

# A Poor Way To Treat CATARRH

No one would be so foolish as to kindle the fire on top of a pot to make it boil, yet the treatment of Catarrh is often just as senseless and illogical. Douches, sprays, ointments, so-called tobacco cures, and various other applications, are diligently used, but the little good accomplished is swept away by the first breath of winter. When you attempt to cure a constitutional disease—one affecting the entire system—with purely local remedies, you are applying the fire to the top of the pot, you are doctoring symptoms, and, like thousands of others, get disappointing results. In Chronic Catarrh, the whole system becomes involved; the entire mucous membrane, or inner covering of the body, is in a state of high inflammation. The pressure of blood upon the glands and cells produce excessive secretion of mucus, much of which is absorbed into the blood and distributed to all parts of the body. In this way the stomach, kidneys and intestines are often seriously affected.

The nose, throat and ears are most frequently attacked by this foul disease, because the mucous lining is exposed to the cold, damp air, which attracts the vitiated blood to the surface, causing congestion of the little blood vessels and glands, making breathing difficult and labored; the throat becomes parched and dry; the hot, watery discharge from the nose gradually changes to a yellowish color and becoming more profuse and tenacious, drops back into the throat, causing gagging and almost constant coughing to dislodge it. This offensive discharge, in spite of all precautions, finds its way into the stomach, and extreme nausea and an obstinate form of dyspepsia follow.

Blinding headaches, neuralgia of the eyes and dizziness are also symptoms of this disease, and when the inflammation reaches the delicate mechanism of the ear, hearing is lost, and, as the blood becomes more deeply poisoned, the tissues and soft bones in the head are eaten out, greatly disfiguring the face. At this stage of Catarrh the breath becomes insufferably offensive. S. S. S. is the simplest and most effective treatment for Catarrh, and when taken into the circulation reaches all parts of the system and cleanses the blood of all Catarrhal matter and restores it to a normal condition. When rich, new blood begins to flow through the veins, the obstructed glands and broken down cells resume their natural functions, and the hot and inflamed membranes are lubricated and moistened with a soothing, healing fluid that quickly brings relief to the congested parts. S. S. S. puts the blood in such perfect condition and so strengthens and invigorates the general health that the local manifestations of the disease gradually disappear, the discharge from the nose ceases, the head clears, breathing becomes easy and natural, the appetite improves, and a perfect and permanent cure is effected.

S. S. S. is the only guaranteed purely vegetable blood purifier. It contains no minerals to further poison the blood and derange the digestion, but can be taken with perfect safety in all stages and forms of Catarrh. Our physicians will gladly advise, without charge, all who write them about their case. Book on Blood and Skin Diseases free.

# SSS

THE SWIFT SPECIFIC CO., Atlanta, Ga.

## A Faithful Representative.

Clinton Democrat.  
We see that the Hon. C. R. Thomas, our honest, faithful and able Representative, has spent the few days of vacation at his home, New Bern, returning to Washington on January 6. The Third District has never had a more honest, more unflinching worker than Mr. Thomas. He is an earnest advocate of all measures that tend to promote the best interests of his people and also of the South. He is a typical Southern man, and a Democrat of the first water. His constituents appreciate him and are satisfied that their interests will always be subserved when Thomas is in the national hall.

## Minstrels Next Thursday Night.

Couroy and Murry are the hottest dancers in the country. They are with Barlow and Wilson's Minstrels. Barlow and Wilson's Minstrels, which appeared here last night, opens a new era in Minstrelsy. The performance was devoid of boisterousness, and the rough and uncouth language, which is common with some of the so-called first-class companies; yet the vivid portrayal of the unique attributes and the volent humor of the genuine darkey, was charming in the extreme. The vocal numbers were all given in a manner that took with the audience from the start, while the orchestra was all that was claimed for it. Barlow and Wilson's Minstrels always find a cordial welcome awaiting them here.—Salt Lake Daily Deseret News.

## The Peruna Almanac.

The druggists have already been supplied with Peruna almanacs. There is sure to be a great demand for these almanacs on account of the articles on astrology which they contain. The subject of astrology is a very attractive one to most people. The articles on astrology in the Peruna almanac have been furnished by a very competent astrologist, and the mental characteristics of each sign is given, constituting almost a complete horoscope. A list of lucky and unlucky days for each month are given. There will be a great rush for these books. Ask your druggist for one early before they are gone.

## French Venezuelan Claims.

Paris, Jan. 2.—Inquiries show that the Frenchmen having claims against Venezuela are urging the French government to adopt coercive measures.

## A Prominent Woman Speaks.

Mrs. Rosa Tyler, of Chicago, Vice-President Illinois Women's Alliance, in speaking of Chamberlain's Cough Remedy, says: "I suffered with a severe cold this winter which threatened to result in pneumonia. I used different remedies but I seemed to grow worse and the medicine upset my stomach. A friend advised me to try Chamberlain's Cough Remedy and I found it was pleasant to take and it relieved me at once. I am now entirely recovered, and a doctor's bill, time and suffering, and I will never be without this splendid medicine again." For sale by F. B. Duffy & Co.

## Designer for February.

St. Valentine's Day and Washington's Birth-day divide honors in the February Designer, which contains Valentine verses, Valentine amusements for the children, "Washington's Tableaux", a Washington's birthday comedy—"Mrs. Pugh's Mince Pie", and illustrated directions for dressing the hair in Martha Washington style. Three capital stories are "Aunt Lina's Conjurin'", by Will Harben, "Her Son's Wife", by Margaret Williams Beardsley, and "Miss Charles's Smile Factory", by Mary Knight Potter. "Incense" and "Novellets in Crochet" give hints for fancy work. "The Hygienic Pantry and Storeroom," "Household Advice" and "Breakfast Recipes" offer assistance to the housewife. "Points on Dressmaking," "Fashions and Fabrics," "For Health and Beauty," and "Nursery Lore" are other practical and interesting features. "Daughters of the White House" by Walden Fawcett, is an illustrated article of merit, and "Book Notes" and "Selections for the Recitationist" are also up the list of miscellany. Prominent among the fashion features is "Costumes for Elderly Ladies," beautifully illustrated, and containing just such information as is needed by those desiring dignified and appropriate apparel. A new departure in The Designer, and one which will be highly appreciated, consists of fully-illustrated instructions for the making of stylish hats and bonnets.

## Collision and Runaway.

Last evening what might have proved a serious accident and injury to several persons, fortunately resulted only in damage to property. Ed Street, with little Myrtle Disoway was driving on Johnston street, when reaching the corner of Middle street, attempted to turn down Middle street, when a transfer at the conjunction of the streets made it difficult for young Street to make the turn, his horse also proving very fractious. The result was that a collision occurred, the transfer being partially wrecked while the shock threw out the two occupants of the buggy. The horse broke loose from the buggy and ran towards the stable on South Front street, knocking over a peanut stand on the corner of Middle and South Front streets. The persons in the collision escaped without injury.

## A Conspicuous Residence.

Among the most noticeable improvements in residences in this city of late, is that of Mr. R. A. Richardson, corner of Craven and Johnson streets. Mr. Richardson purchased the place from Mr. E. K. Bryan and has greatly improved the house by the addition of a long piazza and new steps and in other ways, besides repainting the structure.

## Shrinkage in Pullman Estate.

Rodwood City, Cal., Jan. 8.—The will of the late George M. Pullman has been probated here, the petition fixing the value of the estate at \$500,000, but the evidence showed it to be worth only about \$200,000.



## COVE.

January 10.—We are aware the people of Trenton have said "Hello" before for they have been to our village, where we have an express office, telephone office, telegraph office and last but not least, a railroad. I don't know how come, but it's so.

Rev. and Mrs. W. H. Townsend have arrived and he will fill his appointment here Sunday.

There was a social gathering at Mr. T. B. Iprek's Tuesday night in honor of the clever telephone Messrs. Johnson, Allen and Smith.

Mrs. N. C. Eubanks and daughter, Miss Maud, of Hamlet, N. C., are visiting friends and relatives in Cove.

The shadow party at the School house last Thursday night was a success, all seemed to enjoy it immensely. Mr. E. D. Avery was the correct guesser and received the cake and we know the Trenton itemizer would have been delighted to have taken dinner with him.

Mr. T. C. Whitaker passed through last night enroute for Washington, D. C. Mr. J. T. Broadus has moved into our little village.

Dr. R. A. Whitaker was a visitor in Cove yesterday.

The Cove people would like to hear from C. E. T. once more.

With best wishes for a bright and happy New Year to all the lucky readers of the JOURNAL, I remain yours, O.

## The Last Crew Return.

Algiers, La., Jan. 9.—A crew of nine fishermen from the steamer "Sparta," which sank off Atlantic City January 2, landed here today. They had been given up as lost.

## Recovered British Gun.

London, Jan. 9.—Lord Kitchener reports that the second British gun which the Boers captured at Bankelaaghe has been recovered.

## Americans Not Wanted.

New Orleans, Jan. 8.—Dr. Daniel S. Brozman, who went to South Africa as surgeon on a British horse and mule transport, returned here today. He offered his services as surgeon of the British army in the Transvaal, but they were declined on the ground that American degrees were not recognized in the British service.

## Disastrous Paint Fire.

Jersey City, Jan. 9.—Fire this morning destroyed the building of Reed & Collins, dealers in paints and chemicals. A terrific explosion followed and shook buildings a block away.

## Lumber Kilns Burned.

Wilmington, N. C., Jan. 8.—Two dry kilns at the plant of the Angola Lumber Company, situated on the Cape Fear river were destroyed by fire today. In the kilns were over 150 thousand feet of lumber, all of which was more or less damaged. The total loss will not exceed five thousand dollars, almost wholly covered by insurance.

## Rheumatism Cured in 24 Hours.

T. J. Blackmore, of Haller & Blackmore, Pittsburgh, Pa., says: "A short time since I procured a bottle of Mystic Cure. It got me out of the house in 24 hours. I took to my bed with Rheumatism nine months ago and the Mystic Cure is the only medicine that did me any good. I had five of the best physicians in the city, but I received very little relief from them. I know the Mystic Cure to be what it is represented and take pleasure in recommending it to other poor sufferers." Sold by T. A. Henry, Druggist, New Bern.

## A Reciprocal Tariff.

Washington, Jan. 10.—The President and Secretary Root will oppose any compromise measure providing a tariff rebate on Cuban products. They are determined to accept nothing less than a reciprocal tariff arrangement which will give Cuban products coming into the United States the same concessions as Cuba may give to American products.

## CASTORIA.

The Kind You Have Always Bought Bears the Signature of

## Bank Failure.

Cleveland, Ohio, Jan. 10.—The Euclid Avenue Trust and Savings Bank has failed. The bank was effected by the financial difficulties of the Everet Moore trolley syndicate.

## Beat Out of an Increase of His Pension.

A Mexican war veteran and prominent editor writes: "Seeing the advertisement of Chamberlain's Colic, Cholera and Diarrhoea Remedy, I am reminded that as a soldier in Mexico in '47 and '48 I contracted Mexican diarrhoea and this remedy has kept me from getting an increase in my pension for on every renewal a dose of it restores me." It is unequalled as a quick cure for diarrhoea and is pleasant and safe to take. For sale by F. B. Duffy & Co.

## Ireland Stirred by League.

Dublin, Jan. 10.—The United Irish League is spreading throughout the country like wildfire. The progress of the League is so great that the Lord Lieutenant is paralyzed and helpless.

## Driving out the Enemy.

These are the days of colds, sharp and sudden, attacking throat and lungs, and leading to consequences one does not like to think about. Avoid further exposure and fight the enemy of health and comfort with Perry Davis' Painkiller the family stand by for sixty years. It conquers a cold in a day. See that you get the right article. There is but one Painkiller, Perry Davis'.

## PEOPLE OF THE DAY

President of World's Union.  
The Christian Endeavorers have organized a world's union and have incorporated under the laws of Massachusetts. Rev. Francis E. Clark, who has been at the head of the Christian Endeavor society in the United States,



REV. FRANCIS E. CLARK.

was elected president of the World's union. The union starts out with 61,020 societies and an aggregate membership of 3,820,000. As evidencing the extent of the work done by the Endeavorers President Clark calls attention to the fact that there are now 450 societies in the Madras presidency of India alone. He further says: "Japan shows more interest in the work than ever before. China is eagerly awaiting her new secretary."

## Fame by Chance.

The story of William Allen White's sudden leap into fame through his "What's the matter with Kansas?" editorial is familiar to everybody, but it is not generally known by what a narrow opportunity Mr. White got there. It was in the summer, and Mr. White's wife was at Colorado Springs. He was about to join her there for a rest and had written in advance editorials enough to carry along his paper during his absence. So at least he thought, and he was leaving the office when his foreman came in and asked what provision he had made for the editorial columns during his absence.

"There on that hook," said the editor, pointing to a spike on his desk upon which was impaled a quantity of manuscript. The foreman detained Mr. White while he glanced it over and announced that there wasn't enough copy.

"Give me a little more," he pleaded, "and I'll manage to get along."

"All right," said the editor, dropping into his chair. He thought a few moments, dashed off the vigorous paragraphs, handed them to the foreman and went off for his train.

When he returned, he found his desk heaped two feet deep with letters and himself a national character. It was that last editorial that did it.

## Valuable Statistics.

G. Bernard Shaw, the eccentric English novelist, essayist and playwright, who is never so happy as when he is stirring up controversy, has lately taken up the cudgels against vaccination. In a speech in London he ridiculed the statistical claims advanced by the vaccinationists, saying they were making the report made upon an investigation into the prevalence of the drink habit in a British regiment in India. "The investigator," said Mr. Shaw, "was informed that 50 per cent of the teetotalers had been invalided home, while the remaining 50 per cent were dead. Further investigation revealed the fact that the total number of teetotalers in the regiment had been two. One man had been eaten by a tiger, and the other had been injured by a pulley block falling on his head."

## The New Postmaster General.

The first break in the cabinet which was carried over from the McKinley administration by President Roosevelt came through the resignation of Charles Emory Smith as postmaster general. Mr. Smith announced as the cause of his resignation his desire to return to the active management of his paper, the Philadelphia Press.

## Waterproof Shoeblacking.

To make a good waterproof blacking for shoes or other leather articles mix one part of borax with eighteen parts of melted beeswax and stir to a stiff jelly. Then mix five parts of asphalt varnish with sixty-six parts of oil of turpentine, into which stir six parts of melted spermaceti. After thorough stirring, combine this with the first mixture of borax and beeswax, and the result will be a nearly colorless waterproof paste, excellent for use on natural leather.

## Leather For Decoration.

Leather is being utilized in a variety of ways for decorative purposes just now, and one of the most effective is in the form of pillows for the colleague's room or the bachelor's den. Indian heads ornamented with designs, others show college colors and devices. Floor racks in leather are satisfactory from the decorative point of view if nothing else, and the football inkstand is useful as well as ornamental.

## Gorman Nominated.

Annapolis, Jan. 9.—Arthur P. Gorman of Howard county was nominated tonight by the Democratic caucus as United States Senator without dissenting vote. This assures his return to the United States Senate to succeed George L. Wellington.

## California Grain Needs Rain.

San Francisco, Jan. 8.—Early sown grain in the southern districts of California needs rain badly.

## FOR THE HOUSEWIFE

### Laces For Home Furnishing.

From present indications lace promises to be more in vogue than ever for centerpieces, dollies and decorations for table linen as well as for the dainty covers that add so much to the beauty of dressing rooms, bathroom and the heavy torsons being more extensively used. One of the latest of dresser covers can be made by heavy linen with a torson insertion two inches wide set in about two and a half inches from the edge and a border of lace to match that is put on perfectly flat, with mitered corners. Battenberg and renaisance lace pieces having a beautiful flower design embroidered on them are among the newest things in fancy-work.

Tatting has been resurrected with other old-fashioned things of the same period, and those who used to delight in weaving the shuttle in and out in fashioning this delicate work will now have a chance to take up their old pastime. It is combined with fine linen and makes the loveliest of table covers. The most fashionable curtains of the moment are of Arabian lace, and as the tint of this lace is a very peculiar one, being a duller shade than ecru, they will be very difficult to imitate. For the large square windows there is a new style of curtain that is lambrequin shaped. It hangs down smooth and straight from the top, with a point in the center, and the sides continue to the floor and are looped back. A wide insertion outlines the sides and connecting scallop, to which is gathered a full ruffle of this exquisite Arabian lace.

### Hints to Housewives.

A good way to clean zinc utensils is to dip a piece of cotton in kerosene and rub the articles with it until the dirt is removed. Dry afterward with a clean cloth so as to get rid of all grease.

Absorbent cotton, it is said, if applied at once, will prevent any traces of a stain being left by oil, milk or cream spilled on woolen goods.

If your floors are not hardwood and you wish to furnish with rugs, first give them a coat of paint, then two or three coats of varnish, a rubbing with sandpaper and finish with a good oiling and polishing.

Ice cream is said to be an infallible remedy for hicoughs. If when ironing a curtain you discover a hole in it, take a piece of the best part of an old curtain a little larger than the hole and dip the edges in cold starch. Then place it over the hole and afterward iron over it.

### A Photograph Frame.

The frame illustrated here is of painted satin mounted on cardboard, but the design is equally suitable either for embroidery or poker work. The satin when ornamented is stretched over strong cardboard cut to the



### FOR EMBROIDERY OR POKER WORK.

shape shown, to give a soft effect. A thin layer of wadding should be stretched over the cardboard before the satin is put over it. The satin should be cut an inch larger than the card, so that the edges turn well over and can be fixed by secotine. A thin piece of card is covered with saten for the back. It is fixed by secotine. A loop of ribbon, with bows, is sewed at the back of the frame to hang it up by.—Young Ladies' Journal.

### To Clean Ostrich Feathers.

According to an authority, white ostrich feathers can be cleaned by making a mixture of white soap shaved into small pieces, boiling water and a little soda. After this has dissolved and cooled dip the feathers into it and then draw them gently through the hand, repeating the operation several times. Then rinse thoroughly in clean water, with a trifle of bluing added. Shake, dry and curl. Feather curling, however, is work that calls for special training, and amateurish efforts in this direction are not always successful.

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Are You A Coming Mother?

Are You Expectant?

MOTHER'S FRIEND

make childbirth easy and almost painless, by preparing the system in advance, thus assisting Nature, and shortening labor. The painful process of childbirth is robbed of its terrors, and danger is avoided, to both mother and child. The period of confinement is also greatly shortened, the mother rested, and the child fully developed, strong and healthy. Morning sickness, or nausea arising from pregnancy is prevented by relieving the stomach from the pressure brought to bear on it by the expanding organs, and by which it is influenced through sympathy. As pregnancy advances, the breasts enlarge, become swollen, hard and tight. Long before the child is born, they are preparing for the secretion of milk. It is important to successful child rearing that these glands receive early consideration. Mother's Friend softens, relieves the pressure, and facilitates the secretion of Life Giving Milk. Undeveloped and unclean ducts, and breasts hard-caked shortly after delivery, are the result of non-treatment and likely to culminate in Mammary Abscess from which the patient suffers excruciating pain and is left with these functional organs permanently impaired. Mother's Friend is always applied externally and rubbed into the flesh over the region of pain. Softness, pliability and expansion are given to the muscular, fibrous, and sinuous, allowing the elasticity necessary to bring comfort while with heavy burden, and cause easy issue of the child. Try it. Of all druggists \$1.00. Our book "Motherhood" free.

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A single dose will relieve suffering and its regular use will effect a permanent cure. PRICE, 25 AND 50 CENTS.

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J. J. Wolfenden, New Bern, N. C.

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