

A Poor Way To Treat CATARRH

No one would be so foolish as to kindle the fire on top of a pot to make it boil, yet the treatment of Catarrh is often just as senseless and illogical. Douches, sprays, ointments, so-called tobacco cures, and various other applications, are diligently used, but the little good accomplished is swept away by the first breath of winter. When you attempt to cure a constitutional disease—one affecting the entire system—with purely local remedies, you are applying the fire to the top of the pot, you are doctoring symptoms, and, like thousands of others, get disappointing results. In Chronic Catarrh, the whole system becomes involved; the entire mucous membrane, or inner covering of the body, is in a state of high inflammation. The pressure of blood upon the glands and cells produce excessive secretion of mucus, much of which is absorbed into the blood and distributed to all parts of the body. In this way the stomach, kidneys and intestines are often seriously affected.

The nose, throat and ears are most frequently attacked by this foul disease, because the mucous lining is exposed to the cold, damp air, which attracts the vitiated blood to the surface, causing congestion of the little blood vessels and glands, making breathing difficult and labored; the throat becomes parched and dry; the hot, watery discharge from the nose gradually changes to a yellowish color and becoming more profuse and tenacious, drops back into the throat, causing gagging and almost constant coughing to dislodge it. This offensive discharge, in spite of all precautions, finds its way into the stomach, and extreme nausea and an obstinate form of dyspepsia follow.

Blinding headaches, neuralgia of the eyes and dizziness are also symptoms of this disease, and when the inflammation reaches the delicate mechanism of the ear, hearing is lost, and, as the blood becomes more deeply poisoned, the tissues and soft bones in the head are eaten out, greatly disfiguring the face. At this stage of Catarrh the breath becomes insufferably offensive. S. S. S. is the simplest and most effective treatment for Catarrh, and when taken into the circulation reaches all parts of the system and cleanses the blood of all Catarrhal matter and restores it to a normal condition. When rich, new blood begins to flow through the veins, the obstructed glands and broken down cells resume their natural functions, and the hot and inflamed membranes are lubricated and moistened with a soothing, healing fluid that quickly brings relief to the congested parts. S. S. S. puts the blood in such perfect condition and so strengthens and invigorates the general health that the local manifestations of the disease gradually disappear, the discharge from the nose ceases, the head clears, breathing becomes easy and natural, the appetite improves, and a perfect and permanent cure is effected.

S. S. S. is the only guaranteed purely vegetable blood purifier. It contains no minerals to further poison the blood and derange the digestion, but can be taken with perfect safety in all stages and forms of Catarrh. Our physicians will gladly advise, without charge, all who write them about their case. Book on Blood and Skin Diseases free.

THE SWIFT SPECIFIC CO., Atlanta, Ga.



COVE.

January 10.—We are aware the people of Trenton have said "Hello" before for they have been to our village, where we have an express office, telephone office, telegraph office and last but not least, a railroad. I don't know how come, but it's so.

Rev. and Mrs. W. H. Townsend have arrived and he will fill his appointment here Sunday.

There was a social gathering at Mr. T. B. Iprek's Tuesday night in honor of the clever telephone Messrs. Johnson, Allen and Smith.

Mrs. N. C. Eubanks and daughter, Miss Maud, of Hamlet, N. C., are visiting friends and relatives in Cove.

The shadow party at the School house last Thursday night was a success, all seemed to enjoy it immensely. Mr. E. D. Avery was the correct guesser and received the cake and we know the Trenton itemizer would have been delighted to have taken dinner with him.

Mr. T. C. Whitaker passed through last night enroute for Washington, D. C. Mr. J. T. Broadus has moved into our little village.

Dr. R. A. Whitaker was a visitor in Cove yesterday.

The Cove people would like to hear from C. E. T. once more.

With best wishes for a bright and happy New Year to all the lucky readers of the JOURNAL, I remain yours, O.

The Last Crew Return.

Algiers, La., Jan. 9.—A crew of nine fishermen from the steamer "Sparta," which sank off Atlantic City January 2, landed here today. They had been given up as lost.

Recovered British Gun.

London, Jan. 9.—Lord Kitchener reports that the second British gun which the Boers captured at Bankerslaag has been recovered.

Americans Not Wanted.

New Orleans, Jan. 8.—Dr. Daniel S. Brogan, who went to South Africa as surgeon on a British horse and mule transport, returned here today. He offered his services as surgeon of the British army in the Transvaal, but they were declined on the ground that American degrees were not recognized in the British service.

Disastrous Paint Fire.

Jersey City, Jan. 9.—Fire this morning destroyed the building of Reed & Collins, dealers in paints and chemicals. A terrific explosion followed and shook buildings a block away.

Lumber Kilns Burned.

Wilmington, N. C., Jan. 8.—Two dry kilns at the plant of the Angola Lumber Company, situated on the Cape Fear river were destroyed by fire today. In the kilns were over 150 thousand feet of lumber, all of which was more or less damaged. The total loss will not exceed five thousand dollars, almost wholly covered by insurance.

Rheumatism Cured in 24 Hours.

T. J. Blackmore, of Haller & Blackmore, Pittsburgh, Pa., says: "A short time since I procured a bottle of Mystic Cure. I got me out of the house in 24 hours. I took to my bed with rheumatism nine months ago and the Mystic Cure is the only medicine that did me any good. I had five of the best physicians in the city, but I received very little relief from them. I know the Mystic Cure to be what it is represented and take pleasure in recommending it to other poor sufferers." Sold by T. A. Henry, Druggist, New Bern.

A Reciprocal Tariff.

Washington, Jan. 10.—The President and Secretary Root will oppose any compromise measure providing a tariff rebate on Cuban products. They are determined to accept nothing less than a reciprocal tariff arrangement which will give Cuban products coming into the United States the same concessions as Cuba may give to American products.

CASTORIA.
The Kind You Have Always Bought
Bears the Signature of
Dr. J. C. Williams

Bank Failure.

Cleveland, Ohio, Jan. 10.—The Euclid Avenue Trust and Savings Bank has failed. The bank was effected by the financial difficulties of the Everett Moore trolley syndicate.

Beat Out of an Increase of His Pension.

A Mexican war veteran and prominent editor writes: "Seeing the advertisement of Chamberlain's Colic, Cholera and Diarrhoea Remedy, I am reminded that as a soldier in Mexico in '47 and '48 I contracted Mexican diarrhoea and this remedy has kept me from getting an increase in my pension for an every renewed dose of it restores me." It is unequalled as a quick cure for diarrhoea and is pleasant and safe to take. For sale by F. S. Duffy & Co.

Ireland Stirred by League.

Dublin, Jan. 10.—The United Irish League is spreading throughout the country like wildfire. The progress of the League is so great that the Lord Lieutenant is paralyzed and helpless.

Driving out the Enemy.

These are the days of colds, sharp and sudden, attacking throat and lungs, and leading to consequences one does not like to think about. Avoid further exposure and fight the enemy of health and comfort with Perry Davis' Painkiller the family stand-by for sixty years. It conquers a cold in a day. See that you get the right article. There is but one Painkiller, Perry Davis'.

PEOPLE OF THE DAY

President of World's Union.
The Christian Endeavorers have organized a world's union and have incorporated under the laws of Massachusetts. Rev. Francis E. Clark, who has been at the head of the Christian Endeavor society in the United States,



REV. FRANCIS E. CLARK.

was elected president of the World's Union. The union starts out with 61,020 societies and an aggregate membership of 3,820,000. As evidencing the extent of the work done by the Endeavorers President Clark calls attention to the fact that there are now 490 societies in the Madras presidency of India alone. He further says: "Japan shows more interest in the work than ever before. China is eagerly awaiting her new secretary."

Fame by Chance.

The story of William Allen White's sudden leap into fame through his "What's the matter with Kansas?" editorial is familiar to everybody, but it is not generally known by what a narrow opportunity Mr. White got there. It was in the summer, and Mr. White's wife was at Colorado Springs. He was about to join her there for a rest and had written in advance editorials enough to carry along his paper during his absence. So at least he thought, and he was leaving the office when his foreman came in and asked what provision he had made for the editorial columns during his absence.

"There on that hook," said the editor, pointing to a spike on his desk upon which was impaled a quantity of manuscript. The foreman detected Mr. White while he glanced it over and announced that there wasn't enough copy.

"Give me a little more," he pleaded, "and I'll manage to get along."

"All right," said the editor, dropping into his chair. He thought a few moments, dashed off the vigorous paragraphs, handed them to the foreman and went off for his train.

When he returned, he found his desk heaped two feet deep with letters and himself a national character. It was that last editorial that did it.

Valuable Statist.

G. Bernard Shaw, the eccentric English novelist, essayist and playwright, who is never so happy as when he is stirring up controversy, has lately taken up the cudgels against vaccination. In a speech in London he ridiculed the statistical claims advanced by the vaccinationists, saying they made an investigation into the prevalence of the drink habit in a British regiment in India. "The investigator," said Mr. Shaw, "was informed that 50 per cent of the teetotalers had been invalided home, while the remaining 50 per cent were dead. Further investigation revealed the fact that the total number of teetotalers in the regiment had been two. One man had been eaten by a tiger, and the other had been injured by a pulley block falling on his head."

The New Postmaster General.

The first break in the cabinet which was carried over from the McKinley administration by President Roosevelt came through the resignation of Charles Emory Smith as postmaster general. Mr. Smith announced as the cause of his resignation his desire to return to the active management of his paper, the Philadelphia Press.

Henry C. Payne of Wisconsin succeeds Mr. Smith in the postmaster generalship. Mr. Payne is vice chairman



Waterproof Shoelacing.

To make a good waterproof backing for shoes or other leather articles mix one part of borax with eighteen parts of melted beeswax and stir to a stiff jelly. Then mix five parts of asphalt varnish with sixty-six parts of oil of turpentine, into which stir six parts of melted spermaceti. After thorough stirring, combine this with the first mixture of borax and beeswax, and the result will be a nearly colorless waterproof paste, excellent for use on natural leather.

Leather For Decoration.

Leather is being utilized in a variety of ways for decorative purposes just now, and one of the most effective is in the form of pillows for the colleague's room or the bachelor's den. Indians' heads ornamented with feathers, others show college colors and devices. Ephemerals in leather are satisfactory from the decorative point of view if nothing else, and the football inkstand is useful as well as ornamental.

Gorman Nominated.

Annapolis, Jan. 9.—Arthur P. Gorman of Howard county was nominated tonight by the Democratic caucus as United States Senator without dissenting vote. This assures his return to the United States Senate to succeed George L. Wellington.

California Grain Needs Rain.

San Francisco, Jan. 8.—Early sown grain in the southern districts of California needs rain badly.

FOR THE HOUSEWIFE

Loose For Home Furnishing.

From present indications lace promises to be more in vogue than ever for centerpieces, dollies and decorations for table linen as well as for the dainty covers that add so much to the beauty of dressing rooms, bathroom and the heavy torchons being more extensively used. One of the latest of dresser covers can be made by heavy linen with a torchon insertion two inches wide set in about two and a half inches from the edge and a border of lace to match that is put on perfectly flat, with mitered corners. Battenberg and ransance lace pieces having a beautiful flower design embroidered on them are among the newest things in fancy-work.

Tatting has been resurrected with other old-fashioned things of the same period, and those who used to delight in weaving the shuttle in and out in fashioning this delicate work will now have a chance to take up their old pastime. It is combined with fine linen and makes the loveliest of table covers. The most fashionable curtains of the moment are of Arabian lace, and as the tint of this lace is a very peculiar one, being a duller shade than ecru, they will be very difficult to imitate. For the large square windows there is a new style of curtain that is lambrequin shaped. It hangs down smooth and straight from the top, with a point in the center, and the sides continue to the floor and are looped back. A wide insertion outlines the sides and connecting scallop, to which is gathered a full ruffle of this exquisite Arabian lace.

Hints to Housewives.

A good way to clean zinc utensils is to dip a piece of cotton in kerosene and rub the articles with it until the dirt is removed. Dry afterward with a clean cloth so as to get rid of all grease.

Absorbent cotton, it is said, if applied at once, will prevent any traces of a stain being left by oil, milk or cream spilled on woolen goods.

If your floors are not hardwood and you wish to furnish with rugs, first give them a coat of paint, then two or three coats of varnish, a rubbing with sandpaper and finish with a good oiling and polishing.

Ice cream is said to be an infallible remedy for hiccoughs. If when ironing a curtain you discover a hole in it, take a piece of the best part of an old curtain a little larger than the hole and dip the edges in cold starch. Then place it over the hole and afterward iron over it.

A Photograph Frame.

The frame illustrated here is of painted satin mounted on cardboard, but the design is equally suitable either for embroidery or poker work. The satin when ornamented is stretched over strong cardboard cut to the



FOR EMBROIDERY OR POKER WORK.

shape shown, to give a soft effect. A thin layer of wadding should be stretched over the cardboard before the satin is put over it. The satin should be cut an inch larger than the card, so that the edges turn well over and can be fixed by secotine. A thin piece of card is covered with sateen for the back. It is fixed by secotine. A loop of ribbon, with bows, is sewed at the back of the frame to hang it up by.
—Young Ladies' Journal.

To Clean Ostrich Feathers.

According to an authority, white ostrich feathers can be cleaned by making a mixture of white soap shaved into small pieces, boiling water and a little soda. After this has dissolved and cooled dip the feathers into it and then draw them gently through the hand, repeating the operation several times. Then rinse thoroughly in clean water, with a trifle of bluing added. Shake, dry and curl. Feather curling, however, is work that calls for special training, and amateur efforts in this direction are not always successful.

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Are You A Coming Mother?

Are You Expectant?

MOTHER'S FRIEND

make childbirth easy and almost painless, by preparing the system for the coming child. Nature, and shortening labor. The painful period of childbirth is robbed of its terrors, and danger is greatly lessened, to both mother and child. The period of confinement is also greatly shortened, the mother rests, and the child fully developed, strong and healthy. Morning sickness, or nausea arising from pregnancy is prevented by relieving the stomach from the pressure brought to bear on it by the enlarged organ, and by which it is influenced through sympathy. As pregnancy advances, the breasts enlarge, become swollen, hard and tight. Long before the child is born, they are preparing for the secretion of milk. It is important to successful child rearing that these glands receive early attention. Mother's Friend softens the secretion of Life Force, undeviated and unobscured, and relieves the breasts hard-creaked shortly after delivery, are the result of non-treatment and likely to culminate in mammary Abscess from which the patient suffers excruciating pain and is left with these functional organs permanently impaired. Mother's Friend is always applied externally and rubbed into the flesh over the region of pain. Softness, pliability and expansion are given to the muscles, tissues, fibres and sinews, allowing the elasticity necessary to bring comfort while with heavy burden, and cause easy issue of the child. Try it. Of all druggists \$1.00. Our book "Mother's Friend" free.

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NO REMEDY EQUALS DR. OTTO'S Spruce Gum Balsam.

A single dose will relieve suffering and its regular use will effect a permanent cure.

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Wood's Descriptive Catalogue for 1902 gives reliable, practical, up-to-date information about all seeds, giving not only descriptive lists, but the best ways to grow, most successful ways of growing different crops, and much other information of special interest to every grower, gardener and farmer. Mailed free upon request.

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Truckers and Farmers requiring large quantities of seeds are requested to write for special prices.

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