

SOUTH MUST GROW OWN FOOD STUFF

(By John Paul-Lucas)

"Grow your own food and feed crops or go hungry." In less abrupt phrasing but in language just as easily understood, this is what the rest of the country is saying to the South this year.

The South has been depending on the North and Central West for food and feed and feedstuffs to the value of approximately \$700,000,000 a year—at present prices the figures would no doubt pass the billion dollar mark. North Carolina's part of this tremendous aggregate of imports has been in round numbers \$80,000,000. For the fiscal year beginning January 1, 1916 and ending June 30, 1917, because of a combination of high prices and poor crops in some sections, our importations will no doubt reach the staggering figure of \$100,000,000.

This State in common with all of the South has received a solemn warning from officials of the National Government, including the Secretary and Assistant Secretary of the Department of Agriculture, that the food and feed stuffs we have been importing will not be available this year because they will be required for our armies and the armies of our allies. The Governors, agricultural leaders and far-sighted farmers and business men of the South have sounded the warning also. So grave is the situation that President Wilson himself has made a special appeal to the farmers of the South.

The State of North Carolina has been early to take steps to meet the situation. Even before war was declared Governor Bickett took time by the forelock and issued a proclamation urging upon the people of our cities and towns as well as those on farms the importance of planting ample home vegetable gardens. Following the entry of this Nation into the war Governor Bickett appointed a State Food Conservation Commission which promptly met and planned and is putting into execution under the direction of its executive Secretary a vigorous campaign for greater food and feed production. A sub-commission is being appointed in each county in the State, to have representation from every school district. The newspapers of the State, the commercial organizations, ministers, mayors of towns and cities, bankers and other persons and agencies will be called upon to assist in this campaign, in addition to the State Department of Agriculture, the Farm Extension Service, the boys' and girls' corn, pig and tomato clubs and other organizations. In short every possible agency is being mobilized to meet the situation.

There are several means of increasing production. Where farmers can see their way clear, they are urged to reduce slightly their acreage of cotton and tobacco, specially the latter, giving more acres to corn, soy beans, peas, potatoes, hay and other food and feed crops. Even where they do not reduce their acreage of cotton and tobacco they are urged to try to take care of a slight additional acreage, if they can do so without neglecting their accustomed crops. Increased amounts of fertilizers may be used to advantage where wisely applied. County commissioners are urged to use convicts and their work stock on tenantless farms for the cultivation of corn and hay especially, even to the temporary neglect of road work. The people of our cities and towns are urged to utilize vacant lots and lands close by for the growing of staple food and feed crops.

When one tries to vision the amount of meat, flour, corn, oats, hay, potatoes, etc. \$80,000,000 or \$100,000,000 will buy he begins to realize what a gigantic task the farmers of the State have imposed upon them, and what a really important work the mobilized forces working through and in cooperation with the Food Conservation Commission have to perform in getting the farmers and other producers in the State to feel the seriousness of the situation and to act promptly in meeting it.

The farmers of North Carolina are called upon to grow food and feed crops not only sufficient to supply all of their own needs, but to supply the needs of our cities and towns and mill communities as well. If they should raise a surplus above these requirements, which is beyond the range of possibilities this year, there will be a ready market for it, because this nation is being called upon to feed not only the armies but to a considerable extent the civilian population of our Allies, whose producers by the millions have been taken from the fields to fight in the trenches.

All authorities are agreed that unprecedented prices may be looked for this year for meat products, corn, wheat, oats, hay, Irish and sweet potatoes, soy beans, velvet beans, cowpeas, canned and dried vegetables and fruits and in fact all non-perishable food and feed crops. The farmer is not called upon to make a sacrifice, because it is not necessary. Cotton and tobacco are the lowest priced

farm products we have, even at their present prices, and farmers who raise these crops to the neglect of sufficient "hog and hominy" and feed for their own use are going to be in the calamity howling class this fall. Cotton and tobacco will no doubt command something like present prices next fall, but there is some danger of an overproduction of these crops while there is no danger of the South raising too much food and feedstuffs.

The farmers of the State, together with business men, and others who can help, are called upon to perform a patriotic duty. But that is not as far as it goes. They are being given, by unusual conditions, such an opportunity to profit as they have never had before. The war is going to bring prosperity to a marked degree to those farmers who are fore-sighted and wise enough to produce abundantly of those crops for which there is certain to be the heaviest demand at the best prices.

LIFT YOUR CORNS OFF WITH FINGERS

Tells How to Loosen a Tender Corn Or Callus So it Lifts Out Without Pain

You reckless men and women who are pestering with corns and who have at least once a week invited an awful death from lock jaw or blood poisoning are now told by a Cincinnati authority to use a drug called freezone, which the moment a few drops are applied to any corn or callus the soreness is relieved and soon the entire corn or callus, root and all lifts off with the fingers.

Freezone dries the moment it is applied and simply shrivels the corn or callus without inflaming or even irritating the surrounding tissue or skin. A small bottle of freezone will cost very little at any of the drug stores, but will positively rid one's feet of every hard or soft corn or hardened callus. If your druggist hasn't any freezone he can get it at any wholesale drug house for you.

Adopt Daylight Saving—

North Wilkesboro—The day light saving plan has been adopted by this city and will be put in use at once. All clocks of this place will be set forward one hour from April 30 to September 30.

Piles Cured in 6 to 14 Days

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Bleeding or Protruding Piles in 6 to 14 days. The first application gives Ease and Relief. See Faces Double Murder Charge—

Tarboro—W. C. Nelsin, white will go on trial here for his life this week. He is charged with killing Officers P. R. Riggan and Ransome Gwatnew on March 3.

For Your Child's Cough

Here's a pleasant cough syrup that every child likes to take, Dr. Bell's Pine-Tar-Honey. If your child has a deep hacking cough that worries you give him Dr. Bell's Pine-Tar-Honey, the soothing pine balsams relieve the cough, loosen the phlegm and heal the irritated tissues. Get a bottle today at your druggist and start treatment at once. 25c.

Youth, 19, Is Missing—

New Bern—Calhoun Batts, 19-year old youth of this city, has been missing from his home here since Sunday night. Search parties have been looking for him for several days.

Proper Food For Weak Stomachs

The proper food for one man may be all wrong for another. Every one should adopt a diet suited to his age and occupation. Those who have weak stomachs need to be especially careful and should eat slowly and masticate their food thoroughly. It is also important that they keep their bowels regular. When they become constipated or when they feel dull and stupid after eating, they should take Chamberlain's Tablets to strengthen the stomach and move the bowels. They are easy to take and pleasant in effect.

The Friday Afternoon Pleasure Club had a most enjoyable meeting at the appointed time, with Mrs. W. C. Watkins as the hostess. The attractive home on Virginia Avenue was decorated with a profusion of white flowers, the color motif, pink and white was carried out in every detail. The guests assembled in the reception room and living room where Boston Rook was played at six tables. In addition to the club members a number of invited guests participated in the games, after which a delightful collation was served by Mrs. Preston Satterfield and Misses Myrtle Barnett and Breta Noell.

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Cures the Blood and Builds up the Weak.

Keeping Yourself Well

THE FIRST STEP

Usually the first indication of a lowering of health is found in the bowels and liver. Something goes wrong—we eat too much, or work too hard—and the bowel action weakens or the liver is sluggish. That heavy feeling on arising in the morning, dryness of the throat, with bad taste, a slight headache, dull eyes—all show that food has fermented in the intestines, and that the body is manufacturing poisons instead of good blood.

Clear it all out. Give the stomach and bowels a fresh start. Encourage the liver to go to work. Manalin does all of this, without griping or weakening. It's the ideal laxative and liver tonic, because it follows Nature's plan, without discomfort, inflammation or forming a habit. Constipation may be overcome with its use.



Liquid or tablet form. The Tablets taste like candy. Children like them, and they are safe. 10 and 25 cents. The Poruna Co. Columbus, O.

FIGHTING SUBMARINES

The British claim to be sinking German submarines at the rate of one a day or more—which is certainly as fast as Germany can make and man them. The method of fighting them is with small motor boats about 100 feet long which run at forty miles an hour, too fast for a torpedo to hit them. These boats sink submarines, some by direct gun fire; some by bombs, but the greater number by setting nets. To repair the great loss in tonnage caused by torpedoes and mines the Allies are rushing the building of speedy freight carrying vessels. It is understood that President Wilson is using some \$15,000,000 of the emergency fund voted by the last Congress to build wooden merchant vessels of 3,000 tons burden. In a few months our yards will be turning out these vessels at the rate of one a day. A great addition to available shipping has been made by the seizure of the German vessels in the American harbors. Of these there were 91 with an aggregate tonnage of 629,000—more than could be built in our ship yards in a year. Many of these vessels have been badly damaged by their crews but they can be repaired. Fourteen Austrian ships also were seized on last Monday when Austria and Turkey severed diplomatic relations with the United States. With these ships, for which private owners will doubtless be paid at the proper time, we shall be much better equipped to face the German submarine menace. In fact, although many thousands of tons of shipping are sunk every week, it has become evident that Great Britain will not be starved out by the German underwater boats. Vessels are still entering allied ports in great numbers and harvest is coming on apace. When that comes Great Britain will have food of its own for several months.

Don't Let Your Cough Hang On

A cough that racks and weakens is dangerous, it undermines your health and thrives on neglect. Relieve it at once with Dr. King's New Discovery. This soothing balsam remedy heals the throat, loosens the phlegm, its antiseptic properties kill the germ and the cold is quickly broken up. Children and grown-ups alike find Dr. King's New Discovery pleasant to take as well as effective. Have a bottle handy in your medicine chest for gripe, croup, and all bronchial affections. At druggists, 50c.

NELSON CASE AT TARBORO TERMINATES IN MISTRIAL

Defendant, Accused of Killing Police Officers, in Penitentiary for Safe Keeping

Wilson, April 23.—Judge Whedbee

returned from his home in Greenville to Tarboro Sunday morning to ascertain whether or not the jury in the Nelson case—for the killing of two police officers and seriously wounding the mayor of Tarboro—had arrived at an agreement, and finding there was no likelihood of their agreeing, ordered a juror withdrawn and a mistrial. The prisoner was remanded to jail and was shortly afterwards started on his way to the penitentiary for safe keeping. When the case is called again it will be heard either in Wilson, Wayne or Nash county, and it is believed by many it will go to Nash.

Chief of Police Gulley, of Tarboro, who was in the raid when the tragedy was enacted, also passed through Wilson Sunday afternoon on his way to Raleigh, where he will enter a sanatorium for treatment. It is said that ever since the crime he has been a physical and mental wreck.

Entente Powers Not Empowered To Draft Their Subjects Here

Chairman E. Y. Webb, of the House Judiciary Committee, Saturday, said the bill passed by the House and Senate to let the entente powers recruit their citizens or subjects in this country for military service does not empower them to conscript these persons. Foreigners residing in the United States and several newspapers printed in foreign languages have appealed to the State Department on the limitations of the act. Polish communities especially have been wrought up because of misinformation. Mr. Webb says the act means simply a modification of the criminal code which has prohibited enlistments in this country, so that recruit officers "may induce if possible their subjects and citizens in this country to enlist."

French citizens have sought information as to the extent the measure will go, it being erroneously reported that England and France desired the power to compel enlistment of their nationals in this country. It was pointed out in a British quarter that England hardly would ask of the United States what she had denied to France.

Clear Away The Waste

Bowel regularity is the secret of good health, bright eyes, clear complexions, and Dr. King's New Life Pills are a mild and gentle laxative that regulates the bowels and relieves the congested intestines by removing the accumulated wastes without griping. Take a pill before retiring and that heavy head, that dull spring fever feeling disappears. Get Dr. King's New Life Pills at your druggist, 25c.

Germans Urged Not To Quit the Struggle

Amsterdam, April 23.—Via London. An appeal to the German people not to give in for the sake of a mouthful of bread, but to "hold out only a little while longer," is printed in the Norddeutsche Allgemeine Zeitung. "America found out," says the statement, "that England will be beaten and she entered the war to save what she could of the money put into the munition business. Shall we let America reap the profits? Set your teeth and it will soon be over. Remember, all is at stake."

The Association of Christian Trade unions of Berlin, in a manifesto, couples an affirmation of loyalty to the German emperor and empire with a strong condemnation of strikes which it says "do not provide a single gram of bread, and the enemy, like a drowning man, is grasping at the straw, eagerly watching for the least sign of disunion in Germany." "Therefore," says the manifesto, "all must stand pat."

Hard Work for Women

It is a question if women doing men's work deserve particular sympathy, for it is doubtful if there is any work that is harder than every day housework. Over work tells on the kidneys, and when the kidneys are affected one looks and feels older than the actual years. Mrs. A. G. Wells, R. R. 5, Rocky Mount, N. C., writes: I cannot praise Foley Kidney Pills enough for the wonderful benefit I have derived from their use for a short while."

Will Establish Hospital—

Marion—Dr. G. S. Kirby, of this place has completed plans and purchased equipment for establishing a modern hospital here. The institution will be opened May 1, he announces.

Muscle Soreness Relieved

Unusual work, bending and lifting or strenuous exercise is a strain on the muscles, they become stiff and sore, you are crippled and in pain. Sloan's Liniment brings you quick relief, easy to apply, it penetrates without rubbing, and drives out the soreness. A clear liquid, cleaner than musky plasters or ointments, it does not stain the skin or clog the pores. Always have a bottle handy for the pains, aches of rheumatism, gout, lumbago, gripe, bruises, stiffness, backache and all external pain. At your druggist, 25c.

Boy Shoots Himself—

Fayetteville—Robert Erwing, small boy of the Manchester section of this county, accidentally shot and killed himself with a small rifle.

Trouble Entirely Disappeared

Fathers and mothers worry over a child with a chronic cough, Knudt Lee, Wannaska, Minn., writes: "For several years my daughter had a bad chronic cough. Every time she caught a little cold, it aggravated the trouble. We tried many medicines, but not until we tried Foley's Honey and Tar did anything produce any great relief. In a few days the trouble entirely disappeared and has never returned." Foley's Honey and Tar for coughs, colds, croup, whooping cough.

The Courier \$1 a year.

Children Cry for Fletcher's
CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Peppermint Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years
The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

C&B DAILY BETWEEN BUFFALO & CLEVELAND
3 - MAGNIFICENT STEAMERS - 3
The Great Ship "SEANDBEE" - "CITY OF ERIE" - "CITY OF BUFFALO"
BUFFALO - Daily, May 1st to Nov. 15th - CLEVELAND
Leave Buffalo 9:00 P. M. Arrive Cleveland 7:30 A. M. Leave Cleveland 9:00 P. M. Arrive Buffalo 7:30 A. M. Steamers State, Buffalo Star, Toledo, Detroit and all points Connections at Cleveland for Cedar Point, Put-in-Bay, Toledo, Detroit and all points West and Southwest. Railroad tickets reading between Buffalo and Cleveland are good for transportation on our steamers. Ask your ticket agent for tickets via C. & B. Line. For Speed Automobile Rate—\$4.00 Round Trip, with 3 days return limit, fares not exceeding 177 in-wheelbase.
Beautifully colored sectional puzzle chart of the Great Ship "SEANDBEE" sent on receipt of 5c. Also ask for our 8-page pictorial and descriptive booklet free.
The Cleveland & Buffalo Transit Company
Cleveland, Ohio
FARE \$3.50

USE ZELL'S Special Compound For Tobacco

Madison, Rockingham Co. N. C. Jan. 27, 1917.
I used 2917 bags of ZELL'S SPECIAL COMPOUND FOR TOBACCO on my farms last year and so far have sold about \$60,000.00 worth of tobacco grown over it at prices which are highly pleasing. ZELL'S starts tobacco nicely and ripens it uniformly, producing a rich, waxy leaf which weighs well and brings the money. I will certainly use ZELL'S again this year. J. M. GALLAWAY.
Roxboro, N. C. January 31, 1917.

I have been using Zell's Tobacco Fertilizers for eight years and have never seen anything to beat them yet. I averaged \$42.00 for my crop of tobacco grown over ZELL'S this year on the Roxboro Market.
ZELL'S makes rich, silky, bright wrappers which always weigh well. I had rather cure after Zell's than any other fertilizer on the market. I expect to use Zell's again this year because all my people are pleased with it.
Yours truly,
WELDON G. CLAYTON
Mebane, N. C. January 27th, 1917.

I used Zell's Special Compound for Tobacco 8-2-2 last year and made 8326 lbs. of tobacco that brought me \$2791.21.
I will use Zell's this year and recommend it highly. ZELL'S starts tobacco nicely, grows it smoothly and yellows it well.
Tobacco grown over Zell's always brings a good price.
Very truly yours,
W. MARSHALL WARD.
Hurdle Mills, N. C., February 14th, 1917.

I used some ZELL'S SPECIAL COMPOUND FOR TOBACCO 8-2-2 last year along with a 9-3-1 Fertilizer made by a standard manufacturer, and considered popular in this section, the goods being distributed by machinery the same amount per acre. Notwithstanding the fact that I used a light sprinkling of stable manure with the 9-3-1 which I did not use with Zell's, and planted the tobacco over Zell's last, I was surprised to find with this disadvantage, that Zell's made the most tobacco and brought me the most money. Yours truly,
D. L. OLIVER,
FOR SALE BY:
Harris & Hester, Roxboro, N. C.
R. P. Brooks, Woodside, N. C.
H. L. Carver, Rousemont, N. C.
J. T. Rogers & Co., Durham, N. C.