

HOUSE WORK



Thousands of American women in our homes are daily sacrificing their lives to duty.

In order to keep the home neat and pretty, the children well dressed and tidy, women overdo. A female weakness or displacement is often brought on and they suffer in silence, drifting along from bad to worse, knowing well that they ought to have help to overcome the pains and aches which daily make life a burden. It is to these faithful women that

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

comes as a boon and a blessing, as it did to Mrs. F. Ellsworth, of Mayville, N. Y., and to Mrs. W. P. Boyd, of Beaver Falls, Pa., who say:

"I was not able to do my own work, owing to the female trouble from which I suffered. Lydia E. Pinkham's Vegetable Compound helped me wonderfully, and I am so well that I can do as big a day's work as I ever did. I wish every sick woman would try it."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

So. 21-'08.

HOLSTEIN-JERSEY CROSS.

A dairyman, Salamanca, N. Y., wants to know what we think of the Holstein-Jersey cross for a good milk and butter cow.

We will say frankly that we believe it would be about the most foolish thing a man could think of. Why cross the breeds, and thereby obliterate those blood lines that have been developed through years of continuous breeding. You have nothing to gain. The most valuable quality of the male—prepotency—is lost. The offspring of such a cross will be an unknown quantity. If you want a cow that comes nearer to your ideal; a cow that gives more milk than the Jersey and richer milk than the Holstein, why not sell your Jerseys and Holsteins and buy Guernseys. Don't mix the breeds.—J. D. W., Wellsville, N. Y. Rural Life.

UNIVERSITIES' TEACH COOKING.

The woman of today is doing things with her head that her grandmothers had to do with their hands, says The Delineator. The kitchen now is reached across the threshold of the laboratory and the classroom. Other arts to other ages. It has remained for the twentieth century to develop the highest art of all, the art of home-making. And science has made it possible. The women's clubs are studying home-making. The schools are teaching it; the Universities of Wisconsin and Cornell are doing notable work in this line; and one of the oldest institutions of learning in the country, Columbia University, is just now erecting a four-hundred-thousand-dollar building for a school of domestic science to stand alongside of its other colleges of law and medicine and pedagogy.

Thomas Edison, the inventor, and Henry Phipps, a New York millionaire, have arranged to erect two entire cities of concrete houses, one near New York and the other near Philadelphia, announces Rural Life. The intention is to rent them to working people at a rental not to exceed \$7.50 per month. The houses will be two-family structures, twenty-five and three stories high. They will be fireproof, and equipped with the latest sanitary plumbing fixtures. Mr. Edison says the cost will be kept within \$1,000. This will permit of a very low rent at a fair profit. Furthermore, Mr. Edison thinks it will do away with the objection of landlords to children in their houses.

EVERY KIND OF SCARF IN FAVOR.

Scarfs, used singly and in pairs, enter into decorative treatment of the new gowns and are a great aid in remodeling old ones this season, says The Delineator. The ends, painted, brocaded or embroidered in self tones or in exquisite coloring, permit of ingenious methods of arrangement. They are made into arm-hole bands and waist drapery, and used as bretelles falling over the shoulder in bertha effect, knotted in a chou in the back at the top of the belt in the new short-waisted or Directoire effect and falling thence to the floor. A single scarf is made to form the front of a princess plastron from bust to hem, shirred closely at the waistline. Fringed scarfs may be used as side panels, and black ones painted with vivid borders can be made wonderfully effective on gowns of black net or chiffon. The Syrian scarfs, heavily palleted, are edged with marabout and used on dancing gowns of gauze and frosted net.

Gifts to Hospitals.

"Many witticisms fell daily from the lips of our late King," said a Portuguese Consul.

"The King was, you know, a splendid shot. At a dinner the rather inferior shooting of an English visitor was praised and some one said:

"And Lord Gadabout, you know, sends everything he shoots to the hospitals."

"The King laughed, and taking the long black cigar from his lips, said: "Naturally, since he never shoots anything but gamekeepers."—Washington Star.

DEATH TO RING WORM.

"Everywhere I go I speak for Tetterine, because it cured me of ringworm in its worst form. My whole chest from neck to waist was raw as beef; but Tetterine cured me. It also cured a bad case of piles." So says Mrs. M. F. Jones of 28 Tannehill St., Pittsburg, Pa. Tetterine, the great skin remedy, is sold by druggists or sent by mail for 50c. Write J. T. Skurra, Dept. A, Savannah, Ga.

You can't save time. The best you can do is to improve it as it passes.

Hicks' Capudine Cures Headache. Whether from Cold, Heat, Stomach, or Mental Strain. No Acetanilid or dangerous drugs. It's Liquid. Effects immediately. 10c., 25c., and 50c., at drug stores.

RECIPES.

Celery and Apple Salad.—Pare 3 tart apples and cut into dice, mix with 2 cupfuls of celery cut into half-inch lengths. Pour over a plain dressing before serving. Red apples hollowed out and with a small slice cut from one end, so they will set firmly, make pretty cups for this salad, serving the cups on individual china plates. Serve as soon as prepared.

Eggs and Cheese.—One and one-quarter cups sugar, 1 cup chopped raisins, 1-2 cup butter, 1 cup sour milk, 3 cups flour, 1 teaspoon soda, 1-2 teaspoonful each of cloves, cinnamon and nutmeg. Bake in a loaf for 50 minutes.

Toasted Salt Codfish.—Pick the fish into long thin strips and freshen by standing in lukewarm water for a short time. Drain and dry in a towel. Place in a greased broiler and brown over a hot fire, turning once. Remove to hot platter and spread with soft butter.

Eggs a la Caracas.—One-half cup smoked dried beef in tiny pieces, one cup stewed and strained tomato, one-third cup grated cheese, few drops onion juice, one-half level teaspoon salt, few grains cayenne, two level tablespoons butter, three eggs. Mix the beef, tomato, cheese, onion juice, salt and cayenne. Melt the butter, add the mixture, and when hot add the eggs well beaten. Cook until creamy, stirring from bottom of pan. Serve at once.

FIT THE GROCER

Wife Made the Suggestion.

A grocer has excellent opportunity to know the effects of special foods on his customers. A Cleveland grocer has a long list of customers that have been helped in health by leaving off coffee and using Postum Food Coffee.

He says, regarding his own experience: "Two years ago I had been drinking coffee and must say that I was almost wrecked in my nerves. "Particularly in the morning I was so irritable and upset that I could hardly wait until the coffee was served, and then I had no appetite for breakfast and did not feel like attending to my store duties.

"One day my wife suggested that inasmuch as I was selling so much Postum there must be some merit in it and suggested that we try it. I took home a package and she prepared it according to directions. The result was a very happy one. My nervousness gradually disappeared, and to-day I am all right. I would advise every one affected in any way with nervousness or stomach troubles, to leave off coffee and use Postum Food Coffee." "There's a Reason." Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true and full of human interest.

FOUND THE CAUSE.

After Six Years of Misery and Wrong Treatment.

John A. Enders, of Robertson Avenue, Pen Argyl, Pa., suffered for six years with stinging pain in the back, violent headaches and dizzy spells, and was assured by a specialist that his kidneys were all right, though the secretions showed a reddish, brick-dust sediment. Not satisfied, Mr. Enders started using Doan's Kidney Pills.



"The kidneys began to act more regularly," he says, "and in a short time I passed a few gravel stones. I felt better right away, and since then have had no kidney trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

NO SUCH LUCK.

"And do you sell these beautiful thoughts of your soul for mere dollars?" she exclaimed.

"Nope," said the poet, sorrowfully. "I seldom get more than 50 cents for 'em."—Cleveland Leader.

STATE OF OHIO, CITY OF TOLEDO, ss. LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886. A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Hall's Family Pills are the best.

LIKE HOME.

"Did she make you feel at home when you called on her husband?" "She certainly did!" "You had a nice time, eh?" "Oh, I didn't say that, my dear."—Houston Post.

FITS, St. Vitus' Dance, Nervous Diseases, permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.

Don't be afraid to be polite at all times and under all circumstances. It is no disgrace to be called a gentleman.

Hicks' Capudine Cures Women's Monthly Pains, Backache, Nervousness, and Headache. It's Liquid. Effects immediately. Prescribed by physicians with best results. 10c., 25c., and 50c., at drug stores.

Don't be afraid to do more than is required of you.

To Drive Out Malaria and Build Up the System

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most effectual form. For grown people and children, 50c.

It is not necessarily wise to stick to a statement because you believed it to be true when you made it.

Mrs. Winslow's Soothing Syrup for Children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

And some shirt-waists would be less ruffled if they were pressed less often.

H. H. GREEN'S SONS, of Atlanta, Ga., are the only successful Dropsy Specialists in the world. See their liberal offer in advertisement in another column of this paper.

Don't be afraid to go out of the way to do a good turn for a friend.

Garfield Tea, Nature's mild Herb laxative, agreeably stimulates the liver, overcomes constipation, rids the blood of impurities and clears the complexion. All druggists.

Wise is the man who knows what not to say, and remember not to say it.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colic in 24 hours. All Druggists, 25c. Sample mailed FREE. Address, Mrs. M. Gray, 100 West 11th St., New York City. A. S. OLMSTED, Le Roy, N. Y.



UNBEATABLE EXTERMINATOR THE OLD RELIABLE THAT NEVER FAILS. Being all poison, one tin box will spread or make so to 100 little cakes that will kill 500 or more rats and mice, and thousands of Roaches, Ants and Bed Bugs. 15c. 25c. or 75c. boxes at all druggists and country stores. FREE Send for our comic postal cards and lithograph which have convinced the world with laughter. E. S. WELLS, Chemist, Jersey City, N. J.

So. 21-'08.

SEVERE BLEEDING HEMORRHOIDS.

Sore, and Itching Eczema—Doctor Thought an Operation Necessary—Cuticura's Efficacy Proven.

"I am now eighty years old, and three years ago I was taken with an attack of piles (hemorrhoids), bleeding and protruding. The doctor said the only help for me was to go to a hospital and be operated on. I tried several remedies for months but did not get much help. During this time sores appeared which changed to a terrible itching eczema. Then I began to use Cuticura Soap, Ointment, and Pills, injecting a quantity of Cuticura Ointment with a Cuticura Suppository Syringe. It took a month of this treatment to get me in a fairly healthy state and then I treated myself once a day for three months and, after that, once or twice a week. The treatments I tried took a lot of money, and it is fortunate that I used Cuticura. J. H. Henderson, Hopkinton, N. Y., Apr. 26, '07."

It is not a disgrace to fail, but it is a crime not to try again.

KEEP YOUR SKIN HEALTHY.

TETTERINE has done wonders for sufferers from eczema, sore, ground itch, dry scabies, infant sore head, chaps, chafes, and other forms of skin diseases. In aggravated cases of eczema its cures have been marvelous and thousands of people sing its praises. 50c. at druggists or by mail from J. T. Skurra, Dept. A, Savannah, Ga.

There is room at the top-of a man's anatomy. Get busy! Study.

Free Cure for Rheumatism, Bone Pain and Eczema

Botanic Blood Balm (B. B. B.) cures the worst cases of Rheumatism, bone pains, swollen muscles and joints, by purifying the blood. Thousands of cases cured by B. B. B. after all other treatments failed. Price \$1.00 per large bottle, at drug stores, with complete directions for home treatment. Large sample free by writing Blood Balm Co., Atlanta, Ga.

NEW WAY TO GIVE MEDICINE TO STOCK



DROP BRICK IN FEED BOX IT WILL DO THE REST

Saves Veterinary Bills

As a horseman, a lover of horses, as well as an owner and trainer, I cannot do justice to your Medicated Salt Brick. I used and sold quite a lot of it before, and since you made the improvement, since you perfected it I find it lasts longer, and on this account it gives better satisfaction. They are the thing for stock in Spring, Summer, Fall and all the time. I cannot recommend it too highly. D. KING, Detroit, Mich., August 14, 1906.

Letters changed every insertion

Sold Everywhere by Dealers in Feed, Groceries, Drugs and Hardware

AT 20 TO 25 CENTS PER BRICK

If your dealer will not supply you, write us.

BLACKMAN STOCK REMEDY CO., Chattanooga, Tennessee.

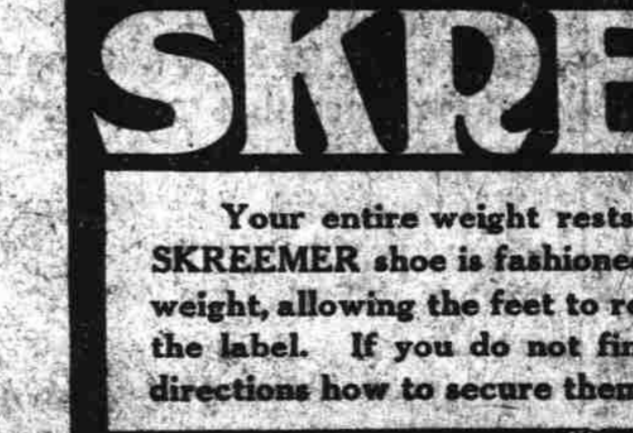
PILES—Wonders cure; no doctor; no drug; no pain; no expense; full size; mailed 10c. Don't suffer; send dime to-day. JOHN GEORGE, 1622 1/2 W. Garden Street, Philadelphia, Pa.

BOWEL TROUBLES

CHILDREN TEETHING

Never fails to relieve at once. It is the favorite baby medicine, the best nurses and family doctors. Mothers everywhere stick to it and urge their friends to give it to Children for Colic, Diarrhoea, Cramps, Diarrhoea, Flux, Foul Stomach and all Stomach and Bowel ailments. You can depend on it. Don't worry, but take Dr. Biggers' Huckleberry Cordial. 25 cents at drug stores, or mailed. Circulars free. HALLIWANGER TAYLOR DRUG CO., Atlanta, Ga.

CURES STOMACH-ACHE IN TEN MINUTES



SHOE

MADE BY FRED FIELD CO. BROCKTON MASS. U.S.A.

\$16 \$45 SEWING MACHINE

Silent—Easy Running—Life Time Guarantee.

The Industrious Hen is the leading poultry journal of the South—50c one year. Three years \$1. Agents wanted. Samples free. Machine circulars free. The Industrious Hen Co., Dept. A, Knoxville, Tenn.



W. L. Douglas makes and sells more men's \$3.00, \$3.50 and \$5.00 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world today.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price.

W. L. Douglas's name and price is stamped on the bottom. Take No. 2888, 2889, 2890, 2891, 2892, 2893, 2894, 2895, 2896, 2897, 2898, 2899, 2900, 2901, 2902, 2903, 2904, 2905, 2906, 2907, 2908, 2909, 2910, 2911, 2912, 2913, 2914, 2915, 2916, 2917, 2918, 2919, 2920, 2921, 2922, 2923, 2924, 2925, 2926, 2927, 2928, 2929, 2930, 2931, 2932, 2933, 2934, 2935, 2936, 2937, 2938, 2939, 2940, 2941, 2942, 2943, 2944, 2945, 2946, 2947, 2948, 2949, 2950, 2951, 2952, 2953, 2954, 2955, 2956, 2957, 2958, 2959, 2960, 2961, 2962, 2963, 2964, 2965, 2966, 2967, 2968, 2969, 2970, 2971, 2972, 2973, 2974, 2975, 2976, 2977, 2978, 2979, 2980, 2981, 2982, 2983, 2984, 2985, 2986, 2987, 2988, 2989, 2990, 2991, 2992, 2993, 2994, 2995, 2996, 2997, 2998, 2999, 3000.

Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Write for free catalog.

W. L. Douglas, 289 Broadway, New York, N. Y.

Syrup of Figs and Elixir of Senna

Cleanses the System Effectually. Dispels Colds and Headaches due to Constipation. Acts naturally, acts truly as a Laxative.

Best for Men, Women and Children—Young and Old.

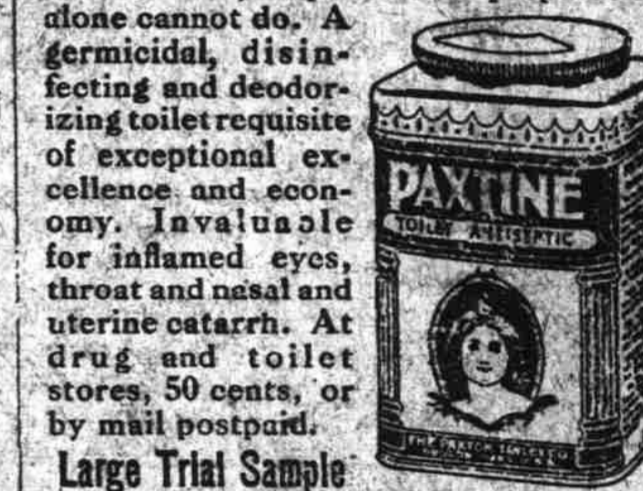
To get its Beneficial Effects Always buy the Genuine which has the full name of the Company

CALIFORNIA FIG SYRUP CO.

by whom it is manufactured, printed on the front of every package. SOLD BY ALL LEADING DRUGGISTS. One size only, regular price 50¢ per bottle.

Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from healthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

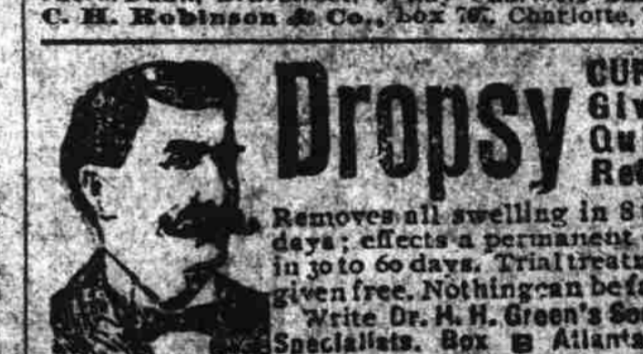


WITH "HEALTH AND BEAUTY" BOOK SENT FREE THE PAXTON TOILET CO., Boston, Mass.

IF NOT EMPLOYED—

You Can Work for us and Earn From \$3.00 TO \$10.00 PER DAY during the summer season. Hand your address on postal card.

FREE DESCRIPTIVE CATALOG and our money-making offer. Pleasant and worthy employment for any lady or gentleman. References: Dunn, Braintree; of any Charlotte, N. C. C. H. Robinson & Co., Box 76, Charlotte, N. C.



Removes all swelling in 8 to 10 days; effects a permanent cure in 10 to 60 days. Trial treatment given free. Nothing can be done. Write Dr. H. H. Green's Sons, Specialists, Box 3, Atlanta, Ga.

DOVE-TAILED PUTTY LOCK SASH

No builder can afford to use the old kind when he can get the Putty Lock Sash just as cheap. For sale by

Randall Bros., 117 1/2 S. Bay, Doors and Blinds, ATLANTA, GA.

RHEUMATISM! SAL-TORA.

The Wonderful Remedy, Sent Free. DR. SMITH CHEMICAL CO., 6146 Market, Phila., Pa.

Dr. Biggers' Huckleberry Cordial

Never fails to relieve at once. It is the favorite baby medicine, the best nurses and family doctors. Mothers everywhere stick to it and urge their friends to give it to Children for Colic, Diarrhoea, Cramps, Diarrhoea, Flux, Foul Stomach and all Stomach and Bowel ailments. You can depend on it. Don't worry, but take Dr. Biggers' Huckleberry Cordial. 25 cents at drug stores, or mailed. Circulars free. HALLIWANGER TAYLOR DRUG CO., Atlanta, Ga.

CURES STOMACH-ACHE IN TEN MINUTES

PUTNAM FADELESS DYES

Color never fades brighter and faster colors than any other dye. One tin package covers all bright colors. One tin package covers all dark colors. One tin package covers all black colors. Write for free booklet—How to dye, black and blue, red, yellow, green, purple, brown, tan, etc. Putnam Dye Co., New York, N. Y.