

Olive Hill Parent-Teacher Association

The Parent-Teacher Association of Olive Hill School held on April 11, its last meeting for the current school year.

The group of men and women composing this association are notably capable and public-spirited. They give unsparringly of their time and means to meet the needs of school and community.

As a step towards standardizing the school, the association has spent one hundred dollars for seven sets of twenty books each for the grades, and also purchased three additional sets of eight books each for the third grade. These supplementary readers have been a great help to the school.

On the fourteenth of February the women gave in the school building a Valentine party for the purpose of promoting community spirit and for raising money to buy shrubs. At this time thirty-five dollars and sixty cents was taken in.

The association has put many days of work on the school grounds. They have been plowed, terraced, fertilized and sowed in grass. The fertilizer used to be used cost thirty-three dollars and five cents. A stone wall has been built a few feet from the school building to hold loads of rich soil in which strawberry is to be planted. The plants to be used are already paid for.

The officers of this efficient organization are Mrs. J. D. Winstead, president; Mrs. S. J. Dickens, secretary and Treasurer; Mrs. W. E. Connally, chairman of Program Committee.

Milk For Health In Gaston County

Raleigh, N. C., May 2.—Over 14,000 school children, many adults and various civic organizations in Gaston County heard the message of milk for health in an intensive campaign conducted during the week of April 18.

The campaign began by a survey of school children to find the average amount of milk consumed each day by every child. Poster contests and essay contests stimulated interest in the movement. Window displays were arranged and a special speaking campaign was then put on. During the week of the campaign, extension agencies, health officials

J. L. WOODY
Licensed Embalmer
Roxboro, N. C.

DR. E. J. TUCKER
Dentist
Office in Hotel Jones.

ROBERT P. BURNS
Attorney-at-Law
Office in Old Post Office Building

DR. O. G. DAVIS
Veterinarian
Offers his services to Roxboro and surrounding community.
Phone 81.

W. T. BUCHANAN
Survivor
Roxboro, N. C., Route 6.

DR. H. M. BEAM
Physician
Offers his service to Roxboro and surrounding country.
Office over Sergeant and Clay's Store.
Day or Night Phone 31.

DR. G. C. VICKERS
Dentist
Office in Wilburn and Satterfield Store Building on Main Street, up stairs, corner rooms.

DR. J. H. HUGHES
Dentist
Office in Hotel Jones, next door to Dr. Tucker's Office

B. B. BEALOCK, O. D.
Registered Optometrist
South Boston, Va.
Eyes tested and glasses fitted. Prescriptions filled. Lens duplicated, also broken lens duplicated and reduced. 17 years experience.

N. LUNSFORD
Attorney-at-Law
Office over Garrett's Store
Roxboro, N. C.

And home economics workers made 196 talks in which the value of milk as a food was illustrated.

Twenty workers took part in the movement and at the conclusion of the week, it was estimated that every school child in the county had heard of the value of milk. It was found that the average consumption of milk in Gaston County amounted to two thirds of a cup per person each day. About 21 per cent of the children were more than 10 per cent underweight. This was in spite of the fact that the health authorities and teachers had been making a sincere effort to interest each child in drinking some milk. However, the percentage of those drinking milk in that county was very high as compared to some counties of North Carolina and the percentage of those drinking coffee was low.

According to Miss Maude E. Wallace, assistant state home demonstration agent, the success gained in the campaign was due to the hearty cooperation of the local teachers and health workers with the six extension specialists who aided in the campaign during the week. Miss Margaret Thompson and L. B. Altman, home and farm agents, had charge of the movement and were responsible for the excellent results secured. Miss Wallace estimates that there will be a considerable increase in milk drinking as a result.

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Asheville Lady Threatened With Nervous Breakdown

Amazing Improvement in Mrs. Fisher's Health Surprises Friends. Nervous Indigestion, Loss of Energy and Strength Corrected

"Six years ago nervous indigestion threatened me with a complete breakdown," says Mrs. B. C. Fisher, 736 Haywood Road, Asheville, N. C., whose recovery from a long siege of suffering surprised even her closest friends.

"If you never feel well and just drag through the days, tired and fagged-out; if your stomach rebels at taking food and you spend miserable hours doubled up with pain caused by indigestion; if you do not sleep soundly and dizzy spells attack you when you stoop over; if you are losing weight and feel old—watch out!

Mrs. Fisher says: "Suffering from indigestion, being unable to sleep and getting up in the morning tired, sapped my strength. Everything I ate caused gas to form and terrible nervous headaches followed every meal.

"I sought relief. Everything I took failed to help me. Then after reading about the powers of Tanlae I tried this tonic. The first bottle gave me an appetite. Indigestion disappeared. I began to sleep well and arise in the morning refreshed. Soon my nerves calmed down and headaches vanished. I took on weight. Tanlae brought me relief, restored my health. I will never be without this tonic."



Mrs. Fisher is only one of thousands who have found happy relief from pain and gained new strength taking this tonic made from roots, herbs and herbs according to the famous Tanlae formula. It usually builds up the body, drives away poisons and suffering. Heed their advice. Keep well, keep youth and health—take Tanlae.
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Complete announcement of it will appear in The Saturday Evening Post, May 7; Literary Digest, May 14; Collier's Weekly, May 21; Liberty, May 14; Life, May 5.

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