

About Your Health

Things You Should Know



by John Joseph Gaines, M. D.

LITTLE EMERGENCIES

It is not unusual for small boys who go fishing, to get a fish-hook imbedded in some part of the boy instead of the fish; due to careless handling of the fishing-tackle.

Crochet hooks are unpleasant guests when deeply seated. I recently attended a lady who sat down in a porch swing that held a bundle of tatted, the crochet hook was driven more than an inch into her hip. A man, who was rummaging on a closet shelf above the level of his eyes, encountered an old crochet hook which penetrated the palmar surface of his thumb. He fainted promptly and a rush call came in anticipation of a deep incision to remove the offender.

Every family should have a medicine kit, which includes a safe, reliable antiseptic. In the event of wounds like the above, anyone can, by manipulation, push the point of the offender out through the skin; in case of a hook or barbed instrument, the barb can then be cut or broken off, and the extraction easily made in two minutes; the wound should then be thoroughly soaked with the antiseptic, and a light dressing applied.

Forcing a fish-hook out through the skin does not add to the pain already there, the crochet hook is best removed in the same manner—the hook cut off with wire cutters. Never try to pull a barbed instrument out the way it went in. This advice may save considerable expense and trouble, and is worth remembering when you live away from the doctor.

Ton Of Pork From Eight Pigs

Lexington, N. C., Sept. 17.—Eight pigs entered in the state-wide ton

Keep Eliminative System Active

Good Health Requires Good Elimination

ONE can't feel well when there is a retention of poisonous waste in the blood. This is called a toxic condition, and is apt to make one tired, dull and languid. Other symptoms are sometimes toxic backaches and headaches. That the kidneys are not functioning properly is often shown by scanty or burning passage of secretions. Many people have learned the value of Doan's Pills, a stimulant diuretic, when the kidneys seem functionally inactive. Everywhere one finds enthusiastic Doan's users. Ask your neighbor!

DOAN'S PILLS 60c
Stimulant Diuretic to the Kidneys
Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

Bilious dull feeling

"My old stand-by is Thedford's Black-Draught—I have used it off and on for about 20 years," says Mr. W. S. Reynolds, of R. F. D. 2, Arcadia, La.

"I get bilious and have a bad taste in my mouth. My head feels dull. I don't just feel like getting around and doing my work. I know it isn't laziness, but biliousness.

"So I take a few doses of Black-Draught and when it acts well, I get up feeling like new—full of pep and ready for any kind of work.

"I can certainly recommend it." In case of biliousness and other disagreeable conditions due to an inactive liver, Black-Draught helps to drive the poisonous impurities out of the system and tends to leave the organs in a state of normal, healthy activity.

Black-Draught is made entirely of pure medicinal roots and herbs and contains no dangerous or harmful mineral drugs. It can be safely taken by everyone. Sold everywhere. Price 25c.



litter contest by M. L. Hanes of the Reedy Creek township in Davidson County on arch 4, 1923 weighed 2073 pounds on September 2 according to C. A. Sheffield, county agent of Davidson County.

"Mr. Hanes has proven himself to be one of our best hog feeders," says Mr. Sheffield. "The eight pigs which he entered in the ton litter contest were a cross between the Berkshire and Poland China breeds. They were fed according to methods advocated by the swine extension office at State College and were fed for 180 days. At the end of the period, the eight animals weighed 2073 pounds or a naverage of 259-1-2 pounds each. They made an average daily gain of 144 pounds per day from the time of farrowing until six months of age. Mr. Hanes might have exceeded even this record had he not overfed for one period the amount of shorts called for in his schedule. The amount of fish meal was lower than the schedule

called for, but was supplemented with skim milk."

Mr. Sheffield states that there were three boars and five sows in the litter. The heaviest pig was a barrow weighing 303 pounds while the lightest was a sow weighing 206 pounds. Each of the three barrows weighed much more than any one of the five sows. The total cost of the feed given the animals was \$119.87 or a cost of 5.8 cents per pound to produce the pork. On the day the contest closed Mr. Hanes could have sold his pigs for a little over \$300. Deducting the cost of feed and \$48 for eight pigs, six weeks old, Mr. Hanes still has left a profit of \$132.13 for his labor in addition to the plant food left on the farm. This plant food is valued at about \$50.

The pigs are now being fed a slop mixture to further increase their weight and will be dressed and sold as sausage on the Winston-Salem chrb market about October first.

Girls Athletic Asso.

The girls of the Roxboro High School organized their Girls Athletic Association Monday, Sept. 20. It was decided that the directing body of the association should consist of the presiding officers, one representative from each class, to act as Captain of class hiking club and the faculty director. The elections

were made as follows: President, Winnie Wilburn; V-President, Jessie Duncan; Sec. and Treas., Mildred Richmond; Freshman class captain, Dorothy Thompson; Soph., Sue Heister; Junior, Kate Lunsford; Senior, Mary Shuford Carleton.

We intend that the Girls Athletic Association of the Roxboro High school shall stand firmly for good clean sportsmanship in the highest

sense of the word. Under the supervision of the association through tennis, basketball and hiking squads we hope to contribute wonderfully toward making healthier, happier girls, and to do our share toward creating a fine and loyal school spirit as well.—Com.

One day's work in the corn field this fall will secure enough seed to plant the corn crop next year.

The Farmers Warehouse

OUR BUSINESS CREED

To be fair, honest and openminded. To look upon our business as a service to those about us, to remember that as citizens, too, we have duties to perform in furthering the common welfare of all. To seek no unworthy gain, to combine cheerfulness with industry. To have faith alike in those whom we serve and those who serve us, and so gain their confidence and good will. To count our friends before our profits, and finally to rejoice with all who through worthy efforts succeed, knowing in the end their success is ours.

R. D. Cothran, D. H. Conner
T. B. Davis, L. P. Woody
South Boston, Va.

A Modern Method of Cleanliness

Because it cleanses the mouth and teeth, removes odors of dining or smoking and renders the user acceptable in any company, the use of **Wrigley's Chewing Sweets** is a mark of refinement.

To use Wrigley's shows thought for the feelings and the favor of your companions.

Wrigley's is also a delightful refreshment enjoyed by people of all ages. It is an aid to digestion—a guardian of good health.

3 handy packs for 5c

ARTER EVERY MEAL

Suppose You Didn't Know Anything At All About Automobiles

But you found upon inquiry, that there are about 100 different kinds of cars on the street, and that one manufacturer is making about 50 per cent of all these cars while the other 99 manufacturers, put together, are making the other 50 per cent. Would it take you long to decide which car must be giving its owners the most for their money?

The next time you have a chance come around to our place and just RIDE in one of the NEW IMPROVED models. You will be delighted, we assure you.



Crowell Auto Co., INC.
Phone 77 -- Roxboro, N. C.

SPECIALS

30X3 1-2 Reg. Cl. Cord

\$7.95

OUR GREATEST TIRE OFFER

Firestone
Gum-Dipped Tires

All Sizes Reduced

Never before have we offered you such tire values! Look again at the saving you make on a genuine 30x3 1-2 Firestone Cord-Casing! Where else can you buy a quality tire at this low figure? And remember that substantial reductions have been made in the price of every size and type Firestone in our store. Now is the time to buy Firestones. Act at once! Drive In!

Big Free Attractions Day and Night
A REAL CASH PRICE
Wonderful Fire Works! Midway—The Best Ever
Central Service Sta.
DANVILLE TIRE ASSOCIATION