

MRS. KERN'S ADVICE

To Weak, Nervous, Run-Down Women
So, Cumberland, Md.—“For a long time I suffered from a nervous breakdown. I could not eat or sleep and was so weak I could hardly walk. My husband heard about Vinol and got me to try it. Now I have a good appetite, sleep soundly and am well and strong. Every nervous, weak, run-down woman should try Vinol.”—Mrs. D. W. KERN.
We guarantee Vinol to create a healthy appetite, aid digestion and build up weak, run-down women, delicate children and feeble old people.
HAMBRIK & AUSTIN.

TROUT FISHING IN PISGAH FOREST

May 15th the Government will open a fisherman's paradise to the anglers of the United States. It is the 85,000 acre Pisgah National Forest, the 125 square miles of the late George W. Vanderbilt's mountain estate bought by the nation to serve as part of the forest reservation protecting the head waters of navigable streams. It comprises the watersheds of the Davidson and Mills rivers which diverge from nearby sources fan-shaped to the French Broad River.
There are so many brook and rainbow trout in these streams and their tributaries that if they were all taken

out at once the water would fall a foot, it is claimed. No proof of this is possible, however, because the Government will not allow the claimants to make the necessary demonstration. On the contrary, the Forest Service which has charge of the property intends to conserve the fish so that there will always be an abundant supply, and to this end has made regulations which the wardens will enforce with the power of the U. S. Courts. The results of the coming season will determine whether these restrictions will be lessened or enlarged.
Two thousand fishing days are to be allowed in 1917, these being represented by permits for which a charge of \$1 a day will be made, female members of the permittee's family being charged one-half of this sum, and children under 14 years of age allowed to fish free. Not more than four days fishing will be permitted to any person. Not more than 1,500 days will be available before July 1st, 500 days being reserved from then until the close of the season which is September 1st for brook trout and October 1st for the rainbow or California variety.

Applications for permits are now receivable. No official announcement has been made as to the course to be followed in case the applications exceed to 2,000-day limit. It will not

cause surprise if this case develops because there is no trout preserve, in Eastern United States at least, open to the public which compares with this princely domain of mountain and stream.

It is ten miles southwest from Asheville where its peaks and promontories show a skyline green or gray with the changing seasons—a great garden in the wilderness of the Blue Ridge. There are ridges and bear caverns rocks, cliffs and chestnut timbered slopes rising to the sharp spire of 5,757 feet high Mt. Pisgah, little valleys and grassy glades, impenetrable tangles of snowy-flowered rhododendron, splotches of azalea and rosetinted kalmia, dogberrys flaming white in Spring and sourwood scarlet in the Fall. There are ferns and galax and violets, and lofty heights seem waves of a stormy sea.

This a garden of rare variety because latitude makes for Southern flora, and altitude brings the growth of the further North. Vegetation is profuse because the rainfall is heavy, and so the streams run full and fast—and some run faster, “just a hell-yellin’” with a crescendo of crashing waters. Davidson and Mills rivers mainly run swift but not torrential, rock-bottomed mostly, with some earth floors to darken pools for big fish. There is a pleasing variety of fishing water. The imported speckled trout have banished the indigenous speckled ones to the headwaters to associate with the deer, wild turkey, bear and pheasants. It is estimated there are 2,500 deer in the forest.

Anglers who put their trust in the wiggly worm must change their fishing methods when they enter this fish Eden because the use of bait is forbidden. Fishing is permitted “Only with unbaited artificial fly hook” and the use of nets is unlawful. But who wants bait when a feathered hook flicked lightly on the foaming stream will bring a lightning strike from the rainbow-banded California or the pink speckled brook trout. A day's catch is limited to 15 fish, and the finny folks must not be disturbed between 8 P. M. and 5 A. M. Brook trout less than 6 inches long and rainbow under 8 inches must be restored to the stream.

The procedure for obtaining permits is this: The applicant must obtain a postal money order for the sum which will represent the number of fishing days desired (not over 4), this being payable to the Commercial National Bank, Washington, D. C. This money order should be delivered to the Forest Supervisor's office in Asheville, or to one of the forest rangers at Pisgah Forest, Horseshoe, Bent Creek or Pink Beds stations, who will furnish transmittal form and issue permit. If application be made by mail the letter should be sent the Forest Supervisor stating number of days fishing desired. The transmittal form which the Supervisor will send should then be mailed with the money order to the bank, and permittee should then write the Supervisor that he has done this.

While the regulations do not so specify, it is suggested that the applicant state whether he wishes to fish before or after July 1st. The reservation of 500 permits for the period after July 1st is for the benefit of Summer visitors to the Carolina mountains.

No hunting is allowed in the forest and even the carrying of a gun within its bounds without special permit from the Forest Supervisor is unlawful. No dogs are allowed.

Anglers who wish to camp may do so under a permit, which will be granted to every applicant by the supervisor, providing for two weeks camping free, each permit covering not more than 6 persons and 3 tents. After two weeks a charge of \$1 per week is made. Licenses for perma-

Spring Colds Are the Worst

They lead to catarrh and pneumonia. They weaken the entire system and leave it unable to resist the sudden changes. They interfere with your digestion and lessen your activity. Neglected they soon become that dread disease known as systemic catarrh. Don't neglect them. It's costly as well as dangerous.

PERUNA Will Safeguard You

Have a box of Peruna Tablets with you for the sudden cold or exposure. Tone your system up with a regular course of the liquid Peruna, fortify it against colds, get your digestion up to normal, take care of yourself, and avoid danger. If you are suffering now begin the treatment at once. Give Nature the help she needs to throw off the catarrhal inflammation, and again become well.

Peruna has been helping people for 44 years. Thousands of homes rely on it for coughs, cold and indigestion. It's a good tonic for the weak, as well.

The Peruna Company, Columbus, Ohio

FELLOW MEMBERS SHARPLY ARRAIGN MAJORITY LEADER

Mr. Kitchin Asserts That Sense of Duty Moved Him to Take Step; Declares It Takes Neither Moral Nor Physical Courage to Declare a War For Others to Fight

Washington, April 5.—This has been a bad day for the nation and North Carolina, Representative Claude Kitchin, majority leader of the House, quit his party and his President, and spoke against the war resolution. He wrote out his speech and read it to Representatives Doughnton and Webb, who are in sympathy with him and former Representative Page.

It became known early this morning that Mr. Kitchin would oppose the resolution. Friends tried to get him to change his mind. The news of his purpose was a great surprise to the Democrats who recently elected him majority leader. Many of those who voted for him declared that they would not have supported him had they known he would turn on the administration in this crisis. They do not blame him for his stand against the bill as much as they do his having accepted the leadership of his party when he knew the proposition to declare war on Germany was to be passed upon. Many leading Democrats feel that the manly thing for him to have done was to refuse the leadership or resign it if his mind changed after he was elected.

Much Bitterness Against Him
Scores of Democrats are very bitter against Mr. Kitchin. They can not understand his position.

In the House this afternoon, Representative Thomas J. Heflin of Alabama said:

IF WOMEN ONLY KNEW

What a Heap of Happiness It Would Bring to Roxboro Homes

Hard to do housework with an aching back.

Brings you hours of misery at leisure or at work.

If women only knew the cause—that

Backache pains often come from weak kidneys,

'Twould save much needless woe.

Doan's Kidney Pills are for weak kidneys,

Many residents of this vicinity endorse them.

Mrs. J. G. Neese, 725 S. Elm St., Greensboro, N. C., says: “I suffered from a constant, dull pain through my kidneys and at times it was so bad I thought I would have to give up. Seeing Doan's Kidney Pills advertised, I used them and a few doses relieved the misery in my back. I took about six boxes in all and since then I have had no kidney trouble to speak of. When I have noticed slight symptoms, a few doses of Doan's Kidney Pills have relieved me.

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Neese had. Foster-Milburn Co., Props., Buffalo, N. Y.

WHAT IS LAX-FOS

LAX-FOS IS AN IMPROVED CASCARA A DIGESTIVE LAXATIVE

CATHARTIC AND LIVER TONIC

LAX-FOS is not a Secret or Patent Medicine but is composed of the following old-fashioned roots and herbs:

CASCARA BARK BLUE FLAG ROOT RHUBARB ROOT BLACK ROOT MAY APPLE ROOT SENNA LEAVES AND PEPSIN

In LAX-FOS the CASCARA is improved by the addition of these digestive ingredients making it better than ordinary CASCARA, and thus the combination acts not only as a stimulating laxative and cathartic but also as a digestive and liver tonic. Syrup laxatives are weak, but LAX-FOS combines strength with palatable, aromatic taste and does not gripe or disturb the stomach. One bottle will prove LAX-FOS is invaluable for Constipation, Indigestion or Torpid Liver. Price 50c.

For Sale by For Sale By All Dealers

ment camp sites cost from \$5 to \$15 a year, depending on location, cost of house, etc.

The Mills river fishing may be reached in one to three hours automobile ride from Henderson, Asheville or Waynesville. Davidson river will be most economically reached by taking train to Pisgah Forest station or Brevard, two miles further on, and obtaining a carriage or automobile there. The fishing begins two miles from Pisgah Forest.

Looking Glass tributary differs in character from the rivers. It comes with an uproar of flashing waters crashing over boulderstrewn bed, and fills the steep-walled valley with the thunder of its 60-foot waterfall. There is no prettier mountain trout stream in the Southern Appalachians and above a certain fall there are speckled trout only. In its course are waterfalls, crystal pools and slanting rock surfaces plated thin with silver water. It takes its name from its mountain, the pinnacle with the water mirrored stony face shadowed by giant images of the heights across the stream. To reach it one must ride horseback 4 miles from the Davidson River road, unless permission is obtained to ride on the log trains of the Carr Lumber Company railway which extends from Pisgah Forest by Looking Glass to the Pink Beds.

LUSTY CHICKS

Statistics show that 50% of all chicks die before maturity. This tremendous loss can be largely avoided. Experience shows that 95% can be raised. The method is simple. It is explained in Bulletin No. 1, “RAISING 95% OF YOUR BABY CHICKS.” It is free.

One essential in raising chicks is plenty of good food of the right sort. Some foods, (good perhaps, for adult fowls) will promptly kill baby chicks. Manna Rice Chick Feed will build strong, lusty, healthy chicks. It will decrease the death rate and increase the vigor and sturdiness of your fowls.

MANUFACTURED BY EDGAR MORGAN COMPANY MEMPHIS, TENN.

For Sale by For Sale By All Dealers

Plenty of Patriotism in New York City, Says Bill Sawyer

Returning early yesterday from a business trip to New York City, William H. Sawyer has increased his patriotism and enthusiasm for war exactly 100 per cent. The universal display of “Old Glory” from buildings in the big metropolis and the unusual evidence of patriotism on all sides in New York is the cause of Bill's spirit of additional enthusiasm.

“If I was mayor of Raleigh I would issue a proclamation calling upon every citizen and merchant to display the United States flag from every house and building in the city,” he said. In almost every city he has visited recently, Mr. Sawyer says more flags are flying than can be seen in Raleigh.

Bulletin boards of various newspapers in New York are always surrounded by big crowds and anyone hunting for trouble can easily start a riot at any of the boards by making the slightest remark against President Wilson or the United States, he stated.

Some Good Advice

Don't think too much of your own wisdom. Watch other people's ways and you will find many people who use Chamberlain's Tablets for ailments with the best results and will do well to follow their example.

To Cure a Cold in One Day

Take LAXATIVE BROMO QUININE. It stops the Cough and Headache and works off the Cold. Druggists refund money if it fails to cure. L. W. GROVE'S signature on each box. 25c.

Professional Cards

F. O. Carver S. G. Winstead.
CARVER & WINSTEAD
Attorneys and Counsellors at law.
Office over Bank of Roxboro.

S. S. MONTAGUE, MD.
Offers his professional service to the people of Roxboro and surrounding community.
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Attorney at Law,
Office over Garrett's Store,
Roxboro, N. C.

DR. B. R. LONG,
—Dentist—
Office over the Bank of Roxboro,
Roxboro, N. C.

DR. R. J. TEAGUE,
Physician and Surgeon.
Office over The Davis Drug Co.
Roxboro, N. C.

W. A. BRADSHER, M. D.
Practicing Physician
Offers his services to the people of Roxboro and surrounding community.

B. E. LOVE, M. D.
Offers his services to the people of Roxboro and surrounding community. Office in Pass & Carver Building.

Dr. C. G. Nichols. Dr. A. F. Nichols.
NICHOLS & NICHOLS
Offer their professional service to the people of Roxboro and surrounding community.

DR. E. J. TUCKER,
—Dentist—
Office New Hotel Jones over old Drug Store.

DR. G. C. VICKERS
—Dentist—
Office in Newell Building on North Main street, next door to Roxboro Grocery Company.
Roxboro, N. C.

NORFOLK & WESTERN.

November 14, 1915.

Ex. Sun. Daily. Ex. Sun. Daily.

p.m. a.m. a.m. p.m.

5:50 7:00 Lv. Durham ar. 11:00/9:15

7:06 8:13 Lv. Roxboro ar. 9:23/7:54

7:55 8:45 Lv. Denniston ar. 8:45/7:19

8:25 9:07 Lv. S. Boston ar. 8:12/6:56

8:40 9:20 Lv. Houston ar. 7:48/6:43

11:35/11:40 ar. Lynchburg Lv. 5:15/4:15

p.m. a.m. a.m. p.m.

Connections at Lynchburg with trains east and westbound.

Pullman parlor and sleeping cars dining cars. The best route to the west and northwest. Rates and information upon application to agent, or

W. C. SAUNDERS
General Pass. Agent

W. B. BEVILL,
Pass. Traffic Mgr.

Roanoke, Va.

CHICHESTER PILLS

DIAMOND BRAND

Beware of Counterfeits. Refuse all Substitutes.

LADIES! Ask your Druggist for CHICHESTER'S DIAMOND BRAND PILLS in RED and GOLD METALLIC BOXES, sealed with Blue Ribbon. TAKE NO OTHER. Buy of your Druggist and ask for CHICHESTER'S DIAMOND BRAND PILLS, for twenty-five years regarded as Best. Always Reliable.

SOLD BY ALL DRUGGISTS

EVERYWHERE WORTH TRYING

Quality Service Value

The Kind That Mothers Like to Buy

Not Always the Cheapest, Possibly. But Always the Best

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WOMEN'S NERVES

Women, more than men, have excitable nerves, because tiring work and physical strain tax their more delicate nervous systems and bring premature age and chronic weakness—unless treated intelligently.

Drug-laden pills and alcoholic concoctions cannot build up a woman's strength, but the concentrated medicinal food properties in

SCOTT'S EMULSION

build strength from its very source and are helping thousands of women to gain control of their nerve power—overcome tiredness, nervousness, impatience and irritability.

SCOTT'S is a liquid-food—free from alcohol.

Scott & Bowne, Bloomfield, N. J.

“Our Boss”

the satisfied customer

We are always anxious to save money for our customers by showing them how to get more years of wear from their paint jobs. That's why we recommend

DEVOE THE GUARANTEED LEAD AND ZINC PAINT

FEWER GALLONS — WEARS LONGER

It contains no whitening, silica, china clay or other such stuff. It is made of the same pure ingredients that the old-time painter used: Pure White Lead, Pure White Zinc, Pure Linseed Oil, and nothing else. DEVOE is mixed by machinery, 500 gallons at a time. That makes it absolutely uniform in strength, color and covering capacity—always.

Let us tell you how little it will cost to paint DEVOE.

LONG, BRADSHER & CO.

Hardware, Farm Implements and Machinery, Flues, Tinware and Plumbing, Favorite Stoves and Ranges

ROXBORO, N. C. PAINT DEVOE PAINT

WANTED! WANTED! WANTED!

Cedar Logs

We will pay cash for cedar logs delivered on mill yard at Brooksdale or on R. R. siding for convenient loading on cars, in sizes 6 inches and larger across the small end and in lengths of 6, 7, 8, 9, and 10 feet. Logs to be sound and have the ends sawed off and not chopped with an axe.

For prices and further particulars call on

U. Y. DRAKE, Roxboro, N. C.

George C. Brown & Company, Greensboro, N. C.

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