

S. E. WOODING,

Tonsorial Artist,
Special attention given to the treatment of the scalp. To the traveling public. When in Roxboro you are cordially invited to give me a call. Our towels are clean; razors sharp. Shop up-to-date. Corner Main street and Reams Avenue.

Kitchin & Carlton

Attorneys and Counselors at Law
ROXBORO, N. C.
Practice wherever services required Phone 10.

N. & W. Norfolk and Western

Schedule in Effect
JULY 14, 1907.
Ex. Sun. Daily Except Sun. Daily
p.m. a.m. a.m. p.m.
5:30 7:00 Lv. Durham, Ar. 11:25 9:30
7:17 8:29 Lv. Roxboro Ar. 9:48 8:00
8:10 9:03 Lv. Denniston Ar. 9:03 7:27
8:40 9:26 Lv. So. Boston Ar. 9:03 7:05
8:57 9:39 Lv. Houston Ar. 8:18 6:40
12:05 12:15 Ar. Lynchb. Lv. 5:15 4:15

WESTBOUND—Leave Lynchburg.
2:30 p. m.—The St. Louis express for Columbus and Bluefield, to Cincinnati, St. Louis and Chicago. Pullman sleepers and Cafe Car.
7:00 a. m. for Roanoke, Radford, Bristol, Bluefield, Norton, Pocahontas, Welch.
5:30 p. m. daily for Roanoke and intermediate stations. Parlor Car.

EASTBOUND—Leave Lynchburg.
3:45 p. m. daily for Farmville, Richmond, Petersburg and Norfolk. Pullman Sleeper. Cafe Car.
8:50 a. m. for Farmville, Petersburg, Norfolk and Richmond. Parlor car.
Write for rate, maps, time tables, to any agent or to
W. F. BRAGG, T. P. A.
W. B. BEVILLE, G. P. A.,
Roanoke, Va.

NOTICE!

When you wish to buy a good tobacco and grain farm apply to me. I have several farms in both Person and Caswell. Will make price right and terms liberal.

MARCUS C. WINSTEAD,
Real Estate Agent,
Milton, N. C.

PROFESSIONAL CARDS.

DR. E. J. TUCKER and
DR. B. R. LONG,
Dental Surgeons,
ROXBORO, N. C.

DR. O. P. SCHAUB
Offers his professional services in the practice of medicine in all its branches to the people of Roxboro and surrounding country. Office over Bank of Roxboro.

W. T. BRADSHER,
Attorney at Law,
Office over People's Bank.
ROXBORO, N. C.
Practice in Person and adjoining counties. Special attention given to collections.

Wm. D. Merritt,
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W. H. B. NEWELL,
Wathmaker, Jeweler,
ROXBORO, N. C.
In Hugh Wood's store. First-class stock of goods on hand at all times.

Marcus C. Winstead,
Attorney at Law,
MILTON, N. C.
Practice regularly in Person and Caswell courts. Prompt attention given to all business.

F. O. Carver S. G. Winstead,
Carver & Winstead
Attorneys and Counsellors at Law
Office over Bank of Roxboro.
Phone 59. Roxboro, N. C.

DR. R. J. TEAGUE
I will be in my office at Morris' Drug Store every Saturday and Sunday. Special attention given eye, ear, nose and throat diseases and fitting of glasses.

N. LUNSFORD,
Attorney at Law,
Office over E. A. Bradshaw's Store,
ROXBORO, N. C.



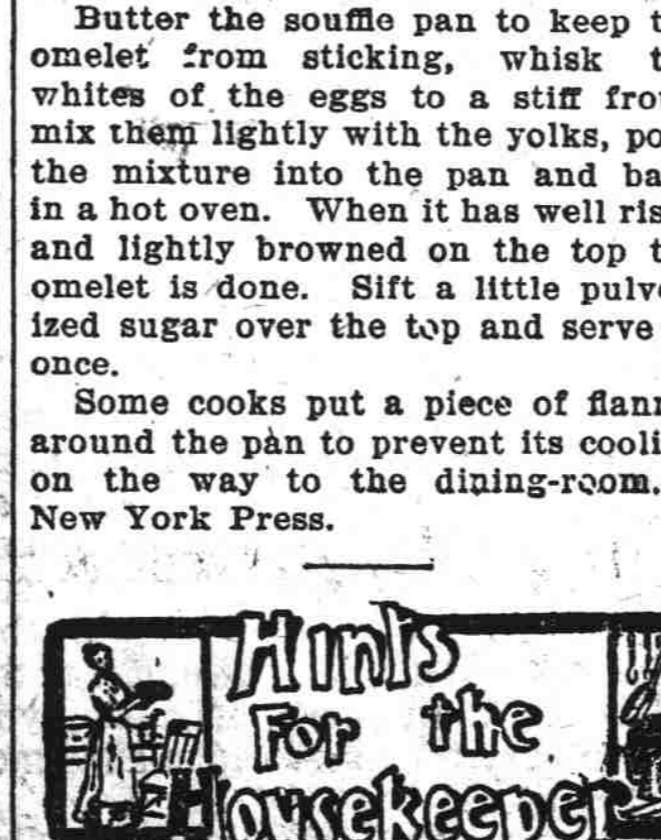
TIMELY RECIPE

NEAPOLITAN PUDDING.
Soak one-half box of gelatine in one cup cold water one hour. Bring to a boil three cups milk and dissolve in it the softened gelatine and three-fourths cup of sugar, add one cup cream or one small can cream; divide in three equal portions; flavor one with one-half teaspoon vanilla and color with melted chocolate; the second flavor with one-half teaspoon orange and color with beaten yolk of egg; leave the third part white and flavor with one-half teaspoon lemon; first put white in mould, when partly set add orange, then chocolate. Delicious served with whipped cream.—Boston Post.

MUSHROOM OMELET.
Here is a recipe for a mushroom omelet, an excellent breakfast dish: Wash a cupful of large button mushrooms, fresh or canned, and cut them into small pieces. Put into a saucepan an ounce of butter and let it melt; add the mushrooms, a level teaspoonful of salt and a half-cupful of cream, stirring in a tablespoonful of flour dissolved in a little milk to thicken it. After boiling ten minutes set this aside. Make a plain omelet with four eggs, and just before doubling it turn the mushrooms into the centre and fold the omelet over. Serve immediately, or it will become tough. Warmed-over asparagus chopped is very good also used in this way.—New York Post.

STRAWBERRY MUFFINS.
One pint of sifted pastry flour, one-quarter teaspoon salt, two teaspoons baking powder. Into this mixture rub one-quarter cup butter and add one cup cold water gradually, mixing and cutting with a knife. It should be of a light, spongy consistency. Roll out the dough on a well-floured board, pat into a square, and roll gently until half an inch in thickness. Cut with a small round cutter and cook on a griddle on the top of the stove. Grease the griddle with butter. Cook the cakes slowly. When they are well puffed up, put a piece of butter on top of each cake and turn over. When browned on the other side and done, tear them open and spread with sweetened berries and cream and serve immediately.—S. E. Wiggin, in Boston Post.

OMELET SOUFFLE.
An omelet souffle should be served in the same dish in which it is baked, and should be sent to table with the greatest expedition after it is taken out of the oven, else it falls and grows heavy quickly.
Break six eggs into two bowls, separating the yolks from the whites. Whisk four of the yolks and mix with them a teaspoonful of dry flour, three tablespoonfuls of pulverized sugar, a small pinch of salt, and any flavoring that may be preferred.
Lemon or orange peel, or vanilla.
Butter the souffle pan to keep the omelet from sticking, whisk the whites of the eggs to a stiff froth, mix them lightly with the yolks, pour the mixture into the pan and bake in a hot oven. When it has well risen and lightly browned on the top the omelet is done. Sift a little pulverized sugar over the top and serve at once.
Some cooks put a piece of flannel around the pan to prevent its cooling on the way to the dining-room.—New York Press.



When baking apples baste them often with their own juice. This is essential for good results as to baste a roast.
The ravelings cut from a new table cloth before hemming it are the best things that can be found to darn linen with.
Paint can easily be removed from glass by wetting a copper or silver coin with turpentine and rubbing the paint with it.
To keep away mosquitoes dip a piece of sponge or flannel in camphorated spirits and tack it to the top of the bedstead.
To remove creases from silk spread on a clean ironing cloth, lay a damp cloth over the crease, place a soft paper over this and press with a warm iron.
Should your linoleum become worn and dull looking scrub it and give it a coat of boiled linseed oil. After this thoroughly soaks in give one or two coats of the best varnish. The linoleum will then look like new.

A Bumper Wheat Crop.

To produce a "bumper" wheat crop, it is absolutely necessary that you supply to your land one or more of the three elements of plant food which your soil so badly needs: phosphoric acid, nitrogen (or ammonia) and potash. The liberal use of

Virginia-Carolina Fertilizers,

(say 200 to 500 pounds to the acre) will meet this deficiency. You know the highest grades are always cheaper, as they produce greater yields. These fertilizers on account of the phosphoric acid they contain, promote the growth and development of the grain and hastens maturity; the nitrogen or ammonia of which they are a part, increases the growth of leaves and stalk and its potash gives strength to the stalk and assists in the development of the grain.
So use VIRGINIA-CAROLINA FERTILIZERS and greatly "Increase your yields per acre." Don't buy any substitute brand, which some dealers may sell you "Is just as good." If he cannot supply you, write us direct for the goods and tell us your dealer's name.
VIRGINIA-CAROLINA CHEMICAL COMPANY,
SALES OFFICES:
Richmond, Va. Durham, N. C. Baltimore, Md. Norfolk, Va.
Charleston, S. C. Atlanta, Ga. Montgomery, Ala.
Savannah, Ga. Memphis, Tenn. Shreveport, La.

In Mars.
They tell us there are people up in Mars—
What very happy people they must be!
For in a habitation mid the stars
From various vexations they'd be free.
For the chances are that trusts are quite unknown
And that life insurance seeks no gruesome gains;
The octopus has left them quite alone
Since they use canals instead of railway trains.
From tariff talk no doubt they are exempt,
And maybe they escape the problem play.
The campaign orator does not attempt
To steal some other fellow's boom away.
The trolley does not spider-web a town;
There is no call for dodging motor-cars;
No Wall street sends their value up or down—
They must be very happy up in Mars!

A Sardonic Satisfaction.
"You enjoy going to the theatre?"
"Yes," answered Mr. Meekton.
"But don't care much for musical plays."
"No. What I enjoy is to take Henrietta where there is a whole lot of conversation going on in which she can't say a word."

Jealousy Did It.
"How did an American come to be nominated in this ward?"
"It was a compromise. The Czechs, Copts, Kurds, Croatians and Bronglish couldn't fix upon a candidate among themselves." So. 39-'07.

PUTS THE "GINGER" IN.
The Kind of Food Used by Athletes.
A former college athlete, one of the long distance runners, began to lose his power of endurance. His experience with a change in food is interesting.
"While I was in training on the track athletic team my daily 'jogs' became a task, until after I was put on Grape-Nuts food for two meals a day. After using the Food for two weeks I felt like a new man. My digestion was perfect, nerves steady and I was full of energy.
"I trained for the mile and the half-mile runs (those events which require so much endurance) and then the long daily 'jogs', which before had been such a task, were clipped off with ease. I won both events.
"The Grape-Nuts food put me in perfect condition and gave me my 'ginger.' Not only was my physical condition made perfect, and my weight increased, but my mind was made clear and vigorous so that I could get out my studies in about half the time formerly required. Now most all of the university men use Grape-Nuts, for they have learned its value, but I think my testimony will not be amiss and may perhaps help some one to learn how the best results can be obtained."
There's a reason for the effect of Grape-Nuts food on the human body and brain. The certain elements in wheat and barley are selected with special reference to their power for rebuilding the brain and nerve centres. The product is then carefully and scientifically prepared so as to make it easy of digestion. The physical and mental results are so apparent after two or three weeks' use as to produce a profound impression. Read "The Road to Wellville," in pkgs. "There's a reason."

The road leading to justice is the safest.—Hesiod.
FITS, St. Vitus Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.
The better the fruit the more was to eat it.—German.
Mrs. Winsow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.
Hewho has a good nest finds good friends.—Portugese.
FIFTEEN YEARS OF ECZEMA.
Terrible Itching Prevented Sleep—Hands, Arms, and Legs Affected—Cured in 6 Days by Cuticura.
"I had eczema nearly fifteen years. The affected parts were my hands, arms and legs. They were the worst in the winter time and were always itchy, and I could not keep from scratching them. I had to keep both hands bandaged all the time, and at night I would have to scratch through the bandages as the itching was so severe, and at times I would have to tear everything off my hands to scratch the skin. I could not rest or sleep. I had several physicians treat me, but they could not give me a permanent cure, nor even could they stop the itching. After using Cuticura Soap, one box Cuticura Ointment and two bottles Cuticura Resolvent for about six days the itching had ceased, and now the sores have disappeared, and now the sores have disappeared, and now I never felt better in my life than I do now. Edward Worell, Band Sgt., U. S. Infantry, Fort Crook, Nebraska."

An Old Story.
"Bliggins says that his boy wonderfully smart."
"Yes," answered the elderly man, "but Bliggins ought to know better than to build any expectations on that I can remember when Bliggins' father said the same thing about him."

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & Co., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.
WALDING, ANNAN & MARVIN, Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

No Such Temerity.
"Yes," said Meekley, "I'm told that we're going to move to Swamphurst."
"But," said the old doctor, "the climate there may disagree with your wife."
"It wouldn't dare."

A MISSOURI WOMAN
Tells a Story of Awful Suffering and Wonderful Relief.
Mrs. J. D. Johnson, of 603 West Hickman St., Columbia, Mo., says:
"Following an operation two years ago, dropsy set in, and my left side was so swollen the doctor said he would have to tap out the water. There was constant pain and a gurgling sensation around my heart, and I could not raise my arm above my head. The kidney action was disordered and passages of the secretions too frequent. On the advice of my husband I began using Doan's Kidney Pills. Since using two boxes my trouble has not reappeared. This is wonderful, after suffering two years."
Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

THE "DODGING PERIOD"

of a woman's life, is the name often given to the "change of life." Your menses come at long intervals, and grow scantier until they stop. Some women stop suddenly. The change lasts three or four years, and it is the cause of much pain and discomfort, which can, however, be cured, by taking

WINE OF CARDUI

Woman's Relief

It quickly relieves the pain, nervousness, irritability, miserableness, forgetfulness, fainting, dizziness, hot and cold flashes, weakness, tired feeling, etc. Cardui will bring you safely through this "dodging period," and build up your strength for the rest of your life.
At all druggists in \$1.00 bottles. Try it.

WRITE US A LETTER freely and frankly, telling us all your troubles. We will send Free Advice (in plain, sealed envelope). Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

"EVERYTHING BUT DEATH I suffered," writes Virginia Robson, of Easton, Md., "until I took Cardui, which cured me so quickly it surprised my doctor, who didn't know I was taking it."

J. A. LONG, President. A. J. HESTER, Vice-President.
J. S. BRADSHER, Cashier.

SAFE BANKING.

THE

People's Bank,

Roxboro, N. C.

Capital and Surplus, \$65,000.