

Frosty Morn
BACON 59c lb.

U. S. Good
CHUCK ROAST
39c lb.

Frosty Morn
TENDERIZED

HAM
Whole or Half
49c lb.

FRESH PICNIC
4 to 6 Lb.
33c lb.

Banquet
FRUIT PIES
Apple & Peach
29c

BISCUITS
All Kinds
5 for 39c

SUN VALLEY OLEO
2 lb. 29c

U. S. No. 1 White
POTATOES
10 lb. 39c

BANANAS
9c lb.

Robin Hood 25 Lb. Bag
FLOUR \$1.89

STAR KIST TUNA
1/2 Size
29c



**Chalk Up BIG
SCHOOL DAYS
SAVINGS**

Copr. L. Loughlin 1963

U.S.D.A. Grade A
Whole
FRYERS 27c lb.

GROUND BEEF
29c lb.

ROUND STEAK
Full Cut 53c lb.

Depend on Parrish Super Market for keen delights to satisfy big schooltime appetites with nourishing energy-packed foods your youngsters need. And depend on us, too, for hundreds of low, LOW prices to enable you to make a high mark in SAVINGS every time you shop here. It's the smart thing to do because PARRISH SUPER MARKET is in a class by itself for QUALITY . . . ECONOMY . . . and SERVICE.



SUGAR
10 lb. Bag
\$1.15

Maxwell House In Bag
COFFEE Reg. or Drip 59c

Niblet 12 Oz. Can
CORN 6 for \$1.00

Blue Plate Pt.
MAYONNAISE 25c

Del Monte 14 Oz.
CATSUP 2 for 39c

DelMonte Crushed No. 2 Can
PINEAPPLE 29c

Morton's Round Box
SALT 2 for 25c

Borden's Silver Cow Tall Can
MILK 6 for 75c

Med. Size
MUM DEODORANT 39c

BUFFERIN TABLETS 69c
Bottle of 60

SCOTT TOWELS
Big roll 33c—Reg. roll 2 for 43c

WALDORF TISSUE
4 roll pkg. 33c

Scott Family
NAPKINS 2 for 25c



Scott's Soft Weve
TISSUE
2 Roll Pkg.
23c

79c
6 Oz. Jar

Better VAL-U INDEPENDENT GROCERY STORES —INC—

PARRISH
Super Market

ARENDELL, AVE ZEBULON, N.C.

FS GOLD STAMPS
10¢ EXTRA CASH SAVING

Open All Day Wednesday
Prices Effective August 22-23-24
Quantity Rights Reserved

We Offer Double

FS GOLD STAMPS

Tuesday, August 27th