

Oscar Mayer
BACON
59c lb.

Pork Chops
End Cut
49c lb.

FAT BACK
10c lb.

Note Book 500 Sheets
FILLER 69c

Kraft's Miracle Whip Qt.
SALAD DRESSING 39c

Show Boat 14 1/2 Oz. Can
Pork & Beans
10 for **99c**

Skimmers 7 Oz. Pkg.
MACARONI 10c

School Day 12 Oz.
PEANUT BUTTER 35c

FAB Reg. Size **27c**

Green Giant Whole Kernel
GOLDEN CORN
3 Cans **59c**
Get 1 Can FREE

Luzianne 1/4 Lb.
TEA FREE SPOON **35c**

Have Yourself a
SAVINGS SPREE

PARRISH SUPER MARKET

WHEE! It's fun to save without stinting! That's why shopping is so WONDERFUL at PARRISH SUPER MARKET. From the moment you step inside our market until you checkout a big cartful of your favorite foods you'll see how easy saving-on-a budget can be! It's because you're surrounded by LOW PRICES! They're here . . . there . . . EVERYWHERE—on all shelves . . . in all cases . . . on all the top quality foods you enjoy every day. Shop with ease for foods that please—and SAVE RIGHT DOWN YOUR LIST at PARRISH SUPER MARKET.



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Cube Steak 69c lb.

Ground Beef 39c lb.
or 3 lb. \$1.00

Blue Bonnet Special Price
OLEO 2 lb. 49c
Reg. Price 33¢ Lb.

Hartness Choice \$
FLOUR 1.69
25 lb. Bag

Duncan Hines
CAKE MIX
White, Yellow, Devils Food
2 for **69c**

3 Musketeers
Milky Way
Snickers
6-5c Candy Bars **19c**

Chase & Sanborn Instant 10 Oz.
COFFEE 99c

Pocahontas 46 Oz. Can
Tomato Juice 25c

U. S. D. A. Grade A

FRYERS

Whole
27c lb.

Fresh Hams

Whole or Half
49c lb.

Lemons 39c Doz.

Bananas 10c lb.



Tall Cans
6 for **79c**

Ideal Dog Food

2 cans **25c**

Better VAL-U INDEPENDENT GROCERY STORES - INC -
PARRISH Super Market
ARENDELL, AVE ZEBULON, N.C.
FS GOLD STAMPS
10% EXTRA CASH SAVING

Closed Wednesday Afternoon
Prices Effective August 15, 16, 17
Quantity Rights Reserved

We Offer Double
FS GOLD STAMPS
Tuesday, August 20th