

WHAT KILLS AMERICANS.

The alarming disease of this country is nervous debility and prostration. It goes under many names but it is essentially the same complaint. Hospitals and private institutions for nervous patients are crowded. The average life in the United States is decreasing every year. Sudden deaths from nervous collapse among our business, professional and public men are as frequent as scarcely to excite remark. The majority of suicides, committed with or without apparent reason, or under so-called "depression of spirits," are really prompted by nervous prostration, which is a fruitful source of insanity and crime with all their grief and horror.

These facts are startling. They threaten the very life of the nation. They assail the springs of its power and prosperity. They work manhood's strength and woman's usefulness and beauty.

Every one should know the cause. What are they? The answer is easy and terribly plain: Our vicious personal habits; our careless and lawless eating and drinking; the intense mental and physical strain arising from our mad race for money, position and influence; the fears and struggles of poverty; the use of narcotics and stimulants; our fashion of turning day into night and night into day; and, briefly, our desperate willingness to pay any price for an hour's pleasure or success. So we burn life's candle at both ends and fill the lunatic asylums and the graveyards.

The disease from which we suffer and die is, in plain English, Nervous Debility, as it is seated in the Nerves and in the organs of Digestion, Assimilation and Nutrition. Healthy digestion being impeded or destroyed, the whole body, nerves included, is literally starved; even when there is no emaciation to tell the sad story.

Nervous prostration sends out its warnings—headache in the morning; a persistent dull heaviness or aching at the base of the brain; wakefulness; loss of appetite and disgust with food; loss of mental energy and interest in ordinary duties and business; restlessness and anxiety without any assignable reason; eruptions; bad breath; foul mucus on the tongue; occasional giddiness; palpitation of the heart; saltness of the skin; coated tongue and gradual failure of strength and ambition.

The remedy is a total abandonment of the habits and customs which cause the disease in each individual case, and the use of Shaker Extract of Roots (Seigel's Syrup) to cure the mischief already done. This great remedy, prepared by the Shaker Community of Mt. Lebanon, N. Y., is especially adapted to eradicate Nervous Debility. To do this it acts directly and gently but powerfully upon the disordered stomach, liver and kidneys, restoring their tone and vigor, promoting the secretion of bile, expelling waste matters from the system, and purifying the blood.

Upon the nervous system, Shaker Extract (Seigel's Syrup) acts as a safe and wholesome anodyne without the slightest narcotic effect, and then leaves the nerves to retain their natural tone and strength through its wonderful influence upon the function of nutrition.

It is safe to say more nervous dyspepsias have been restored by it from the depths of misery to a fresh enjoyment of life and labor than any other all forms of treatment combined.

THE JOURNAL.

THE KISS OF THE SYREN. A story of the sea.

It is a magical world that lies off the coast of the sea. The light of the moon is all that is left of the day. The sea is a vast, dark, and mysterious world. The wind is a soft, low murmur. The waves are a gentle, rhythmic lullaby. The sea is a world of its own, a world of mystery and magic.

And the wind is a soft, low murmur. The waves are a gentle, rhythmic lullaby. The sea is a world of its own, a world of mystery and magic. The wind is a soft, low murmur. The waves are a gentle, rhythmic lullaby.

THE MORMON CHURCH SAID TO HAVE A GREAT FLEET OF SHIPS. A report of a fleet of ships.

LINCOLN, Neb., Jan. 10.—Two miles south of this city stands a palatial residence owned by an English gentleman long since identified with the Mormon Church. The residence has been white-washed for the last few years by an old servant of the man named White, who at one time was connected with the Jezreels of London, a sect similar to the Mormons. White claims he was defrauded by them out of his property and he has been ever since devoted to the Mormon faith.

THE BASIS OF AGRICULTURE. A discussion of agricultural practices.

THE BASIS OF AGRICULTURE. A discussion of agricultural practices. The basis of agriculture is the soil. The soil is the foundation of all life. The soil is the source of all food. The soil is the source of all wealth.

A Wonderful Journal.

There is no journal in half a dozen publications in America that can rightfully claim a circulation of over a hundred thousand copies per week, and among weekly papers, there are three that boast that number.

These are The Weekly Detroit Free Press, which is so wonderfully popular that it circulates in excess of 120,000 copies each week. A third condition which is essential to a journal's success is its timeliness. The Free Press is a daily paper, published every day of the year.

The popularity of The Free Press is attributable to the peculiar charm and attractiveness which pervade its columns, appealing strongly to the sympathies and compelling the admiration of readers. It occupies a sphere of its own, and is unique and unapproachable in its kind.

PERSONAL BEAUTY. A discussion of beauty and health.

PERSONAL BEAUTY. A discussion of beauty and health. Beauty is not merely a matter of appearance, but of the inner self. Beauty is a reflection of the soul. Beauty is a source of joy and happiness.

THINGS WORTH THE DOING. A list of things worth doing.

THINGS WORTH THE DOING. A list of things worth doing. There are many things worth doing in life. There are many things worth pursuing. There are many things worth striving for.

FOR AN UNATTRACTIVE READ.

No woman likes to be homely, and she who is born a beauty is fortunate indeed. But let not the plan or even a girl despair of acquiring a sufficient amount of beauty to render her attractive.

When a woman must study your face, she will find it a most interesting study. A thoroughly refined and graceful manner can be acquired by any woman, and is a powerful charm.

THE BOMBHELL. A story of a bombshell.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

MOODS.

It is real funny sometimes to see a lady half a street car. You can't tell by her manœuvre whether she's counting the passengers, or the number of the driver, or trying to see the mud.

Yankee Doodle is the National Air of Americans in the United States; but of the Americans in Canada—New York Aldermen, United States National Bank officials and others it is Yankee Doodle.

It is said that a well-known bank president has written an article in a Chicago weekly, entitled, "Where Has the Money Gone?" It is known the cashier's address in Canada, he might drop him a note, enclosing a stamp for reply.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

MOODS.

It is real funny sometimes to see a lady half a street car. You can't tell by her manœuvre whether she's counting the passengers, or the number of the driver, or trying to see the mud.

Yankee Doodle is the National Air of Americans in the United States; but of the Americans in Canada—New York Aldermen, United States National Bank officials and others it is Yankee Doodle.

It is said that a well-known bank president has written an article in a Chicago weekly, entitled, "Where Has the Money Gone?" It is known the cashier's address in Canada, he might drop him a note, enclosing a stamp for reply.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

THE BOMBHELL. A story of a bombshell. A bombshell is a woman who is beautiful, but who is also a troublemaker. A bombshell is a woman who is beautiful, but who is also a troublemaker.

JAMES REDMONI, NEWBERN, N. C., WHOLESALE LIQUOR DEALER AND MANUFACTURER OF Ginger Ale, Sarsaparilla, Lemon Soda, Buffalo Mead, California Pear Cide, Etc., Etc. IN CONNECTION WITH THE AGENCY FOR BOTTLING The Bergner & Engel Brewing Company's Lager Beer, Porter, &c. I KEEP ON HAND A FULL LINE OF WINES AND LIQUORS AT WHOLESALE, Which will be sold by the Barrel or Gallon at VERY LOW FIGURES FOR CASH. Ginger Ale equal to Best Imported, and superior to any procurable in North Carolina.

A.M. Baker FOR A MAN AND BEAST! Mexican Mustang Liniment. Has Goods that everybody wants. We are offering them at prices that all can well afford to pay. We don't pretend to give a list of all our attractions; if we did we should have to pay for extra advertising; but here is a condensed and sufficiently representative bill, which we commend to your attention.

Dress Goods. A nice Cashmere, part wool, for 10c per yard, in nice shades, worth 20c. of any man's money. Fine Debaize and other dress goods at remarkably low prices; all we ask is an inspection. Then in fine goods we have all wool Cabul Serges, 40 inches wide, Camel's Hair Serges, French Plaid Cashmere, Striped French Silk and Worsted Hair Mixed Cloth. IN BLACK GOODS we have all wool and Camel's Hair Suitings and Serges, Lupin's Cashmires, etc., among which is a half wool double with Cashmere, nice looking, for 20c. per yard. See our Heavy Black Silk. Then look at our Black Satin Rhadamie.

Wraps for Ladies and Misses, Walking Jackets, Jersey Jackets and Dolmans, made of boucle cloth and other fabrics, are cheap.

Our Hosiery Stock is complete and very low. We realize that times are hard, have bought our stock at bottom prices, and sell them very close.

We are among the thousand things too numerous to mention a full line of Corsets, Gloves, Ladies' and Children's Vests, Handkerchiefs, Buttons, Gimps, Fringes, Etc., Etc., Etc.

We are the only parties that sell the Celebrated Diamond Shirt, Collars and Cuffs. We think them better than any other you can find in this market.

Then to that class of our friends, the Wholesale Buyers, we would say we wish you all the success possible, and will sell you goods very, very cheap, but unless you can pay the cash spot down we cannot sell you, as we have marked our goods too close to sell them on time. We respectfully request a call from all, and if we don't sell you it won't be because our goods are not cheap. Dont Forget A. M. BAKER.

FOR A MAN AND BEAST! Mexican Mustang Liniment. Cures: Sciatica, Lumbago, Rheumatism, Burns, Scalds, Sprains, Stings, Bites, Bruises, Bunions, Corns, Scalds, Scorchings, Sprains, Strains, Stiff Joints, Swellings, Bruises, Blisters, Burns, Scalds, Corns, Cracks, etc.

THIS GOOD OLD STANDY... CORNERS. A list of ailments cured by the liniment.

WARNER'S CORNERS. A product for corns and other foot ailments.

A FINE Florida Tonic. Mr. FOSTER S. CHAPMAN. A certain cure for Gonorrhoea. A SUPERB FLESH PRODUCER AND TONIC. GUIN'S PLEASANT BLOOD REGENERATOR. GUIN'S TONIC. A certain cure for Gonorrhoea.