy Post's "Jury Box" is another game favorite that turns your guests into jurors and provides them with clues and photographs necessary for solving a series of crimes, and don't forget Monopoly, that exciting real estate trading game that always provides sure fire fun.

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D. D. CHAMBLEE  
Zebulon, N. C.

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**NARRATIVE REPORT OF THE WAKE COUNTY HEALTH DEPARTMENT FOR THE MONTH OF SEPTEMBER, 1937**

It is often said that history repeats itself. Again we also are informed that history does not repeat itself; but that one period may simulate another period. Whether either of these statements is true makes but little difference so far as a local health department is concerned.

In January we had a report that some members of a colored family in eastern Wake County were ill. Investigation proved this. Five cases of typhoid fever had occurred in the family. In September, we had a report of a case of typhoid fever in a family, living not far from the one reported in January. Investigation revealed that

four persons in this family had been ill before the last one was diagnosed as having typhoid fever. Ten cases of typhoid fever occurred in two colored families, under similar conditions. In the first family, one child was taken to a physician's office for treatment; no diagnosis was made. When an older child became extremely ill, the family decided to have another physician, at which time a diagnosis of typhoid fever was made. Lack of medical care and indifference on the part of the families in calling a physician is the reason why an earlier diagnosis was not made, and a lack of knowledge on the part of the Health Department that disease existed in these families is responsible for secondary cases. A health department cannot control or prevent communicable diseases unless it knows when, where, and under what conditions they occur.

The Wake County Tuberculosis Sanatorium was opened to patients on August 4. It is operated jointly by the city and county, under the supervision of a committee of three. At the present time the Sanatorium is full—twenty patients, nine white and eleven colored. The Sanatorium is modernly equipped, and a patient can be cared for in this institution as well as in the State Sanatorium. Diagnostic clinics are held one day each week, appointments made through the Health Department.

Through the Division of Oral Hygiene of the State Board of Health, a colored dentist was sent to Wake County for a period of ten weeks, his time to be equally divided between county and city schools. So far he has visited five schools and examined 484 children.

There are 123 communicable diseases reported during the month. Of this number, 63 were placardable and 69 reportable only. Ven-

ereal diseases led the list with 64; Whooping Cough second with 61; diphtheria 7; scarlet fever 2; typhoid fever 5; and tuberculosis 3. There were 129 visits, revisits and epidemiological investigations made to further prevent the spread of these diseases. There were 681 persons vaccinated or inoculated against communicable diseases.

There were 34 pre-school children examined and 79 visits made for follow-up cases, 3,951 school children examined by the physician and nurses, 181 visits and revisits made to follow-up cases, 178 children referred to medical care.

The laboratory made 276 examinations during the month.

There were 31 homes sanitized; 250 complaints investigated; and 852 visits to homes, schools and other places in the interest of sanitation.

There were 278 food-handling establishments under supervision; 269 visits were made to these establishments. There were 92 dairies, dairy farms, and dairy plants under supervision; 124 visits were made to these places. There were 400 cows tested; for tuberculosis, 117; for Bang's Disease 230. There were no reactors.

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