

# Says Woman's Beauty Depends Upon Health

Health and Vigor Necessitate Regulation of Organs of Elimination.

Skin foods and face creams and powders cannot make a woman beautiful, because beauty lies deeper than that—it depends on health. In most cases the basis of health and the cause of sickness can be traced to the action of the bowels.

The headache, the lassitude, the sallow skin, and the lusterless eyes are usually caused by constipation. An ideal remedy for women, and one that is especially suited to their delicate organisms, is found in Dr. Caldwell's Syrup Pepsin, a mild laxative compound, pleasant to the taste and free from opiates and narcotic drugs of every description. Mrs. Gertrude Jordan, 522 North Liberty St., Indianapolis, Ind., says: "It is simply fine; I have never been able to find anything to compare with Dr. Caldwell's Syrup Pepsin. I started us-



MRS. GERTRUDE JORDAN

ing it for the baby and now it is my family standby in all cases where a laxative is needed."

Dr. Caldwell's Syrup Pepsin is sold in drug stores for fifty cents a bottle; a trial bottle can be obtained, free of charge, by writing to Dr. W. B. Caldwell, 454 Washington St., Monticello, Illinois.

## N. A. SINCLAIR IN RACE

FOR ATTORNEY GENERAL

Fayetteville, March 27.—Hon. N. A. Sinclair announced tonight, that he will be a candidate for the Democratic nomination for the attorney general. Mr. Sinclair declined when the request was first made before Christmas, but he is now in the race to the finish. Mr. Sinclair's friends claim that with the exception of Mr. Bickett, the west has had the attorney generalship for more than 40 years and that the east should have it this year.

Mr. Sinclair is a university man and is considered one of the state's strongest lawyers.

L. H. Fleming, a Halifax county farmer, was carried to Rocky Mount with a badly crushed skull as result of a falling tree, and died Saturday from the injuries.

## Spring.

Spring is looked upon by many as the most delightful season of the year, but this cannot be said of the rheumatic. The cold and damp weather brings on rheumatic pains which are anything but pleasant. They can be relieved, however, by applying Chamberlain's Liniment. Obtainable everywhere.

The North Carolina Baraca and Philathea organization will meet in Goldsboro April 27-30. Strong speakers and leaders will take part on the program.

## The Aches of House Cleaning.

The pain and soreness caused by bruises, over-exertion and straining during house cleaning time are soothed away by Sloan's Liniment. No need to suffer this agony. Just apply Sloan's Liniment to the sore spots, rub only a little. In a short time the pain leaves, you rest comfortably and enjoy a refreshing sleep. One grateful user writes: "Sloan's Liniment is worth its weight in gold." Keep a bottle on hand, use it against all Soreness, Neuralgia and Bruises. Kills pain. 25c. at your Druggist.

St. Mary's Episcopal Church, High Point, uses ten inches of paid display advertisement in the local newspaper advertising the church services.

## Safe Medicine for Children.

"Is it safe?" is the first question to be considered when buying cough medicine for children. Chamberlain's Cough Remedy has long been a favorite with mothers of young children as it contains no opium or other narcotic, and may be given to a child as confidently as to an adult. It is pleasant to take, too, which is of great importance when a medicine must be given to young children. This remedy is most effectual in relieving coughs, colds and croup. Obtainable everywhere.

Raleigh has launched a movement to raise \$5,000 for three new playgrounds.

Battle Cosby, a graded school pupil of Tarboro, was badly scalded Friday morning while he was turning off the escaping steam gears.

George Ashe and Boyd Hatchell are two troopers from Wilmington who are in the United States army crossing the border after Villa.

## Watch Child's Cough

Colds, running of nose, continued irritation of the mucous membrane if neglected may mean Catarrh later. Don't take the chances—do something for your child! Children will not take every medicine, but they will take Dr. King's New Discovery and without bringing or testing. Its a sweet pleasant Tar Syrup and so effective. Just laxative enough to eliminate the waste poisons. Almost the first dose helps. Always prepared, no mixing or fussing. Just ask your druggist for Dr. King's New Discovery. It will safeguard your child against serious ailments resulting from colds.

Dr. J. O. Atkinson, College pastor of Elon College, is seriously sick in Johns Hopkins Hospital, Baltimore.

## Why Constipation Injures.

The bowels are the natural sewerage system of the body. When they become obstructed by constipation a part of the poisonous matter which they should carry off is absorbed into the system, making you feel dull and stupid, and interfering with the digestion and assimilation of food. This condition is quickly relieved by Chamberlain's Tablets. Obtainable everywhere.

Henderson will soon have a handsome new theatre and moving picture show building.

## Good For Colds.

Honey, Pine-Tar and Glycerine are recognized cold remedies. In Dr. Bell's Pine-Tar-Honey these are combined with other cough medicine in a pleasant syrup. Dr. Bell's Pine-Tar-Honey quickly stops your cough, checks your cold, soothes irritation of the throat. Excellent for young, adult and aged. Its one of the best cough syrups made. Formula on every bottle. You know just what you are taking and your doctor knows its good for coughs and colds. Insist on Dr. Bell's Pine-Tar-Honey. Only 25c. at Druggists.

Beaufort is to have one of the largest and most powerful wireless stations in the world. The station will be located on the island where the U. S. Fisheries laboratory is now situated and where there is at present a wireless station.

## JACKSON, MISS., MAN

Tells How To Cure Chronic Cough. Jackson, Miss.—"I am a carpenter, and the grippe left me with a chronic cough, run-down, worn out and weak. I took all kinds of cough syrups without help. I read about Vinol and decided to try it. Before I had taken a bottle I felt better, and after taking two bottles my cough is entirely cured, and I have gained new vim and energy."—JOHN L. DENNIS.

Vinol is a delicious cod liver and iron tonic, guaranteed for coughs, colds and bronchitis and for all weak, run-down conditions.

Sold by Hambrick & Austin.

## KILLING WOUNDED SOLDIERS.

RED CROSS DOCTOR SAYS THIS OFTEN HAD TO BE DONE.

Atlanta, March 26.—Dr. A. Hammond, who won the iron cross with the German red cross, and who is covered with shrapnel scars, gave an interview in Atlanta yesterday in the course of which he said that the red cross doctors as an act of mercy frequently had to kill soldiers who were fatally and hopelessly wounded. "As chloroform and ether were often unobtainable we had to simply direct the wounded man's attention to something else and then blow his brains out," said the doctor. This was only done, he said, in cases where the wounded man was suffering horribly and with no possibility whatever of treatment or recovery.

## Pills Best For Liver.

Because they contain the best liver medicines, no matter how bitter or nauseating for the sweet sugar coating hides the taste. Dr. King's New Life Pills contain ingredients that put the liver working, move the bowels freely. No gripe, no nausea, aid digestion. Just try a bottle of Dr. King's New Life Pills and notice how much better you feel 25c. at druggists.

On April 21 the Fortnightly Club of Trinity College will observe the three hundredth anniversary of the death of Shakespeare with an appropriate program. President Wm. P. Few will make the chief dedicatory address, and Professors T. S. Groves and A. M. Webb, of the faculty, will also speak.

## Insomnia.

Indigestion nearly always disturbs the sleep more or less, and is often the cause of insomnia. Eat a light supper with little if any meat, and no milk; also take one of Chamberlain's Tablets immediately after supper, and see if you do not rest much better. Obtainable everywhere.

Fayetteville invited Secretary Robert Lansing to make a visit to her historic borders while he is sojourning at Pinehurst.

## RESULTS TELL

There Can Be No Doubt About the Results in Roxboro.

Results tell the tale. All doubt is removed. The testimony of a Roxboro citizen

Can be easily investigated. What better proof of merit can be had?

James H. Whitt, life insurance agent, Depot St., Roxboro, says: "My experience with Doan's Kidney Pills has been very satisfactory and I can recommend them as a fine medicine for kidney disorders. Others of my family have also taken Doan's Kidney Pills and have found them to be all that is claimed of them. Doan's Kidney Pills cannot be equaled for curing backache."

Price 50c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Whitt had. Foster-Milburn Co., Props., Buffalo, N. Y.

Richard Wade, of Dunn, was seriously injured, and W. F. Wade, his father, was bruised, and Sam Odom, of Goldsboro, was cut in the head, when their automobile turned turtle on Person street, Fayetteville, Saturday afternoon.

## GASOLINE VS. DYNAMITE

DRY-CLEANING WITH GASOLINE IS MORE DANGEROUS THAN PLAYING WITH DYNAMITE

Instructions to Follow When it is Necessary to Do Dry-Cleaning at Home.—Always to be Considered Dangerous Process.

Most housewives would be frightened into hysterics if they saw one of their children playing with a loaded shotgun. Yet some of those same women will thoughtlessly undertake dry-cleaning in the kitchen with gasoline. Using a bowl or pan of gasoline in the kitchen is about as harmless a pastime as playing football with a can of nitroglycerine.

A firm which manufactures a compound used with gasoline for dry-cleaning is advertising its product extensively in this country under such headlines as "Housewives Save \$5 by Using Gasoline." "A Good Way to Collect Your Life Insurance" would have been a more appropriate heading.

Gasoline is a high explosive, more powerful and easier to set off than dynamite. Thousands of people have been burned to death or blown into bits by handling it carelessly. Gasoline evaporates very rapidly, and a small dish full of gasoline will fill an ordinary kitchen full of a highly explosive gas in a few minutes. A match, a spark, a fire burning in the kitchen range or a gas light is all that is needed to complete the combustion. A wrecked house and a funeral are the usual results.

With all possible precautions taken, dry-cleaning with gasoline is a very dangerous process. If a housewife feels that she must do her own dry-cleaning she should be very careful to follow these instructions:

1. Get your gasoline in a tightly-closed red can.
2. Do the whole job out of doors at some distance from the house.
3. Take your pan out of doors before you put the gasoline in it.
4. Be sure that the gasoline is thoroughly dried out of the articles cleaned before you bring them into the house.
5. Be sure that all traces of gasoline are removed from your hands and your clothing before you enter the house again.
6. Never leave gloves on the hands to dry after cleaning.
7. Allow no one to light a match anywhere near where you are working or where your clothes are drying.
8. Allow no one who is smoking to come anywhere near you or the clothes you have been cleaning until all traces of gasoline have disappeared.
9. Make sure that everything has been removed from the pockets of garments to be cleaned before putting them into the gasoline. A match head in a pocket may do untold damage.
10. Always remember that you are fooling with something that is as dangerous as nitroglycerine or dynamite.—Kansas F. M. Bulletin.

## FIRE WASTE SAPS RESOURCES.

The enormous fire waste of this country is slowly but surely undermining the industrial and economic life of society. We can no more continue this devastation of wealth and withstand its consequences than can a bank outlive the "run" in times of panic. Instead of devoting so much thought and energy to uprooting fundamental principles, the modern legislature can prove a benefit to society by inaugurating some laws to control the profligacy of our people and the waste of the Nation.

Notwithstanding the impelling force in underwriting toward better construction, aiming to eliminate, or at least to modify, extreme hazards, and with the great upbuilding influence reflected in the fire departments commencing with the village and ending with the great metropolis; yes, notwithstanding all this, there is yet an under-development in civic responsibility and in the conception of the social duty we owe to the state. We, clay-made tempets of a rapid age, seem to ignore the supremest tests by which a nation is conserved. Stringent laws, such as exist in European states, while apart from the essential features of our liberties, yet reflect the duty we owe to the economic fabric of society.

Notwithstanding the frightful drain upon our resources, insurance organization has, through a supreme intelligence, been able to construct a system of protection unequalled in the history of the world and not equaled by governmental regulations in other respects. It, therefore, is little short of a miracle that the insurance interests have been able to withstand this strain and to build so as to rear a monument dedicated to all vital interests and operating to create a confidence in the great commercial activities and which in turn install the peace and serenity most abiding in its character. Whether from the spear-tipped fire that courses through the air, or the self-immersed torch of the bloody incendiary, underwriting stands ready to do its office.—R. W. Osborn.

## KEEP READY.

The time to fight a fire is during the first one to three minutes after its origin. The earlier you get into the fight the better your chances for routing the enemy.

# WAR! What Is It All About?



HAS the whole world gone stark mad over a very foolish and foolish question? Are swords rattling, cannon rumbling, mailed armor glistening just because Russia wanted to show her love for the little brother—Serbia? Tear aside the curtain of Europe's politics and see the grim and sinister game of chess that is being played. See upon what a slim, yet desperate, excuse the sacred lives of millions are being sacrificed. Read the history of the past one hundred years, as written by some of the greatest authorities the world has ever known, and learn the naked, shameful truth. Just to get you started as a Review of Reviews subscriber, we make you this extraordinary offer. We will give to you

## FREE—"Europe at War"

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## Your War News Clarified

It is not enough to read the daily news reports. Your ability to comprehend conditions and to discuss them rationally depends on a true interpretation of the meaning and the "reason why" of events. In your mind you must bring order out of chaos and the "Review of Reviews" will do it for you.

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