

U.S.D.A. Grade A

FRYERS

Whole

25^c lb.

Armours

BACON

45^c lb.

FRESH PICNIC

4 to 6 Lb. Whole

33^c lb.

Jesse Jones

FRANKS

12 Oz. Pkg.

39^c

LEMONS Dozen **39^c**

LETTUCE

Large Head

2 for 29^c

French's Mustard

6 Oz.

2 for 19^c

CRISCO

3 Lb. Can

69^c

Kleenex Towels

Twin Pack

35^c



FUN FOODS

for Labor Day FEAST-OUTS

You'll have MORE FUN when the cooking's done— and PARRISH SUPER MARKET is featuring FUNderful foods for labor-less FEAST-outs! You'll find the best buys in your favorite holiday supplies whether you're eating at home or planning to roam. So come stock up for the long weekend ahead with these LOW PRICED, fast-fix foods that will be a treat to your pocketbook as well as to your family's appetite.

Chuck Steak 49^c lb.

Rib Steak 59^c lb.

Rib Stew 29^c lb.

Ground Beef 3 lb. \$1.00

Nabisco 1 Lb. Box

Premium Saltines
2 for 55^c

Ocean Spray 303 Can

CRANBERRY SAUCE

2 for 35^c

Carolina Treat

Barbecue Sauce 49^c pt.

Reg. Size

BLUE CHEER 25^c

April Shower 303 Can

PEAS 2 for 35^c

Sealtest 1/2 Gal.

ICE MILK 39^c

Marcial Napkins

80 Ct.

2 for 19^c

OLEO Gold Note **2 lb. 29^c**

Bordens

Silver Cow Milk

6 tall cans 75^c

Duke's Mayonnaise

39^c qt.

Instant 6 Oz. Jar

Luzianne Coffee 49^c

Luzianne 48 Ct.

TEA BAGS 39^c

Plastic Pkg. of 12

Section Plates 39^c

10 Lb. Bag

CHARCOAL 43^c

Reynolds Wrap

Economy Size

only 69^c

You Save 36¢

Prices Effective August 29, 30, 31

Closed Labor Day — Sept. 2

Better VAL-U
INDEPENDENT
GROCERY STORES
— INC —

PARRISH

Super Market

ARENDELL, AVE

ZEBULON, N.C.

F S
GOLD
STAMPS

10% EXTRA CASH SAVING
F S Gold Stamps pay the 10% Federal Excise Tax to bring you extra cash savings

Quantity Rights Reserved

We Offer Double

F S **GOLD** **STAMPS**

Tuesday, Sept. 3