

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. An Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAU COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Roxboro Real Estate & Trust Company.

You can make no mistake when you invest in Roxboro dirt, it is sure to increase in value. If you have any idle money and want to invest it we can show you where you can do to advantage.

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INSURANCE

When you place your insurance with us you know that you are protected. Only Best Company represented, prompt settlements, satisfactory adjustments.

We are here to serve you, give us a call.
Yours truly,

Roxboro Real Estate & Trust Co.
N. LUNSFORD, Manager.

Buy Near Home

Many people have an idea that they can buy their supplies for home use cheaper in the larger towns, but such is not the case for we buy our stock in as large quantities as any store and are prepared to furnish you with

DRY GOODS, SHOES, HATS,
Groceries and Farming
Implements.

at prices as low as anybody, and you have the advantage of getting what you want near home.

Visit our store and get our prices and you will see the advantages we offer.

Reade Bros. Company.

HELENA, N. C.

Try The Courier Office
For Job work.

Handling Milk And Butter On The Farm

The Progressive Farmer probably never printed a more helpful article on butter-making on the farm than that of Pro. J. M. Burgess. Every farm woman who has anything to do with milking or churning, should read it and file it away. Some of Professor Burgess' texts to be always kept in mind are reprinted herewith:

"Clean milk can not be obtained if the cow's udder and flanks are covered with manure and dirt and milker simply cleans the teats before milking. The entire udder should be washed and dried and the flanks moistened if clean milk is to be obtained and good butter made."

"The milker should milk with dry hands and not dip the fingers in the milk, as is too often done, to moisten them."

"The last milk given is several times as rich as the milker, for this reason, should milk all the milk out of the udder and not give the calf the strippings."

"The usual wire guaze bucket strainer will not do to depend upon clean the milk. It should be strained through at least three thickness of cheese cloth."

"The milk should be strained into vessels that have been through wash in hot water and then sunned. Do not use the dish cloth or wash the milk vessel in the same water in which the dishes from the table have been washed."

"Do not mix the cream of different ages until several hours before churning. If the cream as skimmed is placed in a common jar or bowl, an uneven souring will take place and much fat will be lost in the churning."

"Much of the poor quality of country or farm butter is due to the cream being soured too fast, because it has been kept too hot."

"The best churn for the farmer who makes three to five pounds of butter at a churning is a small five-gallon barrel or swing churn."

"It cost very little to have the name of the maker or the name of the maker's farm printed on the parchment wrapper, and it will add very much, if the butter is good, to the selling quality."

A Charming Woman.

is one who is lovely in face, form, mind and temper. But its hard for a woman to be charming without health. A weak, sickly woman will be nervous and irritable. Constipation and kidneys poisons show in pimples, blotches, skin eruptions and a wretched complexion. But Electric Bitters always prove a godsend to women who want health, beauty and friends. They regulate Stomach, Liver and Kidneys, purify the blood; give strong nerves, bright eyes, pure breath, smooth, velvety skin, lovely complexion and perfect health. Try them. 50c at Hambrick & Austin.

Your horse will go hungry if you lock his feed up in the crib. Your crops will be hungry as long as their food remains locked up in the soil, and it is locked up unless the soil hold; enough water to dissolve it.—Raleigh (N.C.) Progressive Farmer,

Washington.—Senator Johnson is a native of the Old North state, having migrated to Alabama when a boy, Senator Johnson says that he was born about nineteen miles from Charlotte. I rode from North Carolina to Birmingham in an ox cart when I left the state."

HEALTH INSURANCE

The man who insures his life is wise for his family.

The man who insures his health is wise both for his family and himself.

You may insure health by guarding it. It is worth guarding.

At the first attack of disease, which generally approaches through the LIVER and manifests itself in innumerable ways

TAKE
Tutt's Pills
And save your health.

CURED TO STAY CURED.

How a Roxboro Citizen Found Complete Freedom From Kidney Troubles.

If you suffer from backache—
From urinary disorders—
From any disease of the kidneys,

Be cured to stay cured.
Doan's Kidney Pills make lasting cure.

So Roxboro people testify.

Here's one case of it:
R. L. Chappell, Main St., Roxboro, N. C., says: "I suffered from sharp, shooting pains across my loins and I had a dull ache through my hips. The secretions from my kidneys were highly colored and often there was sediment in them. When I heard about Doan's Kidney Pills, I got a box from the Morris Webb Drug Co. and they were very effective in relieving me. I have no hesitation in saying that this remedy is a good one for kidney trouble." (Statement given February 14, 1908.)

A LASTING CURE.

On December 8, 1910, Mr. Chappell was interviewed and he said: "I can confirm my former endorsement of Doan's Kidney Pills with pleasure. I have had no need of a kidney medicine since 1908 and I know that my cure is a permanent one."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

Happy Marriages.

Are the result of knowing the laws of health and nature. All the knowledge a young man or woman wife or daughter should have, is contained in the Peoples Medical Adviser, by R. V. Pierce, M. D. This big Home Doctor Book containing 1308 pages with engravings and colored plates, and bound in cloth, (nearly 700,000 copies formerly sold for \$1.50 each) is sent Free to any one sending 31 one cent stamps to prepay cost of wrapping and postage. There are no conditions to this offer and the reader must not associate this book with the advertising pamphlets prepared by quacks throughout the country. Address, 662 Washington St., Buffalo N. Y.

A Dreadful Wound.

from a knife, gun, tin can, rusty nail, fireworks, or of other nature, demands prompt treatment with Bucklen's Arnica Salve to prevent blood poison or gangrene. Its the quickest, surest healer for all such wounds as also for Burns, Boils, Sores, Skin Eruptions, Eczema, Chapped Hands, Corns or Piles. 25c at Hambrick & Austin.

The Spring of Hospitality.

She had retired to her boudoir with a splitting headache. She was not at home to anybody. Even her pet pup lay unloved upon the mat outside.

"Mrs. de Jones has called, ma'am," the maid said entering.

"Didn't I tell you, Mary; that I was at home to no one?" her mistress pettishly exclaimed.

"Yes, ma'am," the maid replied hesitated, "but I thought perhaps ma'am, as she's wearing her new spring dress—"

"Why didn't you say so before?" cried her mistress, bounding from her bed, "Show her in!"
—Answers.

Wake Election on \$300,000 Roads Bonds.

August 31 there is to be an election in Wake county on the question of an issue of \$300,000 in bonds to make goods roads, \$100,000 a year to be used for the purpose, plus \$50,000 from the road fund, no increase in taxes to be made. The election is to be held under a new registration.

That was the decision reached by the board of county commissioners after the matter had been placed before it by the Wake county road improvement council. It was urged as absolutely necessary that there be a new registration, so as to give a fair chance to the proposition.

"I HAD NERVOUS DYSPEPSIA 8 YEARS"

Mr. B. M. Meilin, of Crossmore, N. C., thus relates his experience: "I was down with nervous dyspepsia for eight years. I weighed 135 pounds and I could not eat. I could not touch solid food. I believe it would have killed me. I had to live on sweets and the lightest diet. Had severe nervous spells nearly every day. Doctors could not even relieve my worst. I was weak for three months. I was unable to walk across the room. I was persuaded to try Mrs. Joe Person's Remedy and it cured me. Can eat anything, and as much as I want."

A feeling of heaviness in the stomach after eating, lagging appetite, nausea or sickness of stomach, indigestion, vomiting, acute pains, irritable bowels, nervousness, twitching of muscles, sense of dizziness and great restlessness, are all the danger signs of Nervous Dyspepsia. If you have any of above symptoms, you need MRS. JOE PERSON'S REMEDY!

It will restore natural digestion by stimulating an increased flow of gastric juice, induce sound sleep, relax the bowels, and make you sound and vigorous. It is a matter of how long standing you are. Mrs. Joe Person's Remedy will positively cure you. It will give you back the energy and vigor and ginger of other days. It will give you fine—give you a radiant smile and a "glow-down" conditions in every way.

For twenty-three years Mrs. Joe Person's Remedy has been curing the following cases: Sour Stomach, Indigestion, Catarrh, Peptic Ulcer, Nervousness, Impure, Impoverished Blood, As a Tonic, All Nervous Disorders, Nervous Headache, Nervous Stiffness, Nervous Pain, Nervous Weakness, Nervous Fatigue, Nervous Depression, Nervous Exhaustion, Nervous Collapse, Nervous Paralysis, Nervous Stupor, Nervous Coma, Nervous Insanity, Nervous Epilepsy, Nervous Convulsions, Nervous Tremor, Nervous Tics, Nervous Stuttering, Nervous Deafness, Nervous Blindness, Nervous Paralysis, Nervous Stupor, Nervous Coma, Nervous Insanity, Nervous Epilepsy, Nervous Convulsions, Nervous Tremor, Nervous Tics, Nervous Stuttering, Nervous Deafness, Nervous Blindness.

Let us send you gratifying testimonials who have been cured of their ailments. Write for them. Wash should be used with soap. For sale by druggists, or on receipt of price, \$1.00 per bottle for \$5.00; 1 dozen for \$40.00, by mail.

MRS. JOE PERSON'S REMEDY

FOLEY'S HONOR

LUZIANNE COFFEE
Good with milk, delicious with pure sweet cream. Blends perfectly with either losing no part of its flavor. It's guaranteed to please. Try it.

THE REILLY-TAYLOR CO. NEW ORLEANS, U.S.A.

FOLEY'S HONOR

CORTRIGHT METAL SHINGLES
METAL SHINGLES
PROOF ROOF
Never need repairs
—Inexpensive—Stormproof
—Will last as long as the building.
Roofs put on over twenty years ago are as good as new.
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