

# "Divorce Insurance"

recommended by MME. KAREN MICHAELIS

Mme. Karen Michaelis of Denmark, author of "The Dangerous Age," is now in this country giving a course of lectures in which she presents her plan for "divorce insurance."

"I am working for the woman who finds herself involved in an unhappy marriage with no hope of ending it because of the economic side," said Mme. Michaelis when seen in the apartment of her sister, the Baroness Dahlerup.

"There are many such marriages which both husband and wife are desirous of ending, but as the husband's money is limited it is impossible. Sometimes it can be solved for the woman who can obtain alimony, but this ties to the man an unbearable burden." In many cases the amount of alimony which the court orders him to pay prevents the man from building a new life for himself by making it impossible for him to set up a new establishment.

## Onerous to Women

"This situation is also onerous for the woman. Very few women feel that it is possible to demand subsistence from a man whom they no longer love. Women

should not be put in the position of having to demand this.

"How are we to solve this question? I have talked to many of the best statisticians in Europe—and the only thing that is feasible is divorce insurance. When a baby girl is born, it should be compulsory for the father to take out insurance to meet this situation. When the girl marries, it should be compulsory for her husband to continue paying for this policy. The rate should be low, but the whole problem could be solved without difficulty.

## She Married

"The woman has her side—lack of training and inability to earn her own living, but the man is also to be pitied. I know of one case where a divorced man had to pay his former wife a very high alimony, and although he was in love with another woman could not afford to marry her.

"There came to him one day the announcement of his former wife's marriage. He was free at last. He invited all of his friends to a great fete, celebrating her marriage and later made over his own life. But if she had not married he would have faced an unsurmountable barrier for the remainder of his life. If there had been in existence a form of insurance such as I am advocating, this situation would become impossible."

Mme. Michaelis is not only interested in love, marriage and divorce, but in all of the problems that involve the happiness of the human race. One of her most interesting projects was to succor the unwanted remnants of the Austrian aristocracy, some of whose members she found to be starving. With the aid of Austrian friends, she took over the care of several half-ruined castles and opened them as co-operative homes for these people, many of them formerly in the Austrian high command.

## Aristocrats Did the Work

These co-operative castles were run on a very simple scale, with the starving recruits acting as gardeners, cooks and housemaids. In recognition of this work by Mme. Michaelis, they called themselves "Nielsen," based on her mother's name of Nielson.

Mme. Michaelis has herself been married and divorced twice. Her book, "The Dangerous Age," sold over one million copies and was translated into twenty languages and is still being translated into others.

She has lectured in many countries. She now lives on a little Danish island, where she is visited by people of all nations.

"Although I am 67 years old," she says, "I feel that the opportunity to live has just begun."

# JUNE LANG'S BEAUTY DIET

The diet we give you is that of June Lang, one of the most beautiful of all Hollywood stars.

She has been called the modern venus by a number of artists who are always eager to portray her lovely face and figure in their work.

Miss Lang is one of the younger stars and started out with the intention of becoming a professional dancer but, after the producers saw her on the stage, they lost no time in securing her for the screen, and as her pictures show, they made a good selection.

The graceful little June is one of the fortunate ones who does not have any extra poundage to take off, but she is careful of her diet, nevertheless, as she feels it is far better to avoid overweight than to be obliged to reduce, so her method is to follow a diet low in calories.

Her breakfasts vary slightly, such as:

1 soft boiled egg with a slice of bacon, or milk toast, but she always has a glass of orange juice and a small cup of coffee every morning.

**Luncheon:** A generous helping of tomato and asparagus tips salad, with lemon instead of vinegar for the French Dressing.

A glass of milk.  
A baked apple.  
2 crackers.

**Another Luncheon:** 1 cup of cream of tomato soup.  
4 thin wafers.  
A large vegetable salad.

**Dinner:** 1/2 small broiled chicken.  
A large helping of string beans.  
1 baked potato.  
Cole slaw.  
A small portion of rice pudding.  
Tea with lemon.

Other dinners are similar, but fish or another meat may be substituted for the chicken.

We believe, however, Miss June will always be too active to put on more than her normal weight as she loves to dance and is one of the good swimmers.

As a matter of fact, she likes all the sports such as tennis, riding and beach games.



Barbaric glitter marks this gown worn by Miss Young. The effect is gained by use of gold cloth and multicolored stones over black velvet.

## HAVE RIGHT-SIZED RUG

A rug that is too small lessens the spaciousness of your room and throws your entire decorating scheme off balance. Generally speaking, the margin of polished floor about the edges of the rug should be about twelve inches or a little less. The margin need not be exactly the same all around the rug, but the distances at each end should be the same and the margins at the sides should correspond. A rug cushion will greatly lengthen the life of your rug, as well as give it a more luxurious tread.

## TO REFINISH FURNITURE

Remove all old varnish from furniture before trying to revarnish it. A cup of sal soda to two quarts of hot water will help. Scrub each piece with a stiff brush. Wear rubber gloves to protect your hands.

## Tomato Juice Ring



### TOMATO JUICE RING

1 bottle tomato juice (4 cups)  
1/2 cup chopped sweet pickles  
2 tablespoons onion chopped  
2 pkgs. gelatin (4 tablespoons)  
1 cup cold water

Soak gelatin in the cup of cold water until thick and smooth, place mixture in top of double boiler and heat until dissolved. Add the gelatin mixture to the tomato juice, to which has been added the chopped pickles and onion. Pour into a rinsed ring mold and chill until firm. Unmold and serve with center filled with potato or any other type of vegetable salad.

## WILD DUCK FOR DINNER

One can take gun in hand, fare forth into the country, and perhaps come home with a boar of wild ducks around his neck. You can continue to enjoy them, if you or some of your friends are good marksmen, until the season closes.

### Roast Wild Duck

Wipe the duck after cleaning with damp towel and rub inside and out with salt and pepper. Fill with a stuffing of equal parts of chopped apple, crumbs and partly cooked onion, highly seasoned with salt, pepper and minced pork (salt pork). Some authorities add a little chopped celery or put a generous cube of butter, rolled in seasonings, inside.

Brush outside with melted butter, set in a hot oven (450 deg. F.), add a bit of boiling water and roast until rare, not, however, so rare that the blood follows the fork.

Garnish with cooked turnips cut in shape of olives and rolled in melted butter with sprigs of cress or with overlapping thin slices of small oranges, each topped with a bit of red jelly.

### Blend in Flour.

Pour off most of the fat in the pan, shake browned flour over the remainder, stirring until well blended. Add a cup or two of boiling water and boil down until smooth and thickened; then add a half-dozen coarsely chopped olives, a squeeze of lemon juice and salt to taste.

To roast small birds, rub well with salt and add dressing. Lay strips of bacon across the breast of each duck and set in pan containing a little water and roast. The time for roasting depends on the size of the bird (about 30 to 45 minutes).

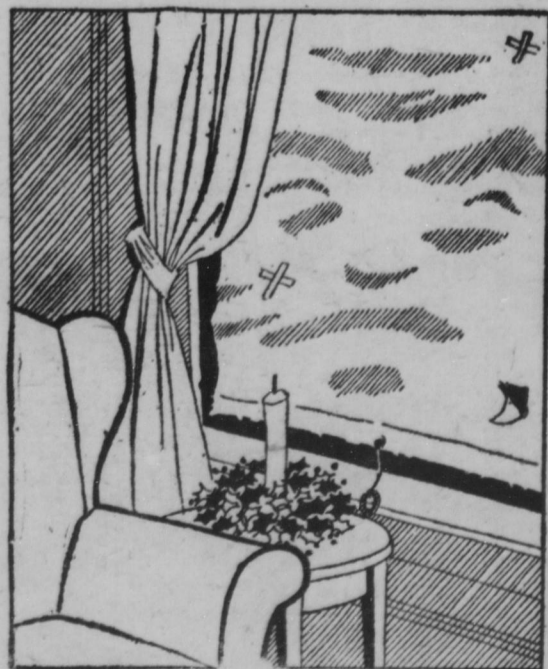
# Go Ahead and Spoil Your Windows with Dingy Shades—if you want to!

By BETTINA J. VIGLEZE

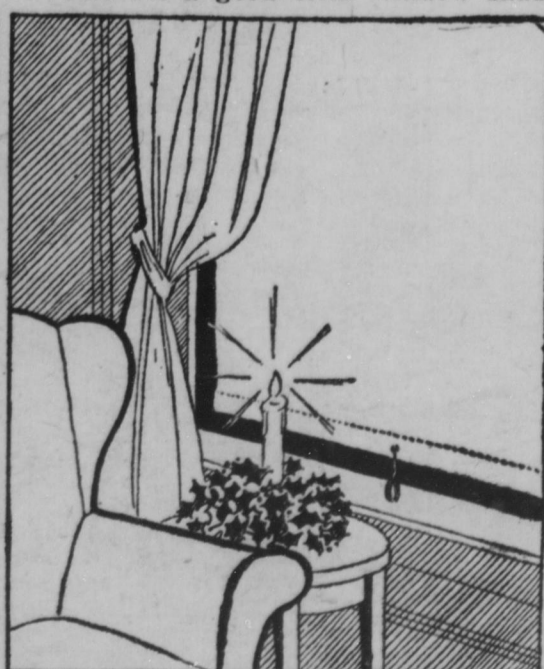
Certainly the window shade doesn't give a hoot! We think possibly he has a lot of fun leering at the new curtains and winter draperies, for he is such a mean little fellow sometimes, he takes a

delight in spoiling a decorative setting, getting full of pin holes, and thumb tears, and crinkling up like fury when the least bit of rain touches him!

But not a good cloth window shade!



Do Your Window Shades Look Dingy Like This?



—or Are Your Shades Fresh and New Like This?

They tell us they're the safest investment in beautiful windows you can make. Certainly you know you can dress up your home for Christmas and New Year—those times when guests will be flowing all over the place—but the most important part of any home is the window space. Do you realize it takes up about one-fourth of the wall space?

It should then look a very decorative and charming one-fourth shouldn't it? Well here is a tip to you smart women. Select the new Sunrose window shades—that seem to bring the sunshine indoors on gray days! They are in the coral range—a rich rosy-golden tint that harmonizes so well with almost every color curtain and drapery you can think of. We know, we tried them at our windows and we were so enthused, we had Sunrose cloth shades put up at every window in the house!

Here's another well known fact. Cloth window shades are woven on a loom, then they are processed for long life, in fact for years of life, if you buy really excellent quality! Another saving in buying a really good cloth shade is that they can be cleaned with lukewarm water, a mild soap and a sponge.

Remember to dress-up your windows for the holidays and see if you aren't the recipient of a great many compliments!