

U. S. Good or Armour
Star Beef
Sirloin and T-Bone
STEAK
85^c lb.

Ground Beef
3 lbs. \$1.00

CUBE STEAK
69^c lb.

Pork Chops
End Cut
49^c lb.

Small Fresh
SPARE RIBS
45^c lb.

Banquet
CREME PIES
3 for \$1.00

U. S. No. 1
WHITE POTATOES
10 lb. Bag 39^c

Large Size
VITALIS NOW 79^c
Reg. Price 97^c

Bottle of 36 Tablets
EXCEDRIN NOW 59^c
Reg. Price 69^c

Luzianne 1 Lb. Bag
RT COFFEE 49^c

SWING to SAVINGS at Parrish Super Market

USDA
Grade A
FRYERS
26^c lb.
Whole



HARVEST
HOEDOWN

Best Val
BACON
45^c lb.

All folks join the jubilee,
Sashay down for a savings
spree!
Pick yourself a shopping cart
And now your fun's about to
start.
Circle left, or circle right,
Super values greet your sight.
Promenade around the store,
Fill your cart and come back
for more.
Prices have been marked 'way
down—
Stock up at our Big Hoedown!

2 Lb. Box
Riceland Rice 29^c

Duke's
MAYONNAISE Pint 23^c

Hawaiian Punch
46 Oz. Can
29^c

Swansdown
Layer Cake Mix
3 for 79^c

Sauer's
Black Pepper
8 Oz. Can
49^c

OLEO GOLD NOTE 2 lb. 29^c

Kraft's
Apple or Grape Jelly
18 Oz.
29^c

Ocean Spray 300 Can
Cranberry Sauce 2 for 25^c

Maxwell House
Instant Coffee
12 Oz. Jar
\$1.39

Demings Flat Can
Pink Salmon 3 for \$1.00

Ideal Dog Food
4 cans **49^c**

Economy Size
Reynolds Wrap 69^c

New Crop
NAVY BEANS 2 lbs. 23^c

Prices Effective
October 17, 18, 19

Quantity Rights Reserved

We Offer Double

FS GOLD STAMPS

Tuesday, October 22

Better VAL-U
INDEPENDENT
GROCERY STORES
—INC—

PARRISH

Super Market

ARENDELL, AVE

ZEBULON, N.C.

FS
GOLD
STAMPS
10% EXTRA
CASH SAVING
FS Gold Stamps pay the 10%
Federal Excise Tax to bring you
extra cash savings