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## A SKETCH OF THE LIFE AND TIMES OF "GENTLEMAN" JOHN PERKINS

and of his contemporaries, successors and descendants; together with a glance at the history, customs and development of what is now Caldwell county and of the adjacent country, during the latter part of the eighteenth and the beginning of the nineteenth centuries

by W. W. Scott.

The above is the title of a serial article that is to be begun in the News-Topic with the issue of October 10th, and to continue in every succeeding issue until completed. The article will probably not be finished for several months.

The compiler of these memoranda says: "These compilations do not assume the dignity of history or biography, but are submitted as material that may be used by exact historians after verification."

The compiler has been collecting the interesting data for

publication for at least ten years, and these articles, independent of the interest it is hoped they will be to the general reader, will be read with special pleasure by the hundreds of descenaants of "Gentleman" John Perkins living in Western North Carolina.

Those of his descendants who do not subscribe for this paper but who wish to read and preserve these articles, are invited to subscribe at once, as the management desires to print a sufficient edition to provide new subscribers with the whole series.

ORGANIZE NOW TO COMBAT

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PLAGUE OF INFLUENZA The State board of health has sent a copy of the following letter to pa-pers throughout the State, with the request that it be published: In view of the fact that we may

have an epidemic of influenza this fall and winter, and remembering the devastation and havoc wrought by this disease last fall and winter, it behooves us to get each county and | rarily in need of financial assistance behavious to get each county and community thoroughly organized to care for those stricken if this disease should again show itself in an epi-demic form. Thorough organization inspires confidence in battling with any foe and there is no doubt that thorough organization will allay the fears of the pende and tend to lessen fears of the people and tend to lessen the nervous condition of those stricken. There is not a particle of doubt that fear and a nervous condition increased our mortality in the influenza epidemic of last fall and winter.

We are writing to ask that you call a meeting AT ONCE of all the public welfare agencies in your countyhealth officers, public welfare officers, farm and hom edemonstrators, superintendents and supervisors of schools, both white and colored, ministers, doctors, lawyers and all other patriotic citizens. Let these patriotic citizens form an organization after the plan outlined below. If influenza comes you will be prepared. If it does not come, so much the better. may seem to go into unnecessary de-tails, but past experience tells us that we cannot be too strongly organ-

Plan of Organization The public welfare agents and patriotic citizens in meeting assembled should appoint a county supervisor of health to co-operate with the county board of health and the county health officer. The county supervisor should appoint a local supervisor in each bon't wait until your community is actually stricken before taking steps visor are to keep in touch with the to combat the epidemic that may people in order to learn the degree come. in which each community is affected

by influenza; to keep the county su-perintendent informed of local condi-CREASE AND SIX-HOUR DAY tinos and needs, and, should it be- Demands for a 60 per cent increase come necessary, assist in relieving in all mine wages, a limit of six hours the helpless. The chairman of the upon the day's labor underground, a

be supplied through this committee. | JONES COUNTY GIRL IS SHOT Any who have taken the Red Cross course in first aid and hyme hygiene should be especially valuable for this work.

(d)-Finance committee. This committee should secure voluntary contributions for the neces-

be prepared to meet the needs of the taken to Kinston and will be subother four committees. The State board of health advises

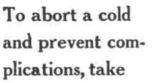
that the local township supervisors that the girl was not aroused by the appoint only the chairman of each bullet, but slept until she awoke at chairman to secure such assistance as report. Her condition is serious. is deemed necessary for the work Either a man or a woman can serve acceptably as chairman or as a member of any of these committees. The main point is that the chairman should be a worker and should be main held responsible for the work of the themselves, according to instructions committee of which he or she is chairman. This plan of organization chairman of the national executive

ized. In the late epidemic of influenza whole families were stricken so that no member of the family was able to get out and ask for aid. We do not want this to happen again in North Carolina. The State board of health urges you to ACT promptly. actually stricken before taking steps

board of county commissioners five-day week, with time and a half

gave her cooking soda and other things. They worked over an hour without success. Then a fleck of blood on her back was discovered by accident. An investigation developed the fact that while she had slept a jected to an X-ray examination. An extraordinary fact about the case is these con sittees, leaving the someone's call. She did not hear the

> Negro veterans of the world war are eligible to membership in the American Legion, but the composition of local posts and State organizations will be left to the members made public by Henry D. Lindsley, committee.



A number of negroes residing near farmer. The resolutions condemned ing of the body. Negroes who took Quo Vadis Wooten took a nap at her home in Jones county. She awoke to find that she could not move. Quo Vadis is white. Members of the fam-ily doctored her for "aches." They

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health the name of the county's su-pervisor and the township supervis- important improvements in condiors. be made through your county super- afternoon by the United Mine Workis at this time perfecting an emergency organization of physicians and nurses of the State, who will be willhealth urges that the men or women as township supervisors selected realize that a great responsibility rests upon them for the saving of national executive committee and the lives and the alleviation of suffering representatives of the Canadian disin their community. To aid them in their work the following plan of local organization is suggested to township supervisors:

THE MOST The supervisors of the townships should appoint a chairman for the following committees:

(a)-Intelligence committee.

Ne organs of the human body are so important to health and iong life as the hidneys. When they slow up and com-mance to lag in their duties, look out! Find out what the trouble is-without delay. Whenever you feel nervous, weak, disay, suffer from sleeplessness, or have pains in the back-worke up at once. Tour kidneys need help. These are signs to warn you that your kid-mays are not performing their fune-tiess properly. They are only half deing their work and are allowing im-purities to accumulate and be convert-ed into uric acid and other poisons, which are causing you distress and will destroy you unless they are driven from your system. The chairman of this committee should be especially active and intelligent, thoroughly acquainted with the community, and willing to gather accurate information daily in regard to the sick. . This chairman should report daily to the township supervisors the number of new cases, the condition of previous cases, and any emergency need, food, medicine or nursing aid.

(b)-Food committee. This committee should be held in readiness to supply simple, whole-some food to those families in actual need

(c)-Nursing committee.

This committee should have a list of all available persons in the com-munity who will voluteer to do ordinary nursing in case of need. Many persons sick with influenza do not need the services of a trained nurse even if one could be obtained, but many families do need the simple home attention which can and should



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should send to the State board of for overtime and double time for All calls for outside aid should tions of labor were adopted Tuesday visor. These calls only will be re-garded as official by the State board of health. The State board of health adjourned to await the result of the joint wage scale conference with the operators of the central competitive district, which opened in Buffalo yesing and ready to answer any emer-gency call sent them by the State board of health. The State board of strike of all bituminous coal miners in the United States will automatically ensue on that date if the intertricts so determine.

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